

**Behavioral Health Advisory Council
Pierre, South Dakota**

November 15, 2018

**Advisory Council Members
Present:**

Jayne Parsons (Chair)	Belinda Nelson
Lois Knoke (Vice-Chair)	LeLewis Gipp
Roseann Peterson-Olson	Kara Assid
Daniele Dosch	Bryan Harberts
Chuck Frieberg	Ashlee Rathbun
Jane Grant	Christy Alten-Osmera
Kristi Bunkers	Susan Sandgren
Dianna Marshall	Joyce Glynn
Lorraine Polak	Ellen Washenburger
Katherine Jaeger	Wendy Figland

**Advisory Council Members
Absent:**

Susan Kornder	Tiffany Wolfgang
Bernie Grimme	Jane York
Jacque Larson	Emily Williams

**Division of Behavioral Health Staff
Present:**

Jennifer Humphrey	Melanie Boetel
Jana Sprenger	Kayla LaBrie
Stacy Bruels	Stacy Krall
McKenzie Grim	Mary LeVee

Others in Attendance:

Ken Cole	Jason Simmons
	Terry Dosch

Purpose

The purpose of the Advisory Council shall be to guide the Division of Behavioral Health with the planning, coordination and development of the state comprehensive behavioral health services plan. The Advisory Council shall advocate on behalf of persons served to ensure their highest attainable degree of independence, productivity, community integration and quality of services. The Advisory Council will also advise the Division of Behavioral Health on statewide treatment, prevention, and rehabilitation needs within the current behavioral health system.

Minutes:

I. Call to Order / Welcome and Introductions

November 15, 2018 the Behavioral Health Advisory Council meeting was called to

order.

II. Review and Approval of Meeting Minutes

The Advisory Council reviewed and approved the August 2018 meeting minutes with no proposed changes.

III. Human Services Center (HSC)

Ken Cole provided an update from HSC, which is currently operating at 100% capacity. Two, 15-bed units closed last winter due to lack of enough direct care staff to safely operate the units. However, efforts continue being made towards recruiting Registered Nurses and Mental Health Aids/Certified Nursing Assistants.

HSC is collaborating with two jails in South Dakota to increase access to competency restoration services. Screenings will be completed to determine if a person needs hospitalization. If there is no need for hospitalization, a mental health professional will provide restoration services to build the inmate's capacity to stand trial. The mental health professional could be employed by the jail or with a local Community Mental Health Center. These are pilot projects to determine if this model would assist the current demand for competency restoration services.

IV. Prevention Grant Committee Updates

Jana Sprenger and Kayla LaBrie provided an overview of the following subcommittees.

Youth Suicide Prevention Project (YSPP)

The YSPP committee met in-person Wednesday, November 14, 2018.

Suicide Prevention Month took place in September along with the promotion of Be The One South Dakota. Several activities and the disbursement of materials took place with the assistance of the Helpline Center and nine coalitions across the state. The Prevention Program is exploring ways to continue to support these efforts in the future. For more information, please visit <https://sdsuicideprevention.org/be-the-1-sd/>.

The Helpline Center produced and distributed a new resource to assist individuals after a loss by suicide, which was distributed to Behavioral Health Advisory Council members. If you would like a copy, please contact Jana.Sprenger@state.sd.us or 605.773.3123.

The Crisis Follow-Up Program has seen a slight increase in the last few months of referrals for follow-up being received.

The College Texting Program distributed new materials to universities such as coffee sleeves, bags and stress balls.

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

The SBIRT committee met in-person Tuesday, November 14, 2018.

Brown Clinic is the fifth clinic to participate in the project and will be launching their screening processes on Monday, November 19, 2018 at both of their sites in Watertown.

More than 10,000 SBIRT screenings have been conducted as of Friday, November 9, 2018.

A Request for Information (RFI) was developed, issued and completed November 12, 2018. The RFI is to solicit additional interested clinics for SBIRT implementation.

A Notice of Award was received for technical assistance services and a proposal was submitted with a budget to support additional Integrated Change Therapy (ICT) training in-state, to be held in Watertown, and a train-the-trainer forum to build in-state capacity. Remote coaching sessions will be available for trainees to support their use of the ICT model.

A Notice of Award was issued to support additional data and evaluation efforts.

State Epidemiological Outcomes Workgroup (SEOW):

The SEOW committee met in-person Tuesday, November 14, 2018.

The Avoid Opioid SD Website Resource Database Portal was presented to SEOW advisory council members. The database contains a resource directory connecting people to information on opioid treatment and support services within their perspective area. For more information please visit <https://www.avoidopioidsd.com/find-help/searchable-database/>.

Partnership for Success (PFS)

The PFS committee met in-person Tuesday, November 15, 2018.

Technical Assistance (TA) funds have been provided to PFS grantees to supplement the discontinuation of the federal TA contracts. The Prevention Program requested funds to support state, coalition, and Prevention Resource Center (PRC) memberships to the Community Anti-Drug Coalitions of America (CADCA). In addition, CADCA will assist the state in a survey of the prevention network training needs, and will provide two, two day in-person trainings to meet the identified needs.

V. FY 2018 Data Summit Presentation

Mary LeVee, McKenzie Grim, Stacy Krall and Jana Sprenger presented the Division of Behavioral Health's statistical and outcome data for Fiscal Year 2018.

VI. Division of Behavioral Health (DBH) Update
Prevention

Jana Sprenger announced Kaitlyn Broesder as the new Prevention Program Specialist I. Kaitlyn will start on December 10, 2018 and will be stationed in the Sioux Falls office.

The Project Advancing Wellness and Resiliency in Education State Education Grant (AWARE-SEA) was awarded to the Department of Education in partnership with the

DBH in order to build a trauma-informed inter-connected systems framework in support of children and their mental health needs. Five schools will be participating the first year; Wagner Community School (K-8) and High School, Bridgewater-Emery Middle and High School, Whittier Middle School, Belle Fourche Middle School and Douglas Middle School.

Substance Use Disorder Services

Stacy Krall announced Lewis and Clark Behavioral Health Services and Northeastern Mental Health Center began providing substance use disorder services via telehealth through a demonstration pilot beginning September 1, 2018. The DBH is collecting service data and are exploring the possibility of expanding the service to other rural providers. Northeastern has expressed interest in providing access to telebased substance use disorder services state-wide.

The DBH is monitoring substance use services and mental health services through a quarterly survey which captures access to services, including both the timeframe individuals wait to access or begin services, and workforce capacity that may impact access to services. Recently, the DBH collaborated with Terry Dosch, Executive Director of the Council of Mental Health Centers and Council of Substance Abuse Directors on revisions to the survey which will be utilized the second quarter of Fiscal Year 2019.

The DBH met individually with each Intensive Methamphetamine Treatment (IMT) provider to discuss program guidelines and implementation of the evidence-based programs utilized by all IMT programs.

State Opioid Response Grant (SOR)

Stacy Bruels announced the DBH was awarded the SOR Grant which began September 30, 2018 – September 29, 2020, in addition to the current State Targeted Response to the Opioid Crisis Grant funding that ends April 30, 2019. Activities include supporting development of peer recovery supports across the state, enhancements to the health information exchange to support Medication Assisted Treatment, a public awareness campaign and Opioid Resource Hotline, and opioid response training.

Lewis and Clark Behavioral Health Care and South Dakota State University in collaboration with the Center for Family Medicine were recently awarded funding through a Request for Proposal process to develop and provide MAT services.

Mental Health Services

McKenzie Grim provided an overview of the First Episode Psychosis programs in the state. A fidelity review was conducted at Southeastern Behavioral Health Care on November 7, 2018 and Behavior Management will be reviewed on November 28, 2018. The DBH continues to monitor expenditures and new applicants.

Fiscal Update

Stacy Bruels provided an overview of the FY 2019 budget in the areas of substance use and mental health services as well as the first quarter report for FY 2019 regarding the amount expended for contract and Medicaid services by area.

VII. **FY 2019 SAPT/MH Block Grant Annual Reports**

Stacy Krall discussed with Advisory Council members priority areas and first year performance indicators for access to services for priority populations, methamphetamine services, and opioid services. Stacy Krall and McKenzie Grim discussed the first-year performance indicator for evidence-based practices and McKenzie discussed first episode psychosis services. Jana Sprenger discussed suicide prevention and underage alcohol use; Kayla LaBrie discussed workforce development in South Dakota and Mary LeVee discussed tuberculosis screenings within the states substance use disorder treatment agencies. No recommended changes were discussed among the Advisory Council members.

VIII. **2019 Legislative Session**

The Governor's FY 2019 legislative budget address will take place December 4, 2018 at 1:00 p.m. CDT.

The first day of legislative session is January 8, 2019.

For more information, please visit the Legislative Research Council at: <http://sdlegislature.gov/>.

IX. **Other Topics Related to Behavioral Health Services**

Stacy Bruels provided an overview of the following topics.

Oversight Council for Improving Criminal Justice Responses for Persons with Mental Illness:

- The last meeting was held October 29, 2018 and the next meeting is not scheduled yet.
- A coordinator for Crisis Intervention Training has been hired and will be working with various state law enforcement entities.
- The Division of Behavioral Health is working with Behavior Management Systems to implement Forensic ACT/IMPACT (Assertive Community Treatment/Individualized and Mobile Program of Assertive Community Treatment) as part of the mental health court. Forensic ACT/IMPACT is similar to IMPACT but with an added focus on individuals who are justice involved. January 2019 is the targeted implementation date.

For more information, please visit:

<https://boardsandcommissions.sd.gov/SearchResults.aspx?Letter=M>.

Public Safety Improvement Act (PSIA) Oversight Council

- The last meeting was held September 17, 2018.
- Data for the PSIA annual report was reviewed. Completion rates for Cognitive Behavioral Interventions for Substance Abuse (CBISA) are at 47% compared to the national average of 43%. Those who have completed the program have lower recidivism rates, positive outcomes in employment status, ability to

control substance use and motivation to not use; Moral Reconation Therapy shows improvement in criminal thinking.

For more information, please visit:

<https://boardsandcommissions.sd.gov/SearchResults.aspx?Letter=P>.

Juvenile Justice Public Safety Improvement Act (JJPSIA) Oversight Council

- The last meeting was held June 12, 2018. The next meeting will take place November 27, 2018.
- The Behavioral Health Roadmap, or Quick Reference Guide, for judges and others to use as a resource guide for behavioral health services was reviewed.
- Efforts are being made to begin in early 2019 the implementation of CBISA via telehealth and an in-person evidence-based program of Cannabis Youth Treatment.

For more information, please visit:

<https://boardsandcommissions.sd.gov/SearchResults.aspx?Letter=J>.

Mental Health Summer Study

- The last meeting was held October 17th. The next meeting will take place December 3rd.
- During the last couple of meetings, data was provided related to suicide, mental health trends, and a tour of HSC was conducted. These items were intended to help the Summer Study develop a better understanding of the current state of affairs in SD.
- Final recommendations have not been made. This is an agenda item for the next meeting.

For more information, please visit:

<https://sdlegislature.gov/Interim/Documents.aspx?Committee=205&Session=2018#Detail>.

X. Open Discussion/Council Member Updates

Capital Area Counseling Services (CACS)

Jayne Parsons announced that the Bush Foundation has chosen CACS as one of its six 2018 Bush Prize for Community Innovation recipients. The award is \$500,000 for a period of two years.

South Dakota Housing for the Homeless Consortium

Lorraine Polak discussed South Dakota Housing for the Homeless Consortium's Coordinated Entry System which is a newly developed process that ensures persons experiencing homelessness and persons at risk of homelessness are matched to appropriate services and housing as quickly and efficiently as possible. Lorraine shared Coordinated Entry flyer to Advisory Council members. To view the flyer, please

visit:

<http://www.housingforthehomeless.org/images/SDHHC CoordinatedEntryFlyer.pdf>.

Statewide Point-in-Time Count

Lorraine Polak announced that the 2019 Statewide Point-in-Time Count will take place January 22, 2019. For more information, please visit:

<http://www.housingforthehomeless.org/homeless-counts.html>.

XI. Public Comment / Testimony

No public comment or testimony received.

XII. Future Meetings

2019 Advisory Council meeting dates.

- Wednesday, March 20, 2019
- Wednesday, June 12, 2019
- Wednesday, August 14, 2019
- Wednesday, November 13, 2019

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

XIII. Adjourn

Meeting was adjourned.