Strengthening Families Subgrant Application

Title II Formula Grant

South Dakota Department of Corrections APPLICATION DUE: May 30, 2025

Applicants with original signatures must be <u>submitted and received</u> by the Department of Corrections by the close of business on <u>May 30, 2025.</u> Faxed and emailed applications will not be accepted. Submit complete applications to:

John Stewart Department of Corrections 3200 East Highway 34 Pierre, SD 57501-5070 RECEIVED
MAY 3 0 2025

DEPT. OF CORRECTIONS

Funding under this application is non-competitive and not guaranteed to each applicant. The application narrative and budget must be approved by both the SD Department of Corrections and the Council of Juvenile Services. If approved, the application content will be presented to the Office of Juvenile Justice and Delinquency Prevention for their approval of any addition of program purpose areas that may be needed to support the approved plan.

SECTION 1. APPLICANT INFORMATION

Applicant: Lutheran Social Services of South Dakota					
Address: 3505 Cambell Street					
City/State/Zip: Rapid City, SD 57701		Pho	one: 605-444-7500	Fax: 605-444-7540	
Email: Info@LssSI	O.org	Federal Empl	oyer o	r Payee Identification	on Number (FEIN): 46-0224731
Project Director N	lame: Staci Jonso	n		Title: Vice Presid	lent, Program Operations
Agency: Lutheran Social Services of South Dakota			Address: 705 E. 41st St., Ste. 200		
City/State/Zip: Sioux Falls, SD 57105-6048			Phone: 605-389-9468 Fax: 605-444-7540		Fax: 605-444-7540
Email: Amy.Witt@LssSD.org					
Please indicate the name of the service(s) implemented: Strengthening Families group facilitation with parents and children					
Project Title: Strengthening Families Program					
Requested Project	Period: July 1	2025 – June 30), 2020	6	

SECTION 2. PROJECT BUDGET

The Council of Juvenile Services will award or not award funding based the extent to which program design addresses a recognized need and whether the proposal is financially responsible and efficient. Funds will be paid through a reimbursement process for items specifically outlined and approved in the application.

Applicants may apply for up to \$95,000.

Non-supplanting Requirements: Funds or other resources of the applicant normally devoted to programs and activities designed to meet the needs of criminal justice will not be diminished in any way as a result of a grant award of federal funds. The project for which assistance is being requested will be in addition to, and not a substitute for, criminal justice services previously provided without federal assistance.

A. Personnel	TOTAL
SFP Facilitators	\$23,872
SFP Supervisor	\$7,500
Employee Fringe Benefits	
TOTAL	\$31,372
B. Contracted Services	TOTAL
Interpreters – for 1 session	\$2,100
New Facilitator Training	\$3,200
TOTAL	\$3,300
C. Travel and Per Diem	TOTAL
	\$
TOTAL	\$
D. Equipment	TOTAL
	The state of the s
TOTAL	S
E. Operating Expenses	TOTAL
Materials/Supplies/Meals for Families	\$4,220
Evaluation	\$1,000
Indirect Costs	\$4,977
TOTAL	\$10,197
Total Project Budget Combined totals for all columns	\$45,549

NOTE: If there is a change in the above budget, programs will need to request an amendment to their budget. All amendments must be requested in writing <u>prior to the expenditure of funds</u>.

SECTION 3. BUDGET NARRATIVE

			een budgeted items listed in Section 2 and pro at budget estimates. Discuss all items by cate	
information abou	ut personnel of t	he project. If propose	on and expenses were calculated, duties of the ed funding covers more than one position, you relate to the successful implementation of the	must identify the duties
Position #1:	SFP Curricul	lum Facilitators		
Justification for	the position :	separate from their o	re employed in other LSS program areas, Facilitat ther employment. All staff time dedicated to SFP SFP code for tracking purposes.	
If the position is a associated with the scope of their pose explaining how a position will cont during this award	nis award are ou sition and a prov Il duties associat tinue to be provi	tside the current ide a plan ted with the		
Personnel Res	sponsibilities & D	uties <i>(must directly rel</i>	ate to the implementation of the program)	Estimated % Time
1. SFP Fa. 2.	cilitators			100%
3.		, , , , , , , , , , , , , , , , , , , ,	, , , , , , , , , , , , , , , , , , , ,	
4,				and an illustration of the state of the stat
Wage/Salary:				
Benefits:				
Position #2:	SFP Supervis	sor		
Justification for	the position:	sessions, accepts SFI	engages community partners, distributes fliers and Preferrals, manages the initial intake and engagemens, and assists the SFP facilitators in planning the	ent with families,
	nis award are ou sition and a prov Il duties associat tinue to be provi	ted with the	The SFP supervisor is an existing LSS staff ment supervisor duties for SFP is different and separat duties. All work time dedicated to SFP is tracked specific time card code for SFP.	e then their existing
Personnel Res	sponsibilities & D	uties <i>(must directly rel</i>	ate to the implementation of the program)	Estimated % Time
	pervisor			20%
2.	AUD-MANAGAM AND		SINVAL AND THE CITY OF THE CONTROL O	
3.	· ,			
4. Wage/Salary:				
Benefits:	TO MALLO I O DI GOLDO CONTROL			

Please attach additional sheets for more than 2 positions

SECTION 3. BUDGET NARRATIVE CONTINUED

		s Narrative - Explain the consultant fees, consultant expenses, contracted services, the cost per ng served, how the cost for services was calculated, and the process that would be or has been conducted
		nt. Contracted services fees cannot exceed \$650 per day.
Consultant #	1: In	nterpreter Services
COTTORITION	_	eter costs (estimated for one full sessions): \$2,100 (35 hours @ \$60/hour)
Fees:	This co	st is separate from the per session per family rate.
Contracted Service:	Provide	e interpreter service for participating families.
Selection	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
Process:	m 3.1	/ A
Consultant #		/A
Fees:	rate.	hening Families Program Trainer: \$3200. This cost is separate from the per session perfamily
Contracted Service:	Virtual	Training for LSS staff taught by SFP certified trainers
Selection Process:		'
Travel and P	ılated at	n Narrative — Explain the calculation of travel costs for travel <u>outside the home jurisdiction</u> , (travel to current state rates (\$0.67 per mile and \$40 per diem)), how the expenses are directly related to the e project, and if out-of-state travel is anticipated, give particulars (i.e., location, state, dates, purpose,
Purpose of T	ravel:	Travel expenses are included in the per session per family rate.
	age] x \$ ber of T	0.67 = Travel Days for per diem] x \$40.00 =
Purpose of T	ravel:	
	age] x \$ iber of T	0.67 = Travel Days for per diem] $x $40.00 =$
implementation For example,	on of the a budge icipate f	perating Expenses Narrative — Explain the supplies and equipment costs directly related to the program or project. You must be specific regarding the items in which you intend to use federal funding, of item of "office expenses" will not be accepted as these items must be detailed. You need to identify or office expenses and list each item and the estimated costs. Items not specifically outlined will not be ment.
Equipment -	- List no	mexpendable items that are to be purchased and show how you calculated these costs. Nonexpendable
		property having a useful life of more than 2 years. s are included in the per session per family rate of \$472.
equipment) a	and show	s — List items by type (office supplies, postage, training materials, copying paper, and expendable v how you calculated these costs. Generally, supplies include any materials that are expendable or course of the project.
Operating ex	kpenses	are included in the per session per family rate of \$472.
Indirect rate	of 13.6	% - \$9947 (The indirect rate is not applied to Contracted Services.)



Strengthening Families Application Narrative

A proposal to the South Dakota Department of Corrections From Lutheran Social Services of South Dakota

Due May 30, 2025

SECTION 4. APPLICATION NARRATIVE

Project Abstract and Demonstration of Need

In 2024, South Dakota law enforcement agencies reported nearly 4,000 juvenile arrests. This volume of delinquency has negative impacts on the family and on the availability of state resources. According to an article from the National Library of Medicine, meta-analysis of over 70 articles about parenting and delinquency showed the best predictors of delinquency and problem behavior included lack of parental supervision, parental rejection and parent-child involvement. SFP has been shown to improve family functioning and relational health between parents and children, thus leading to a significant reduction of problem behaviors, delinquency, and alcohol and drug abuse in children; improve children's social competencies and school performance; and reduce child maltreatment.

"Strengthening Families" Program (SFP) is an evidence-based early intervention program that involves parents, teens, and children in learning and practicing positive interactions, communication, and effective discipline. The group curriculum lasts 11 weeks. The structure of each session includes a group meal with all participating families, followed by instruction and discussion divided by family role - parents, teens, and children. Each group learns about a new skill that will contribute to healthy family function and then comes back together to practice their new skill. LSS plans to offer two 11-week SFP groups over the next year that can serve up to 8 families per group.

Community Readiness

LSS has implemented SFP groups in the Sioux Falls area and we are looking to expand implementation in Rapid City. Our process for preparing the community for these groups is similar to the method used in Sioux Falls. We have already begun to lay the groundwork for SFP groups through conversations with community partners. These partners have expressed significant interest in SFP. In an effort to encourage referrals for SFP, we will continue to educate potential community connections about SFP groups and nurture relationship with partners. A flyer is available that shares information about the Strengthening Families Program which include the purpose of SFP groups and the process for referrals. We anticipate that the Rapid City groups will reflect similar referral sources as the Sioux Falls groups. The primary source of referrals have come from the Department of Corrections, but we anticipate that community referrals would come from the Department of Social Services and other LSS programs (for example: Arise Youth Center – West, Rapid City Area Schools and Pennington County court system).

LSS has a strong history of partnership with the Rapid City Area Schools through our other youth program work. Our intent would be to inform and increase awareness of SFP among school counselors so they can refer families who could benefit from participation.

From a community perspective, some barriers to change are the stigma that accompanies parents/families that need skills training and the difficulty in obtaining buy-in from other human services organizations who, for various reasons, may be resistant to collaboration. In addition,

augmenting the scope of communication about this opportunity can prove difficult thus limiting the number of people who are aware of and informed about SFP groups. From an individual family perspective, two primary barriers to change are transportation difficulties and the three-month time commitment. In order to address these barriers we have worked to schedule groups at times that work well for the families. We would work to offer the group on various days and various times throughout the year to provide multiple schedule options for families. While LSS strives to reduce barriers to SFP participation, we recognize that solutions to these family issues are often best resolved when community partners can work together, thus increasing the readiness of the community for SFP.

Alignment with South Dakota JDAI Implementation

The Strengthening Families Program (SFP) has a strong alignment with JDAI values. With JDAI's emphasis on identifying the least restrictive next step while working to help the right youth at the right time, SFP allows for corrective instruction in an environment that provides a low-pressure and low-stress environment that can improve family function and lower the risk of first-time or repeated delinquency. Increasing family health while decreasing juvenile delinquency has a positive impact on overall public safety.

LSS serves all people and meets them where they are. This includes looking for ways to promote SFP among at-risk families within the school district or immigrant parents that may face difficulty in acclimating to a new culture at the same rate as their children. This intentional effort to serve all families provides an opportunity for SFP to be available to families regardless of race and ethnicity. Parents that are equipped to foster healthy interactions and youth that are empowered to hold productive conversations reduce the likelihood that the family will become

involved with the juvenile justice system. This reduced probability diminishes the potential for disparities that exist within the system.

Since LSS has already implemented SFP, integrating existing staff resources assists us in streamlining the process. We are able to provide SFP facilitator training while maximizing staff expertise, which allows our SFP groups to be efficiently coordinated as well as led by knowledgeable staff.

Our regular practice is to give participating families a survey at the beginning of the 11 week SFP group and then at the conclusion of the group. The results from the pre- and post-surveys are collected and then used to determine whether goals and outcomes have been met and whether staff facilitators are effective in meeting needs of the families. We continue to place a high value on feedback as a way to refine and improve our delivery of services.

In addition, SFP fulfills JDAI's value on collaboration. This collaboration includes partnering with the multiple state agencies, local school districts and other community partners that are identified for potential referrals or needed resources and services.

In Pennington County, there were 721 RAIs completed on 410 youth in CY 2024. 61% of 721 indicated for release, 23% indicated for an alternative, and 16% indicated for secure detention. 44% of 721 were actually released, 31% were held in secure detention, 5% were held in shelter care, and 19% were conditionally released.

Strategy for Implementation

LSS first implemented SFP in the Sioux Falls area using CJS funds in 2023. At that time, 19 staff from multiple existing LSS programs completed the Strengthening Families curriculum. In 2024, LSS also received a grant that enabled us to continue SFP groups in Sioux Falls, as well as train additional LSS staff to be SFP group facilitators. Since that time, LSS has facilitated six 11-week Strengthening Families groups. Our plan is to provide two 11-week SFP groups in Rapid City during FY26. We estimate that these two sessions could reach up to 8 families.

As we work to increase knowledge and community readiness for this program, we will focus on elevating our vision to ensure everyone in South Dakota is "healthy, safe and accepted." We will invite collaboration from community partners in order to promote awareness of SFP and build up referral sources. To generate buy-in, we will also find appropriate ways to share stories of family success with donors and stakeholders. Jill Jensen, LSS Senior Director of Permanency Services and SFP Facilitator shared, "A teen boy [he] actually talks to his mom now. Sounds basic, but it's a profound shift. That's what it is all about." Included in the attachments file is a piece about the importance and impact of SFP.

A primary resource for implementing SFP continues to be the training and expertise of LSS staff. Our wide scope of services allow us access to clients who can benefit from SFP. Program staff across multiple programs provide referrals and/or are trained to facilitate SFP, including Behavioral Health, Arise Youth Center and CARES Wraparound. Additionally, LSS staff in Rapid City would work with the Department of Corrections and other referral sources to identify potential families to participate in SFP groups. We also have a direct SFP referral email for providers to use to send referrals or for interested families to self-refer.

As stated above, LSS plans to facilitate two SFP groups in FY26. While each group could include up to 8 families, based on referral trends and current group attendance, we are planning an average of 4 families per group. Each group requires 5-6 staff to facilitate the curriculum to fidelity.

LSS has an in-house supervisor who ensures that the implementation of SFP runs smoothly for staff and participants. This position schedules each 11-week group, supervisors staff, coordinates training for staff and receives/responds to all referrals (be it by phone or email). This centralized administration allows for effective coordination and execution of implementation.

In order to sustain and expand SFP, the LSS philanthropy team works to secure funding from a variety of sources, including individual donors and organizations. Donations and grants allow us to continue this work in serving families.

Project Performance Measures and Evaluation

The Strengthening Families curriculum uses a retrospective pre- and post-survey evaluation instrument. Parents along with each youth who attends the group complete the survey. The survey includes 10 demographic questions and 45 survey questions. Survey data gathered from families that completed the SFP curriculum with LSS in the Sioux Falls area showed the following results:

- Reduction in delinquency: 77% saw improvements
- Reduction of alcohol and drug use: 31% saw improvements
- Social competencies: 77% saw improvements
- School Performance: 100% saw improvements

- Reduction of child maltreatment: 62% saw improvements
- 100% of families who completed SFP in FY25 reported they would recommend SFP to others

LSS has extensive experience in collecting and reporting data in order to complete grant reports. For SFP, we will be tracking based on youth that participate.

Description of Project Geographic Boundaries

This project will serve families in the Rapid City metro area, with a population of over 150,000 people that includes about 16,300 families with children. The Rapid City metro area has families of varied backgrounds and heritage and the Rapid City Area Schools have over 32% of students that qualify for free or reduced lunch. Since lags in acculturation or living at/below the poverty line can place a family at-risk, the presence of SFP in the Rapid City area will continue to prove needed and beneficial.

Target Population

S. 6.	Target Population Details (Place an "X" in the box to the left of all those that apply)									
Race(s):			Off	fender Type(s):		Geography:				
X	American l Native	India	ın/Alaskan	x	At-I	Risk Population (no prior nse)	Х	Rural		
X	Asian			X	Firs	t Time Offenders	X	Suburban		
Х	Black/African American x Repeat Offenders		Х	Tribal						
Х	Hispanic of any race)	r Lat	ino (of		Sex Offenders		х	Urban		
X	x Other Race x Status Offenders		Age:							
X	White/Cau	casia	ın	X	Violent Offenders		Х	Under 11		
Sex		Re	ferral Sour	ce:			e:		X	12-13
х	Female	X	School		X	Court System	X	14-15		
х	Male	X	State's Attorney			Other	Х	16-18		

Cost Proposal

The cost proposal consists of the costs associated with facilitating the Strengthening Families Program to fidelity. Each group session will be billed to the state at the agreed-upon per family rate. Interpreter costs will be billed only as used and at the actual cost billed by the interpreter. Facilitator training costs will be billed only when a Strengthening Families facilitator training occurs and will be billed at actual costs.

Program Budget

EXPENSES	SFP Facilitation	Additional Costs	TOTAL
Curriculum Sessions	racimation	COSIS	
Facilitator(s)	\$23,872		
Materials/Supplies/Meals	\$4,220		
Operating Expenses / Overhead			
Staff Position, Supervisor	\$7,500		
Occupancy			
Other Expenses			
Interpreters – for 2 sessions (Estimate)		780	
Evaluation	\$1,000		
New Facilitator Training		\$3,200	
Indirect Costs	\$4,977		
TOTAL EXPENSES	\$41,569*	\$3,980**	\$45,549

*Billed out with a per session per family rate

The proposed budget takes into account staff time for facilitation based on an average of 4 families per group. The budget also includes an estimate of interpreter costs if the need is present for a family attending the group. Based on SFP groups that LSS facilitated in Sioux Falls, we anticipate a need for interpreters for the Rapid City groups.

^{**}Billed at actual amounts, only when expense occurs

We would like to train additional LSS staff located in Rapid City as Strengthening Families facilitators to ease in scheduling and staff coverage of the proposed groups.

Implementation Rates

Rate per Strengthening Families session per family	\$472
Rate per hour of interpreter service	\$60

SECTION 5: CONFLICTS OF INTEREST, SPECIAL CONDITIONS AND ASSURANCES

Council of Juvenile Services Conflict of Interest Identification

Council Member: Amy Witt

Description of potential conflict of interest: Amy Witt is the Chief Program Officer of Lutheran

Social Services. Amy Witt derives compensation from her position at LSS, the entity that is party to

this contract.

SECTION 6, SIGNATURES

The officials who certify this document agree to adhere to all terms and conditions relating to this application. Duplication of responsibilities by one individual for any position listed below is NOT acceptable.

Original Signature	sare Required	Continue to the contract of th
County Commission Chair		·B-B-Web-Common control and an analysis of the common of the common of the common control of the common of the com
Nume	Title	
Address	City/State/Zip	ngarlananananlankan kan min aparahan sapagian salai jahahaka ilika kalandan integri fing beneranlah gengga gen
B-mati	Phone	Fax
Signature	Date	
B. Project Director		งกระบางกระบางกระบางกระบางกระบางกระบางกระบางกระบางกระบางกระบางกระบางกระบางกระบางกระบางกระบางกระบางกระบางกระบางก
Nume Stact Jouson	Title Vice President, Program Operation	i Citi. Citi. Citi.
Address 705 E. 41" Street, Suite 200	City/State/Zip Sieux Falls, SD 57105	r general construction and the construction of
R-mail Stack Jouron@LesSD.org	Phone 605-389-8468	 Frix 605-444-7540
Signature triot	Date 513012029	
C. Financial Office	attaninning nay nagannying awady af gana filmada araa af fara ang araa araa araa araa araa araa ar	neondunational and appearance that the transfer of the terms of the te
Name Nathan Beyer	Thie Vice President, Finance & Support	Servicus
Address 705 R. 41° Street, Suite 200		
and the state of t	City/State/Zip Sloux Palls, SD 57105	
E-mail Nathan Boyor@LesSD.org	City/State/Zip Sloux Palls, SD 57105 Phone 605-444-7508	Par 605-444-7540
The state of the s		Pax 605-444-7540
B-mail Nathun Beyor@LssSD.org	Phone 605-444-7508	Pax 605-444-7540
B-mail Nathan, Beyor@LssSD.org Signature	Phone 605-444-7508	Fax 605-444-7540
B-mail Mathan, Boyon@L.52SD.org Signature D. Other Official	Phone 605-444-7508 5/30/2025	Park 605-444-7540
B-mail Nathan Beyor@LssSD.org Signature D. Other Official Name	Phone 605-444-7508 Date 5/30/2025 Title	Par 605-144-7540

SECTION 7. ATTACHMENTS

Description of Attachments – Identify and describe the significance of all additional materials you include as attachments. Please limit additional materials to items such as program effectiveness documentation; pertinent letters of support or commitment; research documentation; resource documentation; and any other materials. Attach all additional documents following this page.

Attachment 1	
Letter of Support from Department of Juvenile Diversion Coordinator of S	South Dakota
·	
Attachment 2	
Letter of Support from 7 th Judicial Circuit Court	
Attachment 3	
Story about SFP	
Story about 51.	
Attachment 4	
AMP 11 V	
Attachment 5	
Attachment 6	
Auachment	
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ENCLOSE RELEVANT ATTACHMENTS AFTER THIS PAGE

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Attachment 5	
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Attachment 6	
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ENCLOSE RELEVANT ATTACHMENTS AFTER THIS PAGE



5/28/2025

South Dakota Department of Corrections 3200 East Highway 34 Pierre, SD 5750-5070

The South Dakota Unified Judicial System recognizes and values the vital services that Lutheran Social Services provides for families across South Dakota. We are in full support of Lutheran Social Services of South Dakota submitting an application for the Strengthening Families and ATD grant through the South Dakota Department of Corrections.

Thank you for giving your careful consideration to Lutheran Social Services' proposal.

Sincerely.

Annie Brokenleg, MSW, CSW

Juvenile Diversion Coordinator -State of South Dakota

Office (605) 367-8366

Cell (605) 212-4197

425 N. Dakota Ave.

Sioux Falls, SD 57104

Seventh Judicial Circuit Court

Court Services Department

PO Box 230 Rapid City SD 57709-0230 (605) 394-2595 Fax: (605) 394-3373

CIRCUIT JUDGES

Robert Gusinsky, Presiding Judge
Matthew M. Brown
Jeffrey R. Connolly
Joshua K. Hendrickson
Eric Kelderman
Heidi L. Linngren
Scott A. Roetzel
Stacy L. Wickre

MAGISTRATE JUDGES

Scott M. Bogue Todd J. Hyronimus Sarah E. Morrison Janki V. Sharma CHIEF COURT SERVICES OFFICER

Tamie McMeekin

May 30, 2025

South Dakota Department of Corrections 3200 East Highway 34 Pierre, SD 5750-5070

The Seventh Circuit Court Services recognizes and values the vital services that Lutheran Social Services provides for families across South Dakota. We are in full support of Lutheran Social Services of South Dakota submitting an application for the Strengthening Families grant through the South Dakota Department of Corrections.

Thank you for giving your careful consideration to Lutheran Social Services' proposal.

Sincerely,

Tamie McMeekin Chief Court Service Officer 7th Circuit Court Services