

# GRANT APPLICATION PACKET – FFY2022-23

## SD COUNCIL ON DEVELOPMENTAL DISABILITIES GRANT APPLICATION - - TITLE PAGE

Applicant Organization South Dakota Parent Connection

Address 3701 W 49th Street Suite 102 Sioux Falls, SD 57106

Telephone 605-361-3171 Federal ID Number 46-0385808

Project Director Carla Miller, Executive Director

Address/Telephone 3701 W 49th Street Suite 102 Sioux Falls, SD 57106

Email Address: cmiller@sdparent.org

Type of Organization nonprofit Tax Exempt? Yes

Under "Type of Organization" indicate all of the following that apply: State, county, municipality, or other public institution; nonprofit or profit private institution. If "nonprofit" and/or "tax exempt", proof of status may be requested.

Title of Project: Parenting at Risk Kids (PARK)

Project Begins October 2022 Project Ends Sept. 2023

Total Council Funds Requested \$18,000.00 Total Project Budget \$24,000

**Carla Miller**

*Carla Miller*

Authorizing Official (please type name)

Signature

Executive Director, SD Parent Connection

Title and address, if different from Project Director listed above.

Description	(A) Requested DD Council Funds	(B) Allowable Match from Applicant **	(C) Allowable Match from Other Agencies **	(D) Total Contract Grant Budget (A + B + C)	(E) Un-allowable Match from Applicant & Other Agencies	(F) Total Project Budget (D + E)
PERSONNEL						
	\$18,000.00			\$18,000.00		\$18,000.00
TRAVEL						
						0.0
CONTRACTUAL						
			\$1000.00 (Donated time from Compass Center for consult to curriculum development and sessions.)	\$1,000.00		\$1,000.00
OPERATING EXPENSES						
Donated meeting room space: 2 rooms for 6 weeks for 3 hours (includes set up, training, take-down)			Compass Center \$3,900.00	\$3,900.00		\$3,900.00
Refreshments for families			\$200.00	\$200.00		\$200.00
Childcare for families			\$800.00	\$800.00		\$800.00
EQUIPMENT/Materials						
Printed parent participation guide with materials for each week.		SDPC \$100.00		\$100.00		\$100.00
Continued:	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>
OTHER						
GRAND TOTAL	\$18,000.00	100.00	\$5900.00			\$24,000.00

\*\* Be sure the Budget Narrative specifies the type of allowable match (in-kind, cash, etc.) and the source of the matching funds. Utilize the formulas found in the instructions to compute the percentages of Council funds and matching funds.

## **ASSURANCES**

1. The applicant assures that grant funds made available under the South Dakota Council on Developmental Disabilities will not be used to supplant state or local funds, but will be used to increase the amounts of such funds that would be made available for other similar activities.
2. The applicant assures that grant funds made available under the South Dakota Council on Developmental Disabilities will be used to complement and augment rather than duplicate or replace services for individuals with developmental disabilities and their families who are eligible for Federal assistance under other state programs.
3. The applicant assures that fund accounting, auditing, monitoring and such evaluation procedures as may be necessary to keep such records as the South Dakota Council on Developmental Disabilities shall prescribe will be provided to assure fiscal control, proper management, and efficient disbursement of funds received through the South Dakota Council on Developmental Disabilities.
4. A clear audit trail must be maintained for each source of funding. Receipts, expenditures and disbursements must be individually accounted for from each source of funds.
5. The applicant agrees to submit reports indicating activities undertaken, expenditures, match provided, program income and general progress of the project. Projects are required to submit a final report at the end of the grant funding period.
6. The applicant certifies that the program contained in its application meets all the requirements, that all the information is correct, that there has been appropriate coordination with affected agencies, and that the applicant will comply with all provisions of the South Dakota Council on Developmental Disabilities and all other applicable laws.
7. The applicant understands that although an effort will be made to continue the funding of projects of proven effectiveness or with a record of proven success, each project must stand on its own merit each year. No project will be guaranteed continued funding. NOTE: Projects/programs must re-apply annually for funding.
8. This agreement depends upon the continued availability of federal funds and expenditure authority from the Legislature for this purpose. This agreement will be terminated by the State if the Legislature fails to appropriate funds or

grant expenditure authority. Termination for this reason is not a default by the State nor does it give rise to a claim against the State.

9. The applicant also understands and agrees: 1) that funds received are to be expended only for the purpose and activities covered by the applicant's approved application and budget, and 2) that the grant may be terminated at any time by the South Dakota Council on Developmental Disabilities if the applicant fails to comply with the provisions of the South Dakota Council on Developmental Disabilities legislation or any of the certified assurances listed above and in the grant agreement.

CERTIFICATION - I certify that I have read and reviewed the above assurances and will comply with all provisions of the South Dakota Council on Developmental Disabilities legislation and all other applicable federal and state laws.

*Carla Miller*

Signature of Authorizing Official

Date: 9/26/2022

Carla Miller Executive Director South Dakota Parent Connection

Typed Name and Title

3701 W 49<sup>th</sup> St. Suite 102 Sioux Falls, SD 57106

Address

605-361-3171

Telephone Number

# Parent Child Journey Program One Year Proposal

## Abstract

South Dakota Parent Connection has made a commitment to parent education for parents of children with challenging behaviors by offering parenting classes that specifically focus on understanding challenging behaviors and learning new tools/techniques that can be used at home to address challenging behaviors. We have seen an increase in referrals from other organizations who work with families for whom they recommend parenting classes due, in part to a lack of parenting classes being offered across the state. Sources of referrals include social workers, court liaisons, clinic nurses, and counseling centers. The Compass Center recently reached out to SDPC for assistance with parenting classes for the families they work with.

The Compass Center provides crisis intervention, counseling, and advocacy to children, adolescents, and adults (both male and female) who are survivors of domestic/dating violence, sexual assault, child sexual abuse, and human trafficking/sexual exploitation. All survivor services are free and confidential, and the organization does not discriminate on any basis.

The Compass Center began in 1975 as a grassroots effort to work with victims of rape. Incorporated in 1976 as Citizens Against Rape, the organization grew and added domestic violence, batterer prevention, and play therapy to its list of services. The organization changed its name to The Compass Center in 2008. Today The Compass Center offers counseling and advocacy services to primary and secondary victims of sexual assault and domestic violence, a batterer intervention program, and community education and prevention.

In an average year, the various programs and services offered by The Compass Center assist over 1,000 individuals in the Sioux Falls metro area. The Compass Center is continually reviewing its programs and services to fit the needs of our ever-changing community.

The Mission of the Compass Center is Navigating the journey to healing for all affected by sexual, relational, and family trauma.

## Project Narrative

### Statement of Need:

According to the Center for the Prevention of Child Maltreatment for South Dakota, more than 4,000 children in South Dakota from all socio-economic and race groups experience sexual abuse every year. Adverse Experiences (ACEs) are traumatic events that create dangerous levels of stress and can negatively impact the development of a child's brain and body. Untreated trauma can have a lifelong impact on an individual in significant ways throughout their lifetime. Unfortunately, children are often the victims of trauma – either through their own direct experience with abuse, or as bi-standers in an environment of abuse and neglect.

The Compass Center has recognized that the parents they work with need to understand not only how trauma effects the development of social and emotional skills and wellbeing of their children, but also skills and strategies for successful parenting a child who has experienced and may be recovering from trauma. In the past, their counselors have hosted parenting classes for their clients. They have come to realize that the parents struggle to separate a counseling session with a parenting class when their own counselor leads the parenting class. This often results in oversharing, side barring, and interruption of the class thus limiting the effectiveness in the training for all parents.

### Proposed Project:

The Compass Center has reached out to South Dakota Parent Connection asking us to run the parenting classes at their center as a means of impacting the concern described above. South Dakota Parent Connection plans on assisting the Compass Center through the following activities:

- SDPC staff will research and develop a curriculum that focuses specifically on the needs of children who have experienced trauma including:
  - Understanding typical child development of social emotional skills
  - Impact of trauma on development of social emotional skills
  - Understanding why children's responses to typical parenting practices may be different and challenging for parents
  - Understanding, preventing, and responding to triggers that result in challenging behaviors
  - Understanding the importance of teaching and reinforcing resiliency and strategies to use at home
  - Other:
- SDPC staff will work with the Compass Center to determine that the curriculum is a fit for the counseling programs they use with families as part of their work with families.

- SDPC will then host a 6-week parenting class with families referred to the class through Compass Center counselors.
- Finally, SDPC will work on a plan for further use of the curriculum with other families for whom it would be appropriate including:
  - Foster families
  - Grandparenting groups (grandparents raising grandkids)
  - Other counseling and mental health center throughout the state as available

Goals and Objectives:

1. A curriculum will be developed that meets the approval of the Compass Center as a good fit for programs working with families for whom trauma is a factor in their lives and the lives of their children
2. SDPC will provide one six-week parenting class utilizing the curriculum that is developed.

Outcomes for parents include:

- a. Parents will understand typical child development of social emotional skills
- b. Parents will understand the impact of trauma on development of social emotional skills
- c. Parents will understand why children's responses to typical parenting practices may be different and challenging for parents
- d. Parents will understand, prevent, and respond to triggers that result in challenging behaviors
- e. Parents will understand the importance of teaching and reinforcing resiliency and strategies they can use at home
- f. Parents will develop strategies for dealing with problem behavior that arises at home

Evaluation and Consumer Satisfaction Information:

- Participants will be given a survey following each session that asks them to rank the following items from Strongly Agree to Strongly Disagree:
  1. The session was of high quality.
  2. The session was useful for my situation.
  3. I gained a better understanding of my child's social emotional needs.
  4. I feel better able to implement strategies at home
- Surveys responses will be aggregated by SDPC and made available to the DD Council if desired.
- Results will be shared with the Compass Center throughout the parenting class.
- The Compass Center will also be asked to share information on the value of the course from their perspective.

- SDPC will look for opportunities within its current funding sources as well as look for other funding sources and partners to offer the training again.
- SDPC will complete the Final Report Narrative

Budget Narrative:

Personnel	\$18,000.00
and	
Operating	
Expenses	
Contractual	

**Total:** \$18,000.00

**25% match:** \$ 6,000.00

\$24,000.00

Sources of 25% match:

Materials:	\$ 100.00
Donated Meeting room space:	\$3,900.00
Refreshment for families each night:	\$ 200.00
Childcare for 6 nights:	<u>\$ 800.00</u>
	\$ 6,000.00



AUTHORIZED SIGNATURES: In witness hereto, the parties signify their agreement by affixing their signatures hereto.

*Carla Miller*

_____	<u>9/26/22</u>
Grantee Signature	Date
_____	_____
State - DHS Division Director	Date
_____	_____
State – DHS Office of Budget & Finance	Date
_____	_____
State – DHS Office of the Secretary	Date

CONTRACT DESCRIPTION CODE: \_\_\_\_\_

State Agency Coding:

CFDA #: 93.630 \_\_\_\_\_

Company	_____	_____	_____	_____
Account	_____	_____	_____	_____
Center Req	_____	_____	_____	_____
Center User	_____	_____	_____	_____
Dollar Total	_____	_____	_____	_____
SVC PO Code	_____	_____	_____	_____

DHS Program Contact Person Arlene Poncelet  
Phone (605) 773-5990

DHS Fiscal Contact Person Alan Fickbohm  
Phone (605) 773-5990

Grantee Program Contact Person \_\_\_\_\_  
Phone \_\_\_\_\_

Grantee Fiscal Contact Person \_\_\_\_\_  
Phone \_\_\_\_\_

