

# Zero Suicide



## Behavior Health Advisory Council

**June 14, 2017**

# WHAT IS ZERO SUICIDE?

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Zero Suicide is a commitment to suicide prevention in health and behavioral health care systems, and also a specific set of tools and strategies. It is both a concept and a practice.

# WHAT IS ZERO SUICIDE?

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- *A priority* of the National Action Alliance for Suicide Prevention
- *A goal* of the National Strategy for Suicide Prevention
- *A project* of the Suicide Prevention Resource Center
- *A framework* for systematic, clinical suicide prevention in behavioral health and health care systems
- *A focus* on safety and error reduction in healthcare
- *A set of best practices* and tools for health systems and providers

# Zero Suicide

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In the month before their death by suicide:

- Half saw a general practitioner
- 30% saw a mental health professional

In the 60 days before their death by suicide:

- 10% were seen in an emergency department

# Zero Suicide Core Components

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- Leadership commitment
- Standardized screening and risk assessment
- Suicide care management plan
- Workforce development and training
- Effective, evidence-based treatment
- Follow-up during care transitions
- Ongoing quality improvement and data collection

# Zero Suicide in South Dakota

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- A Zero Suicide Workshop was held in Sioux Falls on May 24th with 15 health and behavioral healthcare organizations attending.
- Organizations include: Community Mental Health Centers, Regional Health, Sanford Health, Avera Health and the Human Services Center

# Next Steps

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- DBH worked with the Helpline Center to coordinate the Zero Suicide workshop through the Youth Suicide Prevention grant
- Continuing collaboration and conversation to develop a long-term plan to implement and sustain Zero Suicide