

**Behavioral Health Advisory Council**  
**Pierre, South Dakota**  
June 9, 2022

**Advisory Council Members Present**

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|---|--|
| 1. Dianna Marshall, DRSD                      | 12. Penny Kelley, Family Member          |
| 2. Matt Glanzer, Recovery from SUD            | 13. Kristi Bunkers, DOC                  |
| 3. Rosanne Summerside, Family Member          | 14. Lorraine Polak, SDHDA                |
| 4. Rebecca Cain, DOE                          | 15. Bryan Harberts, PRTF Representative  |
| 5. Karen Severns, IHS                         | 16. Kara Graveman, Prevention Provider   |
| 6. Melanie Boetel, DBH Representative         | 17. Jason Lillich, SUD Director          |
| 7. Angie Dammer (Chair), Family Member        | 18. Dominique Tigert, Family Member      |
| 8. Ashlee Rathbun (Vice-Chair), Family Member | 19. Joanne Hairy Shirt, Family Member    |
| 9. Christie Lueth, Mental Health Professional | 20. Angela Murphy, Adult living with SMI |
| 10. Chuck Frieberg, UJS                       |  |
| 11. Eric Weiss, Rehabilitation Services       |  |

**Advisory Council Members Absent**

- |                                       |   |
|---------------------------------------|---|
| 1. Pamela Bennett, DSS Representative | 3. Jon Sommervold, Adult in recovery from SUD |
| 2. Wendy Figland, Family Member       | 4. Faith Goehring, Adult Living with SMI      |

**Behavioral Health Staff Present**

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| 1. Jennifer Humphrey | 2. Lily Breems |
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**Others in Attendance**

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| 1. Stephanie Kuhnel | 2. Phyllis Arends |
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**Purpose**

The purpose of the Advisory Council shall be to guide the Division of Behavioral Health with the planning, coordination, and development of the state comprehensive behavioral health services plan. The Advisory Council shall advocate on behalf of persons served to ensure their highest attainable degree of independence, productivity, community integration and quality of services. The Advisory Council will also advise the Division of Behavioral Health on statewide treatment, prevention, and rehabilitation needs within the current behavioral health system.

**Minutes:**

**I. Call to Order / Welcome and Introductions**

June 8, 2022 the Behavioral Health Advisory Council meeting was called to order by Chair, Angie Dammer. Jennifer Humphrey took attendance.

**II. Review and Approval of Meeting Minutes**

The Advisory Council reviewed the March 2022 meeting minutes. Dianna Marshall moved to

approve. Bryan Harberts seconded the motion. Motion carried, all approved.

### **III. Membership**

#### Expiring Terms (10/30/22)

Jennifer Humphrey announced the following members whose terms expire 10/30/22. All are eligible for reappointment and have been submitted to Governor Noem for her consideration.

Bryan Harberts, representative of a psychiatric residential treatment program

Penny Kelley, family member of a child who is or has received services from a psychiatric residential treatment facility.

Rosanne Summerside, family member of an adult with serious mental illness and a member of a mental health advocacy organization.

Angie Dammer, family member of a youth with serious emotional disturbance; preference representing youth 12-18.

Matt Glanzer, adult in recovery; preference 18-29.

#### Vacant Positions

Jennifer Humphrey announced the following vacant positions and the nominations submitted to Governor Noem for her consideration.

Director of CMHC. Vacated by Linda Reidt Kilber, Behavior Management Systems in Rapid City. Nomination is Kari Johnston, Human Service Agency in Watertown.

Family member of a child with serious emotional disturbance with a preference for a family member representing a child between the ages of 5-12. Vacated by Jane Grant. Nomination is Lorie Seeking Land.

Youth with serious emotional disturbance and/or substance use disorder or a youth with a sibling with serious emotional disturbance and/or substance use disorder. Vacated by Emily Erickson. Nomination is Addison Prudich.

A certified or licensed substance use disorder provider who provides direct services at a community agency (not a center director). Vacated by Christy Alten-Osmera. Nomination is Amanda Welchel, Pennington County Sheriff's Office Addiction Treatment Services.

Department of Education designee. Vacated by Teresa Rowland. Interim nomination is Rebecca Cain, Administrator of the Office of Student Wellness and Support.

#### Bylaws

Jennifer Humphrey shared with the Advisory Council an individual who was interested in membership. The individual works at a South Dakota-based substance use disorder provider contracted with the state. However, their personal residence is out of state. Bylaws state that "Advisory Council members shall be residents of the state". The Advisory Council agreed that bylaws should be amended allowing eligibility for membership to nonresidents who work at a South Dakota-based community behavioral health provider contracted with the state. Jennifer Humphrey will verify if this is acceptable and in accordance with block grant federal laws prior to the next meeting.

### **IV. Human Services Center (HSC) Update**

On behalf of Jeremy Johnson, HSC Administrator, Melanie Boetel shared the following update.

HSC continues to make progress on strategic goals identified as a result of the consultant work completed by the Western Interstate Commission for Higher Education (WICHE). One goal is to continue to strengthen and develop the teams within each program. Programs are evaluating, planning, and implementing focused trainings specific to the needs of individuals served. These trainings will continue to bring best practices to services provided and better job satisfaction to staff. Recently, the Adolescent Program began staff training on Trauma Informed Care.

Another goal is ensuring the right level of care is available when ordered by the court for restoration to competency. In the community HSC has made significant strides forward in partnerships with community mental health and jail based providers in Minnehaha and Pennington Counties to provide restoration to competency services to individuals charged with a crime who are in need of assistance in regaining the ability to understand the court processes and assist in their own defense.

Through increased staff hiring and recruitment incentives along with the availability of walk-in interviews, HSC has seen advancements in hiring on campus, especially in the areas of mental health aides and associates. Hiring for registered nurses continues to be a challenge.

### **Division of Behavioral Health Update**

#### Behind the Curtain

Melanie Boetel provided an overview of the aggregate data collected from the “Behind the Curtain” informational webinars series hosted by the Division beginning in FY22.

In FY23, a “Beyond the Curtain” webinars series will occur quarterly, beginning July 17, 2022 with “How Do I Help?”. The next webinar will take place in October 2022 presenting on FY22 Data and Outcomes. January 2023 is tentatively planned to present on “When Someone Doesn’t Know They Need Help” and April 2023 is also tentatively planned to present on “Services Beyond Traditional Treatment”.

The Advisory Council was asked if they have any suggestions on topics. Kara Graveman suggested outlining the steps an individual would take after having a drug and alcohol assessment completed. Christy Lueth suggested homelessness in South Dakota and coordinating care and talking to providers. Jason Lillich suggested crisis intervention and response.

The Advisory Council was asked if they have any suggestions on how to broaden the reach of these webinars. Jason Lillich suggested reaching out to community mental health nurses. Kristi Bunkers suggested K-12 education counselors and universities. Joanne Hairy Shirt suggested the National Association of Social Workers.

#### Supportive Services- Staff Changes

Melanie Boetel announced Tiffany Weidner’s departure as Program Manager overseeing Supportive Services and Gretchen Stai’s promotion into that role. A new FTE was added to the Supportive Service’s team. It is a Program Specialist I position supporting peer support services, intensive case management and supported housing for substance use disorders. The Division is currently working towards hiring for the new position and Gretchen’s old position.

### Pilot Programs - Peer Support Services for Mental Health & Intensive Case Management for Substance Use Disorders

Melanie Boetel shared that four community mental health centers are participating in a pilot to develop and implement mental health peer support services in FY23. Biweekly meetings begin June 23<sup>rd</sup> with the pilot centers.

In 2020, the Division received technical assistance from Myers and Stauffer to research peer support models, including programs currently operating in states similar to South Dakota. Details regarding staff, certification and training are still being worked through. Dianna Marshall suggested reaching out to the Association of South Dakota Peer Supporters located in Belle Fourche.

Three substance use disorder treatment agencies are participating in the pilot for Intensive Supportive Services (ISS) aka intensive case management services for substance use disorders. The Division has begun meeting biweekly with the pilot agencies.

### RFP#2455 Behavioral Health Media Planning Strategy & Awareness Campaign

Jennifer Humphrey announced that the scoring process was completed for RFP#2455 and oral presentations took place May 4<sup>th</sup>-5<sup>th</sup>. The review team has been following up with vendors with additional questions. The Division may leverage council members as part of a stakeholder group in this effort once a vendor is awarded.

For more information, visit: <https://dss.sd.gov/keyresources/rfp.aspx>.

### RFP#2759 Appropriate Regional Facilities (ARFs)

Jennifer Humphrey announced that RFP#2759 was published May 24<sup>th</sup>. This is to solicit proposals for the construction of new and the expansion of existing ARFs across the state. Proposals are due July 19<sup>th</sup>.

For more information, visit: <https://dss.sd.gov/keyresources/rfp.aspx>.

### Workforce Development

Melanie Boetel announced that the Division is completing a Professional Services Work Order to retain a consultant to support workforce development efforts, beginning with a landscape analysis.

The Advisory Council was asked what areas they would like to see addressed around this effort. Bryan Harbert discussed how to combat the issues of not having the perfect wage, incentives or hours. Becky Cain sees the profession moving towards the understanding of it being more of a "helping" field.

### WBSAY (Well-being for school-aged Youth) Collaborative

Melanie Boetel shared that the Division meets monthly with the Department of Education, Health and Public Safety, as well as the University of South Dakota's Center for the Prevention of Child Maltreatment and School Psychology Program to collaborate on the various initiatives, programs and efforts each entity offers to support schools with training and resources.

### Behavioral Health Fiscal Update

Melanie Boetel provided an overview of the FY22 Quarter 3 expenditures in the areas of substance use treatment and mental health services. In the area of contracted Mental Health Services under First Episode Psychosis, a discrepancy in the amount expended in Quarter 3 was noted. An update with the correction will be provided.

### Behavioral Health Fiscal – Staff Changes

Melanie Boetel announced that Michelle Rose came on board May 9<sup>th</sup> from the Department of Education's finance area. She will be focusing primarily on prevention finance areas.

### 988 State Cooperative Agreement

Melanie discussed the 988 State Cooperative Agreement awarded in April. It is a two year grant ending in April 2024. South Dakota received a total of \$250,000 for the two-year period. The award is designed to aid states in 988 implementation with a minimum of 85% of the award needing to go to the state's National Suicide Prevention Lifeline. In South Dakota, that is the Helpline Center. The Helpline has received funding from this grant to hire additional staff needed to support 988 implementation. If the Advisory Council is interested, Stacy Bruels and Janet Kittams may present on 988 and crisis services in South Dakota either before July 16<sup>th</sup> or at the next Advisory Council meeting in August. Jennifer Humphrey will create a doodle poll to obtain the Advisory Council's preference to when the presentation should be held.

## **V. Office of Prevention Services Update**

### Structural Changes

Melanie Boetel announced that an additional Program Specialist II position was added. The Office of Prevention Services will have two comparable arms; one focusing on substance use prevention services and the other focusing on crisis services, including 988 and suicide prevention; each with a program manager and one staff.

### Prevention Strategic Planning work order

Melanie Boetel announced that the Prevention team has engaged with Guidehouse to develop a prevention strategic plan and logic model to help elevate and enhance prevention services. Currently, Guidehouse has provided updates on prevention structure in other states and is working to develop questions for stakeholder interviews and listening sessions.

### MHAT - Mental Health Awareness Training Grant

Melanie Boetel reported that the Office of Prevention Services has been working with NAMI on providing Ending the Silence and Say It Out Loud to schools. Over the summer, the Prevention Resource Centers will be working with the National Association of Peer Program Professionals to review best practices and the Natural Helper curriculum that the Human Service Agency has implemented to ensure the curriculum aligns with best practices. The goal would be to implement Natural Helpers as a Peer Helper curriculum in six schools next year. The Office of Prevention Services is working with Department of Education as well on what types of materials can the trainers provide to the schools to increase access and awareness of mental health.

The Advisory Council was asked if anyone knows of any needs from schools that could be incorporated as a resource or if there is a specific area where additional training is needed. Christy Lueth reported truancy as a problem in the Sioux Falls school district and that the Department of Education is working on an attendance campaign. Becky Cain discussed the attendance campaign and shared information about CAST (Coping and Support Training), a school-based small counseling program for at risk-youth.

### Suicide Prevention

Melanie Boetel reported that the Office of Prevention Services has been working with the Department of Health, Education, and Public Safety on Youth Mental Health First Aid (YMHFA) training and coordination for schools. Volunteers of America is also being provided support in coordinating a training of trainers for Teen Mental Health First Aid, which will also be implemented in coordination with Department of Health. YMHFA teaches adults the signs

and symptoms of mental illness in youth, and when to seek help. Teen Mental Health First Aid (Teen MHFA) focuses on teaching youth to identify signs and symptoms in peers and seeking help. To implement Teen MHFA, a school must have 10% of adults trained in YMFA to assist the youth who receive Teen MHFA.

The Office of Prevention Services in collaboration with other state entities are hosting a suicide prevention conference “Start The Conversation” August 11<sup>th</sup>-12<sup>th</sup> in Sioux Falls. Several national speakers as well as local experts on suicide prevention will be presenting. Key speakers will be featured in the areas of veterans, youth, tribal communities, resiliency, and the general population as well as those with lived experience of suicide loss or survival.

For more information, visit: <https://sdsuicideprevention.org/events/add-event/suicide-prevention-conference/>

To register, visit: <https://www.eventbrite.com/e/start-the-conversation-2022-suicide-prevention-conference-registration-337315709367>

#### Strategic Prevention Framework-Partnership for Success (SPF-PFS) Grant

Melanie Boetel reported that the Substance Abuse and Mental Health Services Administration released a new iteration of the SPF-PFS grant. The grant allows focus on substances as well as mental health promotion. The Prevention team is working on the grant application, which is due Monday, June 13<sup>th</sup>. The application will be written to focus on the “desert” areas for prevention as well as the high risk areas including those identified by the Department of Health’s Vulnerability Assessment and to build upon the work done by the Communities That Care. Mental health promotion activities across the state for existing coalitions and focus on alcohol as well as marijuana for substances will be included. The Prevention team’s intention is to add coalitions in the “desert” areas and ideally an additional prevention resource center.

## **VI. Open Discussion/Council Member Updates**

### South Dakota Housing Development Authority

Lorraine Pollak announced that SDHDA continues to support temporary rental and/ or utility assistance for SD residents meeting eligibility requirements. Recently, home mortgage assistance became available. Also, additional funding through the American Rescue Plan Act is being used for the development of permanent supportive housing and non-congregate shelters for homeless populations. For more information, visit: <https://www.sdhda.org/> or contact Lorraine at [lorraine@sdhda.org](mailto:lorraine@sdhda.org).

The 16<sup>th</sup> annual statewide Homeless Summit is taking place June 14<sup>th</sup>-15<sup>th</sup> at Arrowwood Resort in Oacoma.

The 2022 Point-In-Time Homeless Count was completed January 25, 2022. To view the results, visit: <https://www.sdhda.org/housing-for-the-homeless/public-awareness/homeless-counts>.

Rural Health Care, Inc.

Penny Kelley announced that health insurance open enrollment begins November 1<sup>st</sup>, with special enrollment periods occurring. For more information, contact Penny at [penny.kelley@ruralhc.net](mailto:penny.kelley@ruralhc.net) or 605-223-2200. You also visit <https://communityhealthcare.net/get-covered-sd/>.

**VII. Public Comment / Testimony**

No public comment or testimony received.

**VIII. Future Meetings**

The next meeting will take place via Zoom on Wednesday, August 10, 2022 from 1:00-4:00 p.m. CT.

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

**IX. Adjourn**

Dianna Marshall made a motion to end the meeting. Kara Graveman and Chuck Frieberg seconded the motion. Motion carried, all approved.