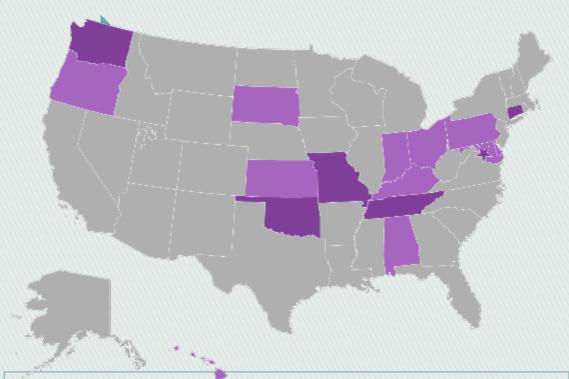


# Family Support 360: Keeping Families Connected Department of Human Services



#### **Project Outcome**

- State and national consensus on a national framework and agenda for improving support for families with members with I/DD.
- Enhanced national and state policies, practices, and sustainable systems that result in improved supports to families.
- Enhanced capacity of states to replicate and sustain exemplary practices to support families and systems.

## National Community of Practice for Supporting Families Project Goal

To build capacity through a community of practice across and within States to create policies, practices and systems to better assist and support families that include a member with I/DD across the lifespan.













Core Belief:
All people and their families have the right to live, love, work, play and pursue their life aspirations in their community.



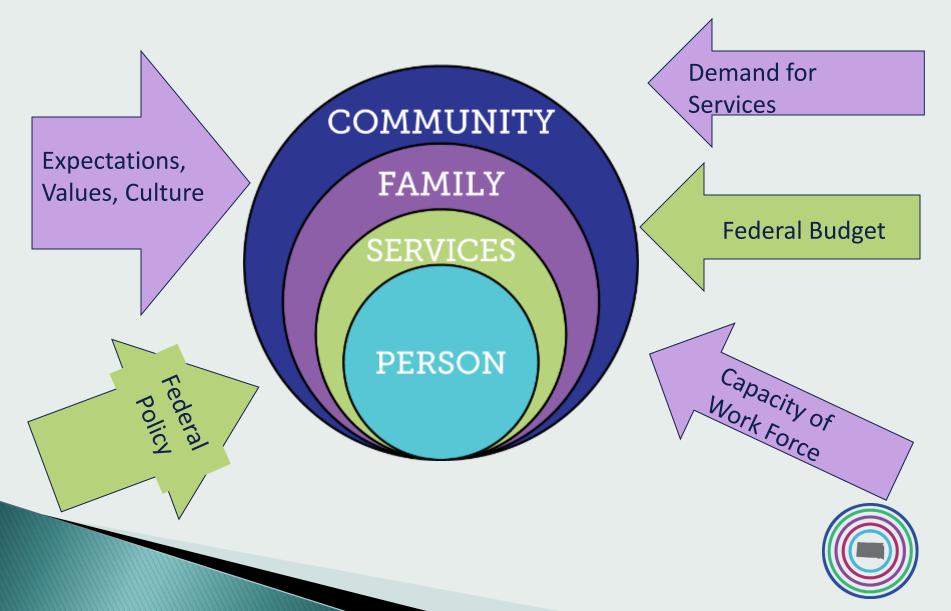








### **Current Reality of Services and Supports**



## Services and Supports are Evolving

COMMUNITY

**FAMILY** 

**PERSON** 

Everyone exists within the context of family and community

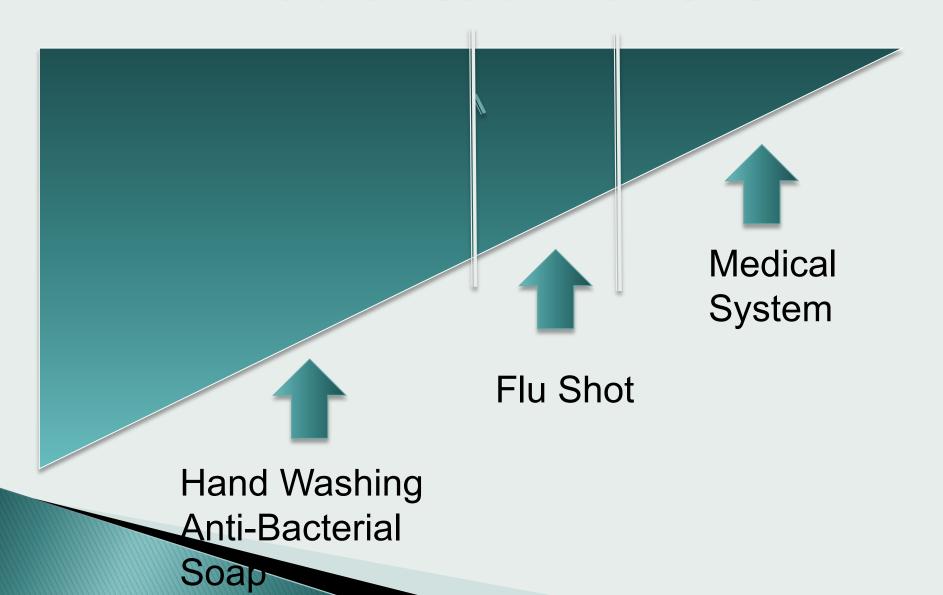


Traditional
Disability Services



Integrated Services and Supports within context of person, family and community

### **ALL: Public Health Framework**



## LifeCourse Integrated STAR: Exploration & Discovery (Mapping)

#### PERSONAL STRENGTHS AND ASSETS:

What skills or abilities do I have or could I work on to help me achieve my vision of

a good life?

TECHNOLOGY:

Do I have access to and know how to use technology such as a smart phone, I-pad, computer, or other kinds of devices to help support my

MY
EXPLORATION
& DISCOVERY
STAR

#### **RELATIONSHIPS:**

Are there people in my life – family, coworkers, friends, church members – who will be there for me when I need help with something?

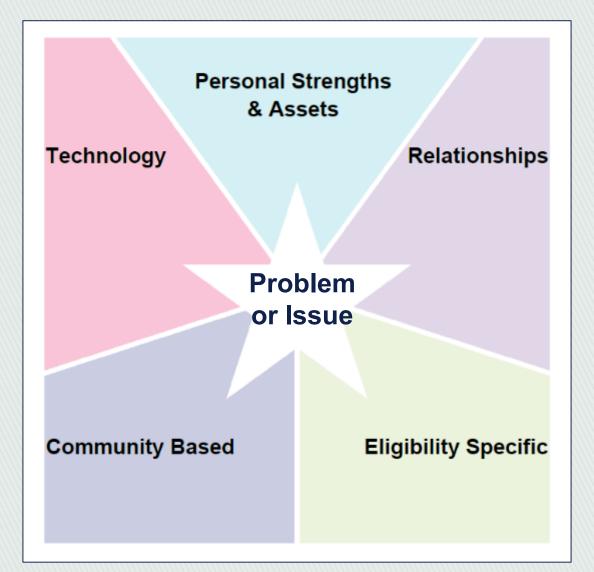
#### COMMUNITY:

needs?

Am I well known in my community, and what are the places I go and who are the people I see who will be part of my good life?

#### **ELIGIBILITY SPECIFIC:**

What services am I eligible to receive based on age, disability, income, or other factors, that can be used in partnership with my other supports for my good life?





Scenarios Problem Solving

## **Daily Life Activities**

#### **PERSONAL STRENGTHS & ASSETS**

TECHNOLOGY:

RELATIONSHIPS:



COMMUNITY BASED:

**ELIGIBILITY SPECIFIC** 

CHARTING the life course 🔼 🤐 🚯 🚻 🐠









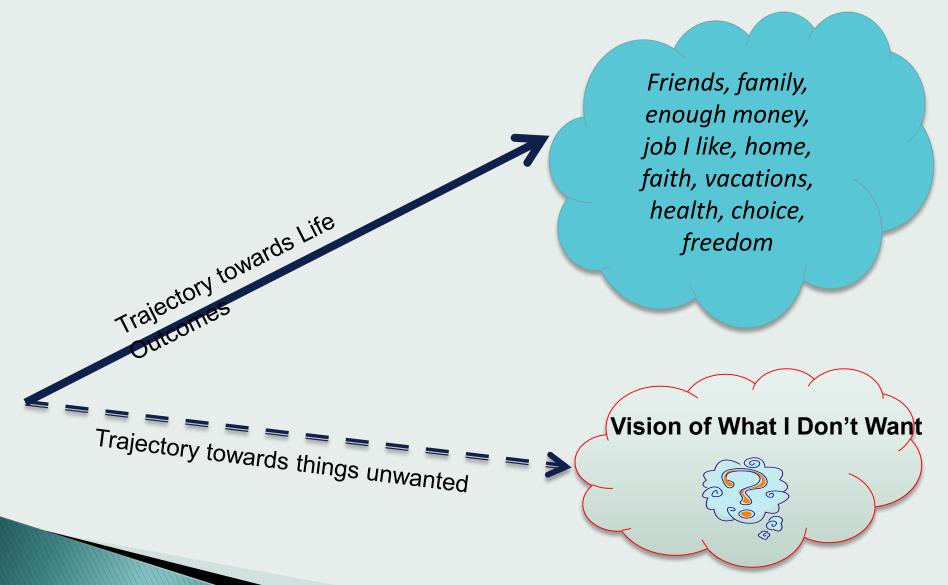
Integrated STAR Activities													
TIME	MON TUES		ES	WED		THURS		FRI		SAT		SUN	
6-6:30 AM	Breakfa	st	Brea	kfast	Brea	kfast	Brea	kfast	Brea	kfast			Spend
6:30-7 AM	I-pad wh	I-pad while I-pad w		while	I-pad while		i-pad while		I-pad				Night with
7-7:30 AM	Mom walks		Mom walks		Mom walks		Mom walks		Mom walks				Matt
7:30-8 AM													
8-8:30 AM			Volunteer				Volunteer		Workout				
8:30-9 AM			Fire Station				Fire Station		@ Gym				
9-9:30 AM	Go for walk		8-Noon		Buy food		8-Noon		Get ready				
9:30-10 AM					& ta	ke to			& go t	o IHD			
10-10:30 AM	Worko	ut			Good	l Sam.			Volu	nteer			Church @
10:30-11 AM	@ Gyn	n			Cei	nter			At	HD			St Ann's
11-11:30 AM	Watch TV				Watch TV				with PCA				
11:30-12 PM			,	,	Lunc	h with	,	,					
12-12:30 PM	Lunch with		Lunch with		PCA help		Lunch with		Lunch @				
12:30-1 PM	PCA help		Firemen @		Workout		PCA help		Crown Cntr				
1-1:30 PM	Library		El Maguey		@ Gym		Wal-Mart						
1:30-2 PM			Watch TV				With PCA						
2-2:30 PM	Watch TV		& chill until		Sonic drink		Watch TV		Get ready				
2:30-3 PM	& chill		football		Chill time		& chill		for game				
3-3:30 PM	Football		Football		Football		Football		ESHS				
3:30-4 PM	Practice		Practice		Practice		Practice		Tigers				
4-4:30 PM									Football				
4:30-5 PM									Ga	me			
5-5:30 PM	<b>+</b>		,	,	,	,	,				Dinne	er with	
5:30-6 PM			Go	visit							Matt	(twin)	
6-6:30 PM			Twins, Chad		McDonalds								Watch
6:30-7 PM			& Ericka in								Music		PayPerView
7-7:30 PM			Lawson								Concert		with
7:30-8 PM	I-pad when		I-pad while		Northland		I-pad while				with Matt		Firemen
8-8:30 PM	Mom walks		Mom walks		Therapeutic		Mom walks						friends
8:30-9 PM					Horseback								
9-9:30 PM					Riding								
9:30-10 PM									<b>+</b>		<b>+</b>		
10 PM-6 AM											Spend night with Matt at his apartment		

MISSOURI FAMILY TO FAMILY | UMKC-IHD, UCEDD

## What is YOUR Vision for a Good LIFE?



## Trajectory towards Good Life





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Charting the LifeCourse:

www.lifecoursetools.com