

**Adult Services and Aging
Home and Community-Based
Services Waiver**

What is the Waiver?

The Waiver is:

- Waiver from Medicaid State Plan
- Program that allows South Dakota to provide services in consumer's home/community using Medicaid dollars
- Granted by the Centers for Medicare and Medicaid Services (CMS)
- Current Waiver implemented 10/1/2016

Benefits of HCBS Waiver

- Allows consumers to stay in their homes & communities longer
- Cost effective
- Federal government covers approximately 50% of cost

Who is eligible?

Consumers 65 and older, and consumers 18 and older with a qualifying disability who meet:

- Nursing facility Level of Care (MRT)
- Financial and other eligibility (EA)

Level of Care (LOC)

The Medical Review Team (MRT) determines if a consumer meets Nursing Facility LOC

MRT is comprised of:

- Nurse
- ASA Specialist

Level of Care (LOC)

The level of care is an impartial, objective determination based on information provided by the ASA Specialist.

Information includes:

- Community Health Assessment (CHA)
- Physician's order

Level of Care (LOC)

To meet Nursing Facility level of care, the consumer must meet one of these 3 criteria:

- Continuing direct care services which have been ordered by a physician and can only be provided by or under the supervision of a professional nurse. procedures or services; Must require these services once every 24 hours.
- The assistance of another person for the performance of any activity of daily living according to an assessment of the individual's needs
- In need of skilled mental health services or skilled therapeutic services, including physical therapy, occupational therapy, or speech/language therapy in any combination that is provided at least once per week.

Financial Eligibility

Financial eligibility is determined by Economic Assistance and includes:

- Income (300% of SSI)= \$2199
- Resources (\$2,000 or less)
- Verification of US Citizenship and SD Residency
- Verification of level of care determination

HCBS ASA Waiver Services

- Homemaker Services
- Personal Care Services
- *In-Home Nursing Services*
- Chore Services
- Respite Care
- *Adult Companion Services*
- *Adult Day Services*
- *Specialized Medical Supplies*
- *Specialized Medical Equipment (including Assisted Technology)*
- Emergency Response Systems
- Meals
- *Nutritional Supplements*
- Environmental Accessibility Adaptations
- *Assisted Living*

Homemaker

In-home services consist of the performance of general household tasks provided by a homemaker, when the consumer is unable to manage the home and care for him or herself or others in the home. Homemaker services are included within personal care services in South Dakota's Medicaid State Plan. Homemaker services within this waiver are those services that are provided when homemaker services furnished under the approved State Plan limits are exhausted. The scope and nature of these services do not differ from homemaker services furnished under the State Plan. The provider qualifications specified in the State Plan apply. The additional amount of services that may be provided through the waiver is the provision of additional homemaker services over and above the amount allowed in the State Plan.

Personal Care

Personal care includes assistance provided to a consumer living at home to perform his or her activities of daily living. In-home personal care services are those services provided when personal care furnished under the approved State Plan limits are exhausted. The additional amount of services that may be provided through the waiver is the provision of additional personal care services over and above the amount allowed in the State Plan. The scope and nature of these services do not differ from personal care services furnished under the State Plan. The provider qualifications specified in the State Plan apply.

In-Home Nursing Services

Individual and continuous care (in contrast to part time or intermittent care) provided by licensed nurses within the scope of State of South Dakota Codified Law. Services are provided to consumers who live at home. Approved State Plan services for the in-home nursing services are provided under the waiver when nursing services furnished under the approved State Plan limits are exhausted. The scope and nature of these services do not differ from nursing services furnished under the State Plan. The provider qualifications specified in the State Plan apply. The additional amount of services that are provided through the waiver is the provision of additional nursing services over and above the amount allowed in the State Plan.

Chore Services

Chore services needed to maintain the consumer's home in a healthy and safe environment. Chore services include lawn mowing, snow and ice removal from sidewalks and driveways, or other services which the home owner is required to complete by city or county ordinance.

Respite Care

Respite care will be provided short-term (less than 30 consecutive days) for an individual who is unable to care for him or herself in the absence of or for the relief of the caregiver. Respite care is available to eligible individuals who reside with unpaid caregivers.

Adult Companion

Non-medical care, assistance, supervision or socialization provided to a consumer living at home or in an Assisted Living Center. Companions perform tasks that are incidental to the care and supervision of the consumer as opposed to completing the tasks for the consumer. Completion of homemaker, personal care and chore services will be authorized and provided as distinct, unduplicated services as assessed and specified in the Care Plan.

Adult Day

Adult day services provide regular care, supervision and structured activities in a non-institutional community-based setting. Adult day services include both health and social services needed to ensure the optimal functioning of the consumer for a period of less than 24 hours per day. Adult day services are provided to a consumer who lives at home. Nutritious meals/snacks are available but are billed as a separate service. Adult day services are integrated in the community. Although not required, nursing services are provided based on assessed need and include health screenings, blood pressure checks, medication management, and a general assessment of the consumer's condition.

Specialized Medical Supplies

Specialized medical supplies are disposable supplies which are necessary to maintain a consumer's health, manage a medical or physical condition, improve functioning, or enhance independence as specified in the Care Plan. Medical supplies reimbursed with waiver funds are in addition to any medical supplies furnished under the State Plan and exclude those items that are not of direct medical or remedial benefit to the consumer.

Specialized Medical Equipment

Specialized medical equipment enables a consumer to increase his or her ability to perform activities of daily living and assists a consumer to remain living safely at home. This includes, but is not limited to, the rental, purchase, and/or installation of devices, controls, sensors, or appliances such as devices programmed to automatically dispense medications, equipment that monitors health status (e.g., telehealth), wheelchairs, walkers, hospital beds, and assistive devices. Medical equipment reimbursed with waiver funds are in addition to any medical equipment furnished under the State Plan and exclude those items that are not of direct medical or remedial benefit to the consumer.

Emergency Response System

An Emergency Response System is an electronic device that enables a consumer who lives in his or her home to secure help in an emergency. The consumer may also wear a portable "help" button to allow for mobility. The system is connected to a consumer's phone and programmed to signal a response center once a "help" button is activated.

Meals

Nutritious meals, provided to a consumer who lives at home, which follow federal dietary guidelines and can be provided for breakfast, lunch and dinner to enhance a consumer's diet.

Nutritional Supplements

Nutritional supplements provided to a consumer who lives at home and is below his or her medically recommended body weight; nutritionally deficient or malnourished; or to manage a skin condition or promote wound healing.

Environmental Accessibility Adaptations

Those physical adaptations to the private residence of the consumer, or the consumer's family, required by the consumer's care plan, that are necessary to ensure the health, welfare, and safety of the consumer or that enable the consumer to function with greater independence in the home. Such adaptations include the installation of ramps and grab-bars, widening of doorways, modification of bathroom facilities, or the installation of specialized electric or plumbing systems that are necessary to accommodate the medical equipment and supplies that are necessary for the welfare of the consumer.

Environmental Accessibility Adaptations continued

Excluded are those adaptations or improvements to the home that are of general utility, and are not of direct medical or remedial benefit to the consumer. Adaptations or improvements that add to the total square footage of the home are excluded from this benefit except when necessary to complete an adaptation (i.e., in order to improve entrance/egress to a residence or to widen a bathroom to accommodate a wheelchair). This service does not include general repair or maintenance to the residence, which are considered to be standard housing obligations of the owner or tenant.

Assisted Living

Assisted living centers offer homemaker, personal care, chore, and meal preparation to consumers who reside in a homelike, non-institutional setting that includes 24-hour on-site response capability to meet scheduled or unpredictable consumer needs and to provide supervision, safety and security. The assisted living location promotes the health, treatment, comfort, safety, and well-being of residents, with easy accessibility for visitors and others.

Services also include social and recreational programming, and medication assistance (to the extent permitted under State law). Services that are provided by third parties must be coordinated with the assisted living provider.

Assisted Living continued

Nursing and skilled therapy services are incidental rather than integral to the provision of assisted living services. Payment is not made for 24-hour skilled care. Federal financial participation is not available for room and board, items of comfort or convenience, or the costs of facility maintenance, upkeep and improvement. The methodology by which the costs of room and board are excluded from payments for assisted living services is described in Appendix I-5.

Homemaker, personal care, chore services, emergency response systems, respite care, meals, and environmental accessibility adaptations as distinct additional services is prohibited for a consumer who resides in an assisted living center.

ASA Waiver Enrollment Checklist

- Obtain National Provider Identification (NPI)
- Complete SD Medicaid Enrollment on SD MEDX
 - SD Medicaid Provider Agreement
 - FAOIP Provider Online Application

ASA Waiver Enrollment Checklist

- Provider Self-Assessment
- Business Associates Agreement
- Private Pay Rate Verification
- Provider Questionnaire
- Supplemental Agreement
- W-9
- Health Insurance Attestation
- Aging and Disability Resource Connections (ADRC) online Resource Directory Request for inclusion

Contact Information

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