

**MEETING AGENDA  
SOUTH DAKOTA BOARD OF MASSAGE THERAPY**

**Wednesday, October 28, 2026 – 9:00 am CDT**

The meeting will be held via Microsoft Teams

Click here to join the meeting:

[Join Teams Meeting](#)

Or Call: 1-605-679-7263, ID 278 006 025#

1. Call to Order
2. Roll Call & Introduction of new Board member, Sherry Haas, LMT, Beresford
3. Approval of Agenda
4. Open Forum

Public comment is an opportunity for individuals to address this body on any subject. Speakers should begin by stating their name and the city in which you reside. The purpose of this period is to allow the public to share concerns, offer suggestions, and provide information to the board. It is not a question-and-answer period.

No action may be taken on matters raised during the public comment period, and board members will not respond to any question posed. Each speaker is allotted up to three minutes. Personal attacks against board members, staff, individuals, or organizations are strictly prohibited. The Chair has the authority to enforce these rules, and failure to comply may result in forfeiture of the speaker's remaining time.

5. Approval of the Draft Meeting Minutes (July 20, 2026)
6. Executive Secretary Report
  - a. Financial Report for the Month Ending September 30, 2026
  - b. Report of 2026 License Renewals
7. FSMTB Annual Conference Report (October 21-23, 2026) – Fallon Helm and Kate Boyd
8. Warm Bamboo Massage – Request for approval as continuing education credit
9. Scratch Therapy – Sherry Haas
10. Election of Officers
11. Schedule 2027 Quarterly Meeting Dates
12. Executive Session Executive Session – pursuant to SDCL 1-25-2(3) Consulting with legal counsel

Case 2026-002 -- (SDCL 1-25-2(3) & 1-27-1.5(5))

13. Next Meeting Date – \_\_\_\_\_ – Proposed Agenda Items
14. Adjourn

**SOUTH DAKOTA BOARD OF MASSAGE THERAPY MEETING MINUTES**

Monday, July 20, 2026

Via Microsoft Teams

**1. Call to Order**

President Fallon Helm called the meeting to order at 9:00 am CST. Members of the public could join the meeting via Microsoft Teams or tele-conferencing.

**2. Roll Call**

Executive Secretary Kate Boyd read the roll and a quorum was established.

**Members Present:** Fallon Helm – via Teams Meeting  
Ashley Kesterson – via Teams Meeting  
Leslie Nuckles, via Teams Meeting  
Mariah Pokorny, via Teams Meeting

**Others Present:** Kate Boyd, Executive Secretary – via Teams Meeting  
Beverly Katz, Staff Legal Counsel – via Teams Meeting

**Guests Present:** Elise Baine, Peggy Sproat, Rhanda Heller, Bridget Myers, Chantelle Emond

**3. Approval of Agenda**

Mariah Pokorny made a motion, seconded by Les Nuckles, to remove Item 8. Executive Session (a) Disciplinary Action Case 2026-002 and to approve the amended meeting agenda.

**MOTION PASSED.** Roll Call Vote (Helm yea; Kesterson yea; Nuckles yea; Pokorny yea)

**4. Open Forum**

Rhanda Heller addressed the board during open forum. The two subjects she spoke about were the open board position and the board's budget.

**5. Approval of Draft Meeting Minutes (April 29, 2026, June 11, 2026, and June 17, 2026)**

Les Nuckles made a motion, seconded by Ashley Kesterson, to approve the minutes of the April 29, 2026, June 11, 2026, and June 17, 2026 meetings as presented. **MOTION PASSED.** Roll Call Vote (Helm yea; Kesterson yea; Nuckles yea; Pokorny yea)

**6. Executive Secretary Report**

Executive Secretary Kate Boyd reported the following:

**a. Financial Report for the Month and Year Ending June 30, 2026** – The available funds for the remainder of the fiscal year are \$51,419.98, and the cash center balance is \$6,126.04.

**b. Status of Administrative Rules Changes** – Executive Secretary Kate Boyd reported that the administrative rules have been forwarded to the Department of Health, and we are waiting to the signed document to proceed.

**c. 2026 License Renewals** – All of the preliminary work has been done for the annual license renewal process that begins August 1, 2026. This includes updates to the renewal form to include reporting and uploading of continuing education certificates. The database company, Albertson Consulting has done the necessary updates. Also, the request has been sent to the appropriate person in the Department of Health to get the website updated effective August 1, 2026 with the renewal portal. An email will be sent to all active licensees on July 31, 2026 informing them of the following:

- The renewal portal will be open beginning August 1, 2026
- There will be a link to the renewal portal in the email
- Reminder that licensees need eight hours of approved continuing education to renew their license this year and that continuing education must be completed by September 30, 2026
- All licenses expire September 30, 2026. Licenses that are submitted for renewal by September 30 are valid and the licensee can continue to use their license.
- There is a thirty-day grace period to renew expired licenses October 1-30, 2026. However, their license will remain expired and they cannot legally work as a massage therapist until their license is renewed and they receive their new license.
- Licenses that are not submitted for renewal by October 30, 2026 will remain expired. If the individual wishes to pursue licensure after that date will need to apply as a new applicant.
- A link to the inactive license application will be included in the email.

## **7. Warm Bamboo Massage**

Board member Ashley Kesterson discussed warm bamboo massage. This is currently listed in the Board's policies as an unapproved course for continuing education credit and is also not an approved course for FSMTB (Federation of State Massage Therapy Boards). Ashley stated that she believes warm bamboo massage does fall within the scope of practice in South Dakota, but she questions if continuing education credits can be accepted since it is listed as an unacceptable course. Without the course being accepted by the Board of Massage Therapy, it cannot be added to a South Dakota licensee's malpractice or professional liability insurance. She is aware of one continuing education provider in South Dakota who offers a warm bamboo massage course, but the certificates the participants receive state that it is for hot stone massage. Ashley herself has taken the course, along with other licensees, and offers it in her massage practice. However, she completed other continuing education for her 2026 license renewal since it is not an approved course for South Dakota.

The consensus of the board was to write a letter to the course provider for a list of the names of South Dakota licensees who have taken the course. Letters will be written to each licensee who took the course for their required eight-hours of continuing education to renew their license in 2026. Executive Secretary Kate Boyd cautioned the board about taking retroactive action to

approve the courses that have previously been taken while warm bamboo massage was listed in the board's policies as unacceptable for continuing education credit. Providers of continuing education can contact the board to discuss subject matter that they believe should be acceptable and to pursue board action to remove a course from the unacceptable list. It was agreed to place warm bamboo massage on the agenda for the next meeting for further discussion on how to proceed moving forward.

#### **8. Executive Session - pursuant to SDCL 1-25-2(3) Consulting with legal counsel**

Mariah Pokorny made a motion, seconded by Les Nuckles to go into executive session pursuant to SDCL 1-25-2(3) and ARSD 20:76:01:06 to review three application for licensure, T11092, T11104, and T11105. **MOTION PASSED.** Roll Call Vote (Helm yea; Kesterson yea; Nuckles yea; Pokorny yea)

Executive Session began at 9:28 am. The board ended Executive Session at 9:55 am and the public meeting resumed.

Les Nuckles made a motion, seconded by Ashley Kesterson to approve license applications T11104 and T11105. **MOTION PASSED.** Roll Call Vote (Helm yea; Kesterson yea; Nuckles yea; Pokorny yea)

#### **9. Next Meeting Date – October 28, 2026**

The next board meeting date was set for October 28, 2026. Warm bamboo massage will be on the agenda. There may be a need for a hearing regarding proposed administrative rules prior to then.

#### **10. Adjourn**

Mariah Pokorny made a motion, seconded by Les Nuckles to adjourn. **MOTION PASSED.** Roll Call Vote (Helm yea; Kesterson yea; Nuckles yea; Pokorny yea)

The meeting was adjourned at 10:01 am.

Respectfully submitted,

Executive Secretary Kate Boyd and Secretary Mariah Pokorny

BA20JB60

September 2026

BUDGET UNIT 09211

AVAILABLE FUNDS  
AS OF: 09/30/2026  
FY YEAR REMAINING: 75.1%  
PAY DAYS REMAINING: 18

MONTHLY

PAGE 1,585

DATE 10/03/2026

BUDGET UNIT NAME BOARD OF MASSAGE THERAPY - INFO

| COMP         | ORIGINAL<br>APPROPRIATION | APPROPRIATION<br>TRANSFERS | YEAR-TO-DATE<br>COMMITMENTS | YEAR-TO-DATE<br>ENCUMBRANCES | YEAR-TO-DATE<br>EXPENDITURES | AVAILABLE<br>APPROPRIATIONS | CASH<br>BALANCE |
|--------------|---------------------------|----------------------------|-----------------------------|------------------------------|------------------------------|-----------------------------|-----------------|
| 6503-I       | 129,209.00                | 0.00                       | 0.00                        | 54,726.93                    | 18,822.66                    | 55,659.41                   | 29,687.43       |
| BUDGETED TOT | 129,209.00                | 0.00                       | 0.00                        | 54,726.93                    | 18,822.66                    | 55,659.41                   |                 |
| ALL COMP TOT | 129,209.00                | 0.00                       | 0.00                        | 54,726.93                    | 18,822.66                    | 55,659.41                   |                 |

TOTAL BUDGETED:

| OBJECT OF<br>EXPENDITURE |                   | AMOUNT<br>BUDGETED | COMMITMENTS<br>YEAR-TO-DATE | ENCUMBRANCES<br>YEAR-TO-DATE | EXPENDITURES |              | BUDGET<br>AVAILABLE | PCT<br>AVL |
|--------------------------|-------------------|--------------------|-----------------------------|------------------------------|--------------|--------------|---------------------|------------|
|                          |                   |                    |                             |                              | MONTHLY      | YEAR-TO-DATE |                     |            |
| 5101                     | EMPLOYEE SALARIES | 4,773.00           | 0.00                        | 0.00                         | 0.00         | 2,158.00     | 2,615.00            | 54.8       |
| 5102                     | EMPLOYEE BENEFITS | 2,442.00           | 0.00                        | 0.00                         | 0.00         | 165.15       | 2,276.85            | 93.2       |
| 5203                     | TRAVEL            | 3,371.00           | 0.00                        | 0.00                         | 0.00         | 0.00         | 3,371.00            | 100.0      |
| 5204                     | CONTRACTUAL SVCS  | 115,623.00         | 0.00                        | 54,726.93                    | 5,428.07     | 16,255.14    | 44,640.93           | 38.6       |
| 5205                     | SUPPLIES & MATRLS | 2,700.00           | 0.00                        | 0.00                         | 182.04       | 244.37       | 2,455.63            | 90.9       |
| 5207                     | CAPITAL OUTLAY    | 300.00             | 0.00                        | 0.00                         | 0.00         | 0.00         | 300.00              | 100.0      |
| TOTALS                   |                   | 129,209.00         | 0.00                        | 54,726.93                    | 5,610.11     | 18,822.66    | 55,659.41           | 43.1       |

BREAKOUT BY COMPANY:

COMPANY 6503-I PROFESSIONAL &amp; LICENSING BOARDS

|                    |                   |            |      |           |          |           |           |       |
|--------------------|-------------------|------------|------|-----------|----------|-----------|-----------|-------|
| 5101000            | EMPLOYEE SALARIES | 4,773.00   | 0.00 | 0.00      | 0.00     | 2,158.00  | 2,615.00  | 54.8  |
| 5102000            | EMPLOYEE BENEFITS | 2,442.00   | 0.00 | 0.00      | 0.00     | 165.15    | 2,276.85  | 93.2  |
| 5203000            | TRAVEL            | 3,371.00   | 0.00 | 0.00      | 0.00     | 0.00      | 3,371.00  | 100.0 |
| 5204000            | CONTRACTUAL SVCS  | 115,623.00 | 0.00 | 54,726.93 | 5,428.07 | 16,255.14 | 44,640.93 | 38.6  |
| 5205000            | SUPPLIES & MATRLS | 2,700.00   | 0.00 | 0.00      | 182.04   | 244.37    | 2,455.63  | 90.9  |
| 5207000            | CAPITAL OUTLAY    | 300.00     | 0.00 | 0.00      | 0.00     | 0.00      | 300.00    | 100.0 |
| PS SUBTOTALS       |                   | 7,215.00   | 0.00 | 0.00      | 0.00     | 2,323.15  | 4,891.85  | 67.8  |
| OE SUBTOTALS       |                   | 121,994.00 | 0.00 | 54,726.93 | 5,610.11 | 16,499.51 | 50,767.56 | 41.6  |
| COMPANY 6503-I TOT |                   | 129,209.00 | 0.00 | 54,726.93 | 5,610.11 | 18,822.66 | 55,659.41 | 43.1  |

Agenda Item 6(a)

AGENCY: 09 HEALTH  
BUDGET UNIT: 09211 BOARD OF MASSAGE THERAPY - INFO

| COMPANY                         | CENTER       | ACCOUNT | BALANCE   | DR/CR  | CENTER DESCRIPTION       |
|---------------------------------|--------------|---------|-----------|--------|--------------------------|
| 6503                            | 092100061840 | 1140000 | 29,687.43 | DR     | BOARD OF MASSAGE THERAPY |
| COMPANY/SOURCE TOTAL 6503 618   |              |         | 29,687.43 | DR *   |                          |
| COMP/BUDG UNIT TOTAL 6503 09211 |              |         | 29,687.43 | DR **  |                          |
| BUDGET UNIT TOTAL 09211         |              |         | 29,687.43 | DR *** |                          |

STATE OF SOUTH DAKOTA  
REVENUE SUMMARY BY BUDGET UNIT  
FOR PERIOD ENDING: 09/30/2026

AGENCY 09 HEALTH  
BUDGET UNIT 09211 BOARD OF MASSAGE THERAPY - INFO

| CENTER                                                          | COMP         | ACCOUNT                                       | DESCRIPTION              | CURRENT MONTH | YEAR-TO-DATE |       |
|-----------------------------------------------------------------|--------------|-----------------------------------------------|--------------------------|---------------|--------------|-------|
| COMPANY NO 6503<br>COMPANY NAME PROFESSIONAL & LICENSING BOARDS |              |                                               |                          |               |              |       |
| 092110061840                                                    | 6503         | 4293101                                       | RENEWAL FEES             | 36,955.00     | 51,710.00    |       |
| 092110061840                                                    | 6503         | 4293102                                       | INACTIVE FEES            | 150.00        | 175.00       |       |
| 092110061840                                                    | 6503         | 4293103                                       | TEMPORARY FEES           | .00           | 625.00       |       |
| 092110061840                                                    | 6503         | 4293106                                       | APPLICATION FEES         | 200.00        | 700.00       |       |
| 092110061840                                                    | 6503         | 4293990                                       | LICENSING FEES           | 130.00        | 520.00       |       |
| ACCT:                                                           | 4293         | BUSINESS & OCCUP LICENSING (NON-GOVERNMENTAL) |                          | 37,435.00     | 53,730.00    | *     |
| ACCT:                                                           | 42           | LICENSES, PERMITS & FEES                      |                          | 37,435.00     | 53,730.00    | **    |
| 092110061840                                                    | 6503         | 4595001                                       | MISC INCOME COPIES-LISTS | 300.00        | 300.00       |       |
| ACCT:                                                           | 4595         |                                               |                          | 300.00        | 300.00       | *     |
| ACCT:                                                           | 45           | CHARGES FOR SALES & SERVICES                  |                          | 300.00        | 300.00       | **    |
| 092110061840                                                    | 6503         | 4920045                                       | NONOPERATING REVENUES    | .00           | 606.13       |       |
| ACCT:                                                           | 4920         | NONOPERATING REVENUE                          |                          | .00           | 606.13       | *     |
| ACCT:                                                           | 49           | OTHER REVENUE                                 |                          | .00           | 606.13       | **    |
| CNTR:                                                           | 092110061840 |                                               |                          | 37,735.00     | 54,636.13    | ***   |
| CNTR:                                                           | 092110061    |                                               |                          | 37,735.00     | 54,636.13    | ****  |
| CNTR:                                                           | 0921100      |                                               |                          | 37,735.00     | 54,636.13    | ***** |
| COMP:                                                           | 6503         |                                               |                          | 37,735.00     | 54,636.13    | ***** |
| B UNIT:                                                         | 09211        |                                               |                          | 37,735.00     | 54,636.13    | ***** |

STATE OF SOUTH DAKOTA  
MONTHLY REVENUE AND JOURNAL VOUCHER REPORT  
FOR PERIOD ENDING: 09/30/2026

AGENCY 09 HEALTH  
BUD UNIT 09211 BOARD OF MASSAGE THERAPY - INFO

| COMP                           | CENTER       | ACCOUNT                         | DOCUMENT ID | POST<br>DATE | APPROVAL,<br>VENDOR, OR PO # | EFFECT<br>DATE | AMOUNT    | DR<br>CR |
|--------------------------------|--------------|---------------------------------|-------------|--------------|------------------------------|----------------|-----------|----------|
| COMPANY NO                     |              | 6503                            |             |              |                              |                |           |          |
| COMPANY NAME                   |              | PROFESSIONAL & LICENSING BOARDS |             |              |                              |                |           |          |
| 6503                           | 092110061840 | 4293101                         | C0970280    | 09/02/2026   | 440196                       | 09/02/2026     | 1,145.00  | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970280    | 09/02/2026   | 440196                       | 09/02/2026     | 1,145.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970280    | 09/02/2026   | 440196                       | 09/02/2026     | 1,145.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970303    | 09/04/2026   | 440527                       | 09/04/2026     | 545.00    | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970303    | 09/04/2026   | 440527                       | 09/04/2026     | 545.00    | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970303    | 09/04/2026   | 440527                       | 09/04/2026     | 545.00    | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970317    | 09/04/2026   | 440509                       | 09/02/2026     | 455.00    | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970317    | 09/04/2026   | 440509                       | 09/02/2026     | 455.00    | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970317    | 09/04/2026   | 440509                       | 09/02/2026     | 455.00    | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970331    | 09/09/2026   | 440804                       | 09/04/2026     | 3,925.00  | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970331    | 09/09/2026   | 440804                       | 09/04/2026     | 3,925.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970331    | 09/09/2026   | 440804                       | 09/04/2026     | 3,925.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970344    | 09/11/2026   | 440948                       | 09/09/2026     | 4,315.00  | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970344    | 09/11/2026   | 440948                       | 09/09/2026     | 4,315.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970344    | 09/11/2026   | 440948                       | 09/09/2026     | 4,315.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970370    | 09/16/2026   | 441120                       | 09/11/2026     | 2,260.00  | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970370    | 09/16/2026   | 441120                       | 09/11/2026     | 2,260.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970370    | 09/16/2026   | 441120                       | 09/11/2026     | 2,260.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970378    | 09/16/2026   | 441290                       | 09/14/2026     | 2,520.00  | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970378    | 09/16/2026   | 441290                       | 09/14/2026     | 2,520.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970378    | 09/16/2026   | 441290                       | 09/14/2026     | 2,520.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970395    | 09/18/2026   | 441708                       | 09/17/2026     | 3,050.00  | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970395    | 09/18/2026   | 441708                       | 09/17/2026     | 3,050.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970395    | 09/18/2026   | 441708                       | 09/17/2026     | 3,050.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970411    | 09/23/2026   | 441987                       | 09/21/2026     | 3,470.00  | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970411    | 09/23/2026   | 441987                       | 09/21/2026     | 3,470.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970411    | 09/23/2026   | 441987                       | 09/21/2026     | 3,470.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970427    | 09/25/2026   | 442205                       | 09/23/2026     | 3,335.00  | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970427    | 09/25/2026   | 442205                       | 09/23/2026     | 3,335.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970427    | 09/25/2026   | 442205                       | 09/23/2026     | 3,335.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970446    | 09/30/2026   | 442511                       | 09/25/2026     | 2,935.00  | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970446    | 09/30/2026   | 442511                       | 09/25/2026     | 2,935.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970446    | 09/30/2026   | 442511                       | 09/25/2026     | 2,935.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970463    | 09/30/2026   | 442764                       | 09/29/2026     | 6,660.00  | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970463    | 09/30/2026   | 442764                       | 09/29/2026     | 6,660.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970463    | 09/30/2026   | 442764                       | 09/29/2026     | 6,660.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970478    | 10/02/2026   | 442932                       | 09/30/2026     | 3,120.00  | DR       |
| 6503                           | 092110061840 | 4293101                         | C0970478    | 10/02/2026   | 442932                       | 09/30/2026     | 3,120.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | C0970478    | 10/02/2026   | 442932                       | 09/30/2026     | 3,120.00  | CR       |
| 6503                           | 092110061840 | 4293101                         | R0970174    | 09/11/2026   |                              | 09/11/2026     | 780.00    | DR       |
| 6503                           | 092110061840 | 4293102                         | R0970174    | 09/11/2026   |                              | 09/11/2026     | 150.00    | CR       |
| 6503                           | 092110061840 | 4293106                         | R0970174    | 09/11/2026   |                              | 09/11/2026     | 200.00    | CR       |
| 6503                           | 092110061840 | 4293990                         | R0970174    | 09/11/2026   |                              | 09/11/2026     | 130.00    | CR       |
| TOTAL ACCOUNT GROUP NET CHANGE |              |                                 |             |              |                              |                | 37,435.00 | CR *     |
| 6503                           | 092110061840 | 4595001                         | R0970174    | 09/11/2026   |                              | 09/11/2026     | 300.00    | CR       |

STATE OF SOUTH DAKOTA  
MONTHLY REVENUE AND JOURNAL VOUCHER REPORT  
FOR PERIOD ENDING: 09/30/2026AGENCY 09 HEALTH  
BUD UNIT 09211 BOARD OF MASSAGE THERAPY - INFO

| COMP                           | CENTER       | ACCOUNT              | DOCUMENT ID   | POST<br>DATE | APPROVAL,<br>VENDOR, OR PO # | EFFECT<br>DATE | AMOUNT    | DR<br>CR |
|--------------------------------|--------------|----------------------|---------------|--------------|------------------------------|----------------|-----------|----------|
| TOTAL ACCOUNT GROUP NET CHANGE |              |                      |               |              |                              |                | 300.00    | CR *     |
| 6503                           | 092110061840 | 52041800000000000000 | DP708086      | 09/23/2026   |                              | 09/15/2026     | 333.00    | DR       |
| 6503                           | 092110061840 | 52049600000000000000 | D0970146      | 09/04/2026   | F27470                       | 09/02/2026     | 497.70    | DR       |
| 6503                           | 092110061840 | 52049600000000000000 | D0970146      | 09/04/2026   | F27470                       | 09/02/2026     | 497.70    | DR       |
| 6503                           | 092110061840 | 52049600000000000000 | D0970146      | 09/04/2026   | F27470                       | 09/02/2026     | 497.70    | CR       |
| 6503                           | 092110061840 | 52053500000000000000 | MS708042      | 09/23/2026   |                              | 09/15/2026     | 182.04    | DR       |
| 6503                           | 092110061840 | 52045300000000000080 | PCEX003038    | 09/30/2026   |                              | 09/24/2026     | 5.00      | DR       |
| TOTAL ACCOUNT GROUP NET CHANGE |              |                      |               |              |                              |                | 1,017.74  | DR *     |
| 6503                           | 092110061840 | 82040900000000000000 | 0826CON270712 | 09/02/2026   | 27SC090712                   | 09/02/2026     | 425.70    | CR       |
| 6503                           | 092110061840 | 82040900000000000000 | 0826CON270712 | 09/02/2026   | 27SC090712                   | 09/02/2026     | 4,166.67  | CR       |
| TOTAL ACCOUNT GROUP NET CHANGE |              |                      |               |              |                              |                | 4,592.37  | CR *     |
| TOTAL COMPANY--NET CHANGE      |              |                      |               |              |                              |                | 41,309.63 | CR **    |

STATE OF SOUTH DAKOTA  
MONTHLY EXPENDITURE REPORT  
FOR PERIOD ENDING: 09/30/2026

AGENCY 09 HEALTH  
BUDGET UNIT 09211 BOARD OF MASSAGE THERAPY - INFO

| COMP         | CENTER       | ACCOUNT                         | DOCUMENT<br>NUMBER | POSTING<br>DATE | JV APPVL #,<br>OR PAYMENT # | SHORT<br>NAME | VENDOR<br>NUMBER | VENDOR<br>GROUP | AMOUNT   | DR/<br>CR |
|--------------|--------------|---------------------------------|--------------------|-----------------|-----------------------------|---------------|------------------|-----------------|----------|-----------|
| COMPANY NO   |              | 6503                            |                    |                 |                             |               |                  |                 |          |           |
| COMPANY NAME |              | PROFESSIONAL & LICENSING BOARDS |                    |                 |                             |               |                  |                 |          |           |
| 6503         | 092110061840 | 52040900000000000000            | 0826CON270712      | 09/04/2026      | 02678515                    | KATEBOYDCO    | 12712931         |                 | 4,166.67 | DR        |
| 6503         | 092110061840 | 52040900000000000000            | 0826CON270712      | 09/04/2026      | 02678515                    | KATEBOYDCO    | 12712931         |                 | 425.70   | DR        |
|              | OBJSUB:      | 5204090                         |                    |                 |                             |               |                  |                 | 4,592.37 | DR **     |
| 6503         | 092110061840 | 52041800000000000000            | DP708086           | 09/23/2026      |                             |               |                  |                 | 333.00   | DR **     |
|              | OBJSUB:      | 5204180                         |                    |                 |                             |               |                  |                 | 333.00   | DR **     |
| 6503         | 092110061840 | 52045300000000000080            | PCEX003038         | 09/30/2026      |                             |               |                  |                 | 5.00     | DR        |
|              | OBJSUB:      | 5204530                         |                    |                 |                             |               |                  |                 | 5.00     | DR **     |
| 6503         | 092110061840 | 52049600000000000000            | D0970146           | 09/04/2026      | F27470                      |               |                  |                 | 497.70   | DR        |
| 6503         | 092110061840 | 52049600000000000000            | D0970146           | 09/04/2026      | F27470                      |               |                  |                 | 497.70   | DR        |
| 6503         | 092110061840 | 52049600000000000000            | D0970146           | 09/04/2026      | F27470                      |               |                  |                 | 497.70   | CR        |
|              | OBJSUB:      | 5204960                         |                    |                 |                             |               |                  |                 | 497.70   | DR **     |
|              | OBJECT:      | 5204 CONTRACTUAL SERVICES       |                    |                 |                             |               |                  |                 | 5,428.07 | DR ***    |
| 6503         | 092110061840 | 52053500000000000000            | MS708042           | 09/23/2026      |                             |               |                  |                 | 182.04   | DR        |
|              | OBJSUB:      | 5205350                         |                    |                 |                             |               |                  |                 | 182.04   | DR **     |
|              | OBJECT:      | 5205 SUPPLIES & MATERIALS       |                    |                 |                             |               |                  |                 | 182.04   | DR ***    |
|              | GROUP:       | 52 OPERATING EXPENSES           |                    |                 |                             |               |                  |                 | 5,610.11 | DR ****   |
|              | COMP:        | 6503                            |                    |                 |                             |               |                  |                 | 5,610.11 | DR *      |
|              | CNTR:        | 092110061840                    |                    |                 |                             |               |                  |                 | 5,610.11 | DR *****  |
|              | CNTR:        | 092110061                       |                    |                 |                             |               |                  |                 | 5,610.11 | DR *****  |
|              | CNTR:        | 0921100                         |                    |                 |                             |               |                  |                 | 5,610.11 | DR *****  |
|              | B. UNIT:     | 09211                           |                    |                 |                             |               |                  |                 | 5,610.11 | DR *****  |

STATE OF SOUTH DAKOTA  
MONTHLY OBJECT/SUB-OBJECT REPORT BY BUDGET UNIT  
FOR PERIOD ENDING: 09/30/2026

AGENCY 09 HEALTH  
BUDGET UNIT 09211 BOARD OF MESSAGE THERAPY - INFO  
CENTER-5 09211 BOARD OF MESSAGE THERAPY - INFO

| CENTER                                       | COMP                            | ACCOUNT              | DESCRIPTION               | CURRENT MONTH | YEAR-TO-DATE |       |
|----------------------------------------------|---------------------------------|----------------------|---------------------------|---------------|--------------|-------|
| COMPANY NO 6503                              |                                 |                      |                           |               |              |       |
| COMPANY NAME PROFESSIONAL & LICENSING BOARDS |                                 |                      |                           |               |              |       |
| 092110061840                                 | 6503                            | 51010300000000000000 | BOARD & COMM MBRS FEES    | .00           | 2,158.00     |       |
| ACCT: 5101                                   |                                 | EMPLOYEE SALARIES    |                           | .00           | 2,158.00     | *     |
| 092110061840                                 | 6503                            | 51020100000000000000 | OASI-EMPLOYER'S SHARE     | .00           | 165.15       |       |
| ACCT: 5102                                   |                                 | EMPLOYEE BENEFITS    |                           | .00           | 165.15       | *     |
| ACCT: 51                                     |                                 | PERSONAL SERVICES    |                           | .00           | 2,323.15     | **    |
| 092110061840                                 | 6503                            | 52040900000000000000 | MANAGEMENT CONSULTANT     | 4,592.37      | 13,773.07    |       |
| 092110061840                                 | 6503                            | 52041800000000000000 | COMPUTER SERVICES-STATE   | 333.00        | 971.00       |       |
| 092110061840                                 | 6503                            | 52042000000000000000 | CENTRAL SERVICES          | .00           | 507.09       |       |
| 092110061840                                 | 6503                            | 52042040000000000000 | RECORDS MGMT SERVICES     | .00           | 119.03       |       |
| 092110061840                                 | 6503                            | 52042070000000000000 | HUMAN RESOURCES SERVICES  | .00           | 299.96       |       |
| 092110061840                                 | 6503                            | 52045300000000000080 | TELECOMMUNICATIONS SRVCS  | 5.00          | 50.00        |       |
| 092110061840                                 | 6503                            | 52049600000000000000 | OTHER CONTRACTUAL SERVICE | 497.70        | 534.99       |       |
| ACCT: 5204                                   |                                 | CONTRACTUAL SERVICES |                           | 5,428.07      | 16,255.14    | *     |
| 092110061840                                 | 6503                            | 52053100000000000000 | PRINTING-STATE            | .00           | 49.87        |       |
| 092110061840                                 | 6503                            | 52053500000000000000 | POSTAGE                   | 182.04        | 194.50       |       |
| ACCT: 5205                                   |                                 | SUPPLIES & MATERIALS |                           | 182.04        | 244.37       | *     |
| ACCT: 52                                     |                                 | OPERATING EXPENSES   |                           | 5,610.11      | 16,499.51    | **    |
| COMP: 6503                                   | PROFESSIONAL & LICENSING BOARDS |                      |                           | 5,610.11      | 18,822.66    | ***   |
| CENTER: 092110061840                         |                                 |                      |                           | 5,610.11      | 18,822.66    | ****  |
| B UNIT: 09211                                |                                 |                      |                           | 5,610.11      | 18,822.66    | ***** |

## Comparison of FY 2026 vs FY 2027

### License Renewals and Inactive Applications

| FY 2026             |                     |                    |                         | FY 2027             |                     |                    |                         |
|---------------------|---------------------|--------------------|-------------------------|---------------------|---------------------|--------------------|-------------------------|
| Month               | Total Renewal \$    | Number of Renewals | # Inactive Applications |                     |                     | Number of Renewals | # Inactive Applications |
|                     |                     |                    |                         | Month               | Total Renewal \$    |                    |                         |
| August 2025         | \$ 26,975.00        | 415                | 1                       | August 2026         | \$ 18,330.00        | 282                | 6                       |
| September 2025      | \$ 30,615.00        | 471                | 11                      | September 2026      | \$ 39,065.00        | 601                | 29                      |
| Oct - thru 10-14-25 | \$ 1,170.00         | 18                 | 0                       | Oct - thru 10-14-26 | \$ 585.00           | 9                  | 2                       |
| <b>TOTAL</b>        | <b>\$ 58,760.00</b> | <b>904</b>         | <b>17</b>               |                     | <b>\$ 57,980.00</b> | <b>892</b>         | <b>37</b>               |

#### Conclusions

The number of overall license renewals is very similar FY 2026 (904) vs FY 2027 (892)

Number of renewals in August 2025 was significantly more than in August 2026 (415) vs August 2027 (282)

Number of renewals in September 2025 was significantly less than in September 2026 (471) vs September 2026 (601)

Number of renewals in October (thru 10-14) 2025 was significantly more than in October (thru 10-14) 2026 (18) vs October 2026 (9)

Number of Inactive license applications was significantly less in FY 2026 (17) vs FY 2027 (35)

#### Continuing Education requirement is a factor in even-numbered renewal years

License Renewals in 2025 (FY 2026) DID NOT require continuing education

License Renewals in 2026 (FY 2027) DID require continuing education

In the even-numbered renewal years licenses tend to get renewed later as licensees need to complete their continuing education

The number of inactive license applications in a continuing education year tends to increase significantly because licensees haven't completed their continuing education (The two-year continuing education cycle was October 1, 2024 - September 30, 2026)

Over 17% (152 of the 883) licenses renewed in August and September occurred in the last three days of September

#### Expired Licenses by Year

|                   |                   |                   |                   |                   |                   |                   |
|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| <b>2020 -- 43</b> | <b>2021 -- 38</b> | <b>2022 -- 39</b> | <b>2023 -- 34</b> | <b>2024 -- 45</b> | <b>2025 -- 41</b> | <b>2026 -- 56</b> |
|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|

## Agenda Item 8

### Bamboo Massage – Why is it not acceptable for CE credits?

Hot “stones” and heated tools are made from a **variety of materials**:

metal, stone, ceramic, salt, clay, resin, plastic and wood

They come in a **variety of shapes and sizes**.

Here are a few of them:



CoreStones(stone)



Synergy “Stones” (ceramic)

Please notice how they are shaped exactly like bamboo batons



Elo “Stones” (metal)



Archedaway heated Gua Sha (metal, plastic, electronics)



Wood therapy (wood) – not bamboo, so *technically allowed for credits!!!!*

Plus MANY more.

**Why are we excluding a single type of heated tool?** ie. Those made from bamboo

Here is an example of the many shapes and sizes that bamboo tools come in:



## Why Heated Bamboo Can Be Superior to Hot Stones—and the Benefits for Massage Therapists

Heated bamboo combines the therapeutic benefits of heat with ergonomic tool design, leverage, and precision. While heated stones and heated bamboo share the benefit of warming the tissues, bamboo offers several additional advantages that can make it a more versatile and therapist-friendly modality.

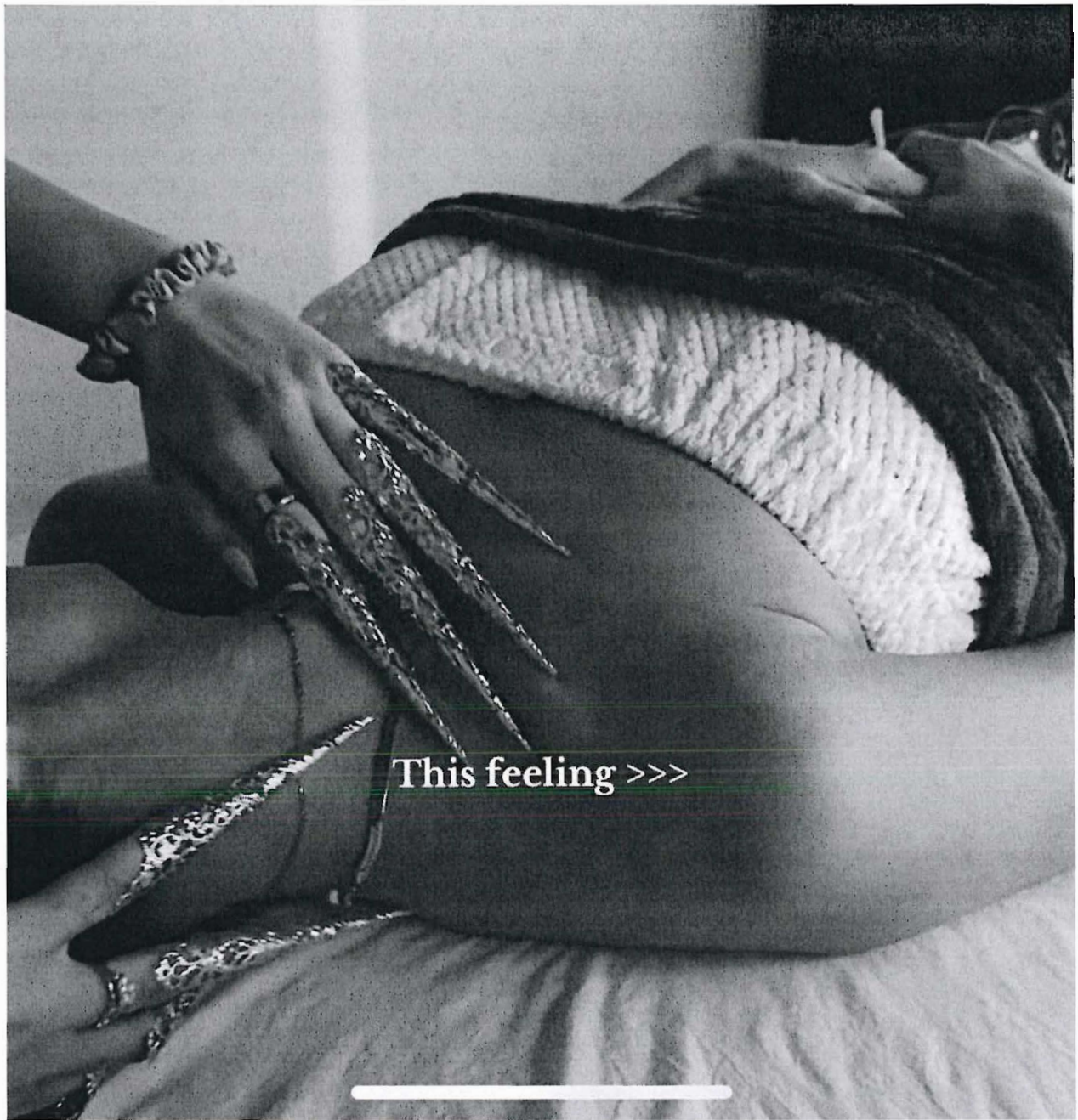
- **More ergonomic and comfortable to use:** Heated bamboo tools are typically easier to hold and manipulate than traditional round hot stones. Round stones can be slippery and often require the therapist to maintain a firm grip, which may contribute to hand, wrist, and forearm fatigue.
- **Reduced grip and hand strain:** Bamboo tools allow the therapist to apply pressure through the structure and shape of the tool rather than relying entirely on grip strength. This can reduce repetitive stress on the hands, fingers, and wrists.
- **Provides leverage for deeper treatment work:** Baton-shaped bamboo tools can be used as an extension of the therapist's body and function as a lever. This allows therapists to apply deeper, more targeted pressure while reducing physical strain on the hands, wrists, shoulders, and upper body.
- **Can substitute for the thumb:** Certain bamboo tools can effectively replicate specific thumb techniques, allowing therapists to perform detailed treatment work while reducing repetitive stress and strain on the thumbs.
- **Improves body mechanics:** The length and shape of bamboo tools can allow therapists to maintain more neutral positions in the hands, wrists, and shoulders while applying pressure. This can support more efficient and sustainable body mechanics throughout a massage session.
- **Greater precision and control:** The variety of shapes, lengths, and surfaces available with bamboo tools allows therapists to target specific muscles and areas with greater precision than a traditional round stone.
- **Consistent pressure:** Bamboo tools can provide consistent pressure throughout a stroke or technique, reducing the need for the therapist to continually adjust their grip or hand position.
- **Multiple treatment surfaces:** Different bamboo shapes can provide broad contact for warming, compression, and general treatment, while narrower or specially designed tools can be used for more focused and targeted work.

### Overall Benefit

Heated bamboo offers many of the same therapeutic benefits associated with hot stone massage while providing additional ergonomic and mechanical advantages. The combination of heat, leverage, precision, consistent pressure, and reduced hand strain gives massage therapists another effective tool for performing deeper, more targeted work while minimizing the physical demands placed on their own bodies, thus extending their careers.

Heated bamboo can be viewed as an additional therapeutic tool that offers distinct advantages for both the therapist and the client.

## Agenda Item 9 -- Scratch Therapy



## OCTOBER 28, 2026 BOARD OF MASSAGE THERAPY MEETING

### **Agenda Item 10 – Election of Officers**

The Board needs to elect its officers for the upcoming year. Shown below are the three officer positions and current officer holders:

**President** – Fallon Helm

**Vice President** – Vacant (Thor Thonvold was VP until his resignation in June 2026)

**Secretary** – Mariah Pokorny

### **Agenda Item 11 – Schedule 2027 Quarterly Meeting Dates**

The Board needs to schedule its quarterly meeting dates for 2027. The Board typically holds its meeting on a Wednesday from 9:00 – 11:00 am Central time. Board members, please review your calendar for 2027 and note any conflicts with the proposed dates so the calendar can be set at this meeting.

Suggested dates are:

January 27, 2027

April 21, 2027

July 28, 2027

October 27, 2027