

# Environmental Factors and Plan

## Person Centered Planning (PCP)

### MHBG

1. Does your state have policies related to person centered planning?

Yes  No

2. If no, describe any action steps planned by the state in developing PCP initiatives in the future.

3. Describe how the state engages consumers and their caregivers in making health care decisions, and enhance communication.

The state supports the promotion, implementation and sustainability of a person centered approach to services. Services provided through the state's 11 Community Mental Health Centers (CMHCs) are intended to be a comprehensive, person-centered; relationship and recovery focused, and co-occurring capable within an integrated system of care which provides individually planned treatment, rehabilitation, and support services to identified clients with a serious mental illness or serious emotional disturbance, including those with co-occurring or complex needs conditions (substance use disorders, developmental disabilities, etc.). Article 67:62 Mental Health of the Administrative Rules of South Dakota (ARSD) describes the person centered approach and requires CMHCs to have written policies and procedures for the delivery of those services. Implementation of person centered services is also a part of each provider's contractual agreement.

4. Describe the person-centered planning process in your state.

The person centered planning process is an ongoing problem solving process used to help people identify goals and objectives that promote recovery. The team focuses on the person's goals and then identifies opportunities necessary to achieve those goals. The process builds upon the person's strength and abilities while also considering their individual preferences, choices and abilities. The process can involve parents/guardians, family members, friends and any professionals or advocates the individual wishes to be involved.

The ARSD require children and adult mental health services to be provided according to the individualized needs and strengths of the client, while also being responsive to cultural differences and special needs. Services provided based on the individualized needs of the client may include:

1. Integrated assessment, evaluation, and screening;
2. Case management;
3. Individual therapy;

4. Group therapy;
5. Parent or guardian group therapy;
6. Family education, support, and therapy;
7. Crisis assessment and intervention services available 24 hours per day, seven days per week;
8. Psychiatric services with the primary purpose of prescribing or reviewing a client's use of pharmaceuticals, including psychiatric assessments, treatment, and prescription of pharmacotherapy;
9. Psychiatric nursing services including components of physical assessment, medication assessment and monitoring, and medication administration for clients unable to self-administer their medications;
10. Collateral contacts; and
11. Liaison services to facilitate treatment planning and coordination of services between mental health and other entities.

Evidence of the client's or client's parent or guardian's participation and meaningful involvement in treatment planning must be documented in the case file.

*Please indicate areas of technical assistance needed related to his section.*