

Service Overview: Specialized Therapies

What are Specialized Therapies?

Specialized Therapies help you improve your skills, behavior, quality of life, or emotional health. These therapies must:

1. Relate to your disability
2. Not be covered by the Medicaid State Plan
3. Help you reach personal goals and stay active in your community
4. Be delivered by a state and/or nationally board-certified therapist

What Specialized Therapies **CAN** cover:

Specialized Therapies can cover three types of therapies:

Therapy	Example
Music Therapy	Using rhythm to build motor skills or help with anxiety
Art Therapy	Painting or drawing to help you express yourself
Hippotherapy	Therapeutic horseback riding or hippotherapy with a certified instructor to improve balance

What Specialized Therapies can **NOT** cover:

- Recreational lessons with no therapeutic goal
- Swim and aquatic therapies
- Massage, spa, or general fitness memberships
- Therapies already covered under the Medicaid State Plan
- Provider travel costs or late-cancellation fees
- Any costs over your budget *

** For more information on your budget, talk to your Family Support Coordinator. Your budget for Specialized Therapies must be less than \$1500*

Quick Facts & Frequently Asked Questions:

Question	Answer
How do I know if a provider has the right certifications?	Work with your Family Support Coordinator to check.
Is travel to therapies covered?	No. FS360 can only pay for therapy time.
Can we split our funds across therapies?	Yes. For example: \$1,000 Music Therapy + \$500 Art Therapy.
What if the Medicaid State Plan covers some therapies?	Use those therapies under the State Plan. You can use Specialized Therapies for <i>other</i> goals.