

# Environmental Factors and Plan

## Suicide Prevention - MHBG

1. **Have you updated your state's suicide prevention plan in the last two years?**

Yes  No

2. **Describe activities intended to reduce incidents of suicide in your state.**

The Division of Behavioral Health's Prevention Program received two federal grants from the Substance Abuse and Mental Health Services Administration (SAMHSA) that focuses on suicide prevention. One grants is called South Dakota's "Now is the Time" Project Aware Training Initiative and runs from 2015 to 2018. The initiative's focus is on increasing the mental health literacy of adults who interact with 12 to 18 year old adolescents. Under the Project Aware Training Initiative we have trained 12 behavioral health professionals as Youth Mental Health First Aid Instructors. In turn, these 12 trainers have trained approximately 565 people as Youth Mental Health First Aiders who have made 104 referrals for youth at risk for suicide to receive additional assistance.

The other grant is the South Dakota Youth Suicide Prevention Grant which runs from 2014 to 2019. The grant's focus is on youth at risk for suicide, with the target population being from 10 to 24 years old. Partnerships with hospitals were established to provide extended follow-up services to youth admitted to emergency departments and inpatient psychiatric units for suicide attempts or suicidal ideation. As of April 2016, there have been 598 total clients enrolled in the program with 31 of those clients being readmits.

A detailed description of each grant can be found in Planning Step One.

3. **Have you incorporated any strategies supportive of Zero Suicide?**  Yes  No

4. **Do you have any initiatives focused on improving care transitions for suicidal patients being discharged from inpatient units or emergency departments?**

Yes  No

5. **Have you begun any targeted or statewide initiatives since the FFY 2016- FFY2017 plan was submitted?**  Yes  No

- a. If so, please describe the population targeted?

The Screening, Brief Intervention and Referral to Treatment (SBIRT) Grant targets adults coming in for their annual medical visit. Besides being screened for alcohol and drug use, they are also given the Patient Health Questionnaire-9 and if there is a high score on the screening tool, they are referred to treatment.

A detailed description of the SBIRT Grant can be found in Planning Step One.

*Please indicate areas of technical assistance needed related to this section.*