

**Behavioral Health Advisory Council  
Pierre, South Dakota**

**March 17, 2021**

**Advisory Council Members  
Present:**

Jane Grant (Chair)  
Ashlee Rathbun  
Kristi Bunkers  
Wendy Figland  
Matt Glanzer  
Linda Reidt-Kilber  
Eric Weiss  
Teresa Rowland  
Melanie Boetel  
Jon Sommervold  
Rosanne Summerside

Dianna Marshall  
Christie Lueth  
Karen Severns  
Lorraine Polak  
Belinda Nelson  
Chuck Frieberg  
Angie Dammer  
Emily Erickson  
Pamela Bennett  
Penny Kelley

**Advisory Council  
Members Absent:**

Roseann Peterson-Olson (Vice-Chair)  
Angela Murphy  
Bryan Harberts

Ellen Washenberger  
Joyce Glynn  
Christy Alten-Osmera

**Behavioral Health Staff  
Present:**

Jana Boocock  
Tiffany Wolfgang  
Tessia Johnston  
Katie Demaray

Jennifer Humphrey  
Stacy Bruels  
Brian Watterson

**Others in Attendance:**

Terry Dosch  
Shane Hamilton

Jeremy Johnson

**Purpose**

The purpose of the Advisory Council shall be to guide the Division of Behavioral Health with the planning, coordination, and development of the state comprehensive behavioral health services plan. The Advisory Council shall advocate on behalf of persons served to ensure their highest attainable degree of independence, productivity, community integration and quality of services. The Advisory Council will also advise the Division of Behavioral Health on statewide treatment, prevention, and rehabilitation needs within the current behavioral health system.

**Minutes:**

**I. Call to Order / Welcome and Introductions**

March 17, 2021 the Behavioral Health Advisory Council meeting was called to order by Jane Grant. Jennifer Humphrey took attendance.

## II. Review and Approval of Meeting Minutes

The Advisory Council reviewed the November 2020 meeting minutes. Eric Weiss moved to approve. Wendy Figland seconded the motion. Motion carried, all approved.

## III. Bylaws

Jennifer Humphrey proposed a change to bylaws, adding a state mental health representative. The mental health block grant project officer informed Jennifer that, according to statute, the state mental health representative and the state social services representative cannot be the same person. Therefore, a separate position was added specifically for a state mental health representative. Ashlee Rathbun moved to approve. Angie Dammer seconded the motion. Motion carried, all approved.

## IV. Membership

Melanie Boetel provided an overview of the current membership, discussing the importance and value of everyone's service.

### New Appointments

Pamela Bennett, Director of Child Protection Services, appointed to serve as the Department of Social Service's representative.

Penny Kelley was appointed to fill Katherine Jaeger's position which is a family member of a child who is or has received services from a psychiatric residential treatment center.

Jon Sommervold was appointed to fill Jayne Parson's position of an adult recovering from substance abuse.

### Vacancies

Kara Assid's position is a family member of a youth with a serious emotional disturbance and co-occurring substance use disorder. Nomination, Joanne Hairy Shirt will be reviewed by the Governor in April.

### New Member Orientation

New member orientation took place March 12<sup>th</sup>. Members interested in viewing the recorded orientation, please contact Jennifer Humphrey.

## V. Human Services Center (HSC) Update

Administrator, Jeremy Johnson, shared COVID cases have stabilized at the hospital. The hospital was able and continues to be able to support patients who test positive through a dedicated COVID unit. HSC continues to work with Monument Healthcare and Avera to ensure individuals in need of treatment can be served in a timely manner. HSC continues to enact Zero Suicide. Staff recruitment and retention continues to be a challenge with a 2% unemployment in the Yankton area. HSC is working with internal staff in a "grow your own" program as well as continuing ongoing outreach for recruitment.

## VI. Division of Behavioral Health Update

### 2021 Legislative Session

Tiffany Wolfgang announced the Legislature approved funding to support behavioral

health provider rates to 100% methodology as developed by the Rate Setting Workgroup, plus a 2.4% inflation rate.

[House Bill 1064](#), An Act to make an appropriation for and the establishment of peer support and critical incident stress management training for first responder organizations. Bill passed by the House and Senate.

[House Bill 1063](#), An Act to make an appropriation to contract for mental health insurance for certain first responder organizations and to declare an emergency. Bill was tabled.

[Senate Bill 144](#), An act to make an appropriation to provide for a crisis stabilization unit and to declare an emergency. This provides \$4.6 million to the Department of Social Services for the purposes of providing funds to Pennington County to develop and build a crisis stabilization unit to serve as an appropriate regional facility serving western South Dakota. Bill passed by the House and Senate.

[Senate Bill 186](#), An act to make an appropriation for behavioral and mental health service support in crisis stabilization and to declare an emergency. This provides \$3 million to the Department of Social Services for purposes of providing funds to the city of Sioux Falls to support behavioral and mental health services in crisis stabilization. This is also intended to support The Link: <https://www.linksf.org/>. Bill passed by the House and Senate.

[Senate Bill 96](#), An act to revise certain provisions regarding the use of telehealth technologies. This further defines telehealth to include audio only. Signed by the Governor on March 9<sup>th</sup>.

[House Concurrent Resolution 6008](#), To reauthorize the Mental Health Services Delivery Task Force for the limited purposes of monitoring the growth and development of current initiatives in the delivery of mental health services, reviewing and proposing adjustments to the levels of funding, and ensuring that the statutory and regulatory framework complements intended outcomes. Passed by the House and Senate.

[House Concurrent Resolution 6012](#), To encourage the Executive Board of the Legislature to reauthorize the Mental Health of First Responders Task Force interim legislative study. Passed by the House and Senate.

#### 988 Planning Grant

Tiffany Wolfgang announced that the Division of Behavioral Health in partnership with the Helpline Center applied for and was awarded the 988 Planning Grant. The 988 Planning Grant will assist states in planning for the implementation of a new, national, three-digit number for mental health crisis and suicide response (988).

In July 2022, 988 will become the national three-digit dialing code for the National Suicide Prevention Lifeline, replacing the current phone number of 1-800-283-TALK (8255). A Behavioral Health Crisis Response Stakeholder Coalition (BHCRSC) will assist in developing and implementing a plan that addresses coordination, capacity,

funding, and communication strategies essential to the launching of 988 and supporting crisis care services.

The Division is seeking one member from the Behavioral Health Advisory Council with lived experience to serve on the BHCRSC. Interested members are asked to contact Jennifer Humphrey by March 19<sup>th</sup>.

#### Appropriate Regional Facilities

Tiffany Wolfgang announced that a Request for Proposal was issued January 14, 2021 to solicit proposals to fund Appropriate Regional Facilities throughout South Dakota to support admitting adults who are apprehended under SDCL 27A-10-2 or SDCL 27A-10-3. Proposals are due April 8<sup>th</sup> and an award decision is anticipated April 22<sup>nd</sup>. For more information, please visit: <https://dss.sd.gov/keyresources/rfp.aspx>

#### Needs and Gaps Analysis

Tiffany Wolfgang provided an update to the statewide needs and gaps analysis. The Division continues work with the Human Services Research Institute and anticipate the final report early Spring.

#### Office of Licensure and Accreditation

Tiffany Wolfgang announced that the behavioral health accreditation process has moved Department of Social Services, Office of Licensure and Accreditation. Muriel Nelson, Program Manager, oversees licensing and accreditation for behavioral health and youth care providers of group, residential and foster care programs. Program Specialists include Heidi Gravett, Chris Kenyon, and Kevin Kanta.

#### Office of Prevention Services

Tessia Johnston, Prevention Program Administrator, announced that the Office of Prevention Services is fully staffed. Jana Boocock is the Prevention Program Manager for suicide and substance use prevention services and Program Specialist, Melissa Renes, oversees substance use prevention services; Program Specialist, Kaitlyn Broesder, oversees the State Opioid Response Grant efforts and Program Specialist, Katie Demaray, oversees prevention's fiscal contacts and budgets.

#### Behavioral Health Website

Melanie Boetel provided an overview of the updates made to the [Division of Behavioral Health's website](#). Please contact Jennifer Humphrey if you have questions or suggestions on ways to improve the website.

#### 605 Strong - Crisis Counseling Program Grants

Melanie Boetel provided an update regarding the 605 Strong statewide awareness campaign and the Crisis Counseling Program Grants received due to flooding and other weather-related disasters in 21 counties during the spring and fall of 2019.

The Crisis Counseling Program offers outreach to individuals impacted by COVID-19, linking them to appropriate behavioral health or other necessary resources including unemployment, health, and financial assistance. Crisis counseling is available statewide, focusing on COVID-19 hotspots, and are supported by staff at Lutheran Social Services and The Helpline Center. In addition, webinars are available on a

variety of topics related to coping with the disaster. For more information, please visit: <https://www.605strong.com/>.

#### Natural Disaster Response Grant

Melanie Boetel announced that the Natural Disaster Response Grant is a continuation of the two Crisis Counseling Program Grants received in 2019. This grant enables the Division to continue crisis counseling and outreach services.

In addition, with the use of these grant funds, the Division will be launching a Behavioral Health Voucher program. Private mental health providers and contracted Community Mental Health Centers and Substance Use Disorder agencies may enroll to become a provider in this program. Through crisis counseling outreach or by calling 211, individuals in need of services and who meet the Division's financial eligibility guidelines will be issued a voucher to use with an enrolled provider of their choice. The enrolled provider will utilize the vouch for reimbursement through the Division.

#### Opioid Grant – Treatment Services

Melanie Boetel discussed Bethany Christian Services, an intensive case management program for pregnant women with opioid use disorder and other substances. Bethany Christian Services began providing services for pregnant women in both Rapid City and Sioux Falls in October 2020.

The Oxford House, a peer-led sober living environment with 4 homes in Rapid City, opened a new home in Rapid City for women in January 2021. The Oxford house continues to work to expand in other parts of the state.

#### Opioid Grant – Prevention Services

Jana Boocock provided the following updates:

##### Education on Proper Medication Storage & Disposal

Education on proper medication storage and disposal continues to be a top priority. In January 2021, there were 769 pounds of medication collected for destruction, totaling 13,889 pounds since the program's inception.

[DisposeRx packets](#) continue to be utilized. Since January 2020, 661 packets have been mailed to individuals to safely dispose of medications at home.

[Medication lock boxes](#) are available for anyone in South Dakota at no cost. Since July 2020, 321 lock boxes have been mailed to individuals to safely secure their medication.

##### Boys and Girls Clubs of America

While each club throughout the state remain in various phases of providing programming to youth due to COVID-19, the clubs that are fully operational have begun implementing [Positive Action](#). In January 2021, an additional 96 youth were enrolled in Positive Action, bringing the total amount of youth enrolled in Fiscal Year 2021 to 635.

##### Increased Access to Lifesaving Medication - Naloxone Statewide Standing Order

In October 2020, the Division issued a statewide standing order allowing all participating pharmacies to dispense, with funding assistance available, Naloxone to anyone at risk of an opioid-related overdose.

Pharmacies must complete certain requirements to participate which include a one-hour training, registering as a participating pharmacy and data tracking. The steps and requirements are on the [AvoidOpioidSD](#) website under the pharmacy tab. To date, 44 pharmacies have enrolled.

In addition, a free [naloxone online training](#) on how to recognize and respond to an opioid overdose and the proper protocol for administering naloxone was successfully launched to the Desire2Learn (D2L) platform, allowing easier access to the training in an electronic learning management system.

#### Early Intervention Services

The Division will expand early intervention services availability utilizing State Opioid Response Grant funding through September 2022. The intended outcome for this project is to impact 1,000 at-risk youth through evidence-based early intervention programming.

#### Avoid Opioid Media Campaign/Public Awareness

New broadcast media ads promoting Care Coordination and the Resource Hotline began running in October 2020. During December through January the social media campaign largely focused on: overdose warning signs & naloxone information; the Resource Hotline & Care Coordination program; and the availability of Medication Assisted Treatment, medication lock boxes and online group support.

#### Resource Hotline and Care Coordination

The Resource Hotline continues to be staffed 24/7 for free confidential support and connection to services and/or resources. In January, 50 phone calls were received.

Care Coordination Calls were promoted through the Avoid Opioid campaign from October 2020 through January 2021, resulted in a 300% increase in average monthly call volume.

#### Fiscal Reports

Stacy Bruels provided an overview of the 2<sup>nd</sup> quarter report for Fiscal Year 2021 regarding the amount expended for contract and Medicaid services by area.

#### NSSP Grant / Suicide Prevention

Jana Boocock reported that the Youth Follow-Up Program provides follow-up calls to youth ages 10-24 hospitalized for suicidal ideation or attempt at any of the four inpatient behavioral health units in South Dakota. Since the inception of the Follow-Up program, through January 31, 2021, 1,775 youth have been enrolled.

The Adult Follow-Up Program, which was adapted from the Youth Follow-Up Program, began in November of 2020, and provides follow-up calls to adults age 25 and older hospitalized for suicidal ideation or attempt at any of the four inpatient behavioral health units in South Dakota. Through January 31, 2021, 157 adults have been enrolled and 20 adults reported being actively engaged in mental health services in January.

Through March 5, 2021 in FY21, the Division has approved 42 suicide prevention and mental health awareness trainings, training 520 individuals, with an additional 7 requests pending approval. Trainings that have been approved include Mental Health First Aid (MHFA), Youth Mental Health First Aid (YMHFA), Question Persuade and Refer (QPR), and Applied Suicide Intervention Skills Training (ASIST).

#### Screening, Brief Intervention, and Referral to Treatment (SBIRT) Grant

The SBIRT Advisory Council met via Zoom the morning of March 17<sup>th</sup>. Jana Boocock reported that Avera St. Mary's in Pierre began SBIRT screening and implementation in January. Avera McKennan is providing oversight to this clinic, in addition to attempting to on-board additional clinics and Avera's E-Triage program.

Since the SBIRT grant began, through January 31, 2021, there have been 34,735 screenings completed, with 2,150 clients screening positive and 905 clients receiving either a Brief Intervention (BI), Brief Treatment (BT) or Referral to Treatment (RT) intervention.

#### South Dakota State Epidemiological Outcomes (SEO)

Jana Boocock reported that the SEO website is available at: <https://www.sdseow.org/>. This site is intended to serve as a resource for accessing state and regional data related to behavioral health and substance use/misuse in South Dakota.

#### 2022-2023 State Plan

Jennifer Humphrey announced that the 2022-2023 combined block grant biannual application (aka State Plan) is due in September. A draft of the application will be shared at June meeting for Advisory Council recommendations. To review previous applications please go to: [WebBGAS](#).

Username: citizenSD

Password: citizen

### **VII. Open Discussion/Council Member Updates**

Lorraine Polak announced the allocation of additional funds for the [SD CARES Housing Assistance Program](#) which assists residents financially impacted by COVID-19 with temporary housing expenses such rental, mortgage or utility assistance. For more information please contact the South Dakota Housing Development Authority @ 1-800-540-4241 or the Helpline Center @ 211.

### **VIII. Public Comment / Testimony**

No public comment or testimony received.

**IX. Future Meetings**

The next meeting will take place Wednesday, June 9, 2021 from 1:00-4:00 p.m. CT via Zoom.

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

**X. Adjourn**

Karen Severns made a motion to end the meeting. Jon Sommervold seconded the motion. Motion carried, all approved.

DRAFT