

# Behavioral Health

# Mental Health

## **JPA:**

- 76 SMI
- 408 Identified MH Needs (mild to severe)
- 2,000+ Intakes (annually)
- 6 MH Professionals
- 1 MH Associate

## **SFMC:**

- 9 SMI
- 156 Identified MH Needs
- .5 MH Professional

## **SDSP:**

- 36 SMI
- 537 Identified MH Needs
- 3 MH Professionals
- 1 MH Associate

# Substance Use

## **JPA:**

- 250 offenders (SUD waitlist)
- 2,000+ intakes (annually)
- 2 SUD Counselors

## **SFMC:**

- 147 offenders (SUD waitlist)
- .5 SUD Counselor

## **SDSP:**

- 305 offenders (SUD waitlist)
- 3 SUD Counselors

## **Vacancies:**

- 1 SUD Counselor- JPA (10%)
- 1 SUD Counselor- SDSP (12.5%)

# Services and Documentation

## **Services Provided**

- Intake Appraisals
- MH Evaluation
- High Risk Summary
- Interstate Compact
- RH Assessment
- Individual Sessions
- CAMS
- Group Facilitation
- Discharge Summary
- PREA
- Gender Dysphoria
- Rounds

## **Reentry**

- 119 reentry sessions
  - Target audience: SMI
    - 121 offenders
  - Average 8 offenders per session
  - Prepare for release
  - Complete facility applications
  - Parole board summary

## **Documentation**

- 4,800 BH notes per month (average)

# Programming

## Current

- CBISA
- DBT
- MRT
- MET
- IMR
- Start Now
- SMI groups
- Seeking Safety

## Coming Soon

- Matrix
- Straight Ahead
- Integrated CBT
- DBT for SUD
- Medicine Wheel & 12 Steps

## GOAL 1:

- Increase MH and SUD programming.

# Specialized Housing

## **JPA**

- MH Acute Unit
- MH Stabilization Unit
- MH Transitional Unit (B-Mauve)
- A&O
- Step Down Program
- RH (Disciplinary)

## **SDSP**

- RH (Disciplinary)

## **GOAL 2:**

- Increase services for specialized populations.

# Crisis Interventions

## On Call Duties

- 150 calls per month (SF average)
- 24/7 coverage

## Safety Precautions

- 367 precautions initiated (FY24)
- Safety assessments
- Rounds

## Involuntary Medication Treatment

- 25 offenders in SF
  - Criteria:
    - SMI
    - Danger to self/others
    - Likely to improve with treatment

## GOAL 3:

- Increase services and programming to help decrease crises.

# Psychiatry

## **Offenders prescribed medication**

- 218 offenders (JPA)
- 71 offenders (SFMC)
- 224 offenders (SDSP)

## **Staffing**

- 1 Psych Nurse Practitioner

## **GOAL 4:**

- Increase frequency of psychiatric contact to help decrease hospitalization and increase stability.



# Barriers to Goals- Inadequate Staffing

- Behavioral Health:
  - 3 SUD Counselors (SDSP)
  - 3 MH Professionals (SDSP)
  - 1 MH Associate (SDSP)
  
  - 2 SUD Counselors (JPA)
  - 6 MH Professionals (JPA)
  - 1 MH Associate (JPA)
  
  - 1 SUD/MH Professional (SFMC)
  
  - 1 NP (SDSP/JPA/SFMC)
- Custody and Security:
  - Difficulty with escorts
  - Group vs. Individual

# Barriers to Goals- Physical Plant

- Lack of Office Space
  - SDSP- available office space in school basement
  - JPA- no office space available
- Lack of Group Space
  - SDSP- 6 group spaces available
  - JPA- 3 group spaces available (2 for Unit A; 1 for Units B & D)
    - Group Space 1 (Unit A)- max capacity of 6
    - Group Space 2 (Unit A)- max capacity of 8
  - Space is shared between BH, parole, education, security, etc.