



# SD Supporting Families Community of Practice: An Overview

6.6.20



# What is a Community of Practice?

- ⦿ A community of practice brings together "people who share a concern or passion for something they do and learn how to do it better as they interact This model was chosen for this effort to provide means for:
- ⦿ Connecting people who may have never had contact;
- ⦿ Providing a shared context for people to communicate, collaborate, generate knowledge, share information; and solve commonly identified problems;
- ⦿ Stimulating learning by serving as a vehicle for communication, mentoring, coaching, or self-reflection; and
- ⦿ Helping people organize around purposeful actions.



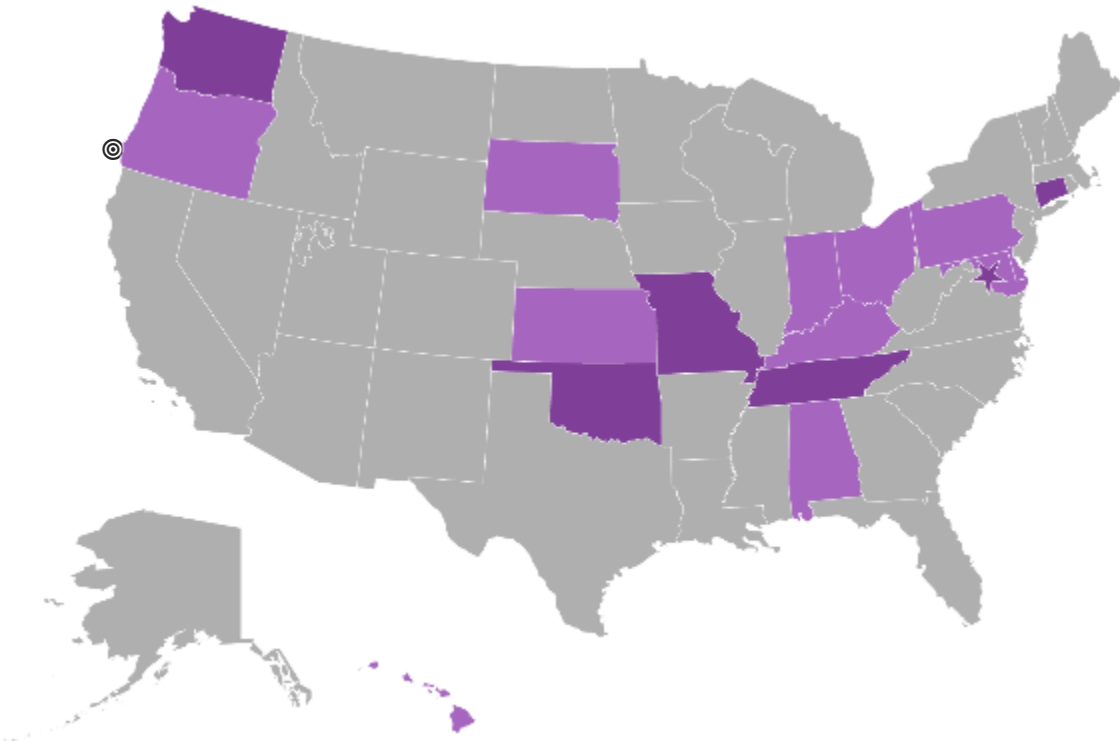
# National Community of Practice for Supporting Families

## Project Goal

To build capacity through a community of practice across and within States to create policies, practices and systems to better assist and support families that include a member with I/DD across the lifespan.

## Project Outcome

- State and national consensus on a national framework and agenda for improving support for families with members with I/DD.
- Enhanced national and state policies, practices, and sustainable systems that result in improved supports to families.
- Enhanced capacity of states to replicate and sustain exemplary practices to support families and systems.



# Funded in 2012 by



## National Partners





**Core Belief:**  
All people and their families have the right to live, love, work, play and pursue their life aspirations in their community.



# History of the Role of Family

Era	Understanding of Family	Disability Services
<b>1800s-</b>	Moral blame assigned to parents	Removal from Society
<b>1900s</b>	Child damaged families	Removal from Family
<b>1950s</b>	Burden of Caregiving	Specialized Therapeutic Congregate Services
<b>1980s</b>	Families seen as system Positive Coping	Community Group Residential Supports
<b>1990s</b>	Families support children to remain in their home for as long as possible	Family Support programs for children living at home

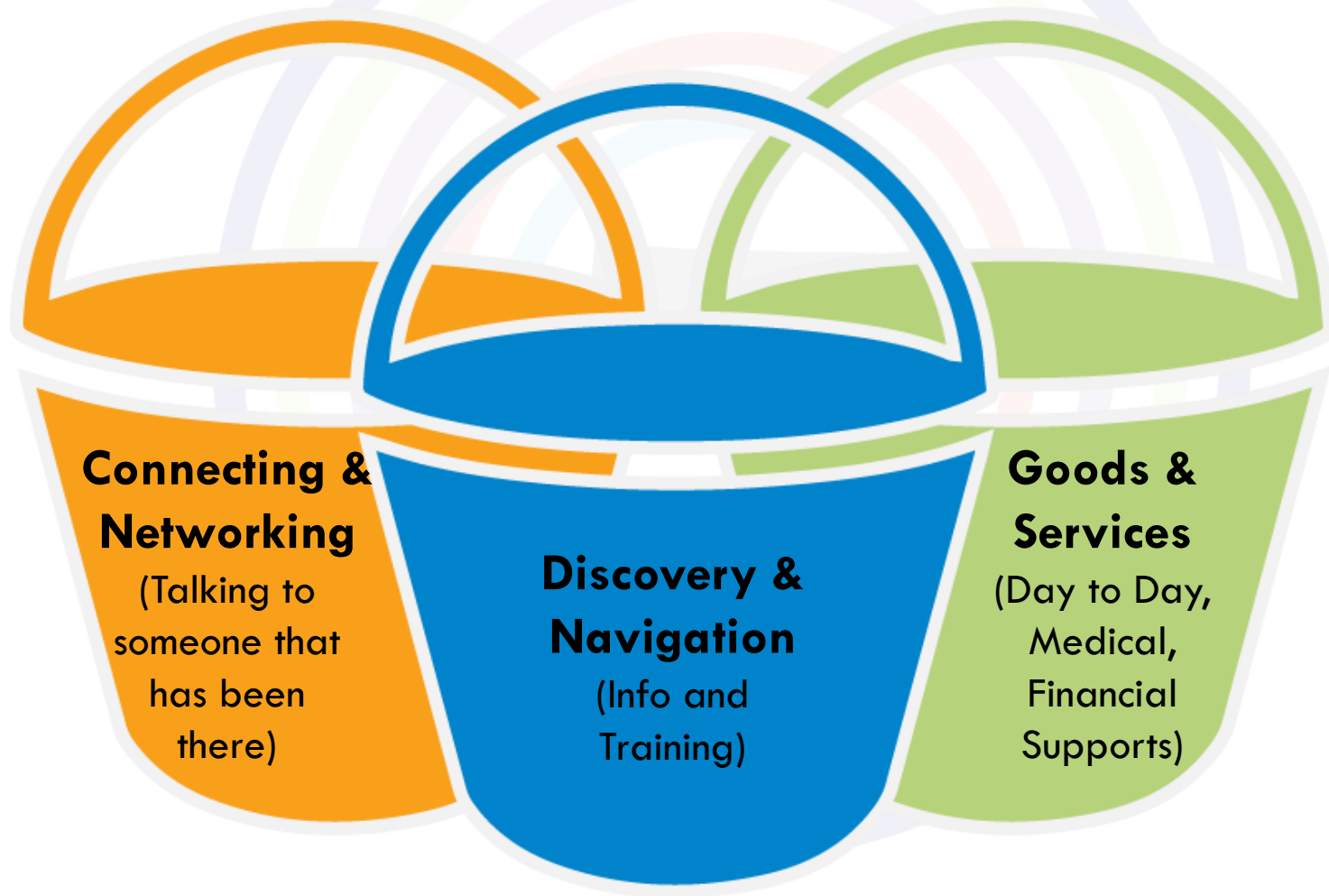


# History of the Role of Family

Era	Understanding of Family	Disability Services
<b>2010s</b>	<p>Families adapt, accommodate and are resilient</p> <p>Recognize that there are additional emotional, physical and financial realities</p>	<ul style="list-style-type: none"><li>-Family is a main constant in the lives of persons with disability</li><li>-Families play significant role across the lifespan regardless of service provision</li><li>-Families may need supports for the different roles they play in the lives of their family member</li></ul>



# Types of Support The “3 Buckets”







# Moving to Supporting Families

Family Support	Supporting Families
Defined by eligibility, services or programs available, or funding	Not a program or based on eligibility, it is needs defined by the families across the lifespan regardless of service provision
Caregiver or parent	Family is defined functionally; inclusive of siblings, parents with disabilities, grandparents
Tension between self-advocacy and family support	Enhances opportunities for self-advocacy and self-determination
Crisis, immediate response	Preventative, long-term planning
Supporting caregiver in order to decrease demand on long-term services	Creates a quality of life for person with DD and their family by supporting their many roles



# What is the role of the SD CoP State Team?



- ⦿ Organize a structure of leaders to drive the change in your state
- ⦿ Understand and use the Charting the LifeCourse "thinking"
- ⦿ Identify and develop an infrastructure in the state for other stakeholders to also learn about the framework
- ⦿ Identify statewide specific Innovation Areas for integrating and implementing the Charting the LifeCourse-thinking, tools and practices.
- ⦿ Leverage and bridge National CoP opportunities with statewide stakeholders to learn from other states and to national technical assistance.



# Create a Hub of Self-Advocate & Family Leadership in SD

## Successes:

- ⊙ Connecting with family and self-advocate groups in SD
- ⊙ Creating a stronger partnership with Partners in Policymaking
- ⊙ “*The Ask*”— what is it specifically we want families and self-advocates to do when they show up?
- ⊙ Past & future online “Good Life Group/s” – offering families connection and ways to “reframe” conversations using CtLC

## How can you play a part?

- ⊙ Share the goals of the Supporting Families CoP & CtLC Framework with others
- ⊙ Connect us with families and family groups in your community.
- ⊙ As a Family Support Council member, represent all families in SD on both the Council and the SD CoP State Team



# Develop Relationships With Private and Public Partners

## Successes:

- ⦿ SD is a small state – everyone knows everyone
- ⦿ Partners represented in the LifeCourse Ambassador series
  - ★ Family members
  - ★ Aging
  - ★ Education
  - ★ Providers
- ⦿ Able to connect partners to peers in other states – Early Childhood

## How can you play a part?

- ⦿ Use CtLC in your day to day life to plan, problem-solve, and advocate for your family member/family unit
- ⦿ Share the work of the Supporting Families CoP & CtLC with teachers, doctors, mental health providers, faith organizations, and community organizations



# Identify opportunities within DDD to use the SD CoP and Charting the LifeCourse as a method to achieve strategic goals

## **Successes:**

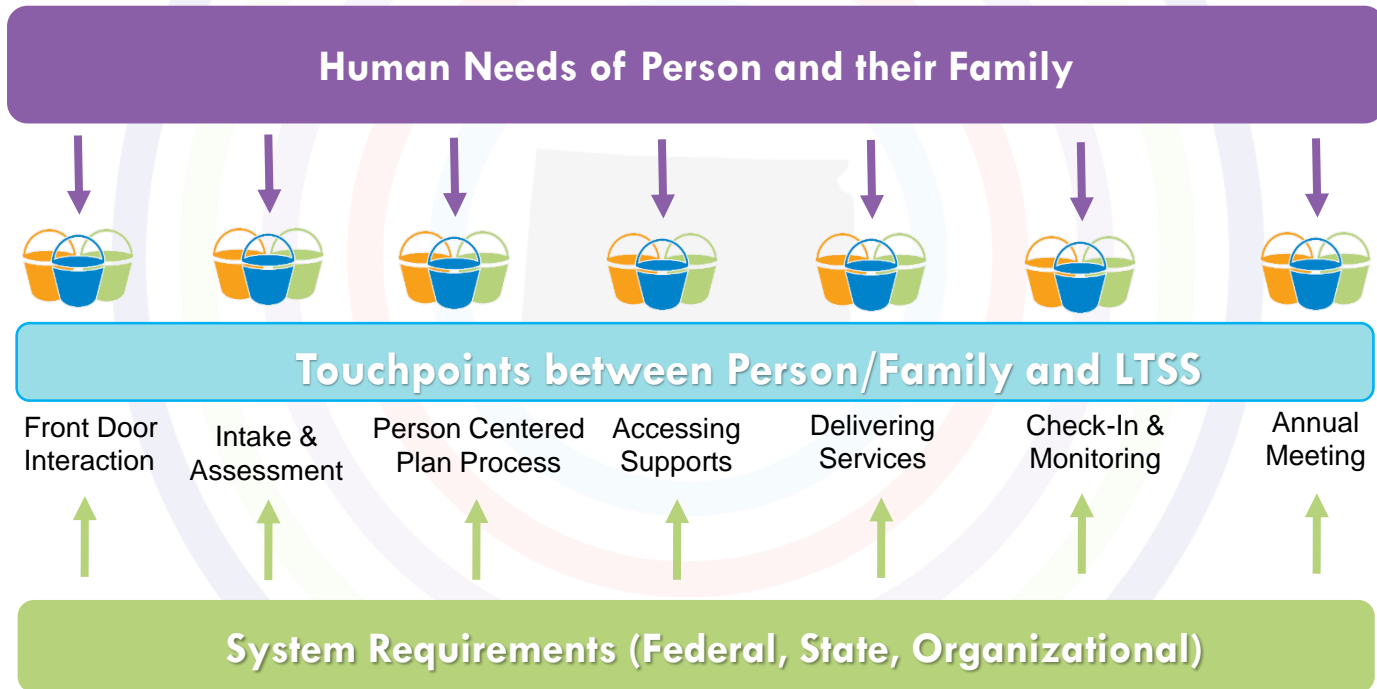
- ⊙ Connecting with other CoP states about their “Front Door” efforts
- ⊙ Connection to Partners in Policymaking & other advocacy groups gives us a good foundation
- ⊙ Incorporated elements of CtLC into ISP requirements – (not about the tools)

## **How can you play a part?**

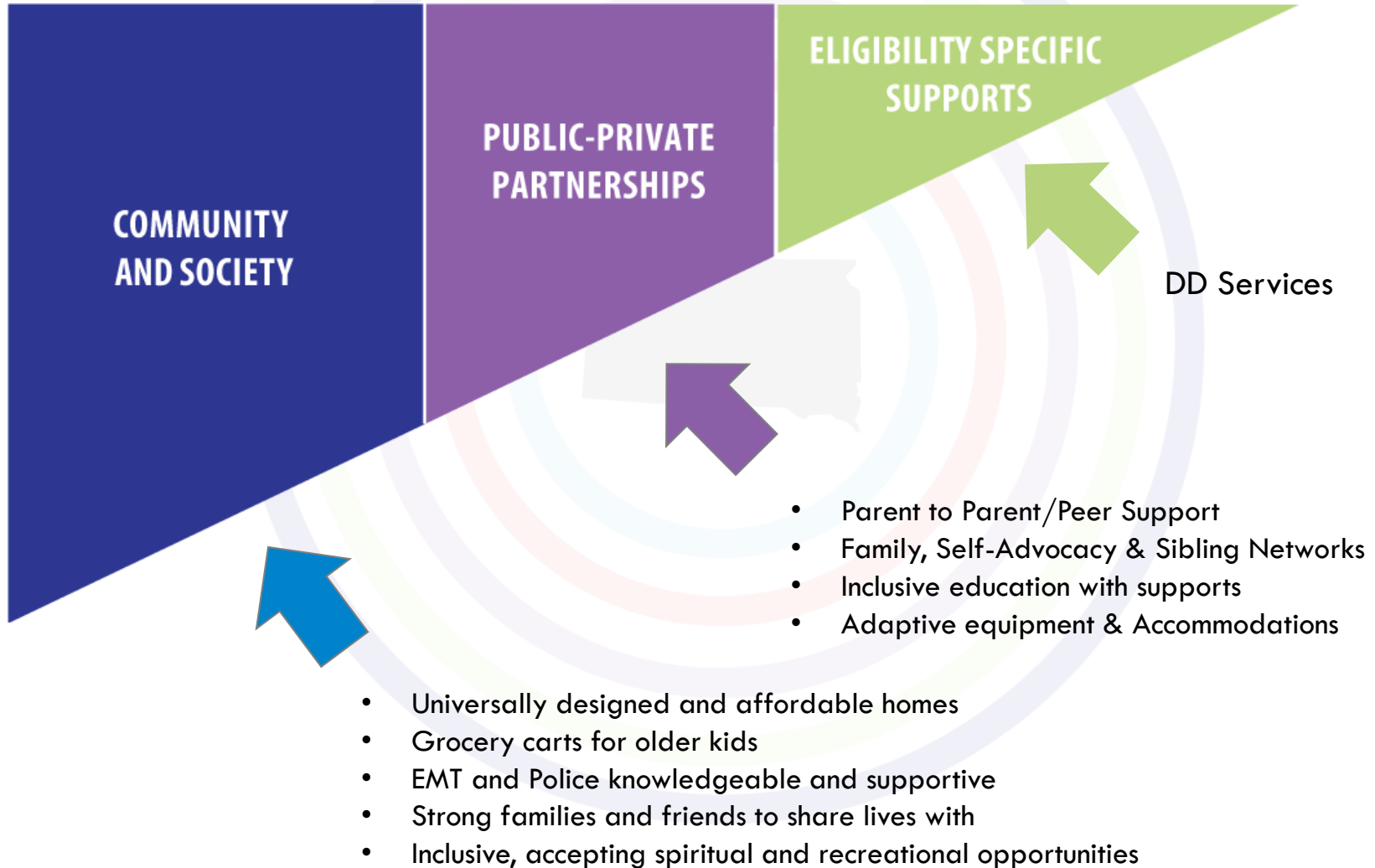
- ⊙ Share your own experiences with DDD - the successes and challenges. What is working and what isn't working with services & supports?
- ⊙ Share your perspective of gaps in services & supports



# Human Needs vs. System Needs



# Universal Strategies for Supporting Good Lives for ALL



# *We want YOU...to get involved!*

- ◎ As a valued stakeholder –
  - ★ Sign up for our SD CoP listserv (coming in late summer 2020)
  - ★ Check out the Supporting Families CoP page on the DDD website
  - ★ Follow our SD CtLC Facebook page (SD Charting the LifeCourse)
- ◎ Sign up to be notified of CoP and Charting the LifeCourse events & trainings
- ◎ Participate as a member of the SD CoP State Team
  - ★ Bi-monthly meetings – 1.5 hours, 12 p.m. CT
  - ★ Use the CtLC Framework in your personal and/or professional life
  - ★ Contribute to attainment of goals – Share your experience, provide feedback & share your ideas
  - ★ Use your connections and relationships in your community to help the CoP reach it's goals – Good Lives for ALL!





# Innovation Workgroups

- ⦿ Family & Self-Advocate Engagement
- ⦿ System Design & Quality
- ⦿ Implementation & Practice
- ⦿ Cultural and Linguistic Competency



# Resources

- © [www.lifecoursetools.com](http://www.lifecoursetools.com)
- © [www.supportstofamilies.org](http://www.supportstofamilies.org)
- © <https://dhs.sd.gov/developmentaldisabilities/lifespan.aspx>

 <https://www.facebook.com/SDChartingtheLifeCourse/> or

- © Search “SD Charting the LifeCourse”



# Thank you!

For more information about the SD Supporting Families Community of Practice, contact:

© Kimberly Percival:

★ [Kimberly.Percival@state.sd.us](mailto:Kimberly.Percival@state.sd.us)

