

Department of Human Services

Division of
Developmental Disabilities



Mission of the Division of Developmental Disabilities

To ensure that people with intellectual and developmental disabilities have equal opportunities and receive the services and supports they need to live and work in South Dakota communities.



Why we do what we do-

A recipient of the Family Support 360 waiver requested the use of funds to offset the cost of a communication device. In response to the approval of the device, the family member shared ***"Thank you so much!!!! You have made my day!!! I am so grateful to be a part of this program!"***

A recipient of the Family Support 360 waiver requested a new wheelchair. The order was placed on a Thursday and two days later the wheelchair was delivered to the family home. In response, the following was shared ***"The family was so happy and look at the wheelchair like a light at the end of their tunnel, for now. The wheelchair is giving this busy family of six the tools to allow them to take their loved one out in their community and engage with others, go to activities, and into stores again."***

The Division of Developmental Disabilities (DDD) Team

- DD Nurse Consultant (2)
- Community Support Specialist (14)
 - Family Advocacy Coordinator
 - Continuum of Care
 - Intake/Referral
 - Training
 - Community Capacity
 - Employment
 - HCBS Operations
 - Quality Assurance
- Intervention & Support Staff (5)
- Administration (6)



Principles of the Division of Developmental Disabilities

We support people to participate in the life of their community

We honor the importance of relationships with family and friends

We ensure quality services are available and accessible


We work with providers to enhance services while respecting the dignity of risk and the importance of health and safety

We respect and value cultural diversity

We are good stewards of public funds

DDD Foundational Practices

- Using the principles of Person Centered Thinking & Charting the LifeCourse (CtLC), we are committed to:
 - Keeping the person with a disability at the forefront of services and supports
 - Maintaining a culture of supporting people vs. “fixing” people
 - Encouragement high expectations and life experiences that move a person towards their vision of a good life
 - Acknowledgment that all people exist in the context of family

CHARTING the LifeCourse 

GOAL ATTAINMENT: Planning and Tracking Success

GOAL: _____

DEFINE SUCCESS	Success Steps	Successes	Successes: What's Working
What are the goals for this goal?	★ ★ ★		
What are the steps to achieve this goal?	★ ★ ★		
What are the challenges to achieving this goal?	★ ★ ★		
What are the resources to achieve this goal?	★ ★		
What are the barriers to achieving this goal?	★		Barriers and Challenges: What's NOT Working

STRATEGIES	SUPPORTS	START DATE	TARGET END DATE

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Person Centered Planning



WHY DO I NEED AN
ISP?



PERSON CENTERED
PLANNING GUIDE

Person Centered Thinking and Charting the LifeCourse (CtLC)

- The Department of Human Services has 4 PCT trainers
- DDD has 17 staff that are CtLC Ambassadors
- In 2021, DDD was honored with the “Innovation in Policy and System Transformation” award presented by LifeCourse Nexus
 - ✓ *“We are pleased to highlight and celebrate your leadership in integrating the CtLC framework throughout SD DDD. We are excited about how you have integrated the principles of CtLC into rule, and are supporting that implementation through ongoing practices and procedures to ensure that these principles can be incorporated into the everyday work throughout the state. We truly feel that you have embraced the idea of CtLC as a “lens” and a set of principles that can drive system change, as well as tools that can operationalize that transformation.”*



What is the role
of the
Division of
Developmental
Disabilities?

Facilitate federal and state
funded services

Function as a Medicaid
operating agency and
facilitate two Medicaid
waivers

Home and Community Based Settings (HCBS) Services

HCBS Setting Rule was released by Centers for Medicare & Medicaid (CMS) in January 2014.

Ensures that Medicaid funded HCBS programs provide people with disabilities opportunities to live, work, and receive services in integrated, community settings where they can fully engage in community life.

HCBS waivers provide opportunities for Medicaid beneficiaries to receive services in their own home or community rather than in institutions.

CMS requires all states that operate HCBS waivers to comply with the federal settings rule.

The final compliance deadline for HCBS settings rule was March 17, 2023.

At that time, federal reimbursement for HCBS providers will be conditioned on the compliance with the HCBS settings rule.

Home and Community Based Settings (HCBS) Services

HCBS Settings Requirements:

- Settings are integrated in and support access to the greater community.
- Facilitate relationships with people without disabilities.
- Optimize individual initiative, autonomy and independence in daily life choices.
- Ensure individuals' rights of privacy, dignity, respect and freedom from coercion and restraint.
- Facilitate individual choice of service options and providers.
- Provide opportunities to seek and work in competitive employment and to receive services in the community to the same extent as individuals not receiving HCBS waiver services.
- For provider-owned settings, residents will have a lease or other legally enforceable agreement, choice of roommate, and control over their schedule.

Eligibility

- Disability eligibility requirements outlined in Administrative Rules of South Dakota (ARSD) 67:54:04:05
 - ✓ An individual is considered developmentally disabled if the individual meets all of the following criteria:
 - 1) The individual has a severe, chronic disability attributable to intellectual disability, cerebral palsy, epilepsy, head injury, brain disease, or autism or any other condition, other than mental illness, closely related to intellectual disability and requires treatment or services similar to those required for individuals with intellectual disabilities. To be closely related to intellectual disability, a condition must cause impairment of general intellectual functioning or adaptive behavior similar to that of intellectual disability;
 - 2) The disability manifested itself before the individual reached age 22; and
 - 3) The disability is likely to continue indefinitely.
- Utilize the diagnostic requirements outlined in the Diagnostic and Statistical Manual of Medical Disorders (DSM)- 5
- Must be receiving SSI or be aged, blind, or disabled and have income less than 300 percent of the SSI standard benefit amount



Eligibility Video

Want to learn more about eligibility?

Service Options

Community Training Services (CTS)

Strengthening Families

Respite

Private Child Intermediate Care Facility (ICF)

CHOICES Waiver

Family Support 360 Waiver

Service Options

- **Respite** is planned or emergency care provided to a child or adult with a disability (or other conditions) in order to provide temporary relief to, or a short break for, family caregivers who are caring for that child or adult. Respite care providers, chosen by the family, care for children or adults with disabilities or other conditions while families run errands, take a class, go to a movie or go on a vacation. These breaks allow families time to tend to the needs of their other family members, spouses and themselves.
- The **Strengthening Families Program** offers services and supports to meet the needs of families who have a child or adult with a developmental disability. Through this program, eligible families can receive repayment for the purchase of eligible goods and services. Without this repayment, families are left to cover costs on their own, placing undue hardship on families.
 - ✓ Eligible Services and Supports may include:
 - Incontinence Supplies • Medications • Nutritional Supplements • Recreational Opportunities
 - Adaptive Equipment • Housing Modifications • Travel Expenses for Medical Care • Vehicle Modifications

Service Options

- **Community Training Services (CTS)** are provided to a person who needs minimal supports to live and work in their communities.

- Services include career exploration, community living training, and expanded follow-along services as described below.
 - ✓ Career Exploration – Services that teach work skills and prepare the person for employment. Career exploration can be provided in a variety of settings.
 - ✓ Community Living Training – Services that provide and teach self-advocacy, self-care, financial management, safety and emergency procedures, accessing community resources, and decision-making skills.
 - ✓ Expanded Follow-Along – Services that provide the following:
 - Social skills development.
 - Assessment of the person's abilities and needs to match him/her with needed services and supports.
 - Telephone and/or personal contact with or on behalf of the person to various community services and resources

Service Options

- ***Private Child Intermediate Care Facility-Private*** Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) An ICF/IID is an “institution” (4 beds or more) for individuals with intellectual/developmental disabilities and must provide “active treatment.”
 - ✓ 46:17:01:01(1). Active treatment defined. The implementation of a program of specialized and generic training, treatment, health services, and related services that lead to the acquisition of the behaviors necessary for the person supported to function with as much self-determination and independence as possible and to prevent regression or loss of current optimal functional status.

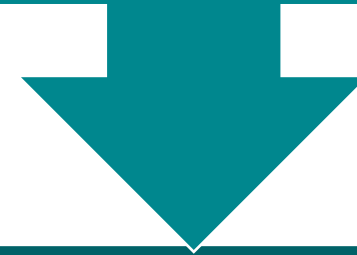
- Since the implementation of federal ICF/IID regulations decades ago, there has been a major shift in thinking in the field of developmental disabilities. Emphasis is now on people living in their own homes, controlling their own lives and being an integral part of their home community.
 - ✓ Service Providers: Aurora Plans-Dakota Reach and LifeScape ICF

Want to learn more about
service options?

[CHOICES & Family Support 360 Services](#)

CHOICES

Community, Hope, Opportunity,
Independence, Careers, Empowerment,
Success (CHOICES)



The CHOICES waiver is a comprehensive
waiver program

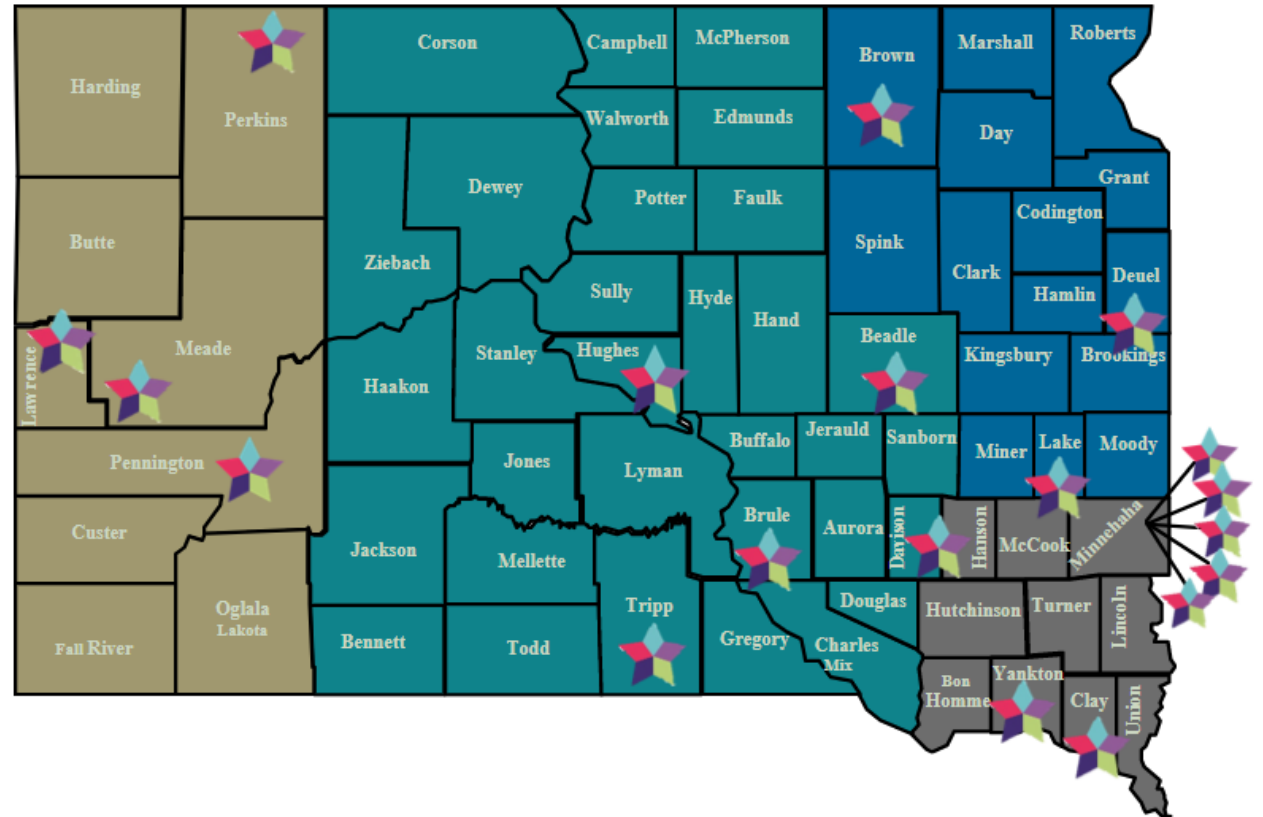
Goal is to assist individuals in leading healthy, independent and productive lives to the fullest extent possible; promote the full exercise of their rights as citizens of the state of South Dakota; and promote the integrity of their families.

CHOICES Waiver

- CHOICES waiver
 - ✓ Comprehensive 24/7 Supports
 - ✓ 20 Community Support Providers
 - ✓ 4 Case Management Providers
 - ✓ Approximately 2,700 people supported

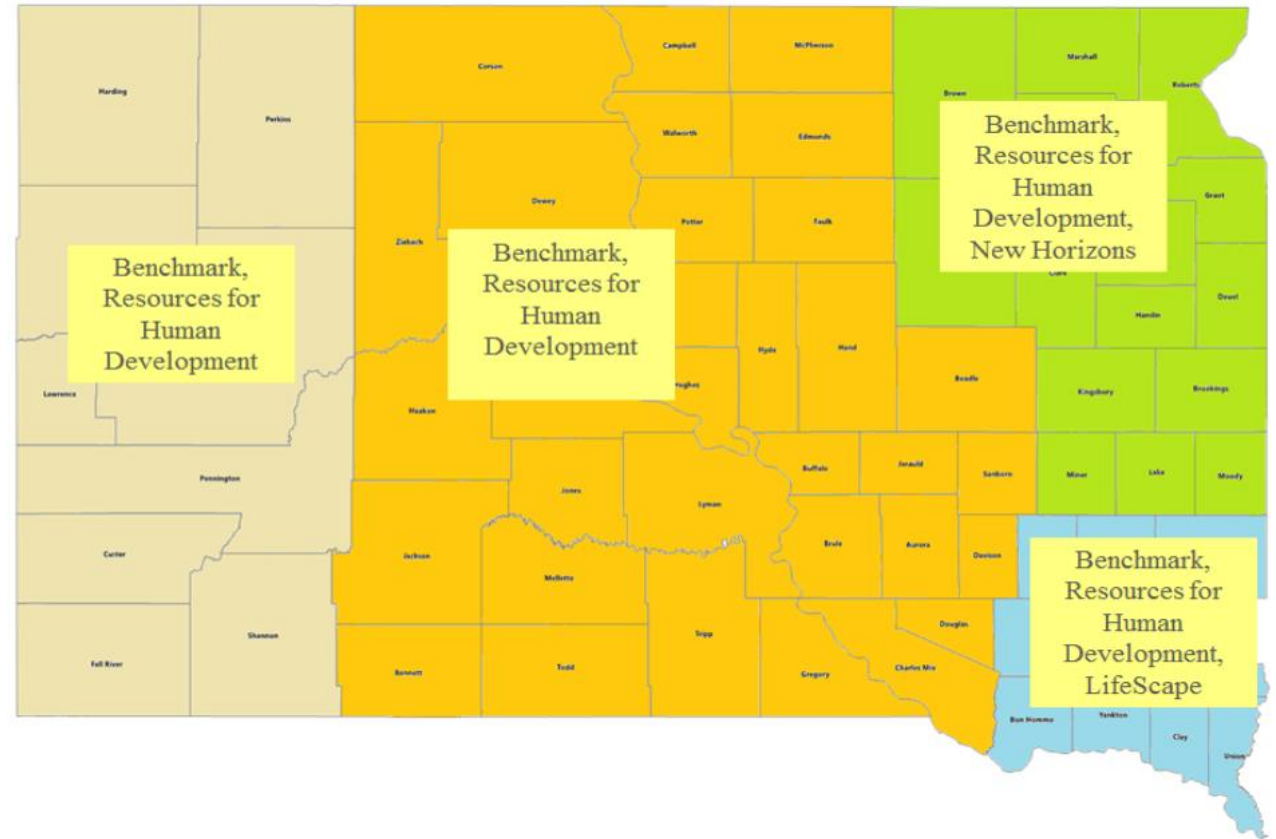
Community Support Providers

- Ability Building Services (ABS)
- ASPIRE (ASP)
- ADVANCE (ADV)
- Black Hills Special Services Cooperative (BHSSC)
- Black Hills Special Services Cooperative - Hot Springs
- Black Hills Works (BHW)
- Community Connections, Inc. (CCI)
- DakotAbilities (DA)
- Dakota Milestones (DM)
- Huron Area Center for Independence (HACFI)
- LifeQuest (LQ)
- LifeScape (LS)
- LIVE Center, Inc. (LIVE)
- New Horizons (NH)
- Northern Hills Training Center (NHTC)
- Resources for Human Development (RHD)
- Southeastern Directions for Life (SE)
- SESDAC, Inc. (SESDAC)
- Valiant Living
- Vista Care
- Volunteers of America/West Oak (VOA)



Case Management Providers

- Benchmark Human Services
- Resources for Human Development (RHD)
- LifeScape
- New Horizons



CHOICES Waiver Services

Waiver Service	Overview
Case Management	Facilitation and development of a comprehensive person-centered individualized support plan
Residential Supports	Options range from 24/7 supervision and support to intermittent support throughout the day or week in a person's private apartment or house. This includes Shared Living
Day Services	Intended to assist the person to gain opportunities for meaningful life experiences in coordination with the person's personal goals and supports and agreed upon by the ISP team
Supported Employment Individual & Group	Supports to sustain paid employment at or above minimum wage in an integrated setting in the general workforce
Career Exploration	Designed to assist participants in identifying and developing skills that prepare them for integrated competitive

CHOICES Waiver Services

Waiver Service	Overview
Nursing	Screenings and assessments, nursing diagnosis, treatment, staff training for individuals who provide services to participants, scheduling medical appointments, monitoring of medical care and related services, providing health education/prevention, policy and procedure development and review and response to medical illnesses and emergencies.
Specialized Medical Equipment and Drugs	Devices, controls or appliances specified in the plan of care which enable participants to increase or maintain their ability to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live
Other medically related services- speech, hearing, and language	Implementation of direct therapies, treatment and services which are limited to those not available under the State Plan.

Family Support 360 Waiver

- Family Support 360 (FS 360) provides participants with an individualized budget used to self-direct services and supports
 - ✓ Assists with identifying natural and paid supports to keep their family together and supported in their home and community.
 - ✓ Each individual receiving FS 360 services chooses a Family Support Coordinator who assists the individual and their family to develop an individualized service plan.
 - ✓ Approximately 1,400 people supported.
 - ✓ Eight FS 360 programs across the state.

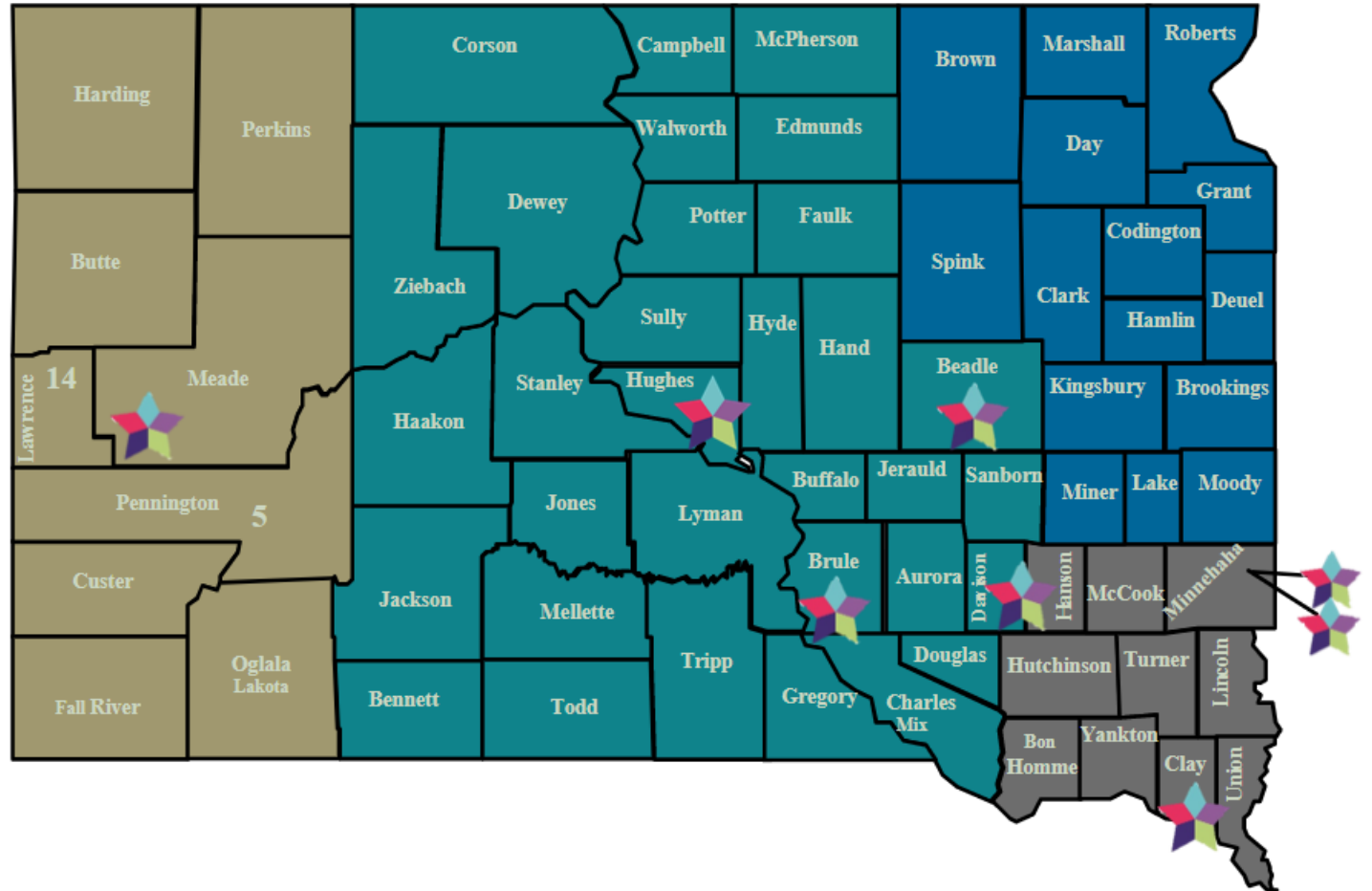


Want to learn more
about self-directed
services?

[Self-Directed Services](#)

Family Support 360 Providers

- Benchmark Human Services
- Black Hills Special Services Cooperative
- Dakota Milestones
- Center for Independence
- LifeQuest
- LifeScape
- SESDAC
- Volunteers of America



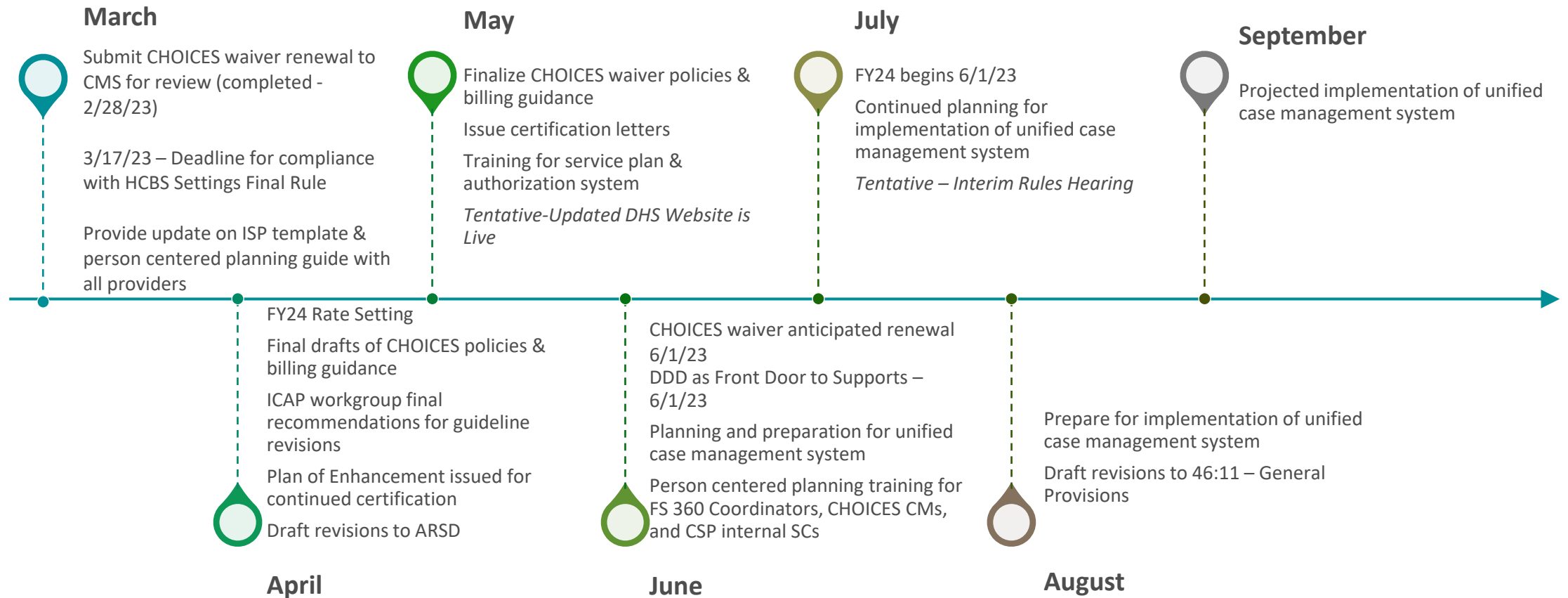
Family Support 360 Waiver Services

Waiver Service	Overview
Support Coordination	Facilitation and development of a comprehensive person-centered individualized support plan
Respite Care	Short-term, intermittent breaks for primary caregivers
Companion Care	Include supervised integrated socialization, role modeling, and independent living skill development
Personal Care	Provides a range of assistance to enable waiver participants to accomplish tasks including assistance with eating, bathing, personal hygiene, and activities of daily living.
Supported Employment	Supports to sustain paid employment at or above minimum wage in an integrated setting in the general workforce

Family Support 360 Waiver Services

Waiver Service	Overview
Vehicle Modification	Adaptations or alterations to an automobile or van that is the waiver participant's primary means of transportation in order to accommodate the special needs of the participant
Specialized Medical Adaptive Equipment and Supplies	Devices, controls or appliances specified in the plan of care which enable participants to increase or maintain their ability to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live
Nutritional Supplements	Products that are used to complement a participant's dietary needs
Environmental Accessibility	Include those physical adaptations to the home, which are necessary to ensure the health, welfare, and safety of the participant, or which enable the participant to function with greater independence in the home
Specialized Therapies	Therapies that enhance cognitive functioning, behavior and social skills, and support the use of movement. Examples include Art Therapy, Music Therapy, and Hippotherapy/Therapeutic Horseback Riding

On the Horizon: DDD Milestones & Timeline



Front Door to Supports

- Creates one access point for people supported and their families
- Creates a smooth, easy process for learning more about and applying for Developmental Disabilities Services

Stakeholder Engagement

- To learn more about additional stakeholder opportunities please visit:

<https://dhs.sd.gov/docs/2023%20DDD%20Stakeholders%20Schedule.pdf>

Family & Self-Advocate Conversations

Join us throughout the year for interactive sessions that will help you navigate your day-to-day life and connect with others.

2023 SESSIONS

Sign up for one or more sessions at bit.ly/3CVb5wq or by using the QR code below.

- February 9**
Guardianship & Alternatives
How do parents know whether or not to establish guardianship? If parents choose not to establish guardianship, what other options are there?
- May 11**
Social Opportunities
Learn about community opportunities to make friends and develop meaningful connections.
- August 10**
Independent Living Options
Transitioning into adulthood is challenging. Learn what options are available to support you during this transition.
- November 9**
Transportation
Learn what transportation options are available where you live, and learn how to access safe transportation in your area.

All sessions held virtually:
12:30 PM CT/
11:30 AM MT

CONTACT US
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What Questions Do
You Have?

Thank
you!

