

SOUTH DAKOTA STATEWIDE INDEPENDENT LIVING COUNCIL (SILC)
Individual Training Plan

South Dakota SILC members are encouraged to develop their skills and knowledge base needed to become effective Council members and to obtain proficiency in independent living philosophy, history, and concept of service provision.

Each member is being asked to complete this Individual Training Plan. Training sessions are offered on a frequent basis in the form of on-line courses and webinars. For example, ILRU (ilru.org) is the IL-NET National Training and Technical Assistance Center on Independent Living for CILs. ILRU offers on-line training, videos, rapid courses web-based self-study tutorials, archived sessions by topic. Topics include assistive technology, CIL core services, emergency preparedness, health and wellness, IL History and Philosophy, SILC Operations and SILC Roles and Responsibilities.

Other opportunities may arise for members to attend trainings/conferences hosted by various agencies i.e., Division of Rehabilitation Services, Service to the Blind and Visually Impaired, SD Housing and Development Authority, Center for Disabilities Symposium, and the SD Special Education Conference. Attendance at such events and conferences will be limited by the availability of funding.

Each SILC member will be asked to complete this Individual Training Plan on an annual basis and submit it to SILC staff.

Please identify at least three areas/training topics that you feel would benefit you in your role as a SILC member.

The attached chart contains some listings of recorded training sessions/webinars that are available. The list does not identify all sessions. If you identify a topic/area you would like to participate in, please write this in under the "Other" category.

Individual Training Plan

(Members will be asked to update the Individual Training Plan annually)

Please Mark 3 training Goals for the year

Name:	Date:
Training Topics	
ILRU - https://www.ilru.org/projects/silc-net/silc-training:	
Foundations of Independent Living Series (4 courses in the series)	The Power of Your SPIL
SILC Roles and Responsibilities Within the IL Network	SPIL Training and Technical Assistance Series
SILC Member and Staff Orientation to SILC Duties (2 courses)	New CIL and SILC Staff Members Monthly Technical Assistance and Training
SILC Composition	DSE, SILC Roles and Responsibilities & Regulations
Coordination of SILC Activities	Refining SILC Operations – SILC Indicators and SILC & DSE Assurances
Designated State Entity (DSE) Staff Peer Discussion	Working Together – Building a Statewide IL Network thru CIL & SILC Collaboration
Other:	Other:
APRIL - Association of Programs for Rural Independent Living – https://www.april-rural.org	
IL Philosophy and Your Organization: Learn it, Live it, Pass it on Get in the ADA Game: Engage, Connect Play and Learn	<u>CIL Services</u> CIL services for parents with disabilities Improving Community Receptivity by Advocacy IL Skills Training How to host IL workshops online Fun and Fit: Recreation Opportunities for People with Disabilities
Strategies for Rural Outreach and Networking	Cross Disability Services: Serving Consumers with Mental Health/Substance Use Disorders Role of CILs in Supporting People with Psychiatric Disabilities Expanding CIL Capacity through engagement of Consumers with Mental Illness
Other:	Other:
Other Areas – Broaden your knowledge by visiting websites to learn more!	
<u>Transition Services Liaison Project (TSLP)</u> TSLP provides regionally based events and activities for high school students with disabilities, parents, educators, and adult service agencies. Learn more about the events: https://tslp.org/events/ <ul style="list-style-type: none"> • Youth Leadership Forum • Catch the College Wave • Let's Talk Work • Transition Workshops • Transition Round Ups • Summer Institute 	
<u>SD Parent Connection</u> provides assistance to families and professionals, offers workshops throughout the state, online and in person events. Information found at: https://sdparent.org/online-training/	

<p>Events include:</p> <ul style="list-style-type: none"> • Lunch and learn education sessions (recorded sessions), i.e., guardianship, vocational rehabilitation/transition in action, assistive technology, communication, ACC and the IEP. • In person training sessions, i.e., accessing services and supports, disability awareness, rights/responsibilities and resources, Autism 101. • On-line Training i.e., education/school, behavior, IEP/504 plans, legal/life planning, parenting. 	
<p><u>Rocky Mountain ADA Center</u> provides training on ADA topics, on all levels basic to advanced. Trainings are available in person, webcast and online. Website: https://rockymountainada.org/services/training</p> <ul style="list-style-type: none"> • Accessible Parking, Recreation Facilities, Transportation, Voting Places, Social Media • Disability Awareness and Etiquette • Title I Overview, Title II Overview, Title III Overview • Small Business and the ADA 	
<p><u>SD DROP (SD Deaf Resource & Outreach Programs</u> – website: https://sddrop.org/</p> <p>Services provided: information and referral, peer support, employment services, communication assistance, family communication, community integration skills training, deaf awareness training, interpreter mentoring/ASL classes.</p> <ul style="list-style-type: none"> • Telecommunication Equipment Distribution program – provides free or low cost phone equipment to people who are deaf, hard of hearing, deaf-blind, and/or speech disabled. Equipment options: mobile devices, TTY devices, ipads/iphones, vibrating alarm clocks, phone amplifiers and signalers, IP relay. 	
<p><u>DakotaLink</u> (SD’s assistive technology project) provides direct services to individuals with disabilities and the elderly. Services include assessments, equipment sales, installation and training of assistive technology. DakotaLink conducts evaluations/assessments, training, and offers a low interest loan fund for individuals with disabilities to finance the purchase assistive technology equipment and devices, home improvements or vehicle modifications.</p> <p>A list of equipment on DakotaLink’s website can be found at https://myatprogram.org/home/46 - to view current inventory and requesting items for loan. An individual needs to create an account to request items and the public is welcome to add their own items for sale or free.</p>	
<p>Other:</p>	
<p>Other:</p>	
<p>Signature of SILC Member:</p>	<p>Date:</p>
<p>This Individual Training Plan is to identify your preferences in obtaining additional information/training to increase your knowledge and skills as a SILC member.</p> <p>Again, training sessions are offered on a frequent basis in the form of on-line courses and webinars through the following organizations: Check their listings, as new items are added on a continual basis.</p> <ul style="list-style-type: none"> • Independent Living Research Utilization – www.ilru.org • National Council on Independent Living – www.ncil.org • Association of Programs for Rural Independent Living – www.april-rural.org <p>SILC members are encouraged to attend/participate in at least three training events per year, or visit a website and learn more about services/trainings.</p> <p>Every effort will be made to assist you in increasing your knowledge or achieving a training goal.</p>	