



NAMI South Dakota is a non-profit organization dedicated to improving the lives of persons affected by mental illness.

Online Resources Available

Due to Covid-19 all NAMI SD activities are currently offered online for your safety. Please go to our website or Facebook page for more information or to register.

www.namisouthdakota.org

Online Support Groups

NAMI Connections Support Group

Every Wednesday 5:30-6:30pm (CST)

Every Thursday noon-1pm (CST)

NAMI Family Support Group

1st & 3rd Sunday 6:00-7:00pm (CST)

Online Presentations

-NAMI Ending the Silence

A presentation that teaches students, staff, and parents about the warning signs of mental health conditions and offers resources on how to help a friend.

-NAMI In Our Own Voice

A presentation led by two adults living with a mental health condition who share their story about recovery.

Additional Resources

Helpline

Dial 2 -1- 1

Suicide Prevention Helpline

1-800-273-8255

NAMI Helpline

1-800-950-6264

NAMI Texting line

text NAMI to 741741

Online Education Classes

-NAMI Basics

A free, 6-class education program for parents and caregivers of children and teens who are experiencing symptoms of a mental illness or who have already been diagnosed.

-NAMI Family-to-Family

A course designed for loved ones of adults who have been diagnosed with a mental illness.

Online Wellness Activities

We have a variety of online wellness activities each month. Some include:

- Story Stitch
- Wellness Breath Sessions
- Wellness Writing Workshops

To see a list and register for NAMI SD wellness activities go to www.namisouthdakota.org or the NAMI South Dakota Facebook page.



Listen to our weekly Why We NAMI podcast on your favorite podcast app or at namisouthdakota.org.

Fiscal Year 2020



**Behavioral Health
Treatment Services
in South Dakota**

Stakeholder Survey Results

Stakeholder Survey Results

- **Community needs.** Ninety-two percent of behavioral health stakeholders reported publicly funded behavioral health agencies are responsive to the needs within the community.



92%

Behavioral health agencies are responsive to the needs within the community

- **Location convenience.** Eighty-nine percent of stakeholders reported the location of behavioral health services is convenient for clients.



89%

Location of behavioral health services is convenient for clients.

- **Quality of services.** Eighty-nine percent of stakeholders reported publicly funded behavioral health agencies provide quality services.



89%

Community behavioral health agencies provide quality services

- **Client needs.** Ninety-two percent of stakeholders reported publicly funded behavioral health agencies support the needs of their clients.



92%

Community behavioral health agencies support the needs of their clients

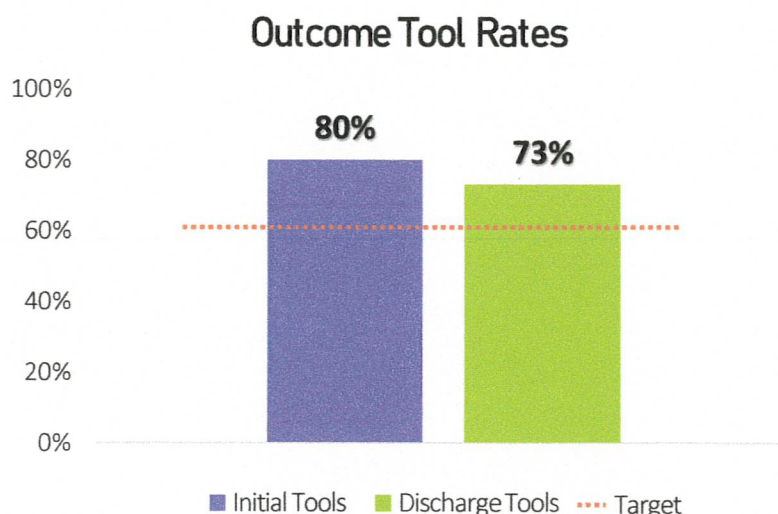
Adult Substance Use Disorder Services

Adult Substance Use Disorder Services

RETURN RATES

- Outcome tool return rates.**

Across all types of adult SUD treatment services, agencies achieved an 80% return rate for initial outcome tools and 73% return rate for discharge outcome tools, both exceeding the 60% target.



DISCHARGE RATES

- Clients discharged from treatment.**

Seventy-five percent of clients completed treatment, exceeding the national average of 30%. Twelve percent of clients left against professional advice, and 4% of clients were terminated by the facility.

Discharge Reasons	State Average	National Average
Treatment Completed	75%	30%
Left Against Professional Advice	12%	41%
Terminated by Facility	4%	5%

GENERAL SATISFACTION

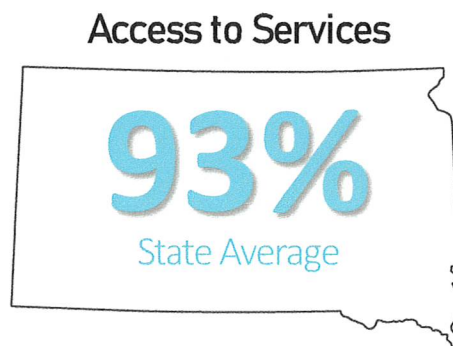
- Overall satisfaction with treatment services received.**

Ninety-four percent of clients served reported general satisfaction with services.



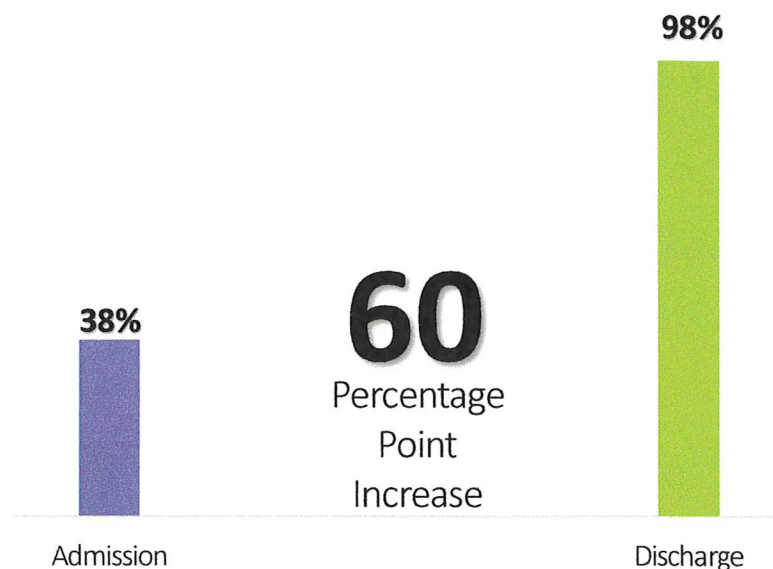
ACCESS TO SERVICES

- **Perception of the ease and convenience of treatment services received.** Ninety-three percent of clients served reported ease and convenience when accessing treatment services.



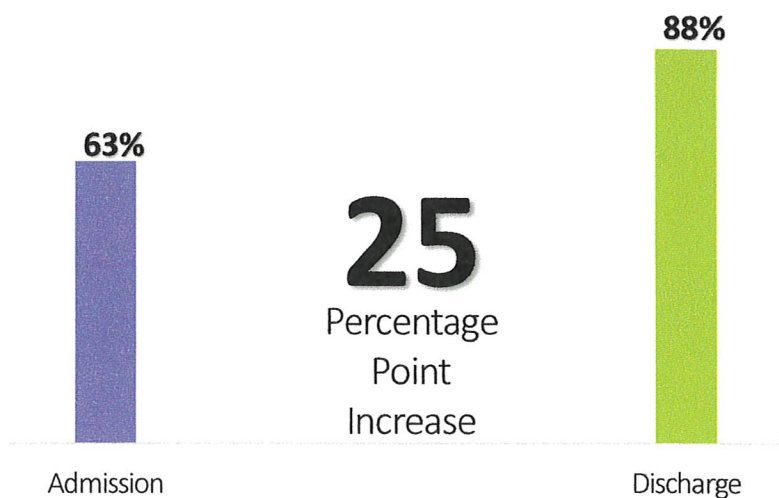
ABILITY TO CONTROL SUBSTANCE USE

- **Client-reported ability.** Ninety-eight percent of clients served reported the ability to control their substance use at discharge, compared to 38% at admission.



MOTIVATION TO NOT USE SUBSTANCES

- **Client-reported motivation.** Eighty-eight percent of clients served reported motivation to not use substances at discharge, compared to 63% at admission.



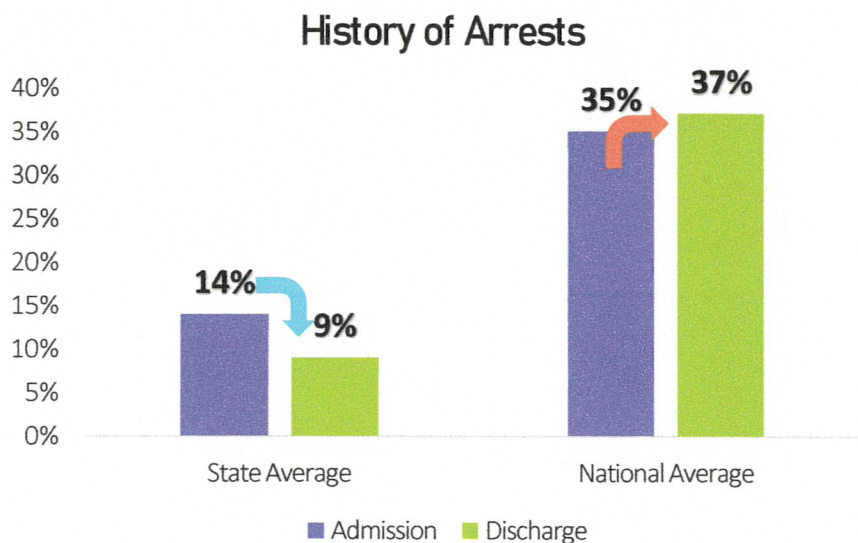
EMPLOYMENT

- **Clients who reported employment.** Twenty-seven percent of clients served reported employment at discharge, compared to 23% at admission, which exceeds the national average of 19%.



HISTORY OF ARREST

- **History of arrests.** At discharge, 9% percent of clients served reported an arrest within the last 30 days, compared to 14% at admission, which are below the national averages.



NIGHTS IN A CORRECTIONAL FACILITY

- **Clients who reported nights spent in a correctional facility.** At discharge, 19% percent of clients served reported at least one night spent in a correctional facility within the last 30 days, compared to 42% at admission.

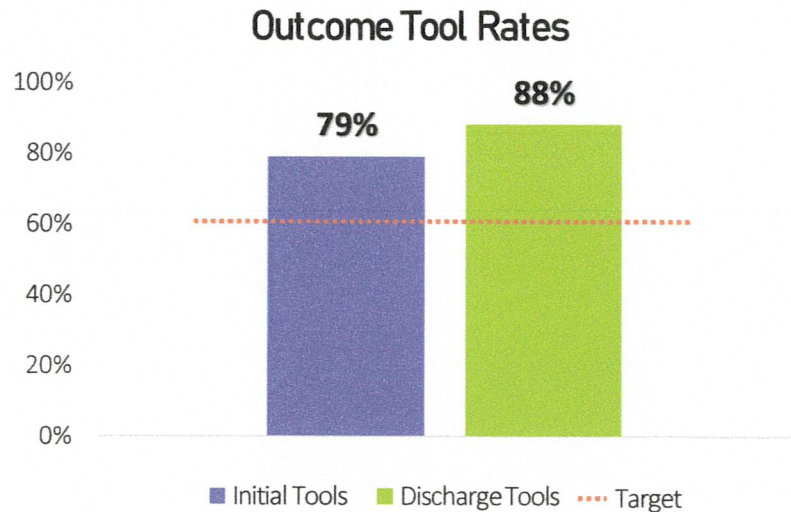


Intensive Methamphetamine Treatment Services

Intensive Methamphetamine Treatment Services

RETURN RATES

- **Outcome tool return rates.** Agencies achieved a 79% return rate for initial outcome tools and an 88% return rate for discharge outcome tools, both exceeding the 60% target.



DISCHARGE RATES

- **Clients discharged from treatment.** Thirty-five percent of clients completed treatment, which is above the national average of 30%. Thirty-seven percent of clients left against professional advice, and 5% of clients were terminated by the facility.

Discharge Reasons	State Average	National Average
Treatment Completed*	35%	30%
Left Against Professional Advice	37%	41%
Terminated by Facility	5%	5%

GENERAL SATISFACTION

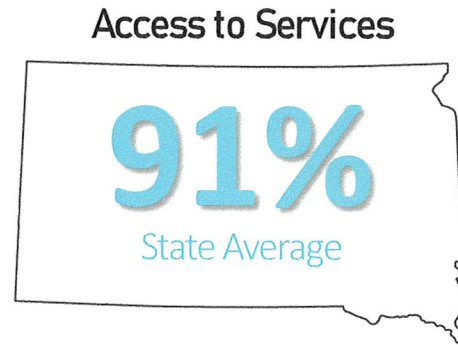
- **Overall satisfaction with treatment services received.** Ninety-two percent of clients served reported general satisfaction with services.



INTENSIVE METHAMPHETAMINE TREATMENT SERVICES

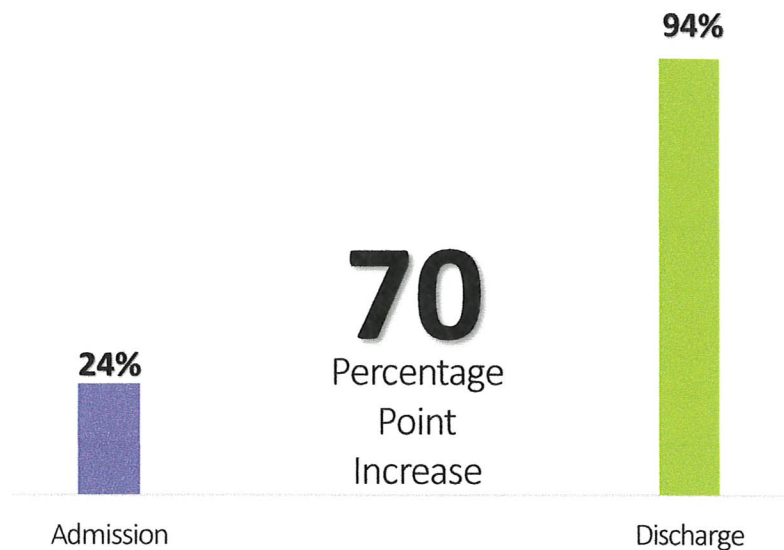
ACCESS TO SERVICES

- **Perception of the ease and convenience of treatment services received.** Ninety-one percent of clients served reported ease and convenience when accessing treatment services.



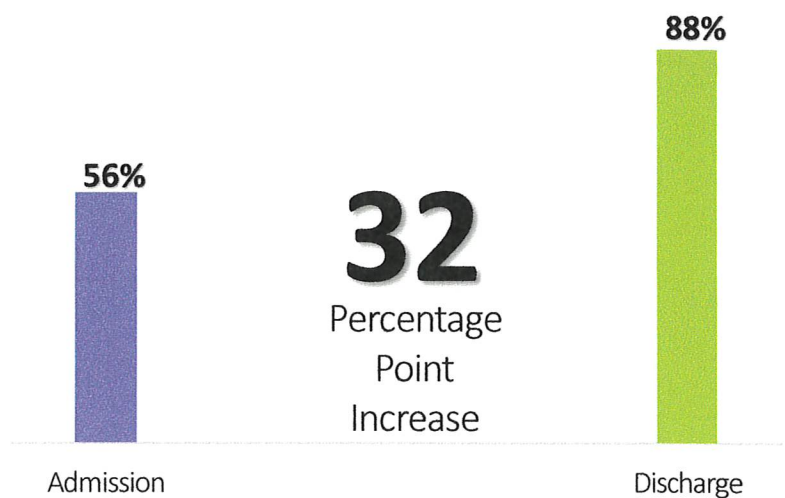
ABILITY TO CONTROL SUBSTANCE USE

- **Client-reported ability.** Ninety-four percent of clients served reported the ability to control their substance use at discharge, compared to 24% at admission.



MOTIVATION TO NOT USE SUBSTANCES

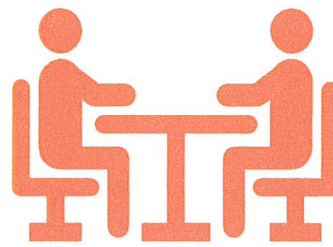
- **Client-reported motivation.** Eighty-eight percent of clients served reported motivation to not use substances at discharge, compared to 56% at admission.



INTENSIVE METHAMPHETAMINE TREATMENT SERVICES

EMPLOYMENT

- **Clients who reported employment.** Thirty-eight percent of clients served reported employment at discharge, compared to 7% at admission, which exceeds the national average of 19%.

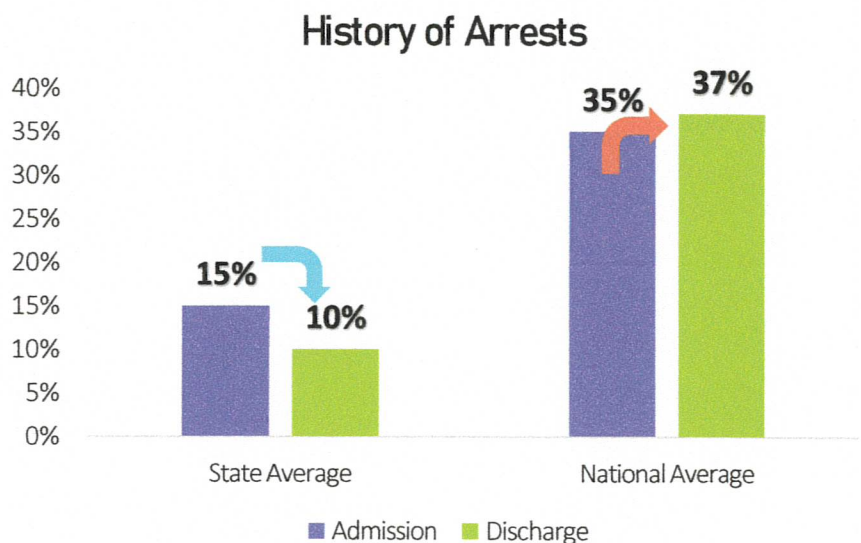


38%

Clients who reported employment

HISTORY OF ARREST

- **History of arrests.** At discharge, 10% percent of clients served reported an arrest within the last 30 days, compared to 15% at admission, which are below the national averages.



NIGHTS IN A CORRECTIONAL FACILITY

- **Clients who reported nights spent in a correctional facility.** At discharge, 5% percent of clients served reported at least one night spent in a correctional facility within the last 30 days, compared to 71% at admission.

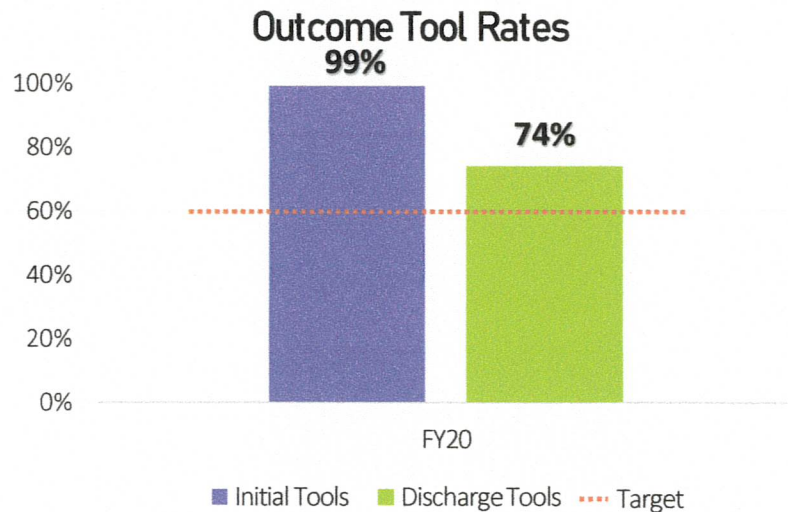


Pregnant Women and Women with Dependent Children Services

Pregnant Women and Women with Dependent Children Services

RETURN RATES

- **Outcome tool return rates.** Agencies achieved a 99% return rate for initial outcome tools and 74% return rate for discharge outcome tools, both exceeding the 60% target.



DISCHARGE RATES

- **Clients discharged from treatment.** Fifty percent of clients completed treatment, exceeding the national average of 30%. Thirty-nine percent of clients left against professional advice, and 6% of clients were terminated by the facility.

Discharge Reasons	State Average	National Average
Treatment Completed*	50%	30%
Left Against Professional Advice	39%	41%
Terminated by Facility	6%	5%

GENERAL SATISFACTION

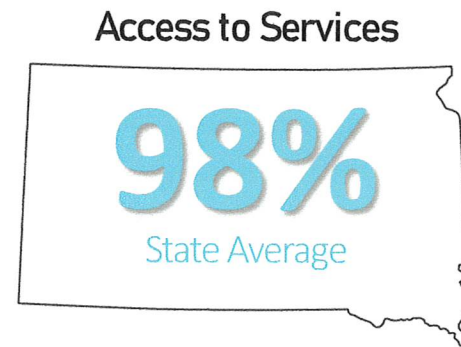
- **Overall satisfaction with treatment services received.** Ninety-five percent of clients served reported general satisfaction with services.



PREGNANT WOMEN AND WOMEN WITH DEPENDENT CHILDREN SERVICES

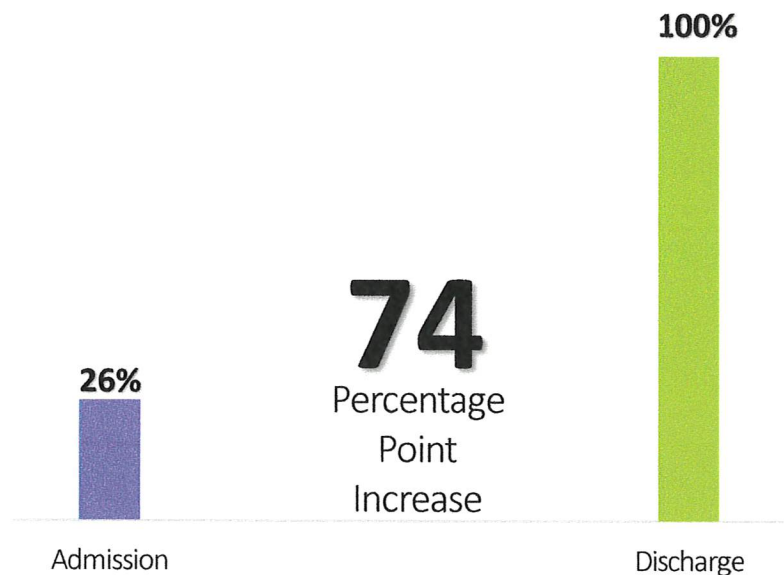
ACCESS TO SERVICES

- **Perception of the ease and convenience of treatment services received.** Ninety-eight percent of clients served reported ease and convenience when accessing treatment services.



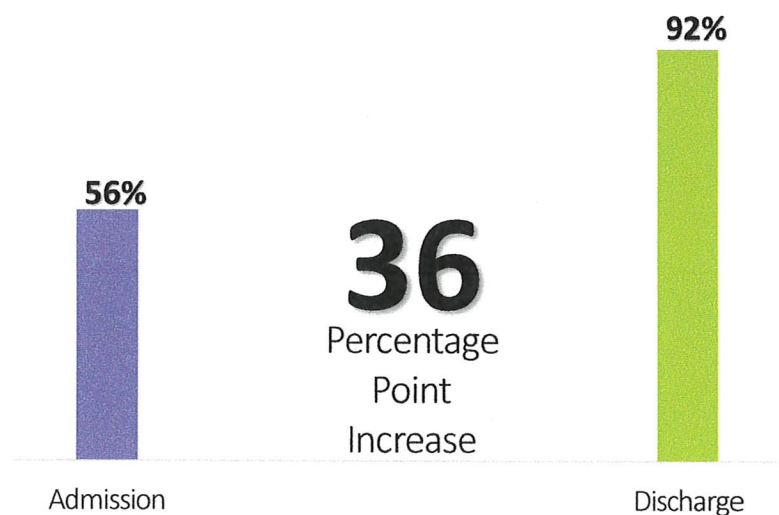
ABILITY TO CONTROL SUBSTANCE USE

- **Client-reported ability.** One hundred percent of clients served reported the ability to control their substance use at discharge, compared to 26% at admission.



MOTIVATION TO NOT USE SUBSTANCES

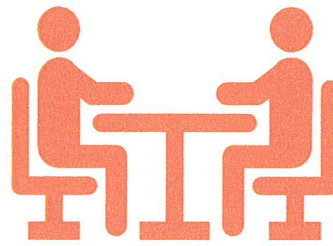
- **Client-reported motivation.** Ninety-two percent of clients served reported motivation to not use substances at discharge, compared to 56% at admission.



PREGNANT WOMEN AND WOMEN WITH DEPENDENT CHILDREN SERVICES

EMPLOYMENT

- **Clients who reported employment.** Thirty-three percent of clients served reported employment at discharge, compared to 9% at admission, which exceeds the national average of 19%.

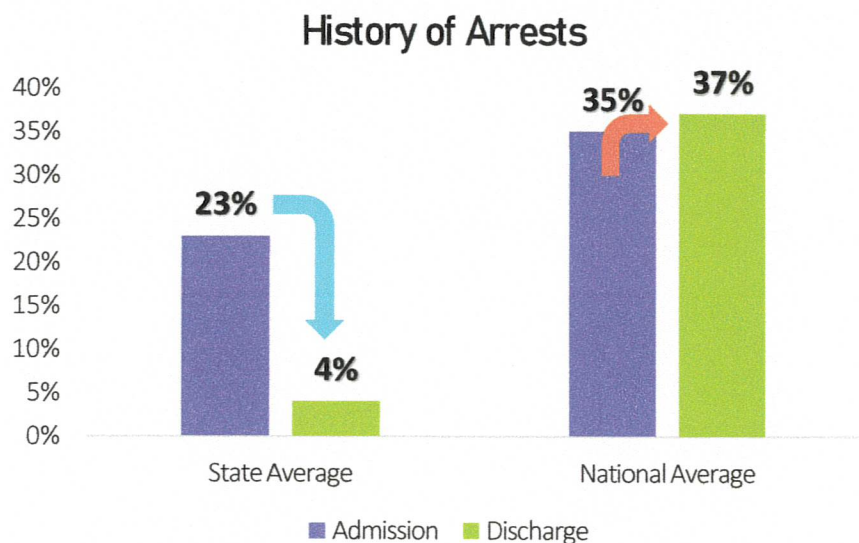


33%

Clients who reported employment

HISTORY OF ARREST

- **History of arrests.** At discharge, 4% percent of clients served reported an arrest within the last 30 days, compared to 23% at admission, which are below the national averages.



NIGHTS IN A CORRECTIONAL FACILITY

- **Clients who reported nights spent in a correctional facility.** At discharge, 0% percent of clients served reported at least one night spent in a correctional facility within the last 30 days, compared to 30% at admission.



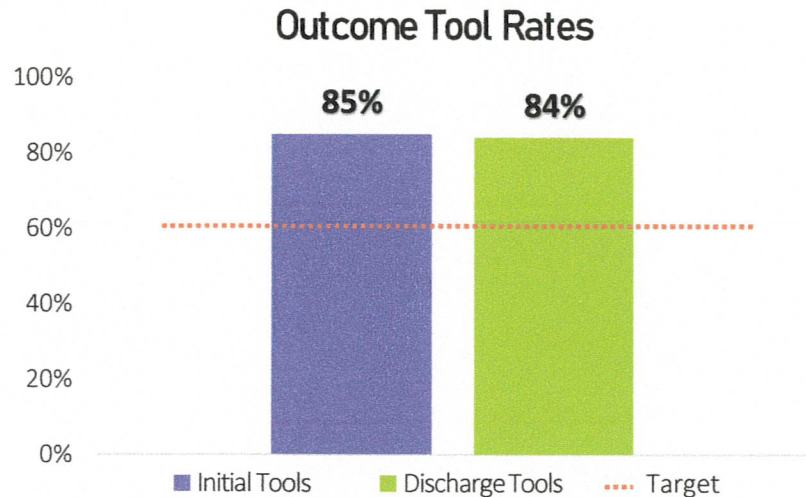
Youth Substance Use Disorder Services

Youth Substance Use Disorder Services

RETURN RATES

- Outcome tool return rates.**

Agencies achieved an 85% return rate for initial outcome tools and 84% return rate for discharge outcome tools, both exceeding the 60% target.



DISCHARGE RATES

- Clients discharged from treatment.**

Fifty-nine percent of youth clients completed treatment. Sixteen percent of youth clients left against professional advice, and 10% of youth clients were terminated by the facility.

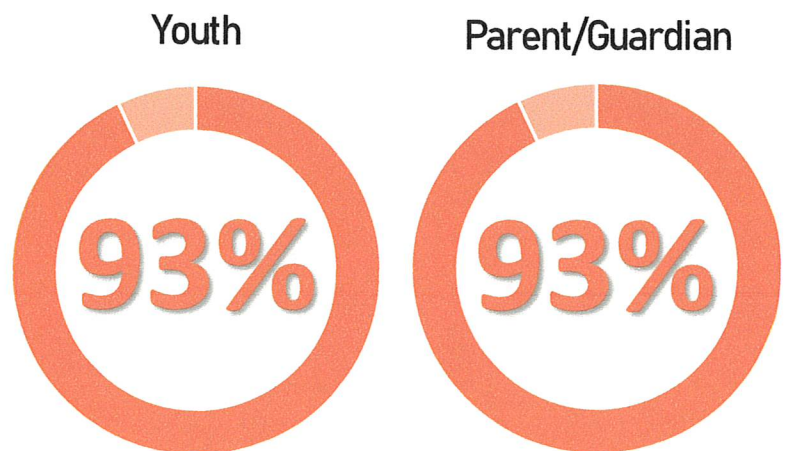
Discharge Reasons

Treatment Completed*	59%
Left Against Professional Advice	16%
Terminated by Facility	10%

GENERAL SATISFACTION

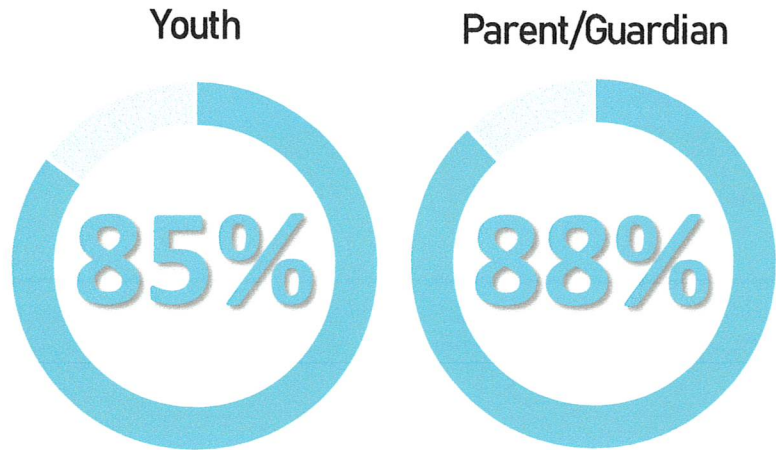
- Overall satisfaction with treatment services received.**

Ninety-three percent of youth clients served and 93% of parents/guardians reported general satisfaction with services



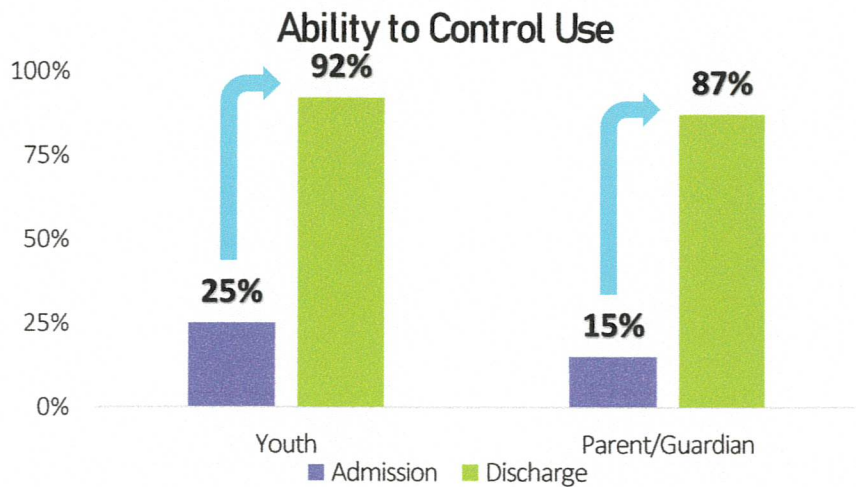
ACCESS TO SERVICES

- **Perception of the ease and convenience of treatment services received.** Eighty-five percent of youth clients served, and 88% of parents/guardians reported ease and convenience when accessing treatment services for their youth.



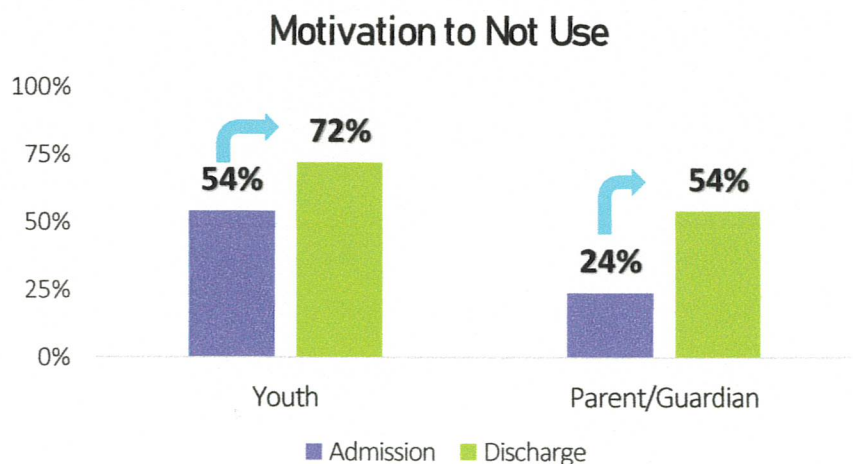
ABILITY TO CONTROL SUBSTANCE USE

- **Client-reported ability.** Ninety-two percent of youth clients reported the ability to control their substance use at discharge, compared to 25% at admission. Eighty-seven percent of parents/guardians reported their youth's ability to control substance use at discharge, compared to 15% at admission.



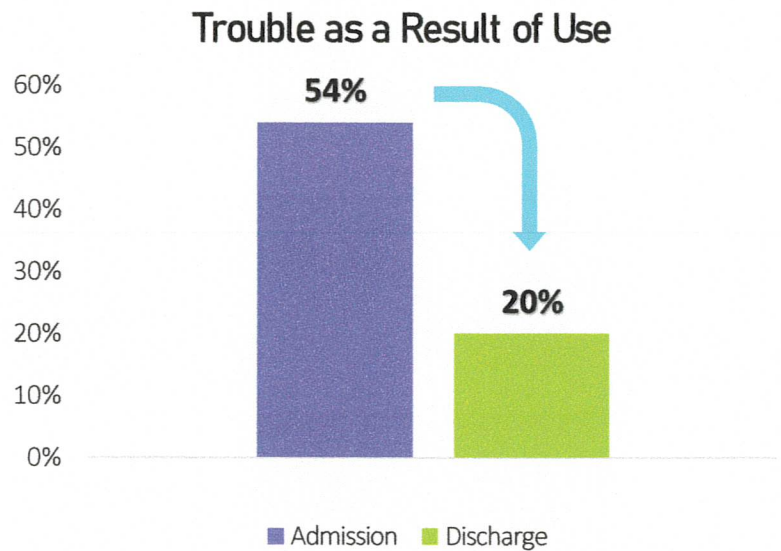
MOTIVATION TO NOT USE SUBSTANCES

- **Client-reported motivation.** Seventy-two percent of youth clients reported motivation to not use substances at discharge, compared to 54% at admission. Fifty-four percent of parents/guardians reported their youth's motivation to not use substances at discharge, compared to 24% at admission.



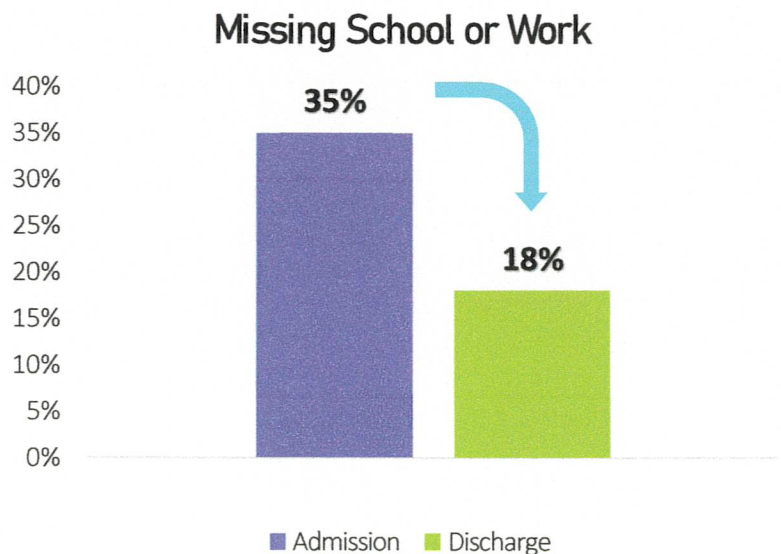
TROUBLE AS A RESULT OF USE

- **Clients who reported getting in trouble due to substance use.** Fifty-four percent of youth clients served reported getting in trouble due to substance use at admission, compared to 20% at discharge.



MISSING SCHOOL OR WORK

- **Clients who reported missing school/work due to their substance use.** Thirty-five percent of youth clients served reported missing school or work due to substance use at admission, compared to 18% at discharge.



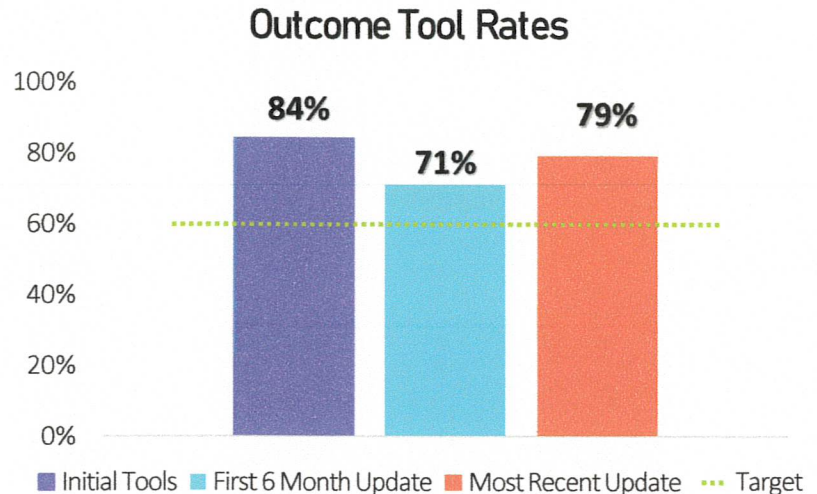
Adult Mental Health Services

Adult Mental Health Services- CARE and IMPACT

RETURN RATES

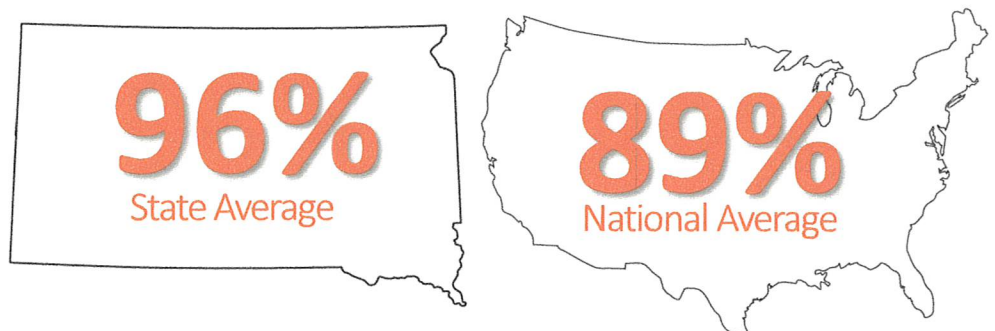
- Outcome tool return rates.**

Agencies achieved an 84% return rate for initial outcome tools, 71% return rate for the first 6-month update, and 79% return rate for the most recent update, exceeding the 60% target.



GENERAL SATISFACTION

- Overall satisfaction with treatment services received.** Ninety-six percent of clients served reported general satisfaction with services, exceeding the national average of 89%.



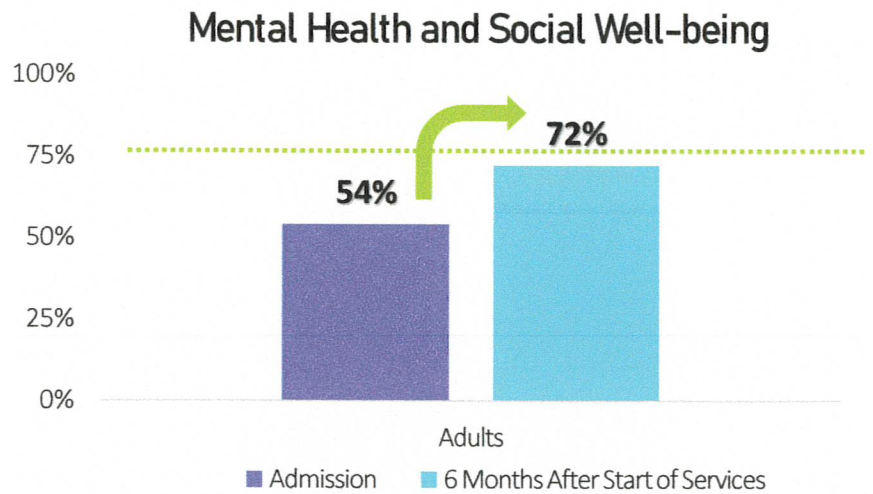
ACCESS TO SERVICES

- Perception of the ease and convenience of treatment services received.** Ninety-six percent of clients served reported ease and convenience when accessing treatment services, exceeding the national average of 87%.



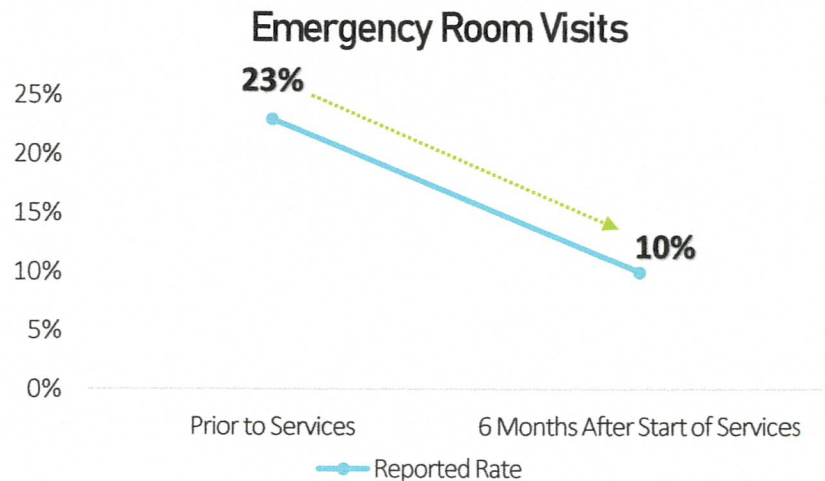
FUNCTIONING

- **Client perception of their mental health and social well-being.** Seventy-two percent of clients served reported an increase in their mental health and social well-being at six months after admission, compared to 54% at admission. The national average is 76%.



EMERGENCY ROOM VISITS

- **Clients who visited an ER for a psychiatric or emotional problem.** Prior to services, 23% of clients served reported visiting the ER for a psychiatric or emotional problem, compared to 10% six months after the start of services.



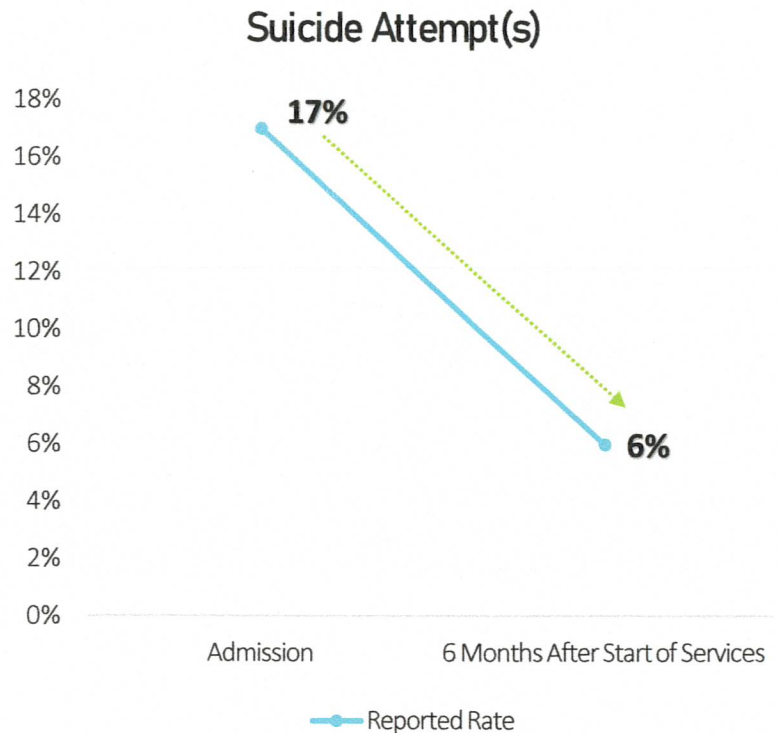
HOSPITAL ADMISSIONS

- **Clients who reported a hospital admission for mental health.** Clients served who reported a hospital admission for mental health declined from 24% at admission to 10% six months after the start of services.



REDUCTION OF SUICIDE ATTEMPT(S)

- **Clients who reported suicide attempt(s).** Seventeen percent of clients served reported suicide attempt(s) at admission, compared to 6% at six months after the start of services.



EMPLOYMENT

- **Clients who reported employment.** Twenty-five percent of clients served reported employment at the most recent update, exceeding the national average of 22%.



Youth Mental Health Services

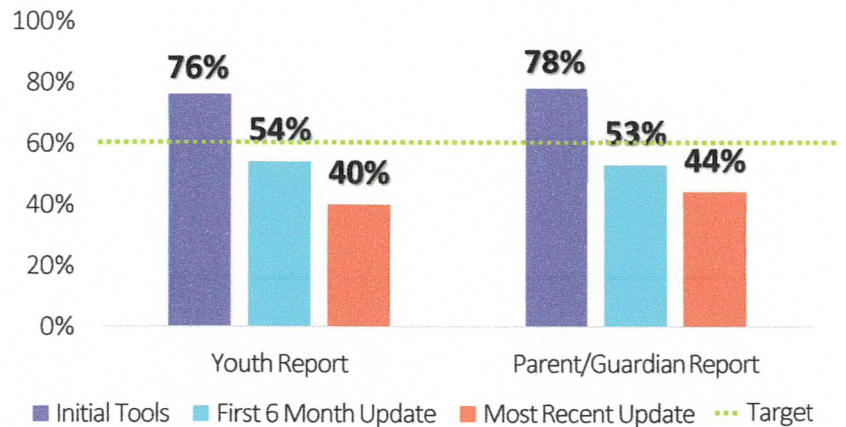
Youth Mental Health Services- Child, Youth or Family (CYF)

Outcome Tool Rates

RETURN RATES

- Outcome tool return rates.**

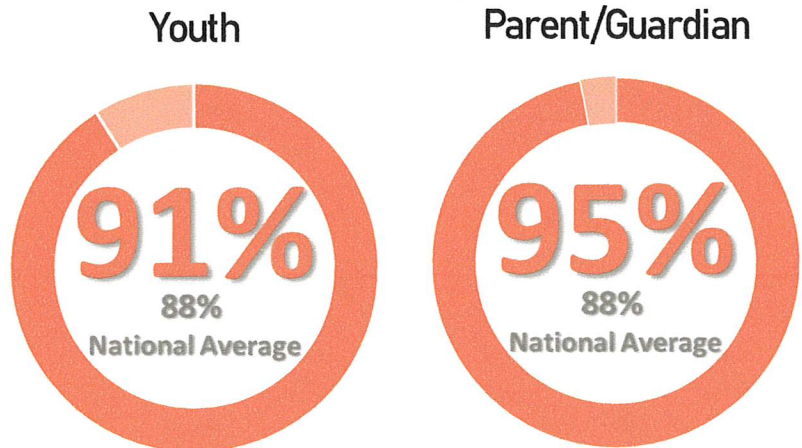
Agencies exceeded the 60% target return rate for both youth and parent/guardian initial outcome tools but did not meet the 60% target rate for the first six-month update or the most recent update.



GENERAL SATISFACTION

- Overall satisfaction with treatment services**

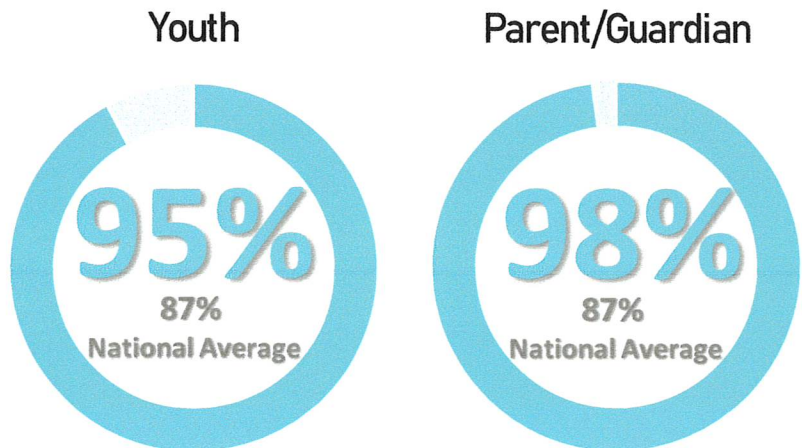
received. Ninety-one percent of youth clients served and 95% of parents/guardians reported general satisfaction with services received, exceeding the national average of 88%.



ACCESS TO SERVICES

- Perception of the ease and convenience of treatment services received.**

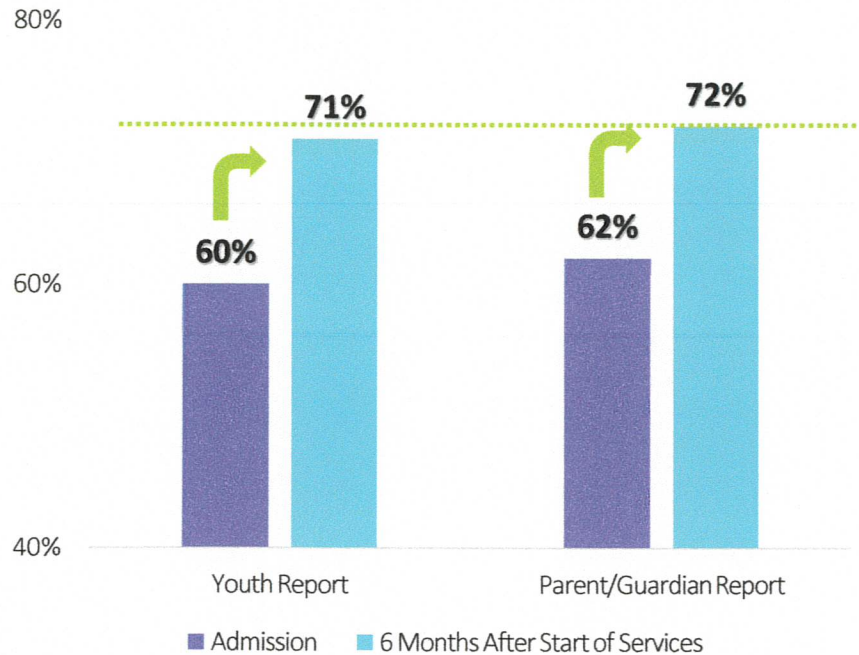
Ninety-five percent of youth clients served and 98% of parents/guardians reported ease and convenience when accessing treatment services, exceeding the national average of 87%.



FUNCTIONING

- **Client perception of their mental health and social well-being.** Seventy-one percent of youth clients served and 72% of parents/guardians reported satisfaction with the youth's mental health and social well-being at the most recent update, compared to 60% and 62% at admission. The national average is 72%.

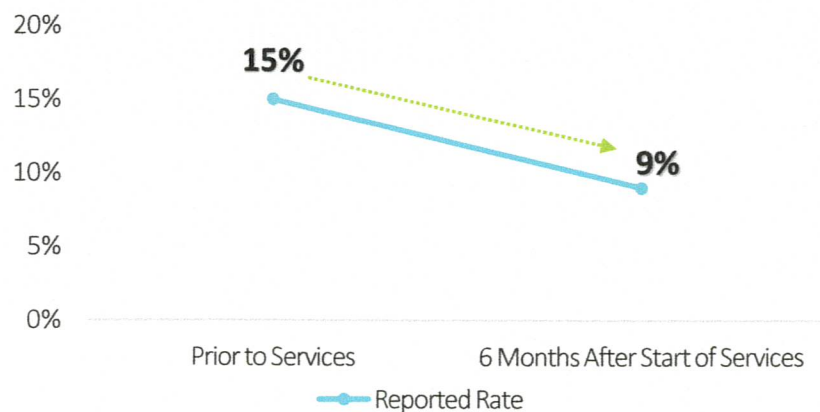
Mental Health and Social Well-Being



EMERGENCY ROOM VISITS

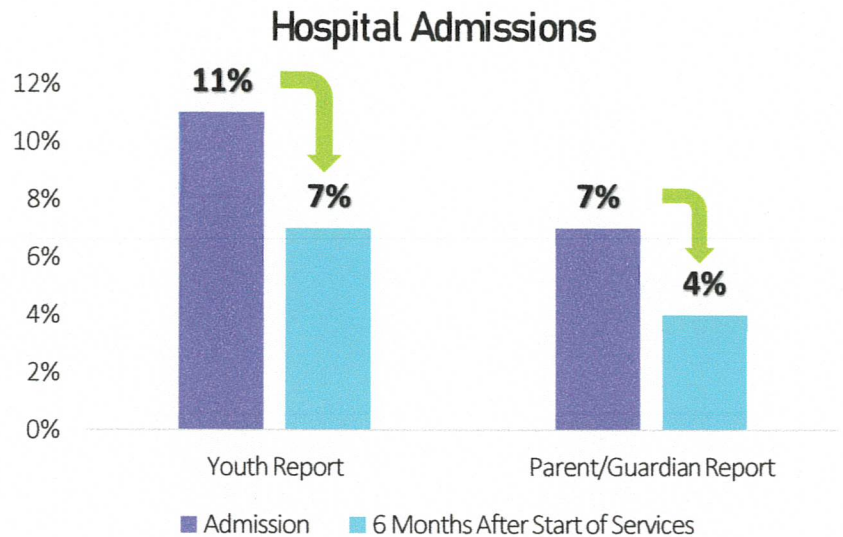
- **Youth clients who visited an ER for a psychiatric or emotional problems.** Youth clients served reported a reduction in emergency room visits from 15% prior to starting services to 9% six months after starting services..

Emergency Room Visits



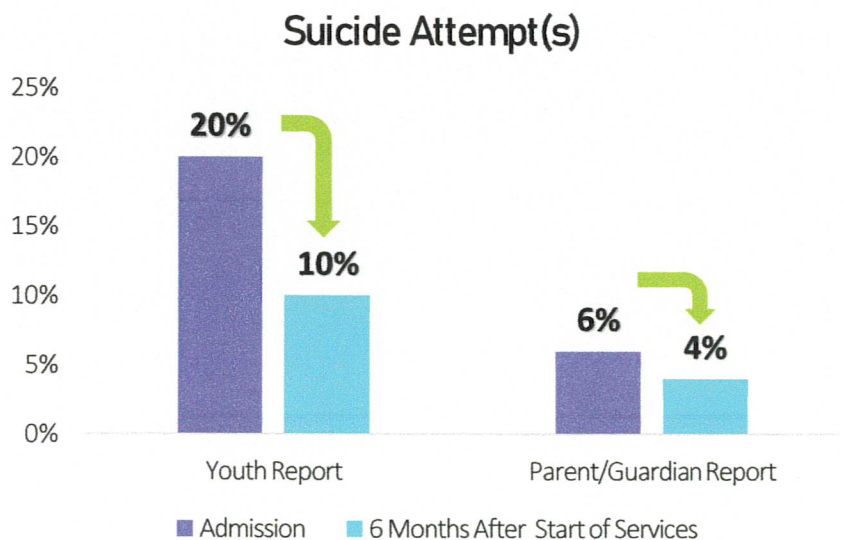
HOSPITAL ADMISSIONS

- Clients who reported a hospital admission for mental health.** Youth clients served who reported a hospital admission for mental health reduced from 11% at admission to 7% six months after the start of services. Parents/guardians of youth served reported a decrease in hospital admissions for mental health for their youth from 7% at admission to 4% six months after the start of services.



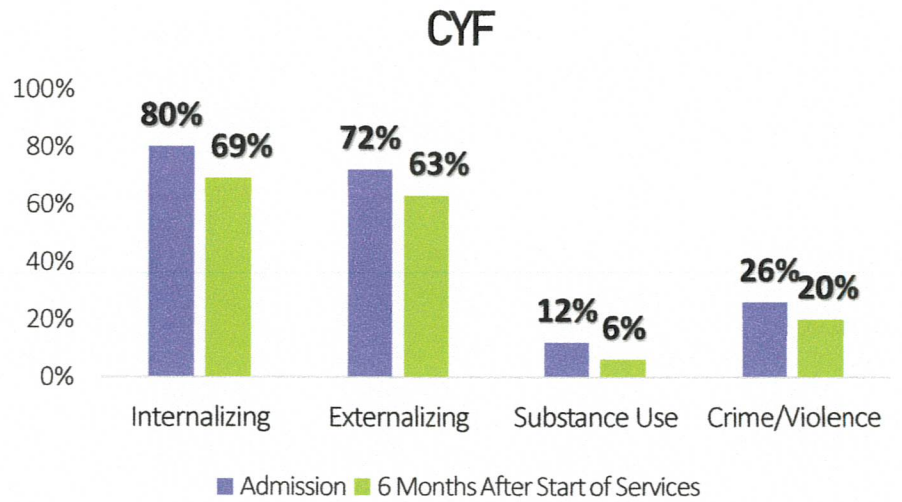
REDUCTION OF SUICIDE ATTEMPTS

- Youth and parents/guardians who reported suicide attempt(s).** Youth clients served reported a reduction of suicide attempts from 20% at admission, compared to 10% six months after the start of services. Parents/guardians of youth clients served reported a reduction of suicide attempts by their youth from 6% at admission, compared to 4% six months after the start of services.



GAIN-SS

- **Scores for CYF.** GAIN-SS scores for clients served in CYF decreased in all areas measured.



- **Areas for Improvement:**
 - **Outcome tool return rates**
 - All youth services
 - Adult mental health services
 - Justice involved services
 - **Discharge Rates**
 - Intensive methamphetamine treatment services
 - Youth and adult justice involved services
- **Next Steps:**
 - **Work collaboratively with agencies to address areas for improvement**
 - Monitor outcome tool return rates monthly
 - Support competent clinical staff through quality assurance, training, and technical assistance
 - **Performance management team**
 - Work with agencies to identify other barriers and develop solutions that ensure good outcomes for South Dakotans
- **State and agency profiles now available online at <https://dss.sd.gov/>.**

Behavioral Health Advisory Council Quarterly Fiscal Report

Fiscal Year 2021 Quarter 1

Substance Use Disorder Services

Contract Services	FY21 Contract Amount	Q1 Expended	Q2 Expended	Q3 Expended	Q4 Expended	FY21 Expended	FY21 Percentage Expended
Outpatient Treatment	\$ 4,697,738	\$ 984,979	\$ -	\$ -	\$ -	\$ 984,979	21%
Clinically Managed Low Intensity	\$ 4,618,893	\$ 1,065,136	\$ -	\$ -	\$ -	\$ 1,065,136	23%
Residential (Inpatient) Treatment	\$ 4,425,716	\$ 1,259,918	\$ -	\$ -	\$ -	\$ 1,259,918	28%
Meth Programs	\$ 3,335,854	\$ 620,991	\$ -	\$ -	\$ -	\$ 620,991	19%
Recovery Supports (Specific to Pregnant Women)	\$ 15,000	\$ 629	\$ -	\$ -	\$ -	\$ 629	4%
Detoxification	\$ 867,692	\$ 147,291	\$ -	\$ -	\$ -	\$ 147,291	17%
Gambling	\$ 271,195	\$ 66,028	\$ -	\$ -	\$ -	\$ 66,028	24%
Criminal Justice Initiative	\$ 6,836,797	\$ 1,361,427	\$ -	\$ -	\$ -	\$ 1,361,427	20%
Adolescent SUD EBP	\$ 235,000	\$ 12,809	\$ -	\$ -	\$ -	\$ 12,809	5%
Total	\$ 25,303,885	\$ 5,519,208	\$ -	\$ -	\$ -	\$ 5,519,208	22%

Title XIX Services	Q1 Expended	Q2 Expended	Q3 Expended	Q4 Expended	FY21 Expended
CLI-CBISA	\$ 42,527	\$ -	\$ -	\$ -	\$ 42,527
Adolescent SUD EBP	\$ 10,884	\$ -	\$ -	\$ -	\$ 10,884
Outpatient Treatment Total	\$ 180,436	\$ -	\$ -	\$ -	\$ 180,436
Low Intensity	\$ 101,827	\$ -	\$ -	\$ -	\$ 101,827
Residential Treatment	\$ 135,817	\$ -	\$ -	\$ -	\$ 135,817
Residential Treatment-Pregnant Women	\$ 62,810	\$ -	\$ -	\$ -	\$ 62,810
Residential Treatment-Adolescents	\$ 778,470	\$ -	\$ -	\$ -	\$ 778,470
Total	\$ 1,312,773	\$ -	\$ -	\$ -	\$ 1,312,773

Prepared: October 26, 2020
Expenditures obtained from STARS.

Expenditures are approximate due to timing between STARS and the State Accounting System.

Behavioral Health Advisory Council Quarterly Fiscal Report

Fiscal Year 2021 Quarter 1

Mental Health Services

Contract Services	FY21 Contract Amount	Q1 Expended	Q2 Expended	Q3 Expended	Q4 Expended	FY21 YTD Expended	FY21 Percent Expended
CYF Services (SED)	\$ 1,768,183	\$ 293,496	\$ -	\$ -	\$ -	293,496	17%
CARE Services	\$ 7,423,623	\$ 1,953,647	\$ -	\$ -	\$ -	1,953,647	26%
Room and Board	\$ 287,320	\$ 54,618	\$ -	\$ -	\$ -	54,618	19%
Outpatient Services	\$ 690,381	\$ 322,804	\$ -	\$ -	\$ -	322,804	47%
IMPACT	\$ 1,882,234	\$ 459,688	\$ -	\$ -	\$ -	459,688	24%
MH Courts (FACT)	\$ 565,080	\$ 68,178	\$ -	\$ -	\$ -	68,178	12%
First Episode Psychosis	\$ 127,333	\$ 17,168	\$ -	\$ -	\$ -	17,168	13%
Transition Age Youth	\$ 561,202	\$ 128,836	\$ -	\$ -	\$ -	128,836	23%
JJRI	\$ 875,220	\$ 96,318	\$ -	\$ -	\$ -	96,318	11%
Total	\$ 14,180,576	\$ 3,394,752	\$ -	\$ -	\$ -	3,394,752	24%

Title XIX Services	FY21 Target Amount	Q1 Expended	Q2 Expended	Q3 Expended	Q4 Expended	FY21 YTD Expended	FY21 Percent Expended
CYF Services (SED)	\$ 6,947,365	\$ 1,103,917	\$ -	\$ -	\$ -	1,103,917	16%
CARE	\$ 6,098,208	\$ 1,496,736	\$ -	\$ -	\$ -	1,496,736	25%
Outpatient Services	\$ 1,968,662	\$ 426,481	\$ -	\$ -	\$ -	426,481	22%
IMPACT	\$ 2,552,750	\$ 665,407	\$ -	\$ -	\$ -	665,407	26%
MH Courts (FACT)	\$ -	\$ 17,890	\$ -	\$ -	\$ -	17,890	#DIV/0!
JJRI	\$ 996,273	\$ 106,023	\$ -	\$ -	\$ -	106,023	11%
Total	\$ 18,563,258	\$ 3,816,455	\$ -	\$ -	\$ -	3,816,455	21%

Prepared: October 26, 2020
Expenditures obtained from STARS.

Expenditures are approximate due to timing between STARS and the State Accounting System.