

Behavioral Health at MDSP / YKT

Mental Health

MDSP:

43 Serious Mental Illness (SMI)

851 Identified with MH Needs (mild to severe)

2.5 MH Professionals

1 MH Associate

YMC:

(currently at about 2/3 capacity)

116 Identified with MH Needs

.5 MH Professionals

Substance Use

MDSP:

- Around 190 offenders currently participating in treatment classes
- 4 SUD Counselors

YMC (approx. 2/3 capacity):

- About 45 offenders in treatment
- 3 SUD Counselors (2 currently)

Vacancies:

- 1 SUD Counselor- MDSP

Services and Documentation

MH Evaluation

High Risk Summary

Interstate Compact

Restrictive Housing Assessment

Individual Sessions

CAMS

Group Facilitation

Discharge Summary

PREA

Gender Dysphoria

Rounds

Documentation

Reentry

- Several reentry sessions/meetings per month
 - Target audience: SMI population
 - 43 offenders
 - Prepare for release
 - Set up ideas for appointments and follow up care
 - Complete facility applications
 - Parole board summary

Programming

GOAL:

- Increase MH and SUD programming.

CURRENT

CBISA

DBT

MRT

IMR

SMI groups

Seeking Safety

COMING SOON

Matrix

Straight Ahead

Integrated CBT

DBT for SUD

Medicine Wheel & 12 Steps

Start Now

MET

Specialized Housing

MDSP

RH (Disciplinary)

GOAL:

- Increase services for specialized populations.

Crisis Interventions

ON CALL DUTIES

5 calls per month (MDSP average)

24/7 coverage

Safety Precautions

- 67 precautions initiated (FY24)
- Safety assessments
- Rounds

INVOLUNTARY MEDICATION TREATMENT

1 offender at MDSP

Criteria:

- SMI
- Danger to self/others
- Likely to improve with treatment

GOAL:

- Increase services and programming to help decrease crises.

Psychiatry

OFFENDERS PRESCRIBED MEDICATION

211 offenders (MDSP)

22 offenders (YMC)

STAFFING

1 Psych Nurse Practitioner

GOAL:

- Increase frequency of psychiatric contact to help decrease hospitalization and increase stability.

Barriers to Goals - Staffing Levels

Behavioral Health:

- 3 SUD Counselors (YMC)
- .5 MH Professionals (YMC)
- 5 SUD Counselors (MDSP)
- 2.5 MH Professionals (MDSP)
- 1 MH Associate (MDSP)
- 1 NP (MDSP/YMC/RCMC)

In summary...

- This is an important site for us on the behavioral health side. A lot of great work happens here right now, and additional programming options are being implemented.
- Strengths and weaknesses do exist

Questions? (with assistance from BH Supervisor Cory Nelson)