

Service Overview: Nutritional Supplements

What are Nutritional Supplements?



Nutritional Supplements are products that support healthy growth, so you can stay active at home, school, and work. They include high calorie shakes or formulas for tube feeding.

How Can I Get Nutritional Supplements Using FS360?

1. **Doctor's Prescription:** You need a prescription from your doctor. This must be updated and shared with DDD at least once every year.
2. **Try Medicaid First:** Always use Medicaid benefits first. FS360 can only pay for supplements if Medicaid or EPSDT* doesn't cover them.

* *EPSDT = Early and Periodic Screening, Diagnostic, and Treatment.*

What Nutritional Supplements FS360 CAN cover:



Must be prescribed by a licensed physician and listed in your service plan.

Covered Item	Example Supplement
High protein/high calorie shakes	Ensure ® or Carnation Instant Breakfast® for weight gain
Enteral/tube feeding formula	Pediasure® for feeding through a tube
Prescription-grade metabolic formulas	PKU formula when not covered by Medicaid
Thickening powders/gels	Powder added to drinks for a diagnosed swallowing disorder
Total Parenteral Products	Injectable solutions like Clinimix®

What Nutritional Supplements can NOT cover:



- Over-the-counter vitamins, minerals, or herbal supplements without a prescription
- Regular groceries or meal replacement bars
- Medications like pills or liquids
- Shipping or rush delivery fees

Need more help?

Speak with your Family Support Coordinator or call the Division of Developmental Disabilities at 605-773-3438.