

Behavioral Health Advisory Council
Pierre, South Dakota
November 15, 2023

Advisory Council Members Present

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| 1. Dianna Marshall, Advocacy Organization | 10. Joanne Hairy Shirt, Family Member |
| 2. Angie Dammer (Chair), Family Member | 11. Bryan Harberts, Provider |
| 3. Wendy Figland, Family Member | 12. Ashlee Rathbun (Vice-Chair), Family Member |
| 4. Rebecca Cain, State Education Agency | 13. Eric Weiss, State Vocational Rehabilitation Agency |
| 5. Penny Kelley, Family Member | 14. Chuck Frieberg, State Criminal Justice Agency |
| 6. Kara Graveman, Provider | 15. Pamela Bennett, State Social Services Agency |
| 7. Jason Lillich, Provider | 16. Matthew Ballard, State Medicaid Agency |
| 8. Jon Sommervold, In Recovery | |
| 9. Faith Goehring, In Recovery | |

Advisory Council Members Absent

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| 1. Matt Glanzer, In Recovery | 5. Tasha Jones, State Housing Agency |
| 2. Rosanne Summerside, Family Member | 6. Dominique Tigert, Family Member |
| 3. Colleen Lane, Healthcare Provider | 7. Kristi Bunkers, State Criminal Justice Agency |
| 4. Melanie Boetel, State Mental Health Authority | 8. Angela Murphy, In Recovery |

Behavioral Health Staff Present

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| 1. Jennifer Humphrey | 5. Jordan Mouna |
| 2. Michelle Worden | 6. Shaina Smykle |
| 3. Andrew Ausborn | 7. Will Steward |
| 4. Vanessa Barnes | 8. Lily Rowe |

Others in Attendance

1. Makenzie Huber, South Dakota Searchlight

Purpose

The purpose of the Advisory Council is to review the state's comprehensive behavioral health services plan and provide recommendations to the Department of Social Services; to serve as an advocate on behalf of persons served; and to monitor and evaluate the adequacy of behavioral health services in the state.

Minutes:

I. Call to Order / Welcome and Introductions

November 15, 2023 the Behavioral Health Advisory Council meeting was called to order by Chair, Angie Dammer. Jennifer Humphrey took attendance.

II. Review and Approval of Meeting Minutes

The Advisory Council reviewed the August 2023 meeting minutes. Ashlee Rathbun

moved to approve. Kara Graveman seconded the motion. Motion carried, all approved.

III. Behavioral Health Services

Workforce Development

Jennifer Humphrey provided a status update on workforce development initiatives.

The division contracted with Sage Project Consultants to complete a landscape analysis and key stakeholder surveys related to workforce over the spring/summer months and are finalizing the short-term and long-term next steps related to the outcomes of that first phase. Some examples of next steps include: 1) creating a website or webpage to provide career development resources for individuals interested in the behavioral health field for employment and what they need to know for training opportunities and resources and how to incentivize their interest in the field; 2) supporting clinical supervisors; 3) developing a stakeholder workgroup.

The division worked with providers on opportunities to repurpose/utilize their existing contracts to support recruitment and retention activities with the understanding that they won't be able to draw down their contracts and deliver services without having the workforce to do so.

The division received one-time block grant training/technical assistance funds that must be utilized by September 2024. The division utilizes provider surveys to better understand their training and technical assistance needs and also works with the Council of Community Behavioral Health providers to identify their training priorities for staff.

Office of Treatment and Support Services

Michelle Worden provided a status update on peer support services & evidence-based practices.

Three Community Mental Health Centers (Capital Area Counseling Services (CACS) in Pierre, Lewis & Clark Behavioral Health Services in Yankton and Southeastern Behavioral Healthcare in Sioux Falls) have each hired a part-time peer support specialist who are working between 13-36 hours per week. They are currently delivering services and have served approximately 84 clients to date. They have been trained and onboarded, utilizing either Center for the Application of Substance Abuse Technologies (CASAT) or Appalachian Consulting Group (ACG) Peer 101 trainings. The peer support specialists are being utilized in some of the following capacities: sharing recourses and building skills, mentoring and assisting with setting goals, providing services and leading recovery groups, and advocating for people in recovery.

CACS provided the following statement about how they are currently utilizing their peer support specialist: "Our peer support specialist uses her own experience to guide the client through his/her recovery. She connects clients to resources, promotes

wellness and self-directed recovery, attends appointments with clients (medical, behavioral health services, etc.), educates through lived experiences, and provides mental health support." The following statement is from a client receiving peer support services at CACS: "She helps people out with what they want to do. She doesn't really tell you what to do, but she helps people with what they want. She is friendly and warm and not demanding. She is calm."

The division held listening sessions with substance use disorder treatment providers to gauge additional interested in providing peer support services and are actively working towards expanding our pilot efforts.

Community Mental Health Centers have for years offered a wide array of evidence-based practices (EBPs) for youth with serious emotional disturbance. This year the division is working to expand these and other EBPs for potential utilization for justice-involved youth. Core services of Functional Family Therapy, Moral Reconciliation Therapy and Aggression Replacement Therapy are still being offered, but providers have additional flexibility to offer other EBPs to these youth. Examples include Eye Movement Desensitization and Reprocessing (EMDR), Trauma-Focused Cognitive Behavioral Therapy, and Accelerated Resolution Therapy, as well as motivational interviewing, Dialectical Behavior Therapy, and Brief Strategic Family Therapy (BSFT).

Office of Prevention & Crisis Services

Vanessa Barnes provided a status update on crisis services, suicide prevention and substance use prevention initiatives.

Crisis Services

The 988 Lifeline added American Sign Language (ASL) services for the Deaf and Hard of Hearing community to reach trained crisis counselors 24/7. With these new services, Deaf and Hard of Hearing people who need support can dial 988 directly using their videophone or visit the [988lifeline.org](https://www.988lifeline.org) website and follow the ASL prompts.

The division received a new 988 improvement grant starting on 9/30/23 that will allow us to expand follow-up care for the 988-call center as well as 988 marketing and awareness efforts.

The division received a new grant to build rural mobile crisis response capacity, targeting the areas served by Lewis & Clark Behavioral Health Services in Yankton, Southern Plains Behavioral Health Services in Winner and Three Rivers Mental Health Center in Lemmon. Avel eCare continues to be utilized and expanded to Lower Brule, Yankton and Union Counties in the fall of 2023. The division is working to expand Avel eCare further by assessing gap areas in the state as well as counties that are experiencing higher rates of suicide.

Appropriate Regional Facilities at Pivot Point in Rapid City, The Human Service Agency in Watertown and Lewis & Clark Behavioral Health Services (LCBHS) in Yankton are all operational. LCBHS broke ground for their new facility in May 2023 and Avera St. Luke's

in Yankton is currently working on the renovation of their existing building. A funding opportunity for the remaining ARPA (American Rescue Plan Act) dollars was released in September.

Suicide Prevention

The Third Annual Suicide Prevention Conference is scheduled for August 1st and 2nd, 2023.

Substance Use Prevention

The Department of Social Services and the Department of Health are working together to train all state employees the administration of Naloxone and each office equipped with Naloxone and a NaloxBox.

IV. 2024 Block Grant Annual Reports

Division staff reported on second year outcomes to priorities identified in the 2022-2023 combined block grant application.

V. FY2023 Data & Outcomes Presentation

Will Steward, Data & Outcomes Program Manager, presented on the Division of Behavioral Health's statistical and outcome data for Fiscal Year 2023. Data and outcome reports are available at <https://dss.sd.gov/behavioralhealth/reportsanddata.aspx>.

VI. Election of Vice Chair

The term of office for the Chairperson and the Vice Chairperson shall be two years. Members may hold the same office for more than one term provided there is an interval of two years between terms. Angie Dammer was elected Chair March 2022 and is interested in serving another term. Ashlee Rathbun was elected Vice-Chair March 2022, however, has served two consecutive three year terms, meaning she has full-filled her commitment on the Advisory Council.

A nomination was made to elect Penny Kelley as Vice Chair. Penny accepted the nomination. No other nominations were made. Ashlee Rathbun moved to elect Penny as Vice Chair. Eric Weiss seconded the motion. All approved. Motion carried.

VII. Vacant Positions

Jennifer Humphrey reported that with the restructuring of membership, the following positions are currently vacant.

1 Community Mental Health Center.

3 Adult with serious mental illness or in recovery from a substance use disorder or both.

1 Family member or caregiver of an adult with serious mental illness or in recovery from a substance use disorder or both.

1 Family member or caregiver of a child with serious emotional disturbance or substance use disorder or both.

1 Representative of a federally recognized tribe.

1 Contracted provider who provides recovery support, peer support or crisis services.

The Advisory Council agreed that Jennifer will create a form for interested persons to

complete and submit to the division for the Advisory Council's consideration. Jennifer will make the form available to the Advisory Council, providers and other interested stakeholders to assist in soliciting the vacant positions.

VIII. Open Discussion/Council Member Updates

No open discussion or council member updates were received.

IX. Public Comment / Testimony

No public comment or testimony was received.

X. Future Meetings

- Wednesday, June 26, 2024 - In Person (TBD)
- Wednesday, November 30, 2024 - Virtual

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

XI. Adjourn

Meeting adjourned.

DRAFT