

Avoid Opioid



PRESCRIPTION ADDICTION



What you need
to **know** about
opioid misuse,
abuse, and
addiction

AvoidOpioidSD.com

South Dakota Opioid Resource Hotline
[1-800-920-4343](tel:1-800-920-4343)



What are opioids?

Opioids are highly addictive narcotic substances commonly prescribed for chronic pain after surgery or injury. Opioids must be used with extreme caution even though they can provide powerful relief for those struggling with chronic pain.

Regular use – even as prescribed by a doctor – can lead to dependence. **Misuse – taking a larger quantity than prescribed**, using for a different reason other than prescribed, or taking without a prescription can lead to addiction, overdose and even death. Some of the most commonly prescribed opioids are:

Generic Name	Brand Name
Hydrocodone Bitartrate/ Acetaminophen	NORCO, Vicodin
Tramadol HCL	Ultram, ConZip
Oxycodone HCL	Oxycontin, Roxicodone
Morphine Sulfate	Duramorph, Infumorph P/F
Acetaminophen with Codeine Phosphate	Tylenol-Codeine
Fentanyl	Duragesic, Subsys

A Note on Illicit or Illegal Use

Fentanyl is a synthetic opioid often used to treat severe pain caused by advanced cancer and is 50-100X more potent than morphine. While fentanyl is a prescription drug, most overdose and death is linked to illegally made fentanyl which is often mixed with heroin and/or cocaine.

Heroin is an illegal and highly addictive opioid drug. Its use has increased dramatically in the United States among men and women, most age groups, and all income levels. Nearly all of the people who used heroin also used at least 1 other drug or alcohol which is especially dangerous because it increases the risk of overdose.

If you suspect illegal activity, contact local law enforcement.



OPIOID ADDICTION
can start before you know it.
Talk to your doctor about
the **RISKS** before they
become a problem.

What are the risks?

Even when prescribed by a physician or dentist – *anyone* who takes prescription opioids can become addicted to them.

The rate of unintentional overdose continues to rise across the country at alarming rates.

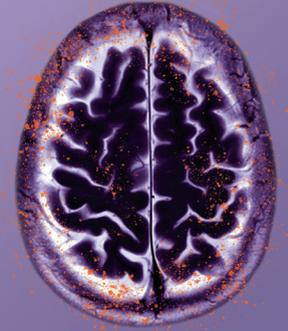
The risk for misuse or abuse is increased when there is:

- past or current substance use disorder
- untreated psychiatric disorder
- first use of an opioid or other drug at a young age
- social or family environments that encourage misuse

Since 2012,
OPIOID DEATHS have
INCREASED
in South Dakota



How do opioids affect the brain?



Opioids activate receptors in the brain to block pain signals. They can cause drowsiness, confusion, nausea, shallow breathing, or stop a person's breathing completely.

They can also cause euphoria, especially when more pills than prescribed are taken, when mixed with alcohol or other medications, or taken for reasons other than intended.

What are the side effects?

Even when taken as directed, prescription opioids can cause harmful side effects including:

- Increased sensitivity to pain
- Nausea & vomiting
- Constipation
- Confusion
- Low energy & depression
- Lower sex drive



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What can I do?

Never mix.

Never take opioids with alcohol or any other prescribed or over-the-counter medications.

No loose pills.

Keep prescriptions in the bottle provided by the pharmacy and keep track of how many have been taken and how many are left.

Never share or sell.

Selling your prescription opioids is illegal and sharing them can result in life-changing consequences. Don't risk it.

Store in a secure place.

Keep prescriptions in a locked cabinet – out of reach of children, family, friends, and visitors.

Properly dispose of unused medication.

Find drug take-back locations in your community or talk to your pharmacist.

Talk about it.

Talk to your doctor, your pharmacist, your children, and family and friends.



1 in 4 people
who are prescribed opioids
STRUGGLE with ADDICTION



Funding for this material was made possible by 1H79TI080268 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.



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1-800-920-4343

Find Help.

If you have an emergency, dial 911. Saving someone from an opioid overdose **requires a QUICK RESPONSE.**

In South Dakota, Good Samaritan laws provide limited immunity for minor drug violations, drug paraphernalia, and being under the influence at the time of the medical emergency.

Opioid Texting Support

Text **OPIOID** to **898211** to connect with local resources that best fit your needs. Answer a few questions and get help for yourself or a loved one who is struggling.

Addiction Treatment

Additional services can be located by calling:

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AvoidOpioidSD.com

If you or someone you know is struggling with opioid addiction – **don't wait.**

Reach out... You just might save a life.



Opioids 101: What You Need to Know About Opioid Misuse, Abuse, and Addiction

What are Opioids?

Opioids are highly addictive narcotic substances commonly prescribed for chronic pain after surgery or injury. Opioids must be used with extreme caution even though they can provide powerful relief for those struggling with chronic pain.

Regular use – even as prescribed by a doctor – can lead to dependence.

Misuse – taking a larger quantity than prescribed, using for a different reason other than prescribed, or taking without a prescription – can lead to addiction, overdose and even death.

Some of the most commonly prescribed opioids are:

Actiq	Exalgo	MS-Contin
Astramorph	Hydrocodone	Norco
Codeine	(Vicodin)	Oxycodone
Conzip	Hydromorphone	(Oxycontin/Oxecta)
Demerol	Fentanyl	Percocet
DepoDur	Lorcet	Roxicet
Dilaudid	Lortab	Roxicodone
Duragesic	Meperidine	Tramadol
Duramorph	Methadone	Ultram
Endocet	Morphine	Ventura

What about Fentanyl?

Fentanyl is a synthetic opioid often used to treat severe pain caused by advanced cancer and is 50-100X more potent than morphine. Most fentanyl related harm, overdose, and death is linked to illegally made fentanyl. Illegally made fentanyl is often mixed with heroin and/or cocaine – with or without the user's knowledge – to increase its euphoric effects.

What about Heroin?

Heroin is an illegal and highly addictive opioid drug. Its use has increased dramatically in the United States among men and women, most age groups, and all income levels. Nearly all of the people who use heroin also use at least one other drug or alcohol, which is especially dangerous because it increases the risk of overdose.



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Properly dispose of unused medication.

Find drug take-back locations in your community or talk to your pharmacist about alternative options.

Talk about it.

Talk to your doctor, your pharmacist, your children, family and friends.

Can opioid overdoses be reversed?

NALOXONE is a non-addictive, life-saving drug that can reverse the effects of an opioid overdose when administered in time.

South Dakota law allows naloxone to be prescribed to friends, family members, or other close third parties of a person at risk of an opioid overdose.

Find Help

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If you or someone you know is struggling with opioid addiction – don't wait. Reach out.

You just might save a life.



Content was developed in partnership with the South Dakota Department of Social Services - Division of Behavioral Health and the South Dakota Department of Health. Funding for this material was made possible by 1H79TI080268 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Innovation Grants

During the 2019 legislative session, one-time funding was appropriated to implement innovation grants in the areas of primary care, prenatal care, and nursing home care. The grants are intended to provide funding for:

- Community nursing homes to develop and implement new and innovative approaches to nursing facility care and to implement ideas they have but are unable to support with existing funds
 - \$5 million
- New ideas and better ways to deliver primary and prenatal care that improve people's health and reduce the need for more costly care
 - \$1 million

Innovation Grants

Schedule of activities (subject to change)

Activity	Due
RFP Publication	April 1, 2019
Letter of Intent to Respond	April 15, 2019
Submission of Written Inquiries	April 15, 2019
Responses to Offeror Questions	April 29, 2019
Proposal Submission	May 20, 2019, 5pm CT
Individual Offeror Conf. Call	May 29 & 30, 2019
Anticipated Award Decision/ Contract Negotiation	July 1, 2019

Community Health Worker (CHW) Services

CHW services are a preventive health service to prevent disease, disability, and other health conditions or their progression for individuals with a chronic condition or at risk for a chronic condition who are unable to self-manage the condition or for individuals with a documented barrier that is affecting the individual's health.

- Must be ordered by a physician, physician assistant, nurse practitioners, or a certified nurse midwife. The service must be ordered or referred by the recipient's primary care provider or health home if applicable.
- must be delivered according to a care plan.

Enrollment as CHWs

- A community health worker (CHW) agency is required to be enrolled with South Dakota Medicaid to be reimbursed for services.
- Individual CHWs must be employed and supervised by an enrolled CHW agency.

Community Health Worker (CHW) Services

Covered services include:

- Health system navigation and resource coordination
- Health promotion and coaching including providing information or education to recipients that makes positive contributions to their health status
- Health education to teach or promote methods and measures that have been proven effective in avoiding illness and/or lessening its effects

APPLICATION FOR FEDERAL ASSISTANCE SF-424

Version 02

9. Type of Applicant:

A State Government

10. Name of Federal Agency:

U. S. Department of Energy

11. Catalog of Federal Domestic Assistance Number:

81.042

CFDA Title:

Weatherization Assistance Program

12. Funding Opportunity Number:

DE-WAP-0002019

Title:

2019 Weatherization Assistance Program

13. Competition Identification Number:

Title:

14. Areas Affected by Project (Cities, Counties, States, etc.):

State of South Dakota

15. Descriptive Title of Applicant's Project:

Weatherization of low-income homes in the state of South Dakota.

BUDGET INFORMATION - Non-Construction Programs

1. Program/Project Identification No. EE0007950		2. Program/Project Title Weatherization Assistance Program	
3. Name and Address STATE OF SOUTH DAKOTA 910 E. Sioux Ave PIERRE, SD 575014517		4. Program/Project Start Date 07/01/2017	5. Completion Date 06/30/2018

SECTION A - BUDGET SUMMARY

Grant Program Function or Activity (a)	Federal Catalog No. (b)	Estimated Unobligated Funds		New or Revised Budget		
		Federal (c)	Non-Federal (d)	Federal (e)	Non-Federal (f)	Total (g)
1. Federal	81.042	\$ 0.00		\$ 2,136,561.00		\$ 2,136,561.00
2.						
3.						
4.						
5. TOTAL		\$ 0.00	\$ 0.00	\$ 2,136,561.00	\$ 0.00	\$ 2,136,561.00

SECTION B - BUDGET CATEGORIES

6. Object Class Categories	Grant Program, Function or Activity				Total (5)
	(1) DOE	(2) GRANTEE ADMINISTRA TION	(3) SUBGRANTE E ADMINISTRA	(4) GRANTEE T&TA	
a. Personnel	\$ 0.00	\$ 31,176.00	\$ 0.00	\$ 0.00	\$ 31,176.00
b. Fringe Benefits	\$ 0.00	\$ 9,210.00	\$ 0.00	\$ 0.00	\$ 9,210.00
c. Travel	\$ 0.00	\$ 0.00	\$ 0.00	\$ 12,000.00	\$ 12,000.00
d. Equipment	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
e. Supplies	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
f. Contract	\$ 0.00	\$ 0.00	\$ 142,889.00	\$ 15,400.00	\$ 2,056,675.00
g. Construction	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
h. Other Direct Costs	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
i. Total Direct Charges	\$ 0.00	\$ 40,386.00	\$ 142,889.00	\$ 27,400.00	\$ 2,109,061.00
j. Indirect Costs	\$ 0.00	\$ 27,500.00	\$ 0.00	\$ 0.00	\$ 27,500.00
k. Totals	\$ 0.00	\$ 67,886.00	\$ 142,889.00	\$ 27,400.00	\$ 2,136,561.00
7. Program Income	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00

BUDGET INFORMATION - Non-Construction Programs

1. Program/Project Identification No. EE0007950		2. Program/Project Title Weatherization Assistance Program	
3. Name and Address STATE OF SOUTH DAKOTA 910 E. Sioux Ave PIERRE, SD 575014517	4. Program/Project Start Date		07/01/2017
	5. Completion Date		06/30/2018

SECTION A - BUDGET SUMMARY						
Grant Program Function or Activity (a)	Federal Catalog No. (b)	Estimated Unobligated Funds		New or Revised Budget		
		Federal (c)	Non-Federal (d)	Federal (e)	Non-Federal (f)	Total (g)
1.						
2.						
3.						
4.						
5. TOTAL		\$ 0.00	\$ 0.00	\$ 2,136,561.00	\$ 0.00	\$ 2,136,561.00

SECTION B - BUDGET CATEGORIES					
6. Object Class Categories	Grant Program, Function or Activity				Total (5)
	(1) SUBGRANTEE T&TA	(2) PROGRAM OPERATIONS	(3) HEALTH AND SAFETY	(4) LIABILITY INSURANCE	
a. Personnel	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 31,176.00
b. Fringe Benefits	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 9,210.00
c. Travel	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 12,000.00
d. Equipment	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
e. Supplies	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
f. Contract	\$ 184,050.00	\$ 1,333,509.00	\$ 333,377.00	\$ 29,200.00	\$ 2,056,675.00
g. Construction	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
h. Other Direct Costs	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00
i. Total Direct Charges	\$ 184,050.00	\$ 1,333,509.00	\$ 333,377.00	\$ 29,200.00	\$ 2,109,061.00
j. Indirect Costs	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 27,500.00
k. Totals	\$ 184,050.00	\$ 1,333,509.00	\$ 333,377.00	\$ 29,200.00	\$ 2,136,561.00
7. Program Income	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00	\$ 0.00

BUDGET INFORMATION - Non-Construction Programs

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	5. Completion Date 06/30/2018		

SECTION A - BUDGET SUMMARY

Grant Program Function or Activity (a)	Federal Catalog No. (b)	Estimated Unobligated Funds		New or Revised Budget		
		Federal (c)	Non-Federal (d)	Federal (e)	Non-Federal (f)	Total (g)
1.						
2.						
3.						
4.						
5. TOTAL		\$ 0.00	\$ 0.00	\$ 2,136,561.00	\$ 0.00	\$ 2,136,561.00

SECTION B - BUDGET CATEGORIES

6. Object Class Categories	Grant Program, Function or Activity				Total (5)
	(1) FINANCIAL AUDITS	(2)	(3)	(4)	
a. Personnel	\$ 0.00				\$ 31,176.00
b. Fringe Benefits	\$ 0.00				\$ 9,210.00
c. Travel	\$ 0.00				\$ 12,000.00
d. Equipment	\$ 0.00				\$ 0.00
e. Supplies	\$ 0.00				\$ 0.00
f. Contract	\$ 18,250.00				\$ 2,056,675.00
g. Construction	\$ 0.00				\$ 0.00
h. Other Direct Costs	\$ 0.00				\$ 0.00
i. Total Direct Charges	\$ 18,250.00				\$ 2,109,061.00
j. Indirect Costs	\$ 0.00				\$ 27,500.00
k. Totals	\$ 18,250.00				\$ 2,136,561.00
7. Program Income	\$ 0.00				\$ 0.00

**U.S. Department of Energy
WEATHERIZATION ASSISTANCE PROGRAM (WAP)
WEATHERIZATION ANNUAL FILE WORKSHEET**

(Grant Number: EE0007950, State: SD, Program Year: 2019)

IV.1 Subgrantees

Subgrantee (City)	Planned Funds/Units
Interlakes Community Action Agency (Madison)	\$528,418.00 58
Northeast SD Community Action Agency (Sisseton)	\$425,790.00 42
Rural Office of Community Services (Lake Andes)	\$506,725.00 54
Western SD Community Action Agency (Rapid City)	\$580,343.00 60
Total:	\$2,041,276.00 214

IV.2 WAP Production Schedule

Weatherization Plans	Units
Total Units (excluding reweatherized)	214
Reweatherized Units	0

Note: Planned units by quarter or category are no longer required, no information required for persons.

Average Unit Costs, Units subject to DOE Project Rules		
VEHICLE & EQUIPMENT AVERAGE COST PER DWELLING UNIT (DOE RULES)		
A	Total Vehicles & Equipment (\$5,000 or more) Budget	\$0.00
B	Total Units Weatherized	214
C	Total Units Reweatherized	00
D	Total Dwelling Units to be Weatherized and Reweatherized (B + C)	214
E	Average Vehicles & Equipment Acquisition Cost per Unit (A divided by D)	\$0.00
AVERAGE COST PER DWELLING UNIT (DOE RULES)		
F	Total Funds for Program Operations	\$1,333,509.00
G	Total Dwelling Units to be Weatherized and Reweatherized (from line D)	214
H	Average Program Operations Costs per Unit (F divided by G)	\$6,231.35
I	Average Vehicles & Equipment Acquisition Cost per Unit (from line E)	\$0.00
J	Total Average Cost per Dwelling (H plus I)	\$6,231.35

IV.3 Energy Savings

Method used to calculate savings: <input checked="" type="checkbox"/> WAP algorithm <input type="checkbox"/> Other (describe below)			
	Units	Savings Calculator (MBtus)	Energy Savings
This Year Estimate	214	29.3	6270
Prior Year Estimate	229	29.3	6710
Prior Year Actual	69	29.3	2022
Method used to calculate savings description:			
South Dakota's estimated energy savings for 2017-2018 are shown on the following algorithm:			

**U.S. Department of Energy
WEATHERIZATION ASSISTANCE PROGRAM (WAP)
WEATHERIZATION ANNUAL FILE WORKSHEET**

(Grant Number: EE0007950, State: SD, Program Year: 2019)

<p>DOE Program Amount</p> <p>(A) Total DOE State Weatherization Allocation \$2,136,561</p> <p>(B) Total Cost associated with Administration, T&TA, H&S, Audits, Liability Ins. \$759,544</p> <p>(C) Subtract the amount entered in line (B) from line (A), for total Federal (DOE) funds available to weatherize homes \$1,321,891</p> <p>(D) Estimated State Average Cost per Home - \$6,231.35</p> <p>(E) Divide the amount entered on line (C) by the amount entered on line (D), for Total Estimated Homes to be Weatherized-214.</p> <p>(F) Multiply (E) by 29.3 MBtu for Total Annual Estimated Energy Savings resulting from DOE appropriated fund 6,710.22 MBtu's</p>
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IV.4 DOE-Funded Leveraging Activities

IV.5 Policy Advisory Council Members

Check if an existing state council or commission serves in this category and add name below

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IV.6 State Plan Hearings (Note: attach notes and transcripts to the SF-424)

Date Held	Newspapers that publicized the hearings and the dates the notice ran
04/18/2019	Notice of Public Hearing ran in the following newspapers- Aberdeen American News - 04-07-2018, Sioux Falls Argus Leader - 04-07-2018, Pierre Capital Journal - 04-06-2018, Rapid City Journal - 04-07-2018, and the Mitchell Daily Republic - 04-07-2018. The Notice also ran on the DSS Website for Public Hearings from 04-03-2018 to 04-17-2018.

IV.7 Miscellaneous

<p>Recipient Business Officer Bill Regynski bill.regynski@state.sd.us 700 Governors Drive Pierre, SD 57501 605-773-5182</p> <p>Recipient Principal Investigator David Gall david.gall@state.sd.us 910 E. Sioux Ave Pierre, SD 57501 605-773-4131</p>
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