

**Behavioral Health Advisory Council  
Pierre, South Dakota**

**August 12, 2020**

**Advisory Council  
Members Present:**

Kara Assid (Chair)	Dianna Marshall
Roseann Peterson-Olson (Vice-Chair)	Susan Kornder
Jacque Larson	Wendy Figland
Kristi Bunkers	Karen Severns
Christy Alten-Osmera	Lorraine Polak
Bryan Harberts	Belinda Nelson
Matt Glanzer	Chuck Frieberg
Joyce Glynn	Angie Dammer
Linda Reidt-Kilber	Emily Erickson
Eric Weiss	Jayne Parsons
Ashlee Rathbun	Rosanne Summerside
Lois Knoke	

**Advisory Council Members  
Absent:**

Katherine Jaeger	Ellen Washenburger
Melanie Boetel	Jane Grant

**Behavioral Health Staff Present:**

Jana Sprenger	Jennifer Humphrey
Tiffany Wolfgang	Stacy Bruels
Katie Demaray	Andrea Heronimus
	Kaitlyn Broesder

**Others in Attendance:**

Terry Dosch	Jeremy Johnson
Bob Mercer	

**Purpose**

The purpose of the Advisory Council shall be to guide the Division of Behavioral Health with the planning, coordination and development of the state comprehensive behavioral health services plan. The Advisory Council shall advocate on behalf of persons served to ensure their highest attainable degree of independence, productivity, community integration and quality of services. The Advisory Council will also advise the Division of Behavioral Health on statewide treatment, prevention, and rehabilitation needs within the current behavioral health system.

**Minutes:**

**I. Call to Order / Welcome and Introductions**

August 12, 2020 the Behavioral Health Advisory Council meeting was called to order.

## **II. Review and Approval of Meeting Minutes**

The Advisory Council reviewed the June 2020 meeting minutes. Ashley Rathbun moved to approve. Roseann Peterson-Olson seconded the motion. Minutes were approved.

## **III. Helpline 211 Presentation**

Janet Kittams and Betsy Schuster from the Helpline Center presented on 211 services in South Dakota.

## **IV. Membership**

### Expiring Terms – October 30, 2020

Jennifer Humphrey requested the Advisory Council assist in seeking interested persons for the following positions which have termed out.

Susan Kornder's position is a licensed mental health professional who provides direct services at a community agency (not a center director). Susan has served two consecutive three-year terms. Current nominations include Sandra Fortuna, Southern Plains Behavioral Health Services and Heather Tobin, Human Service Agency.

Lois Knoke's position is an adult with a serious mental illness who has or is receiving services. Lois has served two consecutive three-year terms.

Jayne Parsons' position is an adult recovering from substance abuse. Jayne has served two consecutive three-year terms.

Jane Grant's position is a family member of child with a serious emotional disturbance with a preference for a family member representing a child between the ages of 5-12. Jane has expressed interest in reappointment.

Ashlee Rathbun's position is a family member of a youth with SED with a preference for a family member representing a youth between the ages of 12-18. Ashlee has expressed interest in reappointment.

## **V. Human Services Center (HSC) Update**

Administrator, Jeremy Johnson, provided an overview of COVID-19 measures implemented at HSC. A designated unit and care team are available as needed to care for those diagnosed. The utilization of the unit has been low and to date there has been no cases of spread on the campus. Staff utilize face masks and eye protection and continue to be screened prior to each shift.

A recent change in nursing compensation for both current staff and new hires took place to recruit and retain qualified nursing staff. HSC continues to recruit through job fairs, internships and nursing student rotations.

HSC is working with community mental health centers to offer outpatient restoration to competency services. This is for defendants who have been found incompetent to proceed and the court has placed on bond. Northeastern Mental Health Center in Aberdeen, Southeastern Behavioral Health Care in Sioux Falls, Lewis & Clark

Behavioral Health Services in Yankton, Human Service Agency in Watertown and Behavioral Management Systems in Rapid City have been trained in the restoration to competency curriculum which provides basic education on the legal process and roles of each person in the court.

HSC is also working with Minnehaha County to serve people through their mental health contractor. This service would be for people who do not need inpatient hospitalization but do not qualify for bond.

## **Division of Behavioral Health Update**

### COVID-19

Tiffany Wolfgang reported that telehealth services continue at the provider level for both substance use and mental health services. Based on the status of community outbreak, some providers are transitioning back to in-person services with safety precautions for staff and clients.

### Crisis Counseling Program (CCP) COVID-19 Grant

Andrea Heronimus provided an overview of CCP grant activities including the 605 Strong Website at <https://www.605strong.com/>. In addition, the Division is participating in a multi-state sharing session to discuss strategies for virtual outreach and other challenges faced during COVID-19. Lastly, Lutheran Social Services and the Helpline Center are partnering to develop and deliver coping skills webinars to educators.

### Mental Health Summer Study

Tiffany Wolfgang announced that the Mental Health Services Delivery Task Force meeting took place August 4, 2020. For agenda and meeting minutes, please visit: <https://sdlegislature.gov/Interim/Documents.aspx?Session=2020&tab=Detail>.

### Needs and Gaps Analysis

Tiffany Wolfgang discussed the comprehensive needs and gaps analysis of both privately and publicly funded behavioral health services in South Dakota, including mental health and substance use prevention, treatment, and recovery supports. The Division has contracted with the Human Services Research Institute and a draft report is expected October 20, 2020. This analysis will involve stakeholder input from the Advisory Council to guide strategic goals and priorities for future investments that support outcomes and develop a comprehensive, evidence-based continuum of care for individuals.

### Methamphetamine Technical Assistance

Tiffany Wolfgang reported that the Division continues to utilize national experts to guide South Dakota's methamphetamine treatment services. The Substance Abuse and Mental Health Services Administration released a Treatment of Stimulant Disorders guide that is available for free download which endorses all the best practices for the treatment of methamphetamine disorders.

### Avoid Opioid Website Enhancements

Kaitlyn Broesder announced that DisposeRx packets were added to the website for individual to request at no cost: <https://www.avoidopioidsd.com/take-action/take-back->

[sites/](#). In addition, DisposeRx packets can also be requested by calling the South Dakota Resource Hotline at 1-800-920-4343.

A training event calendar has been added to the website:

<https://www.avoidopioidsd.com/take-action/training-and-events/> The training event calendar is also linked to the Avoid Opioid Facebook page:

<https://www.facebook.com/AvoidOpioidSD/>.

A provider's tab was added and is intended to be a step-by-step guide for healthcare professionals to learn more about medication assisted treatment to guide them in their healthcare practice: <https://www.avoidopioidsd.com/for-providers/>.

The Find Help drop-down box on the website continues to expand including the Resource Hotline, care coordination, medication assisted treatment for the general audience and peer recovery supports: <https://www.avoidopioidsd.com/find-help/>

#### Medication Assisted Treatment (MAT)

Kaitlyn Broesder reported that MAT clinics contracted with the Division have begun looking at how to incorporate contingency management into their programs, identifying target behaviors they want to incentivize to increase treatment retention and decrease relapse.

Project Recovery in Rapid City is working with their local drug court to provide education and support for individuals involved in intensive supervision. They have four trained Peer support specialists now on staff.

The Center for Family Medicine (CFM) is partnering with Carroll Institute and Bright Start to provide weekly (prenatal up to two years of age) support group for mothers struggling with any addiction.

#### Fiscal Year 2020 State and Agency Profiles

Tiffany Wolfgang announced Fiscal Year 2020 state and agency profiles will be shared at the November Advisory Council meeting. This information will also be made available on the Division of Behavioral Health's website:

<https://dss.sd.gov/behavioralhealth/community/>.

#### Informal Virtual Site Visit – Center for Substance Abuse Treatment (CSAT)

Tiffany Wolfgang discussed the informal virtual site visit which took place July 30-31, 2020 with CSAT Project Officer, Theresa Mitchell Hampton. The visit was regarding block grant funding requirements for substance use treatment services. Lewis & Clark Behavioral Health Services, Dakotah Pride and Project Recovery participated discussing services offered through their programs. Dee LeBeau Hein provided an overview of the cultural competency training she administers. It was reported that South Dakota was very advanced compared to other states.

#### National Strategy for Suicide Prevention (NSSP) Grant

Jana Sprenger announced that the Division was awarded the NSSP grant which will begin August 30, 2020 for a period of three years. The purpose of the grant is to provide rapid follow-up to adults age 25 and older who are hospitalized at inpatient

behavioral health units for a suicide attempt or suicidal ideation. It will support community-based suicide prevention training and training on evidence-based interventions for suicidality.

#### Screening, Brief Intervention, and Referral to Treatment (SBIRT) Grant

The SBIRT Advisory Council did not meet this month as the Division is finalizing the mini-grant application which will allow primary care clinics to apply for up to \$50,000 in funding to support SBIRT implementation. The current SBIRT grant will end September 29, 2021 and the Division is planning to contract with JBS International to conduct sustainability planning with all participating clinics.

#### Fiscal Reports

Stacy Bruels provided an overview of the FY 2021 budget in the areas of substance use and mental health services.

#### **VI. Open Discussion/Council Member Updates**

Roseann Peterson-Olson shared that Sioux Falls has recently created Empire Mental Health Support. It is a non-profit designed to offer support, provide information, referrals and advocacy for those in need of mental health care. For more information, please visit: <https://empirementalhealthsupport.org/>.

#### **VII. Public Comment / Testimony**

No public comment or testimony received.

#### **VIII. Future Meetings**

The next meeting will take place Wednesday, November 18, 2020

The "In Your Own Voice" presentation will be postponed until the Advisory Council is able to reconvene in-person.

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

#### **IX. Adjourn**

Meeting was adjourned.