

**Behavioral Health Advisory Council  
Pierre, South Dakota**

**June 9, 2021**

<b>Advisory Council Members Present:</b>	Roseann Peterson-Olson (Vice-Chair)	Dianna Marshall
	Joyce Glynn	Christie Lueth
	Ashlee Rathbun	Karen Severns
	Kristi Bunkers	Belinda Nelson
	Wendy Figland	Chuck Frieberg
	Linda Reidt-Kilber	Angie Dammer
	Eric Weiss	Emily Erickson
	Teresa Rowland	Pamela Bennett
	Melanie Boetel	Penny Kelley
	Rosanne Summerside	Angela Murphy
	Joanne Hairy Shirt	Bryan Harberts
		Christy Alten-Osmera

<b>Advisory Council Members Absent:</b>	Lorraine Polak	Ellen Washenberger
	Matt Glanzer	Jane Grant (Chair)
		Jon Sommervold

<b>Behavioral Health Staff Present:</b>	Jana Boocock	Jennifer Humphrey
	Tessia Johnston	Stacy Bruels
	Katie Demaray	Colleen Beyer
	Lily Breems	Melissa Renes
		Christian Heilman

**Others in Attendance:**

**Purpose**

The purpose of the Advisory Council shall be to guide the Division of Behavioral Health with the planning, coordination, and development of the state comprehensive behavioral health services plan. The Advisory Council shall advocate on behalf of persons served to ensure their highest attainable degree of independence, productivity, community integration and quality of services. The Advisory Council will also advise the Division of Behavioral Health on statewide treatment, prevention, and rehabilitation needs within the current behavioral health system.

**Minutes:**

**I. Call to Order / Welcome and Introductions**

June 9, 2021 the Behavioral Health Advisory Council meeting was called to order by Melanie Boetel, acting on behalf of Vice-Chair, Roseann Peterson-Olson. Jennifer Humphrey took attendance.

## II. **Review and Approval of Meeting Minutes**

The Advisory Council reviewed the March 2021 meeting minutes. Eric Weiss moved to approve. Karen Severns seconded the motion. Motion carried, all approved.

## III. **Membership**

Jennifer Humphrey provided an overview of the current membership.

### New Appointments

Joanne Hairy Shirt was appointed to fill Kara Assid's position which is a family member of a youth with a serious emotional disturbance and co-occurring substance use disorder.

### Expiring Terms – 10/30/21

Joyce Glynn is a representative of an accredited prevention provider. Joyce has served two consecutive three-year terms.

Belinda Nelson is a Director of a Substance Use Disorder Treatment provider. Belinda has served two consecutive three-year terms.

Ellen Washenberger is a family member of an adult with a serious emotional disturbance with a preference for a family member of an individual between the ages of 18-29. Ellen has served two consecutive three-year terms.

Roseann Peterson-Olson is an adult with a serious mental illness who has or is receiving services. Roseann has served two consecutive three-year terms but did indicate that if the Advisory Council has difficulty filling her position, she would be interested in serving again.

Wendy Figland is a family member of a child with a serious emotional disturbance with a preference for a family member representing a child between the ages of 5-12. Wendy is interested in reappointment; however, her child is no longer in the age preference. The Advisory Council agreed to Wendy's interest in reappointment.

Christy Alten-Osmera is a certified or licensed substance use disorder treatment provider who provides direct services at a community agency (not a center director). Christy is interested in reappointment.

Jennifer Humphrey requested the assistance of the Advisory Council in seeking interested persons for the positions which have termed out. Nominations must be prepared for the Governor's consideration by the end of August.

## IV. **Human Services Center (HSC) Update**

Shawn Hamilton, Director of Clinical Services, provided an update to HSC's patient census on June 16, 2021. Currently there are 26 patients on the Adult Acute Unit, four on the Intensive Treatment Unit, and 15 on the Adolescent Admissions Unit. HSC has four adult beds open, however, that number frequently fluctuates. Two adolescent units were combined due to having a lower census and staffing constraints. It is common during the summer months to see a decrease in referrals.

## **V. Division of Behavioral Health Update**

### Fiscal Reports

Stacy Bruels provided an overview of the 3<sup>rd</sup> quarter report for Fiscal Year 2021 regarding the amount expended for contract and Medicaid services by area.

### 2022-2023 State Plan

Melanie Boetel sought feedback from Advisory Council members on the drafted 2022-2023 State Plan (Combined Biannual Substance Abuse, Treatment and Prevention Block Grant and Mental Health Block Grant application). Discussion involved the Planning Steps, Environmental Factors and Plan and Priority Areas and Annual Performance Indicators. Feedback shared was collected and will be incorporated into the State Plan draft. Advisory Council members were encouraged to share the draft with other stakeholders and to contact Jennifer Humphrey with any further feedback or questions prior to the next meeting August 11<sup>th</sup>. At that time, the Advisory Council will review any updates to the application and consider their letter of endorsement. The application is due for submission to the Substance Abuse and Mental Health Services Administration September 1<sup>st</sup> and must be posted for public comment at least 30 days prior to submission.

### 988 Planning Grant

Melanie Boetel and Tessia Johnston announced that four sub-work groups of the 988 Stakeholder Coalition have been identified to help ensure the eight core foundations of the 988 Planning Grant are met. The Lived Experience and Diversity/Geographical Consideration sub-work groups will focus on what is needed to best support South Dakotans. The Crisis Response and 911/988 Intercommunication sub-workgroups will focus on how to make 988 work in South Dakota. For more information please see: <https://dss.sd.gov/behavioralhealth/grantinfo.aspx>. Meeting notes and session recordings are available at this site.

### Behavioral Health Voucher Program

Melanie Boetel announced direct service delivery is being facilitated through the Behavioral Health Voucher Program (BHVP), which provides treatment and recovery support cost assistance to eligible youth, families, and adults. Enrolled providers may be contracted or private to give individuals and families more options to choose. Vouchers can be issued by Helpline Center or by participating providers for those that meet financial and grant eligibility. For more information please see: <https://dss.sd.gov/behavioralhealth/services.aspx>.

### 605 Strong - Crisis Counseling Program Grants

Melanie Boetel shared that the 605 Strong teams at Lutheran Social Services and the Helpline Center have collaborated to provide a variety of webinar events, which may be attended live and accessed via the 605strong.com website. <https://www.605strong.com/>.

### Block Grant Supplemental Funds

Stacy Bruels announced that the Coronavirus Response and Relief Supplemental Appropriations Act funding for the Substance Abuse Prevention and Treatment (SAPT)

and Mental Health Block Grants has been released. The Division received \$5, 662,944 for the SAPT Block Grant and \$1,782,520 for the Mental Health Block Grant. On April 12<sup>th</sup> the Division submitted a proposal to SAMHSA describing the utilization of those funds based on recommendations from the needs and gaps analysis completed by Human Services Research Institute fall of 2020. A response is pending from SAMHSA. This one-time funding is available from March 15, 2021 through March 14, 2023.

The American Rescue Plan Supplemental funding for the SAPT and Mental Health Block Grants has been released. The Division received \$4,890,725 for the SAPT Block Grant and \$3,078,898 for the Mental Health Block Grant. The Division must submit a proposal outlining the intended use of the funds by July 2, 2021. This one-time funding is available from September 1, 2021 through September 30, 2025.

#### Department of Health – Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training

Melanie Boetel shared that the Mountain Plains Addiction Technology Transfer Center (ATTC) provided two SBIRT trainings to the Department of Health, Child and Family Services. In addition, the ATTC also provided training on how to use the PHQ-9 screenings for the WIC (Women, Infants and Children) program and community health office staff as they begin implementation of screening for depression in those offices.

## **VI. Office of Prevention Services Update**

Tessia Johnston provided the following updates.

#### Screening, Brief Intervention, and Referral to Treatment (SBIRT) Grant

The Division contracted with Nick Oyen, Sage Consultants, to continue to work on soliciting applications for the [SBIRT Mini Grant](#) opportunity. A letter informing all primary care clinics of the funding opportunity was sent this spring.

Contracted primary care clinic Avera McKennan is exploring the implementation of SBIRT into their Emergency Departments.

Since the SBIRT grant began, through April 30, 2021, there have been 36,585 screenings completed, with 2,187 clients screening positive and 918 clients receiving either a Brief Intervention, Brief Treatment or Referral to Treatment intervention. For more information please see: <https://dss.sd.gov/behavioralhealth/grantinfo.aspx>.

#### National Strategy for Suicide Prevention Grant

The Youth Follow-Up Program provides follow-up calls to youth ages 10-24 hospitalized for suicidal ideation or attempt at any of the four inpatient behavioral health units in South Dakota. Since the inception of the Follow-Up program, through May 31, 2021, 1,908 youth have been enrolled. The Youth Follow-Up program was originally supported by the youth suicide prevention grant but is now supported by state general funds.

The Adult Follow-Up Program, which was adapted from the Youth Follow-Up Program, began in November of 2020, and provides follow-up calls to adults age 25 and older hospitalized for suicidal ideation or attempt at any of the four inpatient behavioral health units in South Dakota. Through May 31, 2021, 439 adults have been enrolled. The funding source for this program is the federal grant, National Strategy for Suicide Prevention Grant.

The Division continues to support mental health promotion and suicide prevention training at no-cost in South Dakota. In Fiscal Year 2021, the Division supported 45 suicide prevention and mental health awareness trainings, training 593 individuals. Trainings that have been supported include Mental Health First Aid, Youth Mental Health First Aid, Question Persuade and Refer, and Applied Suicide Intervention Skills Training. To request a training please see: <https://sdsuicideprevention.org/get-help/request-training/>.

#### State Opioid Response Grant

Education on proper medication storage and disposal continues to be a top priority. So far in Fiscal Year 2021 there has been 7,635 pounds of medication collected for destruction, bringing the total to 16,167 pounds since the program's inception.

The Drug Enforcement Administration's National Take-Back Day took place on April 24<sup>th</sup>. 1,651 pounds of medication were collected for destruction through participating law enforcement locations.

DisposeRx packets continue to be utilized. In Fiscal Year 2021, 280 packets have been mailed to individuals to safely dispose of medications at home. In addition, since April 2021, 429 medication lock boxes have been mailed to individuals to safely secure their medication.

Due to COVID-19, Boys and Girls Clubs of America have remained in various stages of implementing Positive Action curriculum to youth in after school care in Fiscal Year 2021, however they have continued to have positive outcomes at the clubs providing the curriculum. In SFY21 (through April), 816 youth have been enrolled in Positive Action, and 387 youth have successfully completed the entire programming.

A free naloxone online training on how to recognize and respond to an opioid overdose and the proper protocol for administering naloxone was successfully launched to the Desire2Learn platform, allowing easier access to the training in an electronic learning management system.

The Department of Social Services continues to partner with the Department of Health, Office of Rural Health to educate, train and equip emergency medical service personnel and other first responders on how to recognize an opioid overdose, and the use of Naloxone. In Fiscal Year 2021 1,549 NARCAN® kits were distributed to individuals trained in OEND (Overdose Education and Naloxone Distribution) and 1,592 kits were purchased. There were 452 doses administered to individuals with 191 improved responses.

In April 2021, the Avoid Opioid website saw the highest visits in a month since the site launched in 2018. This was the 19<sup>th</sup> month in a row that website visits have surpassed previous year levels. In Fiscal Year 2021, there have been 27,822 website visits. Broadcast media continues to air, and the total number of spots aired so far is 7,815.

The Resource Hotline continues to be staffed 24/7 for free confidential support and connection to services and/or resources. There have been 261 phone calls received in Fiscal Year 2021. Care Coordination calls continue to increase every month.

Bethany Christian Services of Western South Dakota currently have 19 active clients. In April, there were 10 program referrals, personal outreach by Bethany staff to 65 referral sources and stakeholders, 10 community meetings attended by Bethany staff, and three community presentations.

The Oxford House opened a new house in Sioux Falls on May 6, 2021. It is a men's house and has eight beds available. This brings the total number of houses so far to six with 56 beds. In April it was reported that 78% of the members are currently employed.

The University of South Dakota concluded their seven-session series on Recovery Support on 4/28/21. Project ECHO (Extension for Community Healthcare Outcomes) recorded a total of 444 individuals attending the series sessions. The participants provided weekly responses to the question "Was this session helpful," each of the seven sessions recorded 100% satisfaction.

The Department of Social Services currently contracts with four MAT (Medication-Assisted Treatment) providers to expand access to MAT statewide through office-based and telemedicine-based care.

In partnership with the Department of Health, the Office of Prevention Services is working to update the statewide strategic plan related to opioid abuse prevention, recovery, treatment, and response services. A stakeholder survey was sent out in April, and the results are being evaluated. The next Opioid Abuse Advisory Committee meeting is on July 13<sup>th</sup> from 9am – 12pm CST.

For more information on state opioid efforts please see:  
<https://www.avoidopioidsd.com/>.

**VII. Open Discussion/Council Member Updates**

No open discussion or updates received.

**VIII. Public Comment / Testimony**

No public comment or testimony received.

**IX. Future Meetings**

The next meeting will take place Wednesday, August 11, 2021 from 1:00-4:00 p.m. CT. The Advisory Council agreed to hybrid meetings to allow in-person or the option of participating virtually if needed.

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

**X. Adjourn**

Roseann Peterson-Olson made a motion to end the meeting. Karen Severns seconded the motion. Motion carried, all approved.