Behavioral Health Advisory Council Pierre, South Dakota

August 11, 2021

Advisory Council Members Present

- 1. Jane Grant (Chair)
- 2. Roseann Peterson-Olson (Vice-Chair)
- 3. Ashlee Rathbun
- 4. Chuck Frieberg
- 5. Christie Lueth
- 6. Dianna Marshall
- 7. Matt Glanzer
- 8. Rosanne Summerside
- 9. Belinda Nelson
- 10. Teresa Rowland
- 11. Karen Severns

- 12. Eric Weiss
- 13. Pamela Bennett
- 14. Penny Kelley
- 15. Christy Alten-Osmera
- 16. Linda Reidt-Kilber
- 17. Emily Erickson
- 18. Kristi Bunkers
- 19. Bryan Harberts
- 20. Ellen Washenberger
- 21. Angela Murphy
- 22. Joanne Hairy Shirt
- 23. Lorraine Polak

Advisory Council Members Absent

- 1. Melanie Boetel
- 2. Wendy Figland

- 3. Angie Dammer
- 4. Joyce Glynn
- 5. Jon Sommervold

Behavioral Health Staff Present

- 1. Tiffany Wolfgang
- 2. Jennifer Humphrey
- 3. Stacy Bruels

- 4. Melissa Renes
- 5. Katie Demaray
- 6. Kaitlyn Broesder

Others in Attendance

1. Shane Hamilton

2. Terry Dosch

Purpose

The purpose of the Advisory Council shall be to guide the Division of Behavioral Health with the planning, coordination, and development of the state comprehensive behavioral health services plan. The Advisory Council shall advocate on behalf of persons served to ensure their highest attainable degree of independence, productivity, community integration and quality of services. The Advisory Council will also advise the Division of Behavioral Health on statewide treatment, prevention, and rehabilitation needs within the current behavioral health system.

Minutes:

I. Call to Order / Welcome and Introductions

August 11, 2021 the Behavioral Health Advisory Council meeting was called to order by Jane Grant. Tiffany Wolfgang took attendance.

II. Review and Approval of Meeting Minutes

The Advisory Council reviewed the June 2021 meeting minutes. Jane Grant moved to approve. Linda Reidt-Kilber seconded the motion. Motion carried, all approved.

III. Membership

Expiring Terms - 10/30/21

Jennifer Humphrey discussed expiring terms and the nominations received for Governor Noem's consideration. Expiring terms include: (1) Joyce Glynn, a representative of an accredited prevention provider, (2) Belinda Nelson, a Director of a substance use disorder treatment provider, (3) Ellen Washenberger, a family member of an adult with a serious emotional disturbance with a preference for a family member of an individual between the ages of 18-29, and (4) Roseann Peterson-Olson, an adult with a serious mental illness who has or is receiving services.

IV. Human Services Center (HSC) Update

Shane Hamilton, Director of Clinical Services, provided an update for the HSC. The HSC is currently operating near max census on the Adult Acute and Adolescent Programs. The adolescent units are currently combined into one unit. It is common for the adolescent census to drop during the summer months. The HSC anticipates an increase in referrals as summer ends and the school year starts back up. However, workforce constraints will create challenges with being able to bring a second adolescent unit back on-line. The COVID-19 Isolation Unit is currently de-activated due to not having any referrals for patients on a Mental Illness Hold that are positive for COVID-19. The HSC is currently in the process of working with the Western Interstate Commission for Higher Education (WICHE) on a consultative basis to provide recommendations as it relates to treatment for the specific areas of: Geriatrics, co-occurring mental illness and developmental disabilities, and forensics (restoration to competency). WICHE is also looking at the area of staffing and clinical training for staff. The HSC anticipates receiving a final report by the end of September.

Division of Behavioral Health Update

Fiscal Reports

Stacy Bruels provided an overview of the FY 2022 budget in the areas of substance use and mental health services.

2022-2023 State Plan

Tiffany Wolfgang asked Advisory Council members to reference the meeting materials provided which included the drafted 2022-2023 State Plan for the Substance Abuse, Treatment and Prevention Block Grant and Mental Health Block Grant. The Advisory Council's feedback from the June 9th meeting was incorporated into the State Plan. Chair, Jane Grant, signed the Advisory Council's letter of endorsement.

Jennifer Humphrey announced at the beginning of August public comment was posted in the Argus Leader, Rapid City Journal, Huron Daily Plainsman, and the Aberdeen News. Jennifer also emailed the notice to Advisory Council members asking them to share with any interested state/community partners and members of the public who have a vested interest in the State of South Dakota's behavioral health service system. Comments will be received until August 30th. Submission of the State Plan is due to the Substance Abuse and Mental Health Services Administration (SAMHSA) on or before September 1st.

Block Grant Supplemental Funds

Tiffany Wolfgang announced the SAMHSA's approval of the Division of Behavioral Health's (DBH's) proposed plan to the Coronavirus Response and Relief Supplemental Appropriations Act funding for the Substance Abuse Prevention and Treatment (SAPT) and Mental Health Block Grants. Tiffany discussed the utilization of those funds and asked the Advisory Council to reference the meeting materials provided which included the plan.

The proposed plan for the American Rescue Plan Supplemental funding for the SAPT and

Mental Health Block Grants was shared with the Advisory Council. It is currently under review by SAMHSA.

988 Planning Grant

Tiffany Wolfgang announced that a no cost extension (NCE) was approved and the drafted action plan for South Dakota's 988 launch will be due on September 30th. Technical assistance provider, Guidehouse, researched options for ongoing funding to support 988 implementation and sustainability and has completed its stakeholder engagement and research project to support its cost modeling projections. Guidehouse's final report will be utilized by the 988 Stakeholder Coalition to make recommendations for South Dakota's 988 implementation plan. For more information pertaining to the 988 Planning Coalition and related resources, please visit: Department of Social Services (sd.gov).

Behavioral Health Voucher Program (BHVP)

Tiffany Wolfgang announced that direct service delivery is being facilitated through the BHVP, which provides treatment and recovery support cost assistance to eligible youth, families, and adults. The BHVP enrolled its first providers in March 2021 and issued its first voucher for services in April 2021 Vouchers can be issued by Helpline Center and/or by participating providers for clients that meet financial and grant eligibility. Funding for the BHVP is duly supported by the Disaster Response State Grant (weather-related disaster impacts) and the Emergency COVID Treatment Grant. For more information please visit: https://dss.sd.gov/behavioralhealth/services.aspx.

School-based Behavioral Health Services

Tiffany Wolfgang announced that the DBH is collaborating with the Departments of Education regarding school-based behavioral health services.

V. Office of Prevention Services Update

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Grant

Katie Demaray announced the grants end September 2021. A NCE was submitted, and the federal grant project officer expects approval of the activities. The grant's Advisory Council had their last meeting August 11th. Brown Clinic and Avera will continue screening through May 31, 2022, contingent on the NCE approval. Mini grants are available for trainings, infrastructure, and other items to assist in implementing SBIRT. Sage will continue to serve as project director. For more information please see: <u>https://dss.sd.gov/behavioralhealth/grantinfo.aspx</u>.

Suicide Prevention

Melissa Renes reported that the Youth Follow-Up Program provides follow-up calls to youth ages 10-24 hospitalized for suicidal ideation or attempt at any of the four inpatient behavioral health units in South Dakota. Through July 31, 2021, 1,975 youth have been enrolled. The Youth Follow-up Program was originally supported by the youth suicide prevention grant but is now supported by state general funds.

The Adult Follow-Up Program, which was adapted from the Youth Follow-Up Program, began in November of 2020, and provides follow-up calls to adults age 25 and older hospitalized for suicidal ideation or attempt at any of the four inpatient behavioral health units in South Dakota. Through July 31, 2021, 547 adults have been enrolled. Partnering providers are Monument Health in Rapid City, Avera Behavioral in Sioux Falls, Avera St. Luke's in Aberdeen, and the Human Services Center.

The DBH continues to support mental health promotion and suicide prevention training at nocost in South Dakota. Training supported include Mental Health First Aid, Youth Mental Health First Aid, Question Persuade and Refer, and Applied Suicide Intervention Skills Training. To request a training for your community, please see: <u>https://sdsuicideprevention.org/get-help/request-training/</u>. So far in FY22, there have been 25 approved trainings.

State Opioid Response (SOR) Grant

Kaitlyn Broesder announced the SOR NCE will be wrapping up in September 2021. SOR II funds will go through September 2022 with an anticipated NCE to carry out funds through September 2023. SOR II funds allow stimulant use disorder to be addressed in addition to opioids.

Education on proper medication storage and disposal continues to be a top priority. The SD MedDrop program managed by the SD Board of Pharmacy now has a total of 90 permanent receptacles managed through the program. To find a take-back location in our area, visit: https://www.avoidopioidsd.com/take-action/take-back-sites/.

DisposeRx packets continue to be offered at no cost to SD residents to safely dispose of medications at home. To request a free packet that will be shipped directly to your home, visit: <u>https://www.avoidopioidsd.com/take-action/take-back-sites/.</u>

Medication lock boxes are still available for anyone in SD at no cost. To order your own lock box that will be shipped directly to your home, visit: <u>https://www.avoidopioidsd.com/take-action/medication-lock-boxes/.</u>

Current efforts for the Naloxone statewide standing order are focused on increasing awareness to pharmacies encouraging enrollment and education on this option. A variety of materials for Naloxone promotion is being finalized to include medical journal ads, card handouts for quick reference on how to access naloxone, television ads and social media posts. There are 46 pharmacies enrolled to participate. To locate a participating pharmacy in your area, please visit: Find a Naloxone Pharmacy | Avoid Opioid SD.

Free Naloxone online training is available to anyone who could find themselves in a position of needing to assist someone experiencing an opioid-related overdose. To access the training, please visit: <u>Reverse an Opioid Overdose | Avoid Opioid SD</u>. To date, 22 individuals have successfully completed the training, receiving certificates of completion.

The Department of Social Services continues to partner with the Department of Health, Office of Rural Health, to educate, train and equip emergency medical service personnel and other first responders on how to recognize an opioid overdose, and the use of naloxone.

International Overdose Awareness Day occurs August 31st. Is an important opportunity to educate others on how naloxone saves lives and to promote the statewide standing order for individuals concerned about themselves or someone close to them to get naloxone.

VI. Open Discussion/Council Member Updates

Teresa Rowland announced the Department of Education's newly created Office of Student Wellness and Supports.

VII. Public Comment / Testimony

No public comment or testimony received.

VIII. Future Meetings

The next meeting will take place Wednesday, November 17, 2021 from 1:00-4:00 p.m. CT via Zoom.

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

IX. Adjourn

Emily Erickson made a motion to end the meeting. Kristi Bunkers seconded the motion. Motion carried, all approved.