

**FFY 2024 Annual Report – DETAILED
South Dakota Council on Developmental Disabilities**

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SECTION I: IDENTIFICATION

1. State/Territory: South Dakota
2. Federal Fiscal Year Reporting: October 1, 2023 through September 30, 2024
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SECTION II: COMPREHENSIVE REVIEW AND ANALYSIS

PURPOSE: To provide an update to the Comprehensive Review and Analysis [Section 124(C)(3)]

The **DD Act requires** the following annual descriptions:

- adequacy of health care and other services, supports and assistance that individuals with developmental disabilities in Intermediate Care Facilities (ICF) receive;
- adequacy of health care and other services, supports, and assistance that individuals with developmental disabilities served through home and community-based waivers receive;

• **Office of Intellectual and Developmental Disabilities (OIDD) interprets this as *annual updates* to:**

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- adequacy of health care and other services, supports and assistance that individuals with developmental disabilities in Intermediate Care Facilities receive; (ICF updates)
- adequacy of health care and other services, supports, and assistance that individuals with developmental disabilities served through home and community-based waivers (HCBW) receive; (HCBW updates)
- And other sections that apply (e.g.: state information, portrait of state services, analysis of state issues and challenges, rationale for goal selection, collaboration).
- Federal and state initiatives impacting people with DD and their families in the State/Territory

Note: (*) - Adequacy may be described in terms of quality and/or populations served versus need.

The South Dakota Intellectual/Developmental Disabilities service system supports an estimated 160 individuals across three Intermediate Care Facilities for Individuals with Intellectual and Developmental Disabilities (ICF/IIDD or ICF). South Dakota has one public ICF facility housed at the South Dakota Developmental Center (SDDC) and two private ICF youth facilities. Reviews of services of the private ICF facilities were conducted by DDD, and deficiencies were addressed through remediation by the respective providers. SDDC continued to work with community providers being challenged to provide services to people with significant behaviors and needing additional support. A review of service rates for the two private ICF facilities was completed, and rate increases were implemented effective June 1, 2024.

DDD implemented a new Intake Process (also referred to as Front Door to Supports) in June of 2023 and has continued to make improvements to the application and eligibility process for those seeking DDD-funded services. Prior to June 2023, the front door to supports has been with providers, requiring families to navigate multiple providers, multiple applications, multiple points of contact, and multiple policies. The new Front Door through Dakota at Home creates one access point for people supported and their families and a smooth, easy process for learning more about and applying for DD services. DDD hired a Dakota at Home Manager who oversees all aspects of intake and eligibility and supervises DDD intake specialists.

Over the past few years, there has been continued growth in the overall continuum of care services in the I/DD service system in South Dakota. This includes behavioral and crisis consultation and provider specific expansion of behavioral support services. This focus will continue as DDD and other stakeholders utilize the Assessment of Services for People with IDD and Mental Health Challenges that was completed in 2023 as well as the Crisis Continuum study completed by Alvarez and Marsal in 2024, for which the final report is pending.

The South Dakota Intellectual/Developmental Disabilities service system supports about 6,000 individuals between two Home and Community Based Services (HCBS) waivers. Family Support 360: In early 2024, each of DDD's five contracted Agency with Choice (AWC) providers of self-direction notified DHS of their intent to discontinue offering co-

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employer services to participants accessing self-directed services through the Family Support 360 waiver. DHS contracted with Alvarez and Marsal to assist in navigating significant systems change and to ensure a smooth transition and prevent service disruption to the greatest extent possible for participants and families affected by this change. DHS has contracted with a new vendor to offer this service - Consumer Direct Care Network South Dakota (CDSN) - and participants began transitioning from current AWC providers in summer 2024. An amendment to the FS360 waiver was necessary to enable DDD to work with the new vendor to provide this service.

Numerous listening sessions were conducted throughout 2024 to provide information and resources to participants and families affected by the change. Additionally, bi-weekly meetings with Family Support Coordinators to ensure they have the knowledge, tools and resources to best support affected families.

The five key recommendations of the Family Support and Shared Living Program Assessment conducted in 2023, included: 1) DDD should begin work on quick wins to demonstrate a commitment to action based on what A&M heard from families; 2) additional flexibility and investment in Family Support 360 (add flexibility through service changes to help families); 3) work with families to make respite care more available especially for those using the Shared Living Program; 4) continue efforts to become a person and family-centered system (shifting power from government and providers to people and families); and 5) DDD should proactively communicate and seek opportunities to partner with the people they support, their families, advocates and providers in all systems change activities.

DDD's work to implement the recommendations included: 1) Family and Self-Advocate Conversations held quarterly to share information and updates on services through DDD to increase information sharing and stakeholder engagement. 2) Additionally, a family workgroup was initiated in May 2024 meets monthly. The purpose of the Workgroup is to gather direct feedback, shared experiences, and troubleshoot barriers that families and self-advocates have identified during their transition to the new Agency with Choice vendor, Consumer Direct Care Network. The group has also reviewed and revised resources that are shared with families, self-advocates, and their hired providers. As the transition to the new Agency with Choice ends, the Workgroup will shift their focus to contribute to the changes in the new FS360 Waiver amendment.

2024 Annual Waiver Assurances:

- DDD was required to complete 332 CHOICES reviews in FY24.
- DDD was required to complete 208 FS360 reviews in FY24.
- Four of the thirty-four performances measures in FY24 fell below the 86% threshold.
- DDD identified mitigation plans to address the performance and ensured measures moved into the approved threshold.

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CHOICES waiver:

- In May 2024, CMS conduct an onsite site visit to several CHOICES providers in South Dakota, which resulted in an HCBS Settings findings report that included individual findings for some providers, as well as systemic findings. DHS and DSS are currently partnering with the individual providers as well as the entire provider network on a plan to achieve sustainable compliance with the HCBS Settings Rule.
- An amendment to the CHOICES waiver was approved by the Centers for Medicare and Medicaid Services (CMS) to remove the post-eligibility treatment of income, more commonly known as the cost share or copay. CHOICES participants who were previously required to contribute to the cost of their services are now able to retain their unearned income.

ARSD updates:

- 46:11:08:05 Provider Initiated Termination was revised to clarify that an appeal of termination of services initiates a review of whether or not the required procedures and processes for termination of services were followed and changes the required time that a provider must continue to provide services to a participant appealing a termination of services to 90 days, rather than until a decision on the appeal has been reached.

2024 Legislative Session:

The Legislature approved funding for DDD which allocated growth in services across both the CHOICES and Family Support 360 waivers guaranteeing the continuation of services for participants supported.

HB1202 dealt with the termination of services for people with intellectual and developmental disabilities. After hearings in both the House and Senate and much additional conversations, the bill was defeated. Approximately 10 graduates of Partners in Policymaking attended the Senate hearing with several providing testimony.

SECTION III: STATE PLAN IMPLEMENTATION

PURPOSE: To provide the context of what will be reported in the PPR. Section III is comprised of 3 reporting areas: (A) Introduction; (B) evaluation of state plan implementation; (C) Input on National Priorities

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A. Introduction

In this section provide an executive summary with cohesive information that provides an overview of the report including, but not limited to the following: (1) targeted areas of emphasis, (2) strategies used to implement activities; (3) significant accomplishments and/or barriers to state plan implementation; (4) needs requiring state plan amendments and (5) a description of how the Council will disseminate the annual report to stakeholders and the general public and how the Council will address availability in accessible formats. Note: detailed information will be provided below in Section IV

The Council's Five-Year State Plan includes three goals/targeted areas of emphasis – Community Services and Supports, Mental Health and Advocacy and Leadership (Quality Assurance).

The Council collaborates with many organizations across the state to offer training and professional development opportunities for people with intellectual and developmental disabilities (IDD), their family members, guardians, and service providers. The Council grantees were focused on training for direct support professionals, family members and guardians, youth with disabilities, Birth to 3 providers, people with IDD and specifically Native Americans with disabilities and their families.

Significant accomplishments this year were working with the Supporting Families Community of Practice, reaching 725+ graduates of Partners in Policymaking and continuing to reach Native Americans with disabilities and their families through the curriculum developed by Oyate Circle.

Barriers to implementation included limited amount of Council staff time to further some state plan activities. In addition, this past year has included many activities related to planning for succession after the Council Director of 31 years retires at the beginning of FFY25.

No major amendments will be needed to the state plan at this time. Some objectives will need to be adjusted.

Dissemination of the annual report happens through placement of the full report and a summary on the Boards and Commissions website and promotion of the availability of the report on Facebook and thru available newsletters. Copies are provided as requested and in alternate formats as needed.

Cultural Diversity

Describe the Council's overall efforts to address the needs of individuals with developmental disabilities and their families of a diverse culture through its state plan supported activities.

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Cultural Diversity is continuously addressed when considering when and where the Council hosts activities. Grantees must talk about their efforts to reach culturally diverse groups within their applications and throughout their reporting. Relationships developed over the years continue to be an important factor and when requested, members of the DD Network collaborate to ensure that we participate and build new relationships as much as possible. With the Council providing funding for an advocacy and leadership training for Native Americans with disabilities and their families, we are hopeful that more Native Americans will be participating in future activities. The Council has discussed various ways to reach the many cultural and ethnic groups that are often centered around our largest community of Sioux Falls. Council staff hope to reach out to some of the non-profit organizations that serve those groups during each state plan cycle.

B. Evaluation of State Plan Implementation [Section 125(c) (5) and (c)(7)]

In this section report on the evaluation activities conducted and results. The report should include:

B1. Evaluation Activities

Describe the evaluation activities undertaken during the fiscal year being reported, including evaluation activities conducted to strategically assess the overall progress and direction of the state plan implementation.

Most evaluation activities are done by grantees over the course of their grants. Grantees are asked to complete monthly or quarterly reports that are reviewed by the Council director and shared with the full Council. Grantees complete an annual survey and provide performance measures and stories. The Council discusses reports from grantees or has presentations at its meetings to learn more and hear the accomplishments and barriers directly from grantees. Council members use these presentations and updates from the Council director to review the state plan goals and objectives and make any changes needed.

B2. Evaluation Results

Report the broad results of the evaluation activities described above (B1), including a broad assessment of the overall progress of Council supported activities.

All grantees reported progress in meeting their expected outcomes and satisfaction from people with intellectual and developmental disabilities and family members participating in activities. The Council is achieving progress across all goals although some work has been limited by Council staff time for the Mental Health goal.

Overall, people with IDD and their families have been satisfied with the activities conducted by the Council and its grantees. The Council needs to provide additional support to grantees to include the Participation Information for people with IDD and their families so this can be reported more accurately in the future.

B3. Lessons Learned and Future work of the Council

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Report on how the Council will use lessons learned from state plan implementation and the data gathered from the evaluation activities to move forward the work of the Council?

The Council considers the reports, evaluations and data from Grantees as it reviews the progress achieved on the state plan and reviews how we gather and share information. As a minimum allotment state, the Council works with just one staff. This has limited the Council’s ability to do outreach and plan specific training activities related to Mental Health and Caregivers.

During FFY24, the Council focused on a succession plan for the Executive Director. The Executive Director has expressed her plan to retire near the end of FFY24. Activities related to succession planning, preparing for a new director by creating written processes were priorities during FFY24.

C. Input on National Priorities

Purpose – to provide AIDD input on possible national priorities and areas of potential collaboration at the federal level.

There are no changes to the top issues for the coming year. Wages, recruitment, and retention of Direct Support Professionals (DSPs) and guardianship/supported decision making are areas we discuss often. Lifespan Respite Care and collaboration with the Aging and Disability Resource Centers remains a priority as well. All efforts to continue these types of programs is beneficial to South Dakota.

SECTION IV: STATE PLAN IMPLEMENTATION PROGRESS REPORT

Section IV.A. Detailed Progress Report on Goals

Goal #1: - Community Supports & Services – By 2026, people with intellectual and developmental disabilities and their families have increased awareness of resources to improve access to information and services.

| Area of Emphasis | Planned for this goal | Areas addressed |
|--|------------------------------|------------------------|
| Quality Assurance | | |
| Education and Early Intervention | X | X |
| Child Care | | |
| Health | | |
| Employment | | |
| Housing | | |
| Transportation | | |
| Recreation | | |
| Formal and Informal Community Supports | X | X |

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| Strategies As identified in Section 125 (c)(5)(A-L) of the Developmental Disabilities Assistance and Bill of Rights Act of 2000 (PL 106-402) | Planned for this goal | Strategies Used |
|--|------------------------------|------------------------|
| Outreach | X | X |
| Training | X | X |
| Technical Assistance | | |
| Supporting and Educating Communities | X | X |
| Interagency Collaboration and Coordination | X | X |
| Coordination with Related Councils, Committees and Programs | | |
| Barrier Elimination | | |
| Systems Design and Redesign | | |
| Coalition Development and Citizen Participation | | |
| Informing Policymakers | X | X |
| Demonstration of New Approaches to Services and Supports | | |
| Demonstration of projects and activities | | |

| Collaborators | Planned for this goal | Actual |
|--|------------------------------|---------------|
| State Protection and Advocacy System | X | X |
| University Center(s) | X | X |
| State DD Agency | | X |
| Other: Black Hills Special Services Coop | | X |
| Other: SD Parent Connection | | X |
| Other: | | |

1. Goal # 1: Community Supports and Services

- 2. State Plan Objective 1:** Each year of the state plan, the Council will share resources and information through multiple media formats weekly and specifically target 6 new groups or locations (such as clinics, schools, nursing students, etc.).

Check the appropriate box for each of the questions below:

3. This Objective is:

Individual & Family Advocacy System Change Capacity Building

4. This Objective is:

New Ongoing Completed

5. This Objective is:

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- a. Fulfilling the Self-Advocacy DD Act Requirement Yes No
- b. Targeted Disparity Yes No
- c. DD Network Collaboration Yes No
- d. A demonstration project of New Approaches to Services and Supports
Yes No
If Yes, Indicate project name and original start date for this effort: name of project; mm/yy
- e. A demonstration of projects or activities Yes No,
If Yes, indicate project or activity name and original start date for this effort:
name of project/ mm/yy

6. Stage of Implementation for systems change activities:

- planning implementation outcome/fully integrated

Background/Context

7. Provide an overall description of this objective:

The description should at a minimum provide background information on the objective to establish a context for the activities.

During development of the state plan, the Council heard from families and self-advocates that finding the information they need could be difficult and time consuming. Key activities for this objective include continuing support for the South Dakota Community of Practice on Supporting Families; development of general awareness resources; supporting parents and self-advocates to participate in workgroups and conferences; creation of a website that can be a hub for statewide disability information and resources; and hosting booths and displays at conferences.

8. Expected Outputs – List expected outputs from annual work plan

- a. 4 Charting the LifeCourse Framework trainings will be held with 20 family members and 4 adults with IDD participating.
- b. 26 social media posts, newsletters, articles, PSAs were developed and shared weekly on disability awareness topics and resources.
- c. 20 self-advocates with IDD and 40 family members/guardians will receive assistance to attend workshops and conferences
- d. Creation of a website as a hub for disability information and resources is completed and continuously updated.
- e. Sharing of information and resources at 3 conferences with outreach to 100 people.

9. Outputs Achieved – List outputs achieved

- a. 8 Charting the LifeCourse trainings and 4 regional meetings were held with 39 family members and 22 adults with IDD participating.

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- b. 145 Facebook posts were created and/or shared on disability topics and resources.
- c. 17 self-advocates with IDD and 24 family members/guardians received assistance to attend workshops and conferences.
- d. Creation of a website was discussed with some preliminary work started.
- e. Information and resources were shared at 3 conferences reaching more than 885 people

Progress Report

10. The report should include the following:

- A narrative progress report that cohesively describes the activities that were implemented toward achieving the objective, including **how** the identified strategy was used, how the activity was implemented, challenges to achieving the objective and unexpected benefits.
- For system change activities, include a description of the stage of implementation (planning, initiation, implementation, outcome/fully integrated) of the system change initiative.
- All narratives must describe what numbers make up the performance measures number for the activities being reported in the narrative.
- A summary of evaluation activities to monitor progress and impact of council supported activities for the objective; data collected during the year, data sources, and data collection methods; (logic model and evaluation plan may be attached to the report).

The **South Dakota Supporting Families Community of Practice (CoP)** is in its 8th year (SC1.5). SD Supporting Families Community of Practice State Team is a statewide collaborative workgroup that meets regionally (with a virtual option to attend) 1-2 times a year, and once a year in-person (in Pierre) with the National CoP team on-site. The SD CoP creates initiatives to better support individuals and families through the Charting the LifeCourse framework and philosophy, across the state. The SD CoP State Team is comprised of Family members, Self-Advocates, Ambassadors, State agencies, Community Partners, CSPs and Case Management agencies.

SD Ambassadors are a group of individuals that received specialized training in the Charting the LifeCourse (CtLC) framework and philosophy. SD Ambassadors utilize the framework in their own lives, and to help others navigate integrated supports in their communities. Ambassadors meet monthly to share how they are using CtLC, plan educational outreach and trainings, and create activities that will move forward the initiatives of the SD CoP State Team.

SD Facilitator Team is the leadership team of the SD Supporting Families Community of Practice State Team. It is comprised of Family members, Self-Advocates, DD Council Staff, Community Partners, and CoP Grant Manager. The SD Facilitator Team co-hosts regional CoP meetings. The team also attends

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monthly technical assistance calls with the National CoP Team and learns about how other states are supporting families in unique ways using the CtLC framework.

Professionalizing the role of self-advocates and family members is a top priority for the SD Supporting Families Community of Practice. We were proud to host a self-advocate leadership training in partnership with Disability Rights of SD and the SD Council on Developmental Disabilities. During our time together, 12 self-advocates practiced the social skills needed to serve on boards, committees and councils. We also used the Charting the LifeCourse framework to develop individual biographies to use when presenting at conferences and on panels. Individual headshot photos were taken for the same purpose. At the end of the retreat, each self-advocate was compensated for their time and expertise in attending. All 12 of the self-advocates that attended now participate in an advocacy group called Advocates for Change. (IFA 1.1 - 12)

Based on feedback from the family members and community partners that attended the in-person CoP meeting in Pierre, SD July 2023, it was decided to host regional CoP meetings in 2024 to optimize family member and self-advocate attendance. In 2024 the Supporting Families Community of Practice hosted 4 regional meetings in Sioux Falls, Aberdeen, Pierre, and Sturgis. The meetings were held in the evening with a light supper provided. During these regional meetings, family members, self-advocates, and community members were asked to provide feedback on three areas buckets of supports - Discovery and Information (what do you need more information about), Connection and Networking (what do you need for connection and what ideas do you have), and Goods and Service (what are the tangible supports and services that you need). There were 61 total attendees. 10 self-advocates, 28 family members and 23 community partners. The information gathered during these meeting will be used to create the 2024-2025 CoP priorities. The outcome of these regional events was that families and self-advocates contributed directly to the system efforts and changes to best practices of meeting their individual and family needs. There will be an amendment to the Family Support 360 Waiver in 2025, and the feedback received in these regional meetings will be used to guide what changes need to be made to the waiver. (IFA 1.1 – 10; IFA1.2 – 28; IFA 2.3 – 22 people with IDD and 28 family members; IFA 2.4 (12 people with IDD and 3 family members); SC1.4 – 23 attendees at regional events; SC 1.3 – 1 regional CoP events)

Throughout the year, CoP ambassadors hosted Let's Talk LifeCourse sessions Relationship Mapping, Employment, Integrated Supports, Transitions into New Stages of Life, Preparing for the Holidays, Finding Services, and What is a Meaningful Day, and Voting. These sessions were offered monthly virtually for anyone who would like to attend. There were 30 attendee's total. 11 family members, and 19 community partners. 11 attendees responded to the post session survey. A family member wrote on her post survey "*Great information to add to my thought processing!!! Always thinking!!!*" (IFA3.2 – 11 of 11 were satisfied or very satisfied) (IFA1.2 – 11 and SC1.4 – 19)

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The Introduction to Charting the LifeCourse sessions are a fresh way to re-think conversations about planning and supports using the Charting the LifeCourse Framework. The interactive sessions are offered virtually once a month and introduce simple tools that help people problem-solve and plan at any age and stage of life. During this reporting period 34 community partners attended this educational activity, with the intentional outcome of using the knowledge and practice in their day to day work in supporting families. (SC1.4 – 34)

As a result of the self-advocate leadership retreat and Ambassador training, one self-advocate is now serving on the Family Support 360 Council appointed by the Governor. (IFA 2.5 - 1)

The CoP hosted 16 Charting the LifeCourse Ambassadors for two days over the summer. Ambassadors are a composition of family members, self-advocates, parent/professionals, and community members. Those in attendance were 2 family members, 1 self-advocate, 3 parent/professionals, 3 SD Parent Connection staff, 1 Disability Rights staff, 5 LTSS staff, and 1 DD Council staff. Their time together was spent training on Charting the LifeCourse presentations and how to host outreach booths They also developed CoP activities for 2024-2025, based on the feedback received from families/self-advocates during the regional CoP events. The Ambassadors were able to connect with the National Community of Practice team (virtually) and learn what other states are doing to support families. The Ambassadors will take the information they learned and conduct outreach activities that share the Charting the LifeCourse framework to support families in their communities and day to day work. The outcome of their outreach is to change the thinking of how families/individuals see their future and identify what integrated supports are available in their communities. (duplicative people from other performance measures)

Success begins with first steps - In July the first CoP meeting for the Northeast region was held in Sisseton (a very rural community, with the closest formalized services being an hour drive each way). 7 family members and 2 self-advocates were in attendance. An overview of the SD State CoP was shared with the group, and the rest of the time together was spent creating a trajectory for what integrated supports could be accessed to create meaningful days for their loved ones with I/DD, in their own community. The group decided that they want to create meaningful days for ALL their community members that are age 18+. The group formed a non-profit, will utilize free space that the city owns (An old, abandoned school called the Commons) create a calendar of activities (Fishing, Cooking, Dance Classes, Bean Bags, Lake Day, etc.), provide supports needed, and invite the community to participate. They have developed a Vision Statement “To pursue community engagement where people with different abilities connect with others and contribute to their community through participation in meaningful activities”, and have the following values identified: Help individuals meet their fullest potential; Encourage a culture of inclusion and belonging; Treat all individuals with dignity and

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respect; Connect, educate, and inspire; Find opportunity within a community;
Empower independence.

To encourage family members and adults with disabilities to attend a variety of conferences and workshops, the Council has provided **Travel Assistance** for many years. Council funds are limited but always appreciated as many families share that without the assistance, they would not be able to financially afford to attend and gain the knowledge they need to help their family member(s) with disabilities. Assistance was provided to 24 family members and 17 people with I/DD

IFA 1.1 - # of people with IDD participating – 17

IFA 1.2 - # of family members participating - 24

IFA 3 - # of family members satisfied – 10 responded and 10 were satisfied
Follow-up data includes satisfaction with the Council's travel assistance program.

The travel assistance participants reported that they shared the knowledge they gained with 85 people – 43 family members and people with I/DD and 42 professionals.

The Council has a grant with the Center for Disabilities for **Public Information**. Through this grant, infographics and videos were created on Disability Awareness Day, Rights of People Under Guardianship, Tips for Job Interviews, Tips on Bringing Up Workplace Disagreements, and Making Friends & Meeting People. These were shared via email to over 400 people on the Council's listserv and shared on Facebook on the Council's page and the Center for Disabilities' page.

Electronic copies of the Resource Guide for People with Disabilities, Fetal Alcohol Spectrum Disorder (FASD) Handbook, Developmental Disabilities Handbook, and FASD Education Strategies Handbook as well as the Birth to 3 LibGuide, Deaf-Blind LibGuide and Autism Handbook/Autism LibGuides were accessed over 2,618 times via the web. Total electronic copies: Autism LibGuide – 1238; Birth to 3 LibGuide – 787; Deaf-Blind LibGuide – 532; and South Dakota Possibilities Magazines – 61.

In late 2023, the Center published a Possibilities Magazine that features employment success stories of people with developmental and other disabilities and sometimes includes information on programs available within South Dakota. Over 80 copies of the magazines from 2015-2023 were disseminated at booths and conferences.

Besides the handbook resources the Center for Disabilities has a toll-free number and purchases resources for the Wegner Health Science Information Center. The books we purchase are for all ages, so all are welcomed to check out books to read. Books for children/teens that feature characters with disabilities help them see representation of themselves and normalize disabilities in our society. There were

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also books on specific topics for research purposes. These two activities assist in giving the Center a larger expansion with all we do in our outreach efforts. The toll-free number has received 272 calls and there were 26 resources bought to add to the Center for Disabilities' collection at the Wegner Health Science Information Center.

SC 1.4 – 443 people were educated. The Council estimates that many people accessing or receiving a hard copy of materials picked up a minimum of 2 items. When people are accessing the materials at conferences, they often talk with the person at the booth regarding current issues, new resources needed, etc. Conferences attended by the Center or Disabilities' and/or Council staff included Fall Rehab Conference (150 attendees), Special Education Conference (600 attendees), and Partners Continuing Education (135 attendees). 885 total with half being educated on who the Center and Council are or other topics relevant to their field of work.

Through this grant, the Center for Disabilities assists the Council in hosting a Facebook page and sharing content. 145 posts were made covering topics such as upcoming events, surveys, post-secondary education, applications for board positions and awards, guardianship, ABLE accounts, special education, mental health, SD Advocates for Change, grant activities, childcare and early learning, legislative updates, inclusion, DD Awareness Month and more. The Council currently has 545 followers.

Disability Day at the Capitol – This event was supported by Council staff who made sure the Rotunda was scheduled, needed tables and chairs were available; tracked invitations and registrations from disability organizations and ordered the catered food. Eleven organizations supported the event with 9 setting up booths in the Rotunda. Twelve members of SD Advocates for Change participated. Over 160 people dropped by the Rotunda including the Governor, Lt. Governor and 13 state agency policymakers, 8 Senators and 15 Representatives stopped at the booths to learn about disability services and organizations. SC 1.4 - 38

Website development - Council staff continued completing preliminary information gathering in preparation to find a company to assist in creation of a website for the Council that can serve as a hub for disability information. Development of a website did not occur during FFY24. An initial RFP was issued, but will be reissued in early FFY25.

11. Expected Outcomes (matches the expected outcomes from the annual work plan as it relates to the objective)

List the expected outcomes for the activities described for the objective from the annual work plan

- a. People with IDD and their families are more knowledgeable about Charting the LifeCourse Framework through the National Community of Practice on Support Families.

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- b. A wide variety of people see and interact with social media posts, newsletters, articles and PSAs that increase their awareness of disabilities and disability issues.
- c. The website/disability hub makes it easier for people with disabilities and families to locate information they need.
- d. A variety of people, providers and communities learn about resources and have opportunities to ask questions about the Council and its activities.

12. Outcomes achieved

- a. More people with IDD and their families were educated about Charting the LifeCourse Framework.
- b. There was limited interaction through Facebook regarding posts but many were shared to broader audiences.
- c. Many people attending conferences were able to talk with Council staff regarding the Council and its activities.

13. Progress towards achieving outcomes for overall objective:

The annual report should include an assessment as to the extent to which progress was made on the intended outcomes for the objective.

Continued progress was made in sharing information and resources to people with IDD and their families through social media and in-person events. More targeted activities could be done in future years, by attending different events, Council staff will be able to reach new groups of professionals working with people with IDD. Creation of the website will increase access to resources across multiple areas of the state plan.

- 14.** Additionally, include stories of culturally diverse people with developmental disabilities whose lives are better because of Council work on this activity (e.g., became better advocates for themselves and others, became more connected to the community). Stories of policy or legislative changes that happened as a result of Council individual advocacy work that are likely to positively impact the lives of people with developmental disabilities or that will prevent a potential negative impact (e.g., created deleted, refined programs and/or legislation, reallocated use of funds, organizational systems change as a result of evidence-based practices).

1. Goal # 1: Community Supports and Services

- 2. State Plan Objective 2:** Each year of the state plan, the Council will collaborate with others to support at least one professional development opportunity for community-based providers, family members, guardians, and people with IDD.

Check the appropriate box for each of the questions below:

- 3. This Objective is:**

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Individual & Family Advocacy System Change Capacity Building

4. This Objective is:

New Ongoing Completed

5. This Objective is:

a. Fulfilling the Self-Advocacy DD Act Requirement Yes No

b. Targeted Disparity Yes No

c. DD Network Collaboration Yes No

d. A demonstration project of New Approaches to Services and Supports Yes
 No

If Yes, Indicate project name and original start date for this effort: name of project; mm/yy

e. A demonstration of projects or activities Yes No,

If Yes, indicate project or activity name and original start date for this effort: name of project/ mm/yy

6. Stage of Implementation for systems change activities:

planning implementation outcome/fully integrated

Background/Context

7. Provide an overall description of this objective:

The description should at a minimum provide background information on the objective to establish a context for the activities.

Building capacity of direct service providers as well as people with IDD and family members has been a high priority for the Council for many years. Many budgets do not include enough money for training and the Council has found many benefits to supporting these opportunities.

8. Expected Outputs - –List expected outputs from annual work plan

a. 20 B-3 providers and early literacy providers received training.

b. 20 first responders participated in disability awareness training and 5 completed the train-the-trainer opportunities

c. 15 people with IDD and their family members participated in disability awareness training on working with first responders.

d. 100 providers, people with IDD, family members or guardians participated in a professional development event.

9. Outputs Achieved - –List outputs achieved

1. 69 Birth to 3 providers and early literacy providers received training.

2. No first responder trainings were planned this year.

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3. People with IDD, family members and guardians participated in professional development events reported in other objectives of the state plan.

Progress Report

10. The report should include the following:

- A narrative progress report that cohesively describes the activities that were implemented toward achieving the objective, including **how** the identified strategy was used, how the activity was implemented, challenges to achieving the objective and unexpected benefits.
- For system change activities, include a description of the stage of implementation (planning, initiation, implementation, outcome/fully integrated) of the system change initiative.
- All narratives must describe what numbers make up the performance measures number for the activities being reported in the narrative.
- A summary of evaluation activities to monitor progress and impact of council supported activities for the objective; data collected during the year, data sources, and data collection methods; (logic model and evaluation plan may be attached to the report).

The **Bright Beginnings Engaging Families** project emphasizes helping families and guardians actively engage in the development and learning of their children with disabilities or developmental delays. Training is provided to Birth to Three service providers (physical therapists, occupational therapists, early childhood special education teachers and speech and language pathologists) and is modeled after University of Nebraska Lincoln's evidence based Getting Ready model. The Service Providers learn and apply strategies to strengthen parent-provider relationships, collaborate with early care providers, and build families' competencies and confidence.

The training consists of self-paced online modules, a live seminar, small group coaching sessions and individual coaching sessions. Peer Coaches provided feedback, insight and technical assistance to help the trainees apply the Bright Beginning Engaging Families' strategies with fidelity through evaluation of video recordings of family visits and virtual coaching sessions. They use evidence-based tools to complete a reliability review to ensure fidelity. Master Coaches serve as a resource to their assigned Peer Coaches and provide them with monitoring and technical assistance to complete the above-described activities. Master Coaches confer with Peer Coaches and compare ratings to make a determination on each trainees' reliability review.

Services are provided using a family centered approach where families choose the services and outcomes important to them. Service providers then provide individualized support to families which allows them to implement therapies and support their child's development in a natural way that becomes integrated into the

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families' daily routine. Empowering families of the youngest children allows them to be effective advocates and teachers in the present and in the future.

Birth to Three services are available to all children living in South Dakota including high poverty areas and Native American Reservations. In addition to children with cognitive delays, children with physical delays and disabilities are served by Birth to Three programs using the same family centered approach.

All parents who have received early intervention services with the Bright Beginnings Model were surveyed and 97% of the parents agreed or strongly agreed that participating in early intervention services has helped the family effectively communicate their children's needs and 99% reported that services have helped the family help their children develop and learn.

SC 1.3 – Promising or best practices supported – 1, Bright Beginnings

SC 1.4 – # of people trained or educated – 69 B-3 providers
During FFY24, 69 trainees reported serving 438 children and their families.

SC 1.5 – 1 systems change activity with organizations actively involved
The systems change activity supported was the implementation of the Bright Beginnings Engaging Families model.

SC 2.1.4 – Promising or best practices implemented – 1, Bright Beginnings

11. Expected Outcomes (matches the expected outcomes from the annual work plan as it relates to the objective)

List the expected outcomes for the activities described for the objective from the annual work plan

- a. Community-based providers are more knowledgeable about working with adults and children with IDD.
- b. First Responders are more knowledgeable about working with people with IDD.
- c. People with IDD, family members and guardians are provided learning opportunities with community-based provider staff.

12. Outcomes achieved

1. Birth to 3, early literacy and educators received training and are more knowledgeable about working with adults and children with IDD.
2. People with IDD, family members and guardians were provided learning opportunities with providers through other objectives in the state plan.

13. Progress towards achieving outcomes for overall objective:

The annual report should include an assessment as to the extent to which progress was made on the intended outcomes for the objective.

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No first responder trainings were planned for FFY24. Other outcomes for this objective were met for FFY24. The Council collaborated with one entity and successfully supported professional development activities that included professionals within a variety of community-based providers (developmental disabilities, education, OT, PT, and more).

14. Additionally, include stories of culturally diverse people with developmental disabilities whose lives are better because of Council work on this activity (e.g., became better advocates for themselves and others, became more connected to the community). Stories of policy or legislative changes that happened as a result of Council individual advocacy work that are likely to positively impact the lives of people with developmental disabilities or that will prevent a potential negative impact (e.g., created deleted, refined programs and/or legislation, reallocated use of funds, organizational systems change as a result of evidence-based practices).
2. **State Plan Objective 3:** Each year of the state plan, the Council will collaborate to improve policies and practices at a minimum of 3 agencies providing services to transition age youth.

Check the appropriate box for each of the questions below:

3. **This Objective is:**

- Individual & Family Advocacy System Change Capacity Building

4. **This Objective is:**

- New Ongoing Completed

5. **This Objective is:**

a. Fulfilling the Self-Advocacy DD Act Requirement Yes No

b. Targeted Disparity Yes No

c. DD Network Collaboration Yes No

d. A demonstration project of New Approaches to Services and Supports
Yes No

If Yes, Indicate project name and original start date for this effort: name of project; mm/yy

e. A demonstration of projects or activities Yes No,

If Yes, indicate project or activity name and original start date for this effort: name of project/ mm/yy

6. **Stage of Implementation for systems change activities:**

- planning implementation outcome/fully integrated

Background/Context

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7. Provide an overall description of this objective:

The description should at a minimum provide background information on the objective to establish a context for the activities.

During development of the state plan, the Council heard from parents and guardians about the need for more and better information related to transition services and the shift from school/education to work or adult services. The objective plans to reach providers and develop or revise resources to assist in the transition from school to work or adult services.

8. Expected Outputs - –List expected outputs from annual work plan

- f. 3 schools will participate in the Community-Based Transition Partnership to improve transition services for youth with IDD.
- g. 5 parents and self-advocates will participate in the development and review of new resources for transition age youth

9. Outputs Achieved - –List outputs achieved

1. 1 school participated in a Transition to Success training.
2. 5 parents and youth with disabilities participated in the Transition to Success training.
3. 1 resource for parents/guardians was revised and reprinted for dissemination.

Progress Report

10. The report should include the following:

- A narrative progress report that cohesively describes the activities that were implemented toward achieving the objective, including **how** the identified strategy was used, how the activity was implemented, challenges to achieving the objective and unexpected benefits.
- For system change activities, include a description of the stage of implementation (planning, initiation, implementation, outcome/fully integrated) of the system change initiative.
- All narratives must describe what numbers make up the performance measures number for the activities being reported in the narrative.
- A summary of evaluation activities to monitor progress and impact of council supported activities for the objective; data collected during the year, data sources, and data collection methods; (logic model and evaluation plan may be attached to the report).

The **Community-Based Transition Partnership** was not funding for a third and final year due to personal challenges for the staff leading the project. After completion of the report, it was disseminated and will be reviewed for future activities.

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Transition to Success - Originally South Dakota Parent Connection (SDPC) (the state's parent training and information center) submitted a plan to conduct a train-the-trainer model of parent/professional development for transition age students, their families, and their school district. The proposal included a 3-year plan for training 2 schools on the eastern side of the state (Cohort A and B) and 1 school on the western side of the state (Cohort C) by the 3rd year.

Between October 1, 2023, and March 1, 2024, SDPC worked on soliciting schools to participate in the Transition to Success training opportunity. An invitation was sent to school districts on the eastern side of the state in the Sioux Falls area. The Executive Director of SDPC presented at a fall state Special Education Director meeting, and the state Special Education Advisory Panel. Individual directors were selected, and personal calls/visits were made to engage them in potentially offering the training in their districts.

Three school districts expressed an initial interest. In one district SDPC and the district worked together to identify dates for the initial training. Shortly before the training was to be advertised, they unfortunately pulled out. The special education director indicated that the timing was not good for them due to some unforeseen issues resulting in state complaints they were now dealing with. She also said in hindsight she felt it would be hard for her to commit staff time to the projects as the trainings are scheduled to be held outside of school hours.

The second school district's special education director was excited about the project. She, however, did a preliminary inquiry in her district and, similarly, felt that it would be hard to commit staff time. She also, in hindsight, thought that it was a lot to ask of parents and declined to participate on behalf of her district.

The third district is still interested in hosting the training in the fall (felt this year was too busy) but could not guarantee staff involvement beyond opening a space for us to conduct the training. We are working with that district on securing dates to conduct the training in that district in the fall of 2024.

Goals have been outlined as follows:

1. Youth with disabilities and families have the knowledge and skills to achieve successful transition to post-secondary education/training, competitive employment, and community living/integration as they exit school
2. Educators have the knowledge and skills to support youth with disabilities and families to achieve successful transition to post-secondary education/training, competitive employment, and community living/integration as they exit school.

Revised goals now include providing 1 training in FFY24, 2 in FFY25 and 2 in FFY26 with 80 youth with disabilities and 120 family members.

In March 2024, SDPC approached the DD Council with a request to restructure the grant proposal. Funding would be used to conduct 5 Transition to Success training courses

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throughout the state. SDPC will continue to try to work with schools to host the training. There has also been interest from state Universities in hosting the trainings.

In August a training was held in Sisseton with 2 staff attending, 3 families and 2 youth. Parents did not complete the surveys but stated “I wish I had had this information for my oldest son.” School staff expressed disappointment that more families didn’t come and commented that all families should have access to this training. (IFA 1.1 – 2 youth with disabilities; IFA 1.2 – 3 family members; SC1.4 – 2 professionals were trained or educated)

Revision and reprint of “**What Parents Need to Know About Special Education**” occurred at the end of FFY24. 7,500 copies of the reprinted guide were disseminated to schools and parents/guardians during the beginning of the school year. The remaining 7,500 copies of the Guide will continue to be disseminated throughout FFY25.

11. Expected Outcomes (matches the expected outcomes from the annual work plan as it relates to the objective)

List the expected outcomes for the activities described for the objective from the annual work plan

1. Schools participating in the Community-Based Transition Partnership improve transition services for youth with IDD and share their knowledge with other school districts.
2. Resources are guided by what parents and self-advocates need and in a format that works for them.

12. Outcomes achieved

1. One school participated in a Transition to Success training.
2. An updated version of the “What Parents Need to Know about Special Education” Guide was printed and disseminated.

13. Progress towards achieving outcomes for overall objective:

The annual report should include an assessment as to the extent to which progress was made on the intended outcomes for the objective.

Limited progress was made in creating systems change within schools related to transition services for youth with disabilities. Additional activities or changes to current activities will be reviewed with the Council.

- 14.** Additionally, include stories of culturally diverse people with developmental disabilities whose lives are better because of Council work on this activity (e.g., became better advocates for themselves and others, became more connected to the community). Stories of policy or legislative changes that happened as a result of Council individual advocacy work that are likely to positively impact the lives of people with developmental disabilities or that will prevent a potential negative

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impact (e.g., created deleted, refined programs and/or legislation, reallocated use of funds, organizational systems change as a result of evidence-based practices).

3. **State Plan Objective 4:** If needed, each year of the state plan, the Council will support activities related to emerging needs for people with IDD impacted by a public health emergency or natural disaster.

Check the appropriate box for each of the questions below:

3. **This Objective is:**

- Individual & Family Advocacy System Change Capacity Building

4. **This Objective is:**

- New Ongoing Completed

5. **This Objective is:**

- a. Fulfilling the Self-Advocacy DD Act Requirement Yes No

- b. Targeted Disparity Yes No

- c. DD Network Collaboration Yes No

- d. A demonstration project of New Approaches to Services and Supports

Yes No

If Yes, Indicate project name and original start date for this effort: name of project; mm/yy

- e. A demonstration of projects or activities Yes No,

If Yes, indicate project or activity name and original start date for this effort: name of project/ mm/yy

6. **Stage of Implementation for systems change activities:**

- planning implementation outcome/fully integrated

Background/Context

7. **Provide an overall description of this objective:**

The description should at a minimum provide background information on the objective to establish a context for the activities.

The Council wanted to have options available to respond to emerging needs for people with IDD impacted by a public health emergency or natural disaster.

8. **Expected Outputs** - –List expected outputs from annual work plan

- a. Council members and staff participate in at least 3 workgroups or committees related to community-based services and supports.
b. A minimum of 1 activity will be supported for an emerging issue, if needed.

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9. **Outputs Achieved** - –List outputs achieved
- a. Council staff and members have participated in 6 workgroups or committees where current trends and needs were discussed.
 - b. No activities were needed in FFY2024

Progress Report

10. **The report should include the following:**

- A narrative progress report that cohesively describes the activities that were implemented toward achieving the objective, including **how** the identified strategy was used, how the activity was implemented, challenges to achieving the objective and unexpected benefits.
- For system change activities, include a description of the stage of implementation (planning, initiation, implementation, outcome/fully integrated) of the system change initiative.
- All narratives must describe what numbers make up the performance measures number for the activities being reported in the narrative.
- A summary of evaluation activities to monitor progress and impact of council supported activities for the objective; data collected during the year, data sources, and data collection methods; (logic model and evaluation plan may be attached to the report).

Council members and staff participated in the Division of Developmental Disabilities' Stakeholder Collectives, Family and Self-Advocate Conversations, Supporting Families Community of Practice and Family Support Council meetings. Council staff participated in the Early Learner South Dakota Public Policy and Collaboration Workgroups, Lifespan Respite Care Coalition and the Employment First Alliance. Updates on these meetings are shared with the Council throughout the year.

No public health emergencies or natural disasters occurred that required action from the Council.

11. **Expected Outcomes (matches the expected outcomes from the annual work plan as it relates to the objective)**

List the expected outcomes for the activities described for the objective from the annual work plan

- a. Council members and staff share emerging issues and knowledge gained from the committees with the full Council and others.
- b. Community-based services and supports are improved based on activities completed.

12. **Outcomes achieved**

- a. Council members and staff shared information learned at other opportunities and at Council meetings.

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b. No activities were needed in FFY24

13. Progress towards achieving outcomes for overall objective:

The annual report should include an assessment as to the extent to which progress was made on the intended outcomes for the objective.

Council members and staff continue to participate in focus groups, work groups and grantee activities to learn about current needs and possible actions by the Council. No activities were needed in response to a public health emergency or natural disaster.

- 14.** Additionally, include stories of culturally diverse people with developmental disabilities whose lives are better because of Council work on this activity (e.g., became better advocates for themselves and others, became more connected to the community). Stories of policy or legislative changes that happened as a result of Council individual advocacy work that are likely to positively impact the lives of people with developmental disabilities or that will prevent a potential negative impact (e.g., created deleted, refined programs and/or legislation, reallocated use of funds, organizational systems change as a result of evidence-based practices).

Goal #1 – Community Supports and Services – Narrative

In this section, for each goal reported for this reporting period, provide an overall cohesive description of:

- the extent to which progress is being made in achieving the intended outcomes of the Goal for the reporting year
- the extent to which each goal was or was not achieved for the reporting year
- where applicable, factors that impeded goal achievement for the reporting year
- needs that require substantive state plan amendment (goal only)

Goal - By 2026, people with intellectual and developmental disabilities and their families have increased awareness of resources to improve access to information and services. The objectives included: sharing resources and information through multiple formats; collaborating on a professional development opportunity, collaborating with agencies serving transition age youth and emerging needs related to public health event or disaster.

Some progress continues towards people with IDD and families have increased awareness of resources, information and services. The Supporting Families Community of Practice continues to evolve and engage additional family members and people with intellectual and developmental disabilities. New and revised resources were made available on topics that have been requested by families and providers. Continued participation by staff in conferences, booths, workgroups, etc. provides a greater understanding of services provided by many state agencies (broader than just the Department of Human Services). As the Council moves into

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FFY25, the website development will be a high priority and should provide a needed boost to the available information for people and families.

4 Year Overview (FY 2025)

A description of how the Council will use and build from knowledge gained and progress made to move forward in the next state plan cycle (FY 2022-2026).

5 Year Overview (FY2026)

For the final PPR (FY2026) of this state plan cycle, provide an overall analysis of the outcomes achieved during the five-year state plan cycle. The description should include the extent to which diverse stakeholders are satisfied with council activities that promote self-determination and community participation for individuals with disabilities and families, results of other types of information gathering such as focus groups, surveys, or other feedback or input methods with individuals with developmental disabilities and families and major accomplishments and factors impeding goal achievement (if applicable)

**Section IV.B. Individual & Family Advocacy Performance Measure (By GOAL)
Individual Responses (individuals with DD and Family members only)
Demographic Data ****

****This is an aggregated number from all individual responses collected for the reporting FFY.**

| Race/Ethnicity | # | % | Gender | # | % |
|--|----------|----------|---|----------|----------|
| White, alone SFCoP – 22 pwIDD; 26 family members | 48 | | Female SFCoP – 18 pwIDD; 25 family members | 43 | |
| Black or African American alone SFCoP – 1 family member | 1 | | Male SFCoP – 4 pwIDD; 3 family members | 7 | |
| American Indian and Alaska Native alone SFCoP – 1 family member | 1 | | Other | | |
| Hispanic/Latino | 0 | | | | |
| Asian alone | 0 | | | | |
| Native Hawaiian & Other Pacific Islander alone | 0 | | | | |
| Two or more races | 0 | | | | |
| Race unknown | 5 | | | | |

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| | | | | |
|-------------------------------------|--|--|--|--|
| SDPC – 2 pwIDD and 3 family members | | | | |
|-------------------------------------|--|--|--|--|

| Category | # | % |
|--|---------------|----------|
| Individual with DD SFCoP – 22 SDPC – 2 Travel assistance - 17 | 41 | |
| Family Member SFCoP – 39 SDPC - 3 Travel assistance – 24 | 66 | |
| Geographical | | |
| Urban SFCoP – not collected | Not collected | |
| Rural SFCoP – not collected SDPC – 5 | 5 | |

I. Output Measures

| Objective # | Performance Measure | Performance Measure |
|---------------------|---|---|
| | IFA 1.1 The <u>number of people with developmental disabilities</u> who participated in Council supported activities designed to increase their knowledge of how to take part in decisions that affect their lives, the lives of others, and/or systems | IFA 1.2 The number of <u>family members</u> who participated in Council supported in activities designed to increase their knowledge of how to take part in decisions that affect the family, the lives of others, and/or systems |
| | Obj 1 – SFCoP – 22 Obj. 1 – Travel Asst. – 17 TOTAL = 39 people | Obj. 1 – SFCoP – 39 Obj. 1 – Travel Asst. – 24 Obj. 3 – SDPC – 3 TOTAL = 63 people |
| Denominator: | Obj.1 – SFCoP - 22 Obj 1 – Travel Asst – 0 | Obj. 1 – 28 Obj. 1 – 10 |

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| | | |
|---|------------|-----------------------------|
| TOTAL # of Output Respondents: (# of people that responded to a survey/evaluation) | Total - 22 | Obj 3 – 3 Total - 41 |
|---|------------|-----------------------------|

Outcome Measures

| Performance Measures | Percent (%) |
|---|--------------------|
| IFA 2.1 After participation in Council supported activities, <u>the percent of people with developmental disabilities</u> who report increasing their advocacy as a result of Council work. | N/A |
| IFA 2.2 After participation in Council supported activities, <u>the percent of families</u> who report increasing their advocacy as a result of Council work. | N/A |

| Sub-Outcome Measures | Projects | # People with DD | # Family Members |
|--|--|-------------------------|-------------------------|
| The number of people who are better able to say what they want/say what is important to them | Obj. 1 - SFCoP Total # of Sub-Outcome Respondents: | 22 | 28 |
| IFA 2.3 The percent of people who are better able to say what they want or say what services and supports they want or say what is important to them | | | |
| Sub-Outcome Measures | Projects | # People with DD | # Family Members |
| The number of people who are participating in advocacy activities. | Obj. 1 - SFCoP Total # of Sub-Outcome Respondents: | 12 | 3 |
| IFA 2.4 The percent of people who are participating now in advocacy activities | | | |

| Sub-Outcome Measures | Projects | # People with DD | # Family Members |
|---|-----------------|-------------------------|-------------------------|
| The number of people who are on cross disability coalitions, policy boards, | Obj. 1 – SFCoP | 1 | 0 |

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| | | | |
|---|--|---|---|
| advisory boards, governing bodies and/or serving in leadership positions. | Total # of Sub-Outcome Respondents: | | |
| IFA 2.5 The number of people who are on cross disability coalitions, policy boards, advisory boards, governing bodies and/or serving in leadership positions. | | 1 | 0 |

| Performance Measure | # People with DD | # Family Members |
|---|------------------|------------------------------|
| IFA3 The percent of people satisfied with a project activity. Obj. 1 – SFCoP (Let’s Talk Lifecourse sessions) Obj. 1 – travel assistance <p style="text-align: right;">Total – 21 = 100%</p> | | 100% (11/11) 100% (10/10) |

Section IV.C. System Change Performance Measures (By Goal)

SC1: Output Measures

The number of Council efforts to transform fragmented approaches into a coordinated and effective system that assures individuals with developmental disabilities and their families participate in the design of and have access to needed community services, individualized supports, and other forms of assistance that promote self-determination, independence, productivity and integration and inclusion in all facets of community life.

| | |
|--|-------------------|
| SC 1.1 The number of policy and/or procedure created or changed | Number (#) |
| | 0 |

| | |
|---|-------------------|
| SC 1.2 The number of statute and/or regulations created or changed | Number (#) |
| | 0 |

| | |
|--|-------------------|
| SC 1.3 The number of promising and/or best practices created and/or supported | Number (#) |
| Obj. 1 – SFCoP – regional CoP meetings - 1 Obj. 2 – Bright Beginnings – 1 | 2 |

| | |
|--|-------------------|
| SC 1.4 The number of people trained or educated through Council systemic change initiatives | Number (#) |
| Obj. 1 – SFCoP – 23+34+19 = 76 Obj. 1 – Public Info – 443 | 557 |

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| | |
|---|--|
| Obj. 1 – Disability Day at Capitol - 38 Obj. 2 – Bright Beginnings – 69 Obj. 3 – SDPC - 2 | |
|---|--|

| | |
|--|-------------------|
| SC 1.5 The number of Council supported systems change activities with organizations actively involved | Number (#) |
| Obj. 1 – SFCoP Obj. 2 – Bright Beginnings & Early Literacy – 1 | 1 |

Systems Change SC2: Outcome Measures

| Outcome Measures | Number (#) |
|--|-------------------|
| SC 2.1 The number of Council efforts <i>that led to the creation or improvement of best or promising practices, policies, procedures, statute or regulation changes (sub-measures 2.1.1; 2.1.3)</i> | 0 |
| SC 2.2 The number of Council efforts <i>that were implemented</i> to transform fragmented approaches into a coordinated and effective system that assures individuals with developmental disabilities and their families participate in the design of and have access to needed community services, individualized supports and other forms of assistance that promote self-determination, independence, productivity, and integration and inclusion in all facets of community life. (sub-measures 2.1.2; 2.1.4) | Obj 2 - 1 |

| Sub-Outcome Measures | | |
|--|---|--|
| | SC 2.1.1 # of <u>policy, procedure, statute or regulation</u> changes improved as a result of systems change. | SC 2.1.2 # <u>Policy, procedure, statute or regulation</u> changes implemented |
| Total # of Sub-Outcome Respondents: | 0 | 0 |
| | SC 2.1.3 # of <u>promising and/or best practices</u> improved as a result of systems change activities. | SC 2.1.4 # of <u>promising and/or best practices</u> implemented |
| Total # of Sub-Outcome Respondents: | | Obj. 2 – Bright Beginnings – 1 |

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Goal #2: Mental Health - By 2026, people with intellectual and developmental disabilities have improved access to individually designed mental health services in their own communities.

| Area of Emphasis | Planned for this goal | Areas addressed |
|--|------------------------------|------------------------|
| Quality Assurance | | |
| Education and Early Intervention | | |
| Child Care | | |
| Health | X | X |
| Employment | | |
| Housing | | |
| Transportation | | |
| Recreation | | |
| Formal and Informal Community Supports | X | X |

| Strategies | Planned for this goal | Strategies Used |
|---|------------------------------|------------------------|
| As identified in Section 125 (c)(5)(A-L) of the Developmental Disabilities Assistance and Bill of Rights Act of 2000 (PL 106-402) | | |
| Outreach | X | |
| Training | X | |
| Technical Assistance | X | |
| Supporting and Educating Communities | X | X |
| Interagency Collaboration and Coordination | X | X |
| Coordination with Related Councils, Committees and Programs | X | |
| Barrier Elimination | | |
| Systems Design and Redesign | X | X |
| Coalition Development and Citizen Participation | | |
| Informing Policymakers | X | X |
| Demonstration of New Approaches to Services and Supports | | |
| Demonstration of projects and activities | | |

| Collaborators | Planned for this goal | Actual |
|------------------------------------|------------------------------|---------------|
| State Protection & Advocacy System | X | X |
| University Center(s) | X | X |
| State DD agency | X | X |

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| | | |
|--|---|---|
| Other: Division of Behavioral Health | X | X |
| Other: Community Support Providers | X | X |
| Other: Community mental health providers | X | X |

1. Goal # 2: Mental Health

2. **State Plan Objective 1:** In FFY2022 and in FFY2026, the Council will collaborate to complete an assessment of the capacity of the current system to support people with IDD and mental health concerns in their communities.

Check the appropriate box for each of the questions below:

3. This Objective is:

- Individual & Family Advocacy System Change Capacity Building

4. This Objective is:

- New Ongoing Completed

5. This Objective is:

- a. Fulfilling the Self-Advocacy DD Act Requirement Yes No
 b. Targeted Disparity Yes No
 c. DD Network Collaboration Yes No
 d. A demonstration project of New Approaches to Services and Supports Yes No
 If Yes, Indicate project name and original start date for this effort: name of project; mm/yy
 e. A demonstration of projects or activities Yes No,
 If Yes, indicate project or activity name and original start date for this effort: name of project/ mm/yy

6. Stage of Implementation for systems change activities:

- planning implementation outcome/fully integrated

Background/Context

7. Provide an overall description of this objective:

The description should at a minimum provide background information on the objective to establish a context for the activities.

In preparation of the Council’s new state plan, there were many comments and questions from family members regarding the need for more access to mental health services for children and adults with IDD who also have co-occurring

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mental health disabilities. It was determined that a current assessment of the status of mental health services for people with IDD was needed. As the work to complete the first assessment was not completed until December 2023, no second assessment will be conducted.

8. **Expected Outputs** - List expected outputs from annual work plan
 - a. One assessment will be completed.
 - b. Findings will be shared with 25 policymakers.
9. **Outputs Achieved** - List outputs achieved
 - a. The assessment was completed with the final report issued in December 2023.
 - b. Additional workgroups and listening sessions have been held by Council collaborators during FFY24.

Progress Report

10. **The report should include the following:**
 - A narrative progress report that cohesively describes the activities that were implemented toward achieving the objective, including **how** the identified strategy was used, how the activity was implemented, challenges to achieving the objective and unexpected benefits.
 - For system change activities, include a description of the stage of implementation (planning, initiation, implementation, outcome/fully integrated) of the system change initiative.
 - All narratives must describe what numbers make up the performance measures number for the activities being reported in the narrative.
 - A summary of evaluation activities to monitor progress and impact of council supported activities for the objective; data collected during the year, data sources, and data collection methods; (logic model and evaluation plan may be attached to the report).

During FFY22, Council staff worked with the National Center for START Services and Department of Human Services fiscal staff to complete an agreement. The assessment was completed in FFY23 and the final report was released in December 2023 and shared with the public and policymakers.

The information in the report presents the findings from a statewide evaluation of mental health services and supports for individuals with intellectual/developmental disabilities (IDD) and mental health (MH) service needs (IDD-MH) in South Dakota. The evaluation was funded by the South Dakota Council on Developmental Disabilities and conducted in partnership with the University of South Dakota's Center for Disabilities, Department of Human Services/Division of Developmental Disabilities, and the Department of Social Services/Division of Behavioral Health as part of an ongoing effort to improve services for individuals with IDD-MH.

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Four primary data collection methods were employed: (1) an online survey, (2) discussion groups, (3) family caregiver interviews, and (4) a review of Medicaid claims data provided by the Department of Human Services to evaluate costs associated with IDD-MH. The identities of all participants in this evaluation are confidential. Approximately 250 citizens from across South Dakota participated in this evaluation to learn about service experiences of individuals with IDD-MH and their families.

There were several positive findings. The use of holistic supports for individuals with IDD-MH with a well-rounded and comprehensive approach to care is noteworthy. Evaluation participants emphasized the positive experiences with law enforcement officers and the new training initiatives within the state to better educate police officers in responding to mental health crises, including how to assist individuals with IDD. Respondents also reported the increased use of telehealth in some rural communities to allow first responders real-time access to mental health professionals to assist in both de-escalation and evaluation. These initiatives reportedly show promise for increased capacity to respond to crisis in an informed and supportive manner. Evaluation participants acknowledged the commitment and talent of partners across the state as well as the willingness of the Department of Human Services to acknowledge issues and invite feedback.

While many services were reported to be available in South Dakota, they were also reported as inadequate to meet the needs of the IDD-MH population. The greatest service gaps reported included mental health crisis prevention and intervention services and mental health outpatient services. A concern identified by participants is that people with IDD over-rely on police and emergency departments to assist in times of mental health crisis. All participants in the study expressed the need for community-based crisis services (crisis response, evaluation, and stabilization outside of the hospital) and a need for greater knowledge and capacity to proactively address issues as they occur (crisis prevention) rather than relying on reactive (crisis intervention) services.

Given the collaborative and innovative efforts already under way, the START Model may be a good fit for South Dakota. START is an evidence-based, comprehensive cross-systems crisis prevention and intervention model. START is targeted to address many of the concerns about services reported and may have both a service outcome and financial impact in South Dakota. For example, according to South Dakota Medicaid claims data reviewed, the average annual per person cost for MH emergency department visits was \$54,947. By comparison, New Hampshire START statewide services replace the use of emergency departments while providing training, outreach, linkages, crisis prevention and response services across the state for an annual per person cost of \$6028.55.

Collaborators on the assessment have continued to engage professionals from mental health and developmental disabilities and advocacy organizations to review

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the assessment and determine the next steps for continued improvement of the services available for people with IDD and mental health challenges.

11. Expected Outcomes (matches the expected outcomes from the annual work plan as it relates to the objective)

List the expected outcomes for the activities described for the objective from the annual work plan

- a. The Council and other policymakers will have a clearer understanding of the capacity of the system and needs/issues.
- b. The findings will assist the Council in developing future activities.

12. Outcomes achieved

- a. The completed assessment offers a better understanding of the capacity of the developmental disabilities and mental health systems along with gaps and barriers.

13. Progress towards achieving outcomes for overall objective:

The annual report should include an assessment as to the extent to which progress was made on the intended outcomes for the objective.

This objective was completed with the finalization and sharing of the assessment report. Due to the timing, a second assessment will not be completed during this state plan cycle so the objective will be adjusted.

- 14.** Additionally, include stories of culturally diverse people with developmental disabilities whose lives are better because of Council work on this activity (e.g., became better advocates for themselves and others, became more connected to the community). Stories of policy or legislative changes that happened as a result of Council individual advocacy work that are likely to positively impact the lives of people with developmental disabilities or that will prevent a potential negative impact (e.g., created deleted, refined programs and/or legislation, reallocated use of funds, organizational systems change as a result of evidence-based practices).

1. Goal # 2: Mental Health

- 2. State Plan Objective 2:** Each year of the state plan, the Council will collaborate with others to provide two education or awareness activities related to mental health services for people with IDD.

Check the appropriate box for each of the questions below:

3. This Objective is:

Individual & Family Advocacy System Change Capacity Building

4. This Objective is:

New Ongoing Completed

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5. This Objective is:

- a. Fulfilling the Self-Advocacy DD Act Requirement Yes No
- b. Targeted Disparity Yes No
- c. DD Network Collaboration Yes No
- d. A demonstration project of New Approaches to Services and Supports Yes No
If Yes, Indicate project name and original start date for this effort: name of project; mm/yy
- e. A demonstration of projects or activities Yes No,
If Yes, indicate project or activity name and original start date for this effort: name of project/ mm/yy

6. Stage of Implementation for systems change activities:

- planning implementation outcome/fully integrated

Background/Context

7. Provide an overall description of this objective:

The description should at a minimum provide background information on the objective to establish a context for the activities.

During the preparation of the state plan, family members and others spoke to the need for more awareness among communities and providers of the challenges faced by people with IDD and mental health concerns.

- 8. **Expected Outputs** - List expected outputs from annual work plan
 - a. Events or activities will take place in 2 communities or locations.
 - b. Activities will involve 20 people with IDD, 20 family members or guardians, and 50 service providers and community members.
- 9. **Outputs Achieved** - List outputs achieved
 - a. A virtual opportunity was held for anyone interested in the results of the Assessment. This was attended by 35 people including parents and professionals from IDD and MH service providers.
 - b. A Professional Learning Community was offered by the National Center for START Services. It was held virtually over 6 sessions and involved 3 family members and 20 service providers and professionals.

Progress Report

10. The report should include the following:

- A narrative progress report that cohesively describes the activities that were implemented toward achieving the objective, including **how** the identified

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strategy was used, how the activity was implemented, challenges to achieving the objective and unexpected benefits.

- For system change activities, include a description of the stage of implementation (planning, initiation, implementation, outcome/fully integrated) of the system change initiative.
- All narratives must describe what numbers make up the performance measures number for the activities being reported in the narrative.
- A summary of evaluation activities to monitor progress and impact of council supported activities for the objective; data collected during the year, data sources, and data collection methods; (logic model and evaluation plan may be attached to the report).

This is an area where Council staff were unable to dedicate more time to host or sponsor activities – two events did occur because of the assessment.

A virtual session was held in December 2023 to share the results of the Assessment of Services for People with IDD and MH Challenges. There were 35 attendees including parents and professionals from the developmental disabilities and mental health providers. All attendees were invited to participate in the upcoming Professional Learning Community sessions held in the spring of 2024. Attendees in the six virtual sessions included 3 family members and 20 professionals from the developmental disabilities and mental health service providers and state agencies. These sessions offered opportunities to learn about different aspects of services for people with IDD and MH challenges while offering time for discussion regarding specific concerns within South Dakota. (IFA1.2 – 3 parents/guardians and SC1.4 – 35 educated about report and 20 professionals in the Professional Learning Community)

As a result of these discussions and others, the Division of Developmental Disabilities and the Division of Behavioral Health held focus groups and listening sessions throughout the summer and fall to continue the conversations. The session in September focused on Crisis Services and Psychoactive Medications. Attendees included 9 family members and approximately 25 IDD and MH professionals.

11. Expected Outcomes (matches the expected outcomes from the annual work plan as it relates to the objective)

- a. Community members, people with IDD, family members, guardians and service providers have a greater awareness of the needs of people with IDD who also have mental health concerns.
- b. Two communities learn more about people with IDD.

12. Outcomes achieved

- a. Community members, family members and service providers learned about the needs of people with IDD who have mental health concerns.

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13. Progress towards achieving outcomes for overall objective:

The annual report should include an assessment as to the extent to which progress was made on the intended outcomes for the objective.

Some progress was made toward sharing the concerns of people with intellectual and developmental disabilities and mental health challenges and their families to an audience that included both developmental disabilities and mental health providers and policymakers. Additional effort should be made to share information with the broader communities within our state.

- 14.** Additionally, include stories of culturally diverse people with developmental disabilities whose lives are better because of Council work on this activity (e.g., became better advocates for themselves and others, became more connected to the community). Stories of policy or legislative changes that happened as a result of Council individual advocacy work that are likely to positively impact the lives of people with developmental disabilities or that will prevent a potential negative impact (e.g., created deleted, refined programs and/or legislation, reallocated use of funds, organizational systems change as a result of evidence-based practices).

- 2. State Plan Objective 3:** Each year of the state plan, the Council will collaborate on one event and/or resource that provides information for family caregivers and direct support providers on maintaining their own well-being.

Check the appropriate box for each of the questions below:

3. This Objective is:

Individual & Family Advocacy System Change Capacity Building

4. This Objective is:

New Ongoing Completed

5. This Objective is:

a. Fulfilling the Self-Advocacy DD Act Requirement Yes No

b. Targeted Disparity Yes No

c. DD Network Collaboration Yes No

d. A demonstration project of New Approaches to Services and Supports
Yes No

If Yes, Indicate project name and original start date for this effort: name of project; mm/yy

e. A demonstration of projects or activities Yes No,

If Yes, indicate project or activity name and original start date for this effort: name of project/ mm/yy

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6. Stage of Implementation for systems change activities:

planning implementation outcome/fully integrated

Background/Context

7. Provide an overall description of this objective:

The description should at a minimum provide background information on the objective to establish a context for the activities.

As the Council discussed the issue of mental health and people with IDD, a common topic was helping caregivers (both paid and unpaid) to understand how taking care of themselves allows them to better care for the people with IDD that they support.

8. Expected Outputs - List expected outputs from annual work plan

a. One event or resource will be developed and/or shared with 100 family caregivers and direct support professionals.

9. Outputs Achieved - List outputs achieved

a. Events for caregivers were provided and reported through the Supporting Families Community of Practice (goal 1, objective 1) and Partners Continuing Education (goal 3, objective 1).

Progress Report

10. The report should include the following:

- A narrative progress report that cohesively describes the activities that were implemented toward achieving the objective, including **how** the identified strategy was used, how the activity was implemented, challenges to achieving the objective and unexpected benefits.
- For system change activities, include a description of the stage of implementation (planning, initiation, implementation, outcome/fully integrated) of the system change initiative.
- All narratives must describe what numbers make up the performance measures number for the activities being reported in the narrative.
- A summary of evaluation activities to monitor progress and impact of council supported activities for the objective; data collected during the year, data sources, and data collection methods; (logic model and evaluation plan may be attached to the report).

There continued to be interest in the documentary Unseen after the screenings held in FFY23. In November 2023, 8 genetic counseling students participated in a presentation of the documentary and discussion with 3 family members. Information on free virtual screenings continue to be shared via Facebook and with individuals who have reached out to Council staff. (SC1.4 – 8)

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Due to limited staff time to pursue other activities, no events/resources were held specific to supporting paid and unpaid caregivers of people with IDD and mental health challenges.

11. Expected Outcomes

- a. Family caregivers and direct support professionals learn useful tools and resources to help them to maintain their own well-being while supporting people with IDD and mental health concerns.

12. Outcomes achieved

- a. None

12. Progress towards achieving outcomes for overall objective:

The annual report should include an assessment as to the extent to which progress was made on the intended outcomes for the objective.

Due to limited time available as the current staff prepared for retirement, this objective did not receive the attention it deserved.

- 13.** Additionally, include stories of culturally diverse people with developmental disabilities whose lives are better because of Council work on this activity (e.g., became better advocates for themselves and others, became more connected to the community). Stories of policy or legislative changes that happened as a result of Council individual advocacy work that are likely to positively impact the lives of people with developmental disabilities or that will prevent a potential negative impact (e.g., created deleted, refined programs and/or legislation, reallocated use of funds, organizational systems change as a result of evidence-based practices).

2. Goal #2 – Mental Health – Narrative

In this section, for each goal reported for this reporting period, provide an overall cohesive description of:

- the extent to which progress is being made in achieving the intended outcomes of the Goal for the reporting year;
- the extent to which each goal was or was not achieved for the reporting year;
- where applicable, factors that impeded goal achievement for the reporting year
- needs that require substantive state plan amendment (goal only)

Minimal progress was made for this goal. The completion of the Assessment of Services for People with IDD and Mental Health Challenges was a big step to knowing the current systems strengths and challenges. Council collaborators have been meeting and holding listening sessions on specific topics during the summer and fall of 2024. The Council expects to provide additional activities for these

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objectives related to information and education for family caregivers, direct support professionals and communities.

4 Year Overview (FY 2025)

A description of how the Council will use and build from knowledge gained and progress made to move forward in the next state plan cycle (FY 2022-2026).

5 Year Overview (FY2026)

For the final PPR (FY2026) of this state plan cycle, provide an overall analysis of the outcomes achieved during the five-year state plan cycle. The description should include the extent to which diverse stakeholders are satisfied with council activities that promote self-determination and community participation for individuals with disabilities and families, results of other types of information gathering such as focus groups, surveys, or other feedback or input methods with individuals with developmental disabilities and families and major accomplishments and factors impeding goal achievement (if applicable)

**Section IV.B. Individual & Family Advocacy Performance Measure (By GOAL)
Individual Responses (individuals with DD and Family members only)
Demographic Data ****

****This is an aggregated number from all individual responses collected for the reporting FFY**

| Race/Ethnicity | # | % | Gender | # | % |
|--|----------|----------|---------------|----------|----------|
| White, alone | 0 | | Female | 0 | |
| Black or African American alone | 0 | | Male | 0 | |
| American Indian and Alaska Native alone | 0 | | Other | 0 | |
| Hispanic/Latino | 0 | | | | |
| Asian alone | 0 | | | | |
| Native Hawaiian & Other Pacific Islander alone | 0 | | | | |
| Two or more races | 0 | | | | |
| Race unknown | 0 | | | | |

| Category | # | % |
|---------------------|----------|----------|
| Individual with DD | 0 | |
| Family Member | 3 | |
| Obj. 2 – NCSS - 3 | | |
| Geographical | | |
| Urban | 0 | |
| Rural | 0 | |

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II. Output Measures

| Objective # | Performance Measure | Performance Measure |
|--|---|---|
| | IFA 1.1 The <u>number of people with developmental disabilities</u> who participated in Council supported activities designed to increase their knowledge of how to take part in decisions that affect their lives, the lives of others, and/or systems | IFA 1.2 The number of <u>family members</u> who participated in Council supported in activities designed to increase their knowledge of how to take part in decisions that affect the family, the lives of others, and/or systems |
| | 0 | Obj. 2 – NCSS – 3 |
| Denominator: TOTAL # of Output Respondents: | 0 | 3 |

Outcome Measures

| Performance Measures | Percent (%) |
|---|-------------|
| IFA 2.1 After participation in Council supported activities, <u>the percent of people with developmental disabilities</u> who report increasing their advocacy as a result of Council work. | N/A |
| IFA 2.2 After participation in Council supported activities, <u>the percent of families</u> who report increasing their advocacy as a result of Council work. | N/A |

| Sub-Outcome Measures | Projects | # People with DD | # Family Members |
|--|--|------------------|------------------|
| The number of people who are better able to say what they want/say what is important to them | Total # of Sub-Outcome Respondents: | 0 | 3 |
| IFA 2.3 The percent of people who are better able to say what they want or say what services and supports they want or say what is important to them | | N/A | N/A |

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| Sub-Outcome Measures | Projects | # People with DD | # Family Members |
|--|--|-------------------------|-------------------------|
| The number of people who are participating in advocacy activities. | Total # of Sub-Outcome Respondents: | 0 | 0 |
| IFA 2.4 The percent of people who are participating now in advocacy activities | | N/A | N/A |

| Sub-Outcome Measures | Projects | # People with DD | # Family Members |
|--|--|---|---|
| The number of people who are on cross disability coalitions, policy boards, advisory boards, governing bodies and/or serving in leadership positions. | Total # of Sub-Outcome Respondents: | 0 | 0 |
| IFA 2.5 The percent of people who are on cross disability coalitions, policy boards, advisory boards, governing bodies and/or serving in leadership positions. | | Total sub-outcome # / IFA1.1 total = X% | Total sub-outcome # / IFA1.2 total = X% |

| Performance Measure | # People with DD | # Family Members |
|---|-------------------------|-------------------------|
| IFA3 The percent of people satisfied with a project activity. – % | 0 | 0 |

Section IV.C. System Change Performance Measures (By Goal)

SC1: Output Measures

The number of Council efforts to transform fragmented approaches into a coordinated and effective system that assures individuals with developmental disabilities and their families participate in the design of and have access to needed community services, individualized supports, and other forms of assistance that promote self-determination, independence, productivity and integration and inclusion in all facets of community life.

| SC 1.1 The number of policy and/or procedure created or changed | Number (#) |
|--|-------------------|
| | 0 |

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| | |
|--|-------------------|
| SC 1.2 The number of statute and/or regulations created or changed | Number (#) |
| | 0 |
| SC 1.3 The number of promising and/or best practices created and/or supported | Number (#) |
| | 0 |
| SC 1.4 The number of people trained or educated through Council systemic change initiatives | Number (#) |
| Obj. 2 – NCSS/PLC – 35+20 Obj. 3 – Unseen - 8 | 63 |
| SC 1.5 The number of Council supported systems change activities with organizations actively involved | Number (#) |
| | 0 |

Systems Change SC2: Outcome Measures

| Outcome Measures | Number (#) |
|--|-------------------|
| SC 2.1 The number of Council efforts <i>that led to the creation or improvement of best or promising practices, policies, procedures, statute or regulation changes (sub-measures 2.1.1; 2.1.3)</i> | 0 |
| SC 2.2 The number of Council efforts <i>that were implemented</i> to transform fragmented approaches into a coordinated and effective system that assures individuals with developmental disabilities and their families participate in the design of and have access to needed community services, individualized supports and other forms of assistance that promote self-determination, independence, productivity, and integration and inclusion in all facets of community life. (sub-measures 2.1.2; 2.1.4) | 0 |

| Sub-Outcome Measures | | |
|--|---|--|
| | SC 2.1.1 # of <u>policy, procedure, statute or regulation</u> changes improved as a result of systems change. | SC 2.1.2 # <u>Policy, procedure, statute or regulation</u> changes implemented |
| Total # of Sub-Outcome Respondents: | 0 | 0 |
| | SC 2.1.3 | SC 2.1.4 |

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| | | |
|--|--|---|
| | # of <u>promising and/or best practices</u> improved as a result of systems change activities. | # of <u>promising and/or best practices</u> implemented |
| Total # of Sub-Outcome Respondents: | 0 | 0 |

Goal #3: Advocacy & Leadership – By 2026, the DD Network (Council, Disability Rights SD and USD Center for Disabilities) will collaborate so that people with intellectual and developmental disabilities and their families have information, training, support, and opportunities to effectively advocate and impact systems change and participate in cross-disability coalitions.

| Area of Emphasis | Planned for this goal | Areas addressed |
|--|------------------------------|------------------------|
| Quality Assurance | X | X |
| Education and Early Intervention | | |
| Child Care | | |
| Health | | |
| Employment | | |
| Housing | | |
| Transportation | | |
| Recreation | | |
| Formal and Informal Community Supports | X | X |

| Strategies | Planned for this goal | Strategies Used |
|---|------------------------------|------------------------|
| As identified in Section 125 (c)(5)(A-L) of the Developmental Disabilities Assistance and Bill of Rights Act of 2000 (PL 106-402) | | |
| Outreach | | X |
| Training | X | X |
| Technical Assistance | X | |
| Supporting and Educating Communities | | X |
| Interagency Collaboration and Coordination | X | X |
| Coordination with Related Councils, Committees and Programs | | |
| Barrier Elimination | | |
| Systems Design and Redesign | | |
| Coalition Development and Citizen Participation | | |
| Informing Policymakers | X | X |

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| | | |
|--|--|--|
| Demonstration of New Approaches to Services and Supports | | |
| Demonstration of projects and activities | | |

| Collaborators | Planned for this goal | Actual |
|--|------------------------------|---------------|
| State Protection & Advocacy System | X | X |
| University Center(s) | X | X |
| State DD agency | X | X |
| Other: Oyate Circle | X | X |
| Other: local self-advocacy groups | X | |
| Other: Transition Services Liaison Project | X | |

1. Goal # 3: Advocacy & Leadership

2. **State Plan Objective 1:** Each year of the state plan, in collaboration with the DD Network and others, advocacy and leadership training will continue for 35 youth and adults with IDD and 35 family members or guardians.

Check the appropriate box for each of the questions below:

3. This Objective is:

Individual & Family Advocacy System Change Capacity Building

4. This Objective is:

New Ongoing Completed

5. This Objective is:

a. Fulfilling the Self-Advocacy DD Act Requirement Yes No

b. Targeted Disparity Yes No

c. DD Network Collaboration Yes No

d. A demonstration project of New Approaches to Services and Supports Yes
 No

If Yes, Indicate project name and original start date for this effort: name of project; mm/yy

e. A demonstration of projects or activities Yes No,

If Yes, indicate project or activity name and original start date for this effort: name of project/ mm/yy

6. Stage of Implementation for systems change activities:

planning implementation outcome/fully integrated

Background/Context

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7. Provide an overall description of this objective:

The description should at a minimum provide background information on the objective to establish a context for the activities.

People with IDD and their family members/guardians continue to need information and training on the advocacy process and opportunities for leadership. New families enter the arena of developmental disabilities all the time and offering advocacy and leadership training impacts not only their lives but the lives of others with IDD. Policy boards at all levels need trained family members to participate and move the system forward through their actions.

8. Expected Outputs - List expected outputs from annual work plan

- a. Partners in Policymaking training is supported to train 20 people with IDD, family members and guardians.
- b. The Youth Leadership Forum provides training to 20 youth with IDD and others.
- c. At least 5 opportunities for expanded leadership are shared with training participants.

9. Outputs Achieved - List outputs achieved

- a. Year 32 class of Partners in Policymaking included 16 people with IDD, family members and guardians.
- b. Youth Leadership Forum received full funding from the Division of Rehabilitation Services and no longer receives support from the Council.
- c. Five opportunities for participation on other state boards and councils were shared with Partners graduates and others.

Progress Report

10. The report should include the following:

- A narrative progress report that cohesively describes the activities that were implemented toward achieving the objective, including **how** the identified strategy was used, how the activity was implemented, challenges to achieving the objective and unexpected benefits.
- For system change activities, include a description of the stage of implementation (planning, initiation, implementation, outcome/fully integrated) of the system change initiative.
- All narratives must describe what numbers make up the performance measures number for the activities being reported in the narrative.
- A summary of evaluation activities to monitor progress and impact of council supported activities for the objective; data collected during the year, data sources, and data collection methods; (logic model and evaluation plan may be attached to the report).

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Partners in Policymaking is an initiative that offers leadership and advocacy training for individuals with developmental disabilities, parents of children with disabilities, and their families. (SC1.3 and 2.1.4)

Outreach efforts by Disability Rights South Dakota (DRSD) target communities that are often unserved or underserved, including Tribal Nations. Participants in each class must apply for the training and then a selection committee of graduates of Partners get together to discuss the applications and select the class. Each year around 35-40 applications are received. The program also provides support in arranging transportation for participants traveling to and from the training sessions. Partners can work on communication skills, assertiveness, decision-making skills, legislative testimonial presentation skills, and group activities.

Partners are expected to actively apply the skills they learn to drive positive changes in community awareness, sensitivity, accessibility, and inclusion for individuals with disabilities. This commitment involves attending six 2-day training sessions from November to April. Each session features presentations and interactive discussions led by experts in the disability and advocacy fields. Training sessions covered the following topics: History of disability rights independent living movement, People First Language, history of the parent movement, stories from past graduates, Charting the LifeCourse, special education, transition inclusive education, legislative process, mock testimony, campaign and coalition building, city, county, school and tribal government, sexuality, abuse and neglect, social security, leadership, employment, benefits specialists, DD services, and building inclusive communities. Additionally, Partners are required to complete monthly homework assignments to reinforce their learning.

Graduation was held in April 2024 for participants from year 32. Each year in April, Partners in Policymaking invites all previous participants to attend a one-day session of continuing education (those classes are included below). The curriculum is designed to cover topics to help individuals keep abreast of current issues, laws and policies, and to refresh their self-advocacy skills.

Graduates of Partners have reported they feel more proactive in IEPs for their child and are also helping other friends and family to understand the IEP process. Parents/family members reported they now have a better understanding of their rights and how IEP meetings operate. Parents can remain more objective; they have learned to negotiate. Several individuals, after graduation, are now running their own team meetings, voicing their views and choices in life, and are powerful and knowledgeable in systems change. Graduates have helped bring bills before the Legislature and/or requested studies be granted by the Legislature for the betterment of individuals in South Dakota who have disabilities and their family members.

There were 17 original participants in the first session of Partners this year. One of those participants dropped out during the year. ending the year with 16.

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The first training session was held in November of 2023. Carrie Geppert (Family Advocacy Coordinator/Partner Graduate) and Amanda Martin (DRSD PADD Program Lead/Partner Graduate) did a presentation on Charting the Life Course. Vicki Stewart and Julie Dresbach-Johnson (Partner Graduate) concentrated on the history of the disability movement, independent living movement, People First Language, institutional care evolution, disability etiquette, resiliency building, the history of the parent movement and shared personal stories. Past Partner Graduates came back to this first session and addressed the class as well. They included: Randy and Lee Anne Runnels, Amira Lawrence, Myriah Ventura, Heather Pelle, and Jamie Budmayr.

Session two in December focused on inclusion and special education issues. John Hamilton, Operations Director for DRSD spoke on IDEA; Dan Rounds and Bev Peterson from Transition Services Liaison Project presented on transition and Dr. Patrick Schwarz spoke about inclusive education.

Session three in January focused on the legislative process. Steve Willard (Lobbyist) discussed who, what, and why of Legislator, dos and don'ts of testimony and mock role play. Partners were able to be announced in the House and Senate Chambers. Robert Kean presented on the ADA and how to use the LRC webpage. Legislators participating in the mock testimony panel were Senators Casey Crabtree, Reynold Nesiba, Representatives Erin Healy, Oren Lesmeister, Will Mortenson, Brian Mulder, Drew Peterson, and Kadyn Wittman. Helping to prepare testimony as bill coaches were Rebecca Benson, Ryan Budmayr, Mary Duvall, Robert Kean, Amanda Martin, CJ Moit, Dan Rounds, Arlene Poncelet, and Amira Lawrence.

February session began with a presentation from Linda Turner Director of Special Education. Followed by a panel discussion with School Board member Tyler Green, City Mayor Steve Harding, and County Manager Lori Jacobson. The Department of Human Services staff: Shawnie Rechtenbaugh, Joey Younie, Eric Weiss, and Gaye Mattke presented DHS as a panel. Finishing session four Robert Kean covered the elements of social security.

In March's session Amanda Miller, Division Director- Assistant Attorney General, discussed Medicaid Fraud, Abuse, Neglect, and Exploitation. During this session were speakers on sexuality, trauma informed and healthy relationships, abuse, and neglect with presenters Devin Labbee-Darling from DRSD and Terri Couwenhoven.

April's final session was also graduation weekend. The Partners saw presentations from Tim Neyhart – The partners journey, Dr. Carla Miller- Parent Connection, Rhonda Erickson – Benefit specialist services, Lisa- Independent Living Choices, Lunch with the DD Council, Mike Oster- Communication and Leadership, Joey Younie – Update from the Division, Derrick Dufresne – Building inclusive communities, and South Dakota Advocates for Change.

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Continuing Education sessions included: On Track and on Time, Useful Tools for Tackling Executive Dysfunction; Able Accounts; SD Advocates for Change Sip and Paint session and May baskets; DRSD listening session; Internet Security and Discussions on Scamming; Mental Health peer to peer services; South Dakota Parent Connection; and the Supporting Families Community of Practice.

Quotes from graduates:

“Excited about opportunities to get involved”

“Amazing. Helpful. I wasn’t overwhelmed with too much info. Just right. Thanks.”

“Inspirational”

“Very informative and entertaining”

“So knowledgeable and so helpful. Spoke very frankly and with great detail about options and available resources! So good!”

“AWESOME!”

Demographic information and advocacy responses were provided by 74 participants at Continuing Education. Due to changes in project staff during the year, the satisfaction question was not included in the survey.

IFA 1.1 – # of people with IDD participating – 36 in Year 32 and Continuing Ed

IFA 1.2 – # of family members participating - 51 in Year 32 and Continuing Ed

IFA 2.3 – # of people who are better able to say what they want or what is important to them – 25 people with IDD and 30 family members

IFA 2.4 - # of people who are participating in advocacy activities – 20 people with IDD and 27 family members

SC 1.3 – The # of promising and/or best practices created and/or supported - 1

SC 1.4 – # of people trained or educated – 91 DRSD staff; legislators; family members, congressional staff, board and community members participated in sessions, continuing education and graduation.

Becoming a member of another board or council is highly encouraged and opportunities are shared with all participants in Partners. Opportunities were shared to apply for or participate in the following boards or committees: DD Council, Family Support Council, Board of Vocational Rehabilitation, Statewide Independent Living Council, Special Education Advisory Panel on Children with Disabilities, and Supporting Families Community of Practice.

IFA 2.5 - # of people with IDD on cross disability boards – 14

IFA 2.5 - # of family members or guardians on cross disability boards – 25

Many Partners have run for political office, including statewide and local. Two graduates have been mayors. Several have been elected by local city councils and school boards. Several have run for a seat in the State House of Representatives.

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Partners have indicated that they have or currently serve on the following boards: Developmental Disability Board, DD Council, CCI Rights Board, Tribal Boards, Advocates for Change Leadership, Employment First Alliance, CSP Board of Directors, Church Board, Non-Profit Board, DRSD Board, PAIMI Board, Dakota Link Advisory Council, Planning Committee for the DD Conference, Family Support Council, Parent Connection Board, DSS, DDD & DHS Workgroups, Policy Council Board, and Association of SD Peer Supporters.

DD Network Collaboration – Together, the Center for Disabilities, Disability Rights South Dakota and the Council work together to share the applications for Partners and other advocacy opportunities. Staff from all three organizations participate in the trainings as presenters and facilitators of small group sessions and financially support the Partners in Policymaking program. As the DD Network directors meet monthly, changes to the Partners in Policymaking program are often discussed and support provided to find new presenters or to change up the activities provided.

11. Expected Outcomes (matches the expected outcomes from the annual work plan as it relates to the objective)

List the expected outcomes for the activities described for the objective from the annual work plan

1. More people with IDD, their families and guardians understand the process of advocating and learn skills to be better advocates, including those from rural areas and culturally diverse backgrounds.
2. Youth with IDD have an opportunity to learn self-advocacy skills with peers who have disabilities.

12. Outcomes achieved

- a. Training was held for people with IDD, their families and guardians, including those from rural areas and culturally diverse backgrounds.

13. Progress towards achieving outcomes for overall objective:

The annual report should include an assessment as to the extent to which progress was made on the intended outcomes for the objective.

This objective was met. Providing people with IDD and their family members training on a variety of advocacy and leadership topics and in continuing their advocacy work as members of boards and councils was completed. Due to the Youth Leadership Forum no longer needing funding from the Council, outreach to youth with IDD was completed through Goal Objective 3 and Goal 1 Objective 3.

- 14.** Additionally, include stories of culturally diverse people with developmental disabilities whose lives are better because of Council work on this activity (e.g., became better advocates for themselves and others, became more connected to the community). Stories of policy or legislative changes that happened as a result of Council individual advocacy work that are likely to positively impact the lives of

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people with developmental disabilities or that will prevent a potential negative impact (e.g., created deleted, refined programs and/or legislation, reallocated use of funds, organizational systems change as a result of evidence-based practices).

1. **Goal # 3: Leadership & Advocacy**
2. **State Plan Objective 2:** Each year of the state plan, the Council will support the SD Advocates for Change (SDAC) Leadership Team to provide 2 training events for 30 people with IDD; to increase self-advocacy and leadership skills of the SDAC Leadership Team and others with IDD and encourage and support 4 people with IDD to participate as members of cross-disability boards and councils.

Check the appropriate box for each of the questions below:

3. **This Objective is:**
 Individual & Family Advocacy System Change Capacity Building
4. **This Objective is:**
 New Ongoing Completed
5. **This Objective is:**
 - a. Fulfilling the Self-Advocacy DD Act Requirement Yes No
 - b. Targeted Disparity Yes No
 - c. DD Network Collaboration Yes No
 - d. A demonstration project of New Approaches to Services and Supports Yes
 No
If Yes, Indicate project name and original start date for this effort: name of project; mm/yy
 - e. A demonstration of projects or activities Yes No,
If Yes, indicate project or activity name and original start date for this effort: name of project/ mm/yy
6. **Stage of Implementation for systems change activities:**
 planning implementation outcome/fully integrated

Background/Context

7. **Provide an overall description of this objective:**
The description should at a minimum provide background information on the objective to establish a context for the activities.

Self-advocacy has always been an important project for the Council. In the past 30 years, the Council has had 3 organizations begin projects for self-advocacy that

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eventually did not continue or produce the desired results. The Council director supported the SDAC Leadership Team and beginning with FFY22, Disability Rights SD submitted a proposal to support the self-advocate activities.

South Dakota Advocates for Change (SDAC) is the self-advocacy organization, and this objective relates to their work to meet quarterly, develop leadership, advocacy, and presentation skills, create presentations, and give those presentations to other advocates, and sharing information through newsletters, infographics and videos.

8. **Expected Outputs** – List expected outputs from annual work plan
 - a. SDAC Leadership Team meets a minimum of 4 times.
 - b. SDAC Leadership Team develops and gives 2 presentations to 30 others with IDD.
 - c. 4 SDAC newsletters are created and disseminated.
 - d. Current and past members of SDAC receive information on opportunities to become involved with other cross-disability boards and coalitions.

9. **Outputs Achieved** – List outputs achieved
 - a. SDAC Team met 8 times.
 - b. Leadership Team members gave 1 presentation to 40 people with IDD and 99 family members and service providers
 - c. SDAC Network received information on opportunities to apply for positions on other boards and coalitions.

Progress Report

10. **The report should include the following:**
 - A narrative progress report that cohesively describes the activities that were implemented toward achieving the objective, including **how** the identified strategy was used, how the activity was implemented, challenges to achieving the objective and unexpected benefits.
 - For system change activities, include a description of the stage of implementation (planning, initiation, implementation, outcome/fully integrated) of the system change initiative.
 - All narratives must describe what numbers make up the performance measures number for the activities being reported in the narrative.
 - A summary of evaluation activities to monitor progress and impact of council supported activities for the objective; data collected during the year, data sources, and data collection methods; (logic model and evaluation plan may be attached to the report).

South Dakota Advocates for Change (SDAC) is the self-advocacy organization supported by the Council. The Leadership Team includes advocates from across the state. This objective relates to their weekly, monthly, and quarterly meetings, developing leadership, advocacy, and presentation skills, creating presentations, and giving those presentations to other advocates, and sharing information through

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newsletters, infographics, skits, presentations, and videos. Mary Kay Budmayr, Self-Advocacy Coordinator from Disability Rights South Dakota facilitated the SDAC program for FY23 and part of FY24. In May of FY24 Devin Labbee-Darling took over as Self Advocacy Coordinator.

FY24 the SDAC Leadership Team included 17 adults with intellectual and developmental disabilities and 12 supporters that included 8 family members.

South Dakota Advocates for Change met for a zoom in January to discuss the upcoming Leadership Retreat that will coincide with Disability Awareness Day at the Capitol in Pierre.

South Dakota Advocates for Change attended a Leadership Retreat in Ft. Pierre supported by the Supporting Families Community of Practice and Disability Rights SD. The group learned a variety of leadership skills including: introducing yourself, entering and exiting a conversation, body language, conversation etiquette, and skills roleplay. The group was introduced in the House and Senate on Tuesday and had professional pictures taken to go with their bios. They also participated in Disability Awareness Day on Wednesday. Advocates met with Representatives and Senators. They took this opportunity to introduce themselves, discuss the mission of SD Advocates for Change, and practice and implement skills they learned during the leadership retreat. (SC1.4 – 24 legislators and policymakers educated)

Several former Partners and current members of SD Advocates for Change actively participated in the Legislative process in February. House Bill 1202 was introduced to the Health & Human Services Committee and Partners (present & former) really showed up and fought against the bill. Although it did make it through that committee as well as the House and Senate Health & Human Services Committee, it did fail in the Senate. The participation of the advocates and Partners graduates truly made an impact.

April of 2023 brought several members of SDAC together at the Partners Graduation in Sioux Falls. Five advocates presented a skit at common grounds about voting. It was especially relevant as 2024 is an election year. Advocates also participated in a sip and paint activity and a mayday basket activity. These were both very well attended and received. Participants said: "Lots of fun!", "Awesome", and "it was fun!" (SC1.4 – 139 people with IDD and family members educated)

The Leadership Team met via Zoom in June, July, August, and September. During the June session the leadership team made introductions and discussed things they liked from previous years and things they hoped to do with the new Self Advocacy Coordinator. Following meetings advocates discussed upcoming activities, spoke about the leadership retreat, upcoming presentations, board participation, and community advocacy.

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The leadership team also implemented weekly Advocate Connection meetings in an effort to gain more members. The leadership team discussed how to form groups in each region of the state to work with their local self-advocacy groups. The goal is for the SDAC leadership team to lead and guide these groups in community activities.

In September, October, and November 2024 leadership team members participated in the production, editing, and the distribution of videos promoting voting. Voting videos include information on rights, rules, processes, and procedures. Videos were geared towards individuals with developmental disabilities but were distributed to families, individuals, and organizations.

The leadership team is actively planning community service projects for winter 24/25 as well as an advocacy retreat for February 2025. They also play an active role in both the planning committees for the SD Conference on Developmental Disabilities and Regional SOAR conference. Both are scheduled for the fall of 2025.

IFA 1.1 - # of people with IDD who participated - 17

IFA 1.2 - # of family members who participated - 8

IFA 2.3 - # of people who are better able to say what they want or say what is important to them – 17 people with IDD and 8 family members

IFA 2.4 - # of people who are participating now in advocacy activities – 15 people with IDD and 7 family members

IFA 2.5 - # of people who are on cross-disability coalitions, policy boards, advisory boards, or serving in leadership positions – 4 people with IDD and 4 family members

IFA 3.1 – # of people with IDD who are satisfied with the project – 17

IFA 3.2 - # of family members who are satisfied with the project – 8

SC 1.4 - # of people trained or educated - 163

11. Expected Outcomes (matches the expected outcomes from the annual work plan as it relates to the objective)

List the expected outcomes for the activities described for the objective from the annual work plan

- a. People with IDD have increased leadership and advocacy skills.
- b. More people with IDD become members of boards and coalitions.

12. Outcomes achieved

- a. 1 new member and 16 current members with IDD have increased leadership and advocacy skills through SDAC activities.
- b. 4 people with IDD became members of boards and coalitions.

13. Progress towards achieving outcomes for overall objective:

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The annual report should include an assessment as to the extent to which progress was made on the intended outcomes for the objective.

The objective was met this year. There have been opportunities for the members to expand their reach across the state, do presentations using a video format as well as in-person presentations, and outreach to other advocacy groups. As DRSD works with the self-advocates, the need for a newsletter is being discussed so these outcomes may change in the future.

14. Additionally, include stories of culturally diverse people with developmental disabilities whose lives are better because of Council work on this activity (e.g., became better advocates for themselves and others, became more connected to the community). Stories of policy or legislative changes that happened as a result of Council individual advocacy work that are likely to positively impact the lives of people with developmental disabilities or that will prevent a potential negative impact (e.g., created deleted, refined programs and/or legislation, reallocated use of funds, organizational systems change as a result of evidence-based practices).

1. **Goal # 3: Advocacy & Leadership Development**

2. **State Plan Objective 3:** Each year of the state plan, the Council will support advocacy and leadership training for 10 Native Americans with disabilities and 20 family members.

Check the appropriate box for each of the questions below:

3. **This Objective is:**

- Individual & Family Advocacy System Change Capacity Building

4. **This Objective is:**

- New Ongoing Completed

5. **This Objective is:**

- a. Fulfilling the Self-Advocacy DD Act Requirement Yes No
- b. Targeted Disparity Yes No
- c. DD Network Collaboration Yes No
- d. A demonstration project of New Approaches to Services and Supports Yes No
If Yes, Indicate project name and original start date for this effort: name of project; mm/yy
- e. A demonstration of projects or activities Yes No,
If Yes, indicate project or activity name and original start date for this effort: name of project/ mm/yy

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6. Stage of Implementation for systems change activities:

planning implementation outcome/fully integrated

Background/Context

7. Provide an overall description of this objective:

The description should at a minimum provide background information on the objective to establish a context for the activities.

Council members discussed the need for advocacy and leadership training for Native Americans with disabilities and their family members for several years. Although many Native Americans with disabilities and their family members participate in Partners in Policymaking, they have expressed a desire for training that is designed to address tribal governance and Bureau of Indian Affairs school issues that differ from most of what is shared during Partners. The Council also wanted to reach younger people with IDD as part of this process. The Center for Disabilities' Oyate Circle developed and implemented training for youth and adults with disabilities and their family members who are Native American.

8. Expected Outputs - –List expected outputs from annual work plan

a. 30 Native Americans with disabilities and their families receive advocacy and leadership training.

9. Outputs Achieved - –List outputs achieved

a. 34 Native Americans with disabilities and their families received advocacy and leadership training.

Progress Report

10. The report should include the following:

- A narrative progress report that cohesively describes the activities that were implemented toward achieving the objective, including **how** the identified strategy was used, how the activity was implemented, challenges to achieving the objective and unexpected benefits.
- For system change activities, include a description of the stage of implementation (planning, initiation, implementation, outcome/fully integrated) of the system change initiative.
- All narratives must describe what numbers make up the performance measures number for the activities being reported in the narrative.
- A summary of evaluation activities to monitor progress and impact of council supported activities for the objective; data collected during the year, data sources, and data collection methods; (logic model and evaluation plan may be attached to the report).

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The Center for Disabilities' Oyate Circle is led by respected Native American leaders. Oyate Circle developed a curriculum and provided training for youth and adults with disabilities and parents of children with disabilities who are Native American. The curriculum and trainings have changed as needed.

The **Native American Advocacy and Leadership Program** was able to provide four culturally appropriate Leadership and Advocacy sessions with two occurring on reservation communities that were based on community needs and communication. Whitney Jones was able to go on-site to several Tribal organizations for outreach and community engagement with Jim Warne. Whitney also on several other occasions went on-site to plan and develop the two-reservation based Leadership and Advocacy sessions.

Oyate Circle conducted four Advocacy and Leadership Trainings. The first two sessions took place at Oyate Health in Rapid City, attended by administrators and doctors both in person and via Zoom. The second session focused on staff members, including those working in behavioral health roles. SC1.4 – 35 professionals; SC 1.3 - # of promising and/or best practices created and/or supported – 1 (advocacy and leadership training)

The third training was held at Sinte Gleska University on the Rosebud Reservation. This evening session welcomed participants ranging from 1 to 94 years old, including members of the Sicaᅅgu Co Tribal Vocational Rehabilitation Program. IFA 1.1 – 8 youth with disabilities and IFA 1.2 – 12 parents/family members

The final training took place at the Thunder Valley Community Development Corporation on the Pine Ridge Reservation, a holistic organization dedicated to the liberation of the Lakota people. Our Tribal Vocational Rehabilitation partners from Pine Ridge also participated in this event. IFA 1.1 – 13 youth with disabilities and IFA 1.2 – 20 parents/family members

Two Adventure for Leadership and Fulfilment with Access (ALFA) Camps or “ALFA Camps” were held in 2024. Lakota Tech, Pine Ridge, - It was a small yet formidable group of five from Pine Ridge, comprising students from Lakota Tech, Little Wound High School, and Martin High School. The camp took place at Lakota Tech High School, where a classroom complete with an attached kitchen was utilized. Todd County, Rosebud - The camp welcomed eight students, with a ninth attending the first day but not returning. A tenth student received a call during breakfast on day two, urgently needed to work at Subway due to staffing shortages. The camp took place at the Bishop Harold Jones Building, which featured kitchen facilities. IFA 1.1 – 13 youth with disabilities

The curriculum paid special attention to ensuring students and their families were aware of where and how to receive services that will assist them with their personal vocational goals. Other training included instruction in self-advocacy, workplace

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readiness, business plans and job exploration. In addition to Oyáte Circle, community professionals, family members, teachers, and both State and Tribal vocational rehab specialists participated. Brenda Smith worked with students at each camp using the Indigenized Supports Star and Trajectory Worksheets from Charting the Life Course. While the three camps shared similarities, each location offered distinctive experiences.

Demographic and advocacy information was provided by participants at the Advocacy and Leadership trainings. A paper evaluation method was used, in conjunction with culturally appropriate discussion about satisfaction with the activities.

IFA 3.1 - people with IDD who are satisfied with a project activity – 34 participated and 34 were satisfied

IFA 3.2 - family members satisfied with a project activity – 32 participated and 32 were satisfied

11. Expected Outcomes (matches the expected outcomes from the annual work plan as it relates to the objective)

a. Native Americans with disabilities and their families receive information and education that is beneficial to them when accessing services.

12. Outcomes achieved

a. Native Americans with disabilities and their families participated in culturally appropriate training on advocacy and leadership.

13. Progress towards achieving outcomes for overall objective:

The annual report should include an assessment as to the extent to which progress was made on the intended outcomes for the objective.

Outcomes were met for this objective. Progress was made in providing training on advocacy and leadership to Native Americans with disabilities and their families. The trainings for high school students with disabilities were well received. The Council is pleased with the progress and looks forward to continuing work with Oyate Circle.

14. Additionally, include stories of culturally diverse people with developmental disabilities whose lives are better because of Council work on this activity (e.g., became better advocates for themselves and others, became more connected to the community). Stories of policy or legislative changes that happened as a result of Council individual advocacy work that are likely to positively impact the lives of people with developmental disabilities or that will prevent a potential negative impact (e.g., created deleted, refined programs and/or legislation, reallocated use of funds, organizational systems change as a result of evidence-based practices).

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2. Goal #3 – Advocacy & Leadership Development – Narrative

In this section, for each goal reported for this reporting period, provide an overall cohesive description of:

- the extent to which progress is being made in achieving the intended outcomes of the Goal for the reporting year;
- the extent to which each goal was or was not achieved for the reporting year;
- where applicable, factors that impeded goal achievement for the reporting year
- needs that require substantive state plan amendment (goal only)

The outcomes for this goal were met for FFY24. The Council looks forward to continuing to provide opportunities for advocacy and leadership development for people with IDD and their families in the coming years. Challenges this year included changes to staff at Oyate Circle but the new staff worked into the activities and continues to provide support to Native Americans with disabilities and their families.

4 Year Overview (FY 2025)

A description of how the Council will use and build from knowledge gained and progress made to move forward in the next state plan cycle (FY 2022-2026).

5 Year Overview (FY2026)

For the final PPR (FY2021) of this state plan cycle, provide an overall analysis of the outcomes achieved during the five-year state plan cycle. The description should include the extent to which diverse stakeholders are satisfied with council activities that promote self-determination and community participation for individuals with disabilities and families, results of other types of information gathering such as focus groups, surveys, or other feedback or input methods with individuals with developmental disabilities and families and major accomplishments and factors impeding goal achievement (if applicable)

**Section IV.B. Individual & Family Advocacy Performance Measure (By GOAL)
Individual Responses (individuals with DD and Family members only)
Demographic Data ****

****This is an aggregated number from all individual responses collected for the reporting FFY**

| Race/Ethnicity | # | % | Gender | # | % |
|--|----------|----------|---|----------|----------|
| White, alone Obj. 1 – Partners – 67 Obj. 2 – SDAC – 22 | 89 | | Female Obj. 1 – Partners – 56 Obj. 2 – SDAC – 16 Obj. 3 – NAAL – 7 | 79 | |
| Black or African American alone | 0 | | Male Obj. 1 – Partners – 16 Obj. 2 – SDAC – 9 | 39 | |

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| | | | | | |
|--|----|--|--------------------|---|--|
| | | | Obj. 3 – NAAL – 14 | | |
| American Indian and Alaska Native alone Obj. 1 – Partners –4 Obj. 2 – SDAC - 1 Obj. 3 – NAAL – 21 | 26 | | Other | 0 | |
| Hispanic/Latino | 0 | | | | |
| Asian alone | 0 | | | | |
| Native Hawaiian & Other Pacific Islander alone | 0 | | | | |
| Two or more races Obj. 1 – Partners – 4 Obj. 2 – SDAC - 2 | 6 | | | | |
| Race unknown | 0 | | | | |

| Category | # | % |
|--|----------|----------|
| Individual with DD Obj. 1 – Partners – 33 Obj. 2 – SDAC – 17 Obj. 3 – NAAL – 34 | 84 | |
| Family Member Obj. 1 – Partners – 37 Obj. 2 – SDAC -8 Obj. 3 – NAAL – 32 | 77 | |
| Geographical | | |
| Urban Obj. 1 – Partners –24 Obj. 2 – SDAC – 2 | 26 | |
| Rural Obj. 1 – Partners – 46 Obj. 2 – SDAC – 23 Obj. 3 – NAAL – 34+32 | 135 | |

III. Output Measures

| Objective # | Performance Measure | Performance Measure |
|--------------------|---|--|
| | IFA 1.1 The <u>number of people with developmental disabilities</u> who participated in Council supported activities designed to increase their knowledge of how to take part in decisions | IFA 1.2 The number of <u>family members</u> who participated in Council supported in activities designed to increase their knowledge of how to take part in decisions that affect the family, the |

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| | | |
|--|---|---|
| | that affect their lives, the lives of others, and/or systems | lives of others, and/or systems |
| | Obj. 1 – Partners – 36 Obj. 2 – SDAC – 17 Obj. 3 – NAAL – 34 | Obj. 1 – Partners – 51 Obj. 2 – SDAC – 8 Obj. 3 – NAAL - 32 |
| Denominator: TOTAL # of Output Respondents: | Total = 87 | Total = 91 |

Outcome Measures

| Performance Measures | Percent (%) |
|---|--------------------|
| IFA 2.1 After participation in Council supported activities, <u>the percent of people with developmental disabilities</u> who report increasing their advocacy as a result of Council work. | N/A |
| IFA 2.2 After participation in Council supported activities, <u>the percent of families</u> who report increasing their advocacy as a result of Council work. | N/A |

| Sub-Outcome Measures | Projects | # People with DD | # Family Members |
|--|--|-------------------------|-------------------------|
| The number of people who are better able to say what they want/say what is important to them | Obj. 1 – Partners | 25 | 30 |
| | Obj. 2 – SDAC | 17 | 8 |
| | Total # of Sub-Outcome Respondents: | 42 | 38 |
| IFA 2.3 The percent of people who are better able to say what they want or say what services and supports they want or say what is important to them | | Obj. 1 – 25/36 = 69.4% | Obj. 1 - 30/51=58.8% |
| Obj. 1 – 25/36 = 69.4%; 30/51=58.8% | | Obj 2 – 17/17 = 100%; | Obj. 2 - 8/8=100% |
| Obj 2 – 17/17 = 100%; 8/8=100% | | | |

| Sub-Outcome Measures | Projects | # People with DD | # Family Members |
|--|-------------------|-------------------------|-------------------------|
| The number of people who are participating in advocacy activities. | Obj. 1 – Partners | 20 | 27 |
| | Obj. 2 – SDAC | 15 | 7 |

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| | | | |
|--|--|---|--|
| | Total # of Sub-Outcome Respondents: | | |
| IFA 2.4 The percent of people who are participating now in advocacy activities Obj. 2 – 7/8=87.5% | | Obj. 1 – 20/36=55.5% Obj. 2 – 15/17=88.2%; | Obj. 1 – 27/51=52.9% Obj. 2 – 7/8=87.5% |

| Sub-Outcome Measures | Projects | # People with DD | # Family Members |
|--|--|--|---|
| The number of people who are on cross disability coalitions, policy boards, advisory boards, governing bodies and/or serving in leadership positions. | Obj. 1 – Partners – | 14 | 25 |
| | Obj. 2 – SDAC | <u>4</u> | <u>4</u> |
| | Total # of Sub-Outcome Respondents: | 18 | 29 |
| IFA 2.5 The percent of people who are on cross disability coalitions, policy boards, advisory boards, governing bodies and/or serving in leadership positions. | | Obj. 1 – 14/36=38.8% Obj. 2 – 4/17=23.5%; | Obj. 1 – 25/51=49% Obj. 2 – 4/8= 50% |

| Performance Measure | # People with DD | # Family Members |
|---|-------------------------|-------------------------|
| IFA3 The percent of people satisfied with a project activity. Obj. 2 – SDAC 17/17=100%; 8/8=100% Obj. 3 – NAAL – 34/34=100%; 32/32=100% | 17 34 | 8 32 |
| Total - | =51 | =40 |

Section IV.C. System Change Performance Measures (By Goal)

SC1: Output Measures

The number of Council efforts to transform fragmented approaches into a coordinated and effective system that assures individuals with developmental disabilities and their families participate in the design of and have access to needed community services, individualized supports, and other forms of assistance that promote self-determination, independence, productivity and integration and inclusion in all facets of community life.

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| | |
|--|-------------------|
| SC 1.1 The number of policy and/or procedure created or changed | Number (#) |
| | 0 |

| | |
|---|-------------------|
| SC 1.2 The number of statute and/or regulations created or changed | Number (#) |
| | 0 |

| | |
|--|-------------------|
| SC 1.3 The number of promising and/or best practices created and/or supported | Number (#) |
| Obj. 1 – Partners – 1 | 1 |
| Obj. 3 – NAAL – 1 | 1 |
| | 2 |

| | |
|--|-------------------|
| SC 1.4 The number of people trained or educated through Council systemic change initiatives | Number (#) |
| Obj. 1 – Partners – 91 | Obj. 1 – 91 |
| Obj. 2 – SDAC – 24+139 | Obj. 2 - 163 |
| Obj. 3 – NAAL - 35 | Obj. 3 - 35 |

| | |
|--|-------------------|
| SC 1.5 The number of Council supported systems change activities with organizations actively involved | Number (#) |
| | 0 |

Systems Change SC2: Outcome Measures

| | |
|--|-------------------|
| Outcome Measures | Number (#) |
| SC 2.1 The number of Council efforts <i>that led to the creation or improvement of best or promising practices, policies, procedures, statute or regulation changes (sub-measures 2.1.1; 2.1.3)</i> | 0 |
| SC 2.2 The number of Council efforts <i>that were implemented</i> to transform fragmented approaches into a coordinated and effective system that assures individuals with developmental disabilities and their families participate in the design of and have access to needed community services, individualized supports and other forms of assistance that promote self-determination, independence, productivity, and integration and inclusion in all facets of community life. (sub-measures 2.1.2; 2.1.4) | 1 |

| | | |
|-----------------------------|---|-----------------|
| Sub-Outcome Measures | | |
| | SC 2.1.1 # of <u>policy, procedure, statute or regulation</u> | SC 2.1.2 |

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| | | |
|--|---|--|
| | changes improved as a result of systems change. | # <u>Policy, procedure, statute or regulation</u> changes implemented |
| Total # of Sub-Outcome Respondents: | 0 | 0 |
| | SC 2.1.3 # of <u>promising and/or best practices</u> improved as a result of systems change activities. | SC 2.1.4 # of <u>promising and/or best practices</u> implemented |
| Total # of Sub-Outcome Respondents: | 0 | Partners – 1 |

SECTION V: COUNCIL Financial Information [Section 124(c)(5)(B) and 125(c)(8)]

Council is its own DSA: Yes No

Fiscal Information for Programmatic Purposes ONLY

| |
|---|
| Purpose: In this section, Councils are to identify the obligation and liquidation status for the 3 FFY of funds |
|---|

| 1. Fiscal Year | YR FFY2024 |
|--|-------------------------|
| 2. Reporting Period | 10-01-2023 – 09-30-2024 |
| 3. Total Federal Fiscal Award for Reporting Year | \$526,120.00 |
| 4. State Funds Contributing to Council State Plan Activities | - |
| 5. Additional Council Funds Used for Other Activities | \$24,899.25 |
| 6. Federal Share of Expenditures | \$261,519.02 |
| 7. Federal Share of Unliquidated Obligations | \$123,886.14 |
| 8. Unobligated Balance of Federal Funds (=Total Federal Fiscal Year Award – Federal Share of expenditures – Federal Share of unliquidated obligations) | \$ 175,373.33 |
| 9. Match Required | \$ 51,650.62 |
| 10. Match Met | \$ 123,722.71 |
| 11. Match Unmet | - |

| 1. Fiscal Year | YR FFY2023 |
|--|-------------------------|
| 2. Reporting Period | 10-01-2022 – 09-30-2024 |
| 3. Total Federal Fiscal Award for Reporting Year | \$ 527,570.00 |
| 4. State Funds Contributing to Council State Plan Activities | - |
| 5. Additional Council Funds Used for Other Activities | \$ 31,002.42 |

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| | |
|---|---------------|
| 6. Federal Share of Expenditures | \$ 527,570.00 |
| 7. Federal Share of Unliquidated Obligations | \$ |
| 8. Unliquidated Balance of Federal Funds (=Total Federal Fiscal Year Award – Federal Share of expenditures – Federal Share of unliquidated obligations) | \$ 175,856.67 |
| 9. Match Required | \$ 175,856.67 |
| 10. Match Met | \$ |
| 11. Match Unmet | \$ |

| 1. Fiscal Year | YR FFY2022 |
|--|-------------------------|
| 2. Reporting Period | 10-01-2021 – 09-30-2024 |
| 3. Total Federal Fiscal Award for Reporting Year | \$ 527,570.00 |
| 4. State Funds Contributing to Council State Plan Activities | |
| 5. Additional Council Funds Used for Other Activities | \$ 28,698.67 |
| 6. Federal Share of Expenditures | \$ 527,570.00 |
| 7. Federal Share of Unliquidated Obligations | |
| 8. Unobligated Balance of Federal Funds (=Total Federal Fiscal Year Award – Federal Share of expenditures – Federal Share of unliquidated obligations) | |
| 9. Match Required | \$ 175,856.67 |
| 10. Match Met | \$ 175,856.67 |
| 11. Match Unmet | |

Dollars leveraged for the reporting year being reported: \$0

SECTION VI: MEASURES OF COLLABORATION

Purpose: In this section, Councils are to discuss collaborative efforts with specific DD Network partners and other collaborators separate from the planned DD Network Collaboration goal/objective.

1. Identify the critical issues/barriers affecting individuals with developmental disabilities and their families in your State that the Council and the P&A, the Council and the UCEDD, the Council and other collaborators may have worked on during the reporting period
 - a. Lack of knowledge about current DD system and related topics for professionals, parents and people with IDD
 - b. Having a greater presence in tribal communities and enhanced involvement of Native American people in Network activities and events
 - c. Need for additional self-advocate leaders, trainers and peer mentors across the state.
 - d. Current status of mental health services for people with IDD
 - e. Direct support professionals' shortage and possible training needed

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2. Identify the Area of Emphasis collaboratively addressed by the DD Council and Collaborators

| Area of Emphasis [Check Applicable area(s)] | | | Recreation |
|---|--------------------------------|---|------------------------------|
| X | Quality Assurance | X | Quality of Life |
| | Education & Early Intervention | | Other – Assistive Technology |
| | Child Care | X | Other – Cultural Diversity |
| X | Health | X | Other – Leadership |
| | Employment | | Other – please specify |
| | Housing | | Other – please specify |
| | Transportation | | Other – please specify |

The report should include a narrative progress report that cohesively describes the activities that were implemented by the Council and the P&A, the Council and the UCEDD, the Council and other collaborators.

For at least one of the issues/barriers identified above describe:

- (a) the issue/barrier;

Having a greater presence in tribal communities and enhanced involvement of Native American people in Network activities and events

- (b) collaborative strategies to address issue/barrier and expected outcome(s);

The DD Network supports the Oyate Circle through a variety of ways – ensuring that Oyate Circle staff are present at various conferences and events; promoting presentations by Oyate Circle staff; supporting advocacy and leadership trainings for youth and adults with disabilities who are Native American; sharing information with Partners graduates and offering listening sessions on reservation lands to hear from people what the biggest issues are for them and their communities.

- (c) the DDC’s specific role and responsibilities in this collaborative effort. Include any technical assistance expertise DD Council staff can provide to other States in this area:

The Council continues to support the offering of Native American Advocacy and Leadership trainings and the inclusion of Charting the LifeCourse framework and tools. Council staff participate in activities and events as much as possible to engage and learn from all individuals and families across the state.

- (d) briefly identify problems encountered as a result of this collaboration, and technical assistance, if any, desired; and

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No problems were encountered.

(e) any unexpected benefits of this collaborative effort.