Behavioral Health Advisory Council Pierre, South Dakota

June 14, 2017

Advisory Council Members Present: Joyce Glynn Lois Knoke

Emily Williams Roseann Peterson-Olson
Dianna Marshall Ellen Washenberger
Chuck Frieberg

Susan Kornder
Susan Sandgren
Lorraine Polak
Ann Larsen
Daniel Dosch
Tiffany Wolfgang
Chuck Frieberg
Sheila Weber
Phyllis Arends
Katherine Jaeger
Jayne Parsons
Jane York

Bernie Grimme Kori Kromminga

Advisory Council Members Absent: LeLewis Gipp Belinda Nelson

Kristi Bunkers Christy Alten-Osmera

Division of Behavioral Health Staff Stacy Bruels Melanie Boetel

Present: Jennifer Humphrey George Summerside

Katie Tostenson

Others in Attendance: Troy Jones, HSC

Purpose

The purpose of the Advisory Council shall be to guide the Division of Behavioral Health with the planning, coordination and development of the state comprehensive behavioral health services plan. The Advisory Council shall advocate on behalf of persons served to ensure their highest attainable degree of independence, productivity, community integration and quality of services. The Advisory Council will also advise the Division of Behavioral Health on statewide treatment, prevention, and rehabilitation needs within the current behavioral health system.

Minutes:

I. Call to Order / Welcome and Introductions

June 14, 2017 the Behavioral Health Advisory Council meeting was called to order.

II. Review and Approval of Meeting Minutes

The Advisory Council reviewed the March 2017 meeting minutes. No proposed changes were recommended.

III. Appointments & Vacant Membership Positions

Vacant Positions

The Advisory Council has one vacant position which is a youth with a serious emotional disturbance (SED) and/or substance use disorder (SUD) or a youth who has a sibling with an

SED or SUD.

It was requested that the Advisory Council assist in seeking potential interested person for the open youth position and to email Jennifer Humphrey with names and contact information.

Appointments

Wendy Figland and Jane Grant were appointed by the Governor and will each be representing a family member of a child with SED with a preference for a family member representing a child between the ages of 5 and 12. Wendy and Jane accepted the appointments and will be participating as voting members at the next meeting in August.

IV. Bylaws

The Advisory Council will not make any immediate changes to the membership composition at this time. It was proposed to invite Arlene Poncelet, Executive Director of the South Dakota Council on Developmental Disabilities (DD) to present. The Advisory Council is interested in developing a better understanding of the mental health component on the DD Council and what they can do to support that component.

V. Human Services Center (HSC)

Troy Jones, HSC Hospital Administrator, provided an update regarding HSC. Troy discussed the addition of another comprehensive evidence-based approach at the HSC called Zero Suicide. Troy also discussed the continued decrease in employee vacancies, increase in employee retention and number of individuals admitted to date.

VI. Subcommittees

The Prevention Program provided an update to the following subcommittees.

Partnership for Success (PFS) Grant – George Summerside

- An Advisory Committee meeting was held on June 13th from 8:30 a.m. to 11:30 a.m. CST at RedRossa.
- The carry-over request was submitted on December 23, 2016 and no response has been received from our federal partners. Carry-over monies will be used to support local programming and training needs.
- The continuation application for year four was submitted on January 10th and no response has been received from our federal partners. Coalitions will continue to address the goals and objectives of the grant in years 3 and 4.
- Coalitions continue to work with local stakeholders and partners to strength relationship to support the programming that is being implemented.
- Coalitions are working within their communities holding town hall meetings with local policy makers and recruiting additional members to join their coalition efforts.
- Implementation of evidence-based programming continues within the local communities and programming is being evaluated as required by the grant.
- Coalitions are working diligently to serve Native American youth and those youth in rural areas. Culturally appropriate relevant questions have been developed and included in some local surveys; additional work needs to continue in this area.

- Cross-site evaluation of programming is led by the State evaluation team and the team works closely with the coalition project officers and the local evaluators. To date all reporting requirements have been met with no missed deadlines.
- The quarterly reporting process has been streamlined to make it easier for coalitions and the state collecting the information to report to the Program Evaluation for Prevention Contract (PEP-C).

South Dakota Youth Suicide Prevention (SDYSPP) Grant – Katie Tostenson

- An Advisory Committee meeting was held on June 13th from 1:00 p.m. to 4:00 p.m. CST at RedRossa.
- From September 30, 2014 through June 9, 2017 there have been 126 trainings across the state with approximately 2,265 individuals that have been trained in the following:
 - Kognito at risk in the Emergency Department (online) 88
 - Making Educator Partners in Suicide Prevention (online) 1,101
 - Means Restriction 178
 - Mental Health First Aid 573
 - o Question, Persuade, Refer, Treat (QPRT) 433
 - o Recognizing and Responding to Suicide Risk (RRSR) 90
 - o Safety Planning 95
 - o Shield of Care 88
 - Collaborative Assessment and Management of Suicidality (CAMS) 19
- The continuation and carry-over requests have been submitted but we have not heard the status of them at this time.

Screening, Brief Intervention and Referral to Treatment (SBIRT) Grant - George Summerside

- An Advisory Committee meeting was held on June 14th from 9:00 a.m. to 11:30 a.m. CST at RedRossa.
- Jayne Parsons was elected as Committee Chairperson.
- The semiannual report was submitted April 30, 2017 to the Federal Project Officer assigned to the grant.
- Work will occur in July to offer refresher training to pilot clinic staff and providers, including clinic #2.
- Training will be offered in state this summer in the area of Integrated Change Therapy, sponsored through the SBIRT. Invitees include community providers within the Sioux Falls metro area, with additional attendees to be identified based on conversations with the SBIRT Policy Advisory Committee.
- Plans for deployment of SBIRT in the next two Avera Clinics one is Sioux Falls (August 2017) and one to-be-determined rural site (October 2017).
- The South Dakota Association of Healthcare Organization's Rural Health Leaders
 Conference Panel Presentation slated for June 15th in Pierre. Attendees on the panel
 to include Summerside, Boetel, Loudenberg, Dr. Matthew Stanley (Avera), and Sarah
 Varilek (Avera).
- The first federal site visit is scheduled for July 17-18 in Sioux Falls, to include visits to both the pilot clinic and clinic #2 within the Avera system.

State Epidemiological Outcomes Workgroup (SEOW) – George Summerside

- An Advisory Committee meeting was held on June 6th from 9:30 a.m. to 12:30 p.m. CST at RedRossa.
- The SEOW is looking to improve the current website with the goal to serve as the clearinghouse and primary exchange point for all data related to behavioral health.
- Data sources on the website include:
 - Youth Risk Behavior Survey (YRBS)
 - Statewide 2015
 - National Survey on Drug Use and Health (NSDUH)
 - Statewide 2014-2015
 - Regions 2012-2014
 - Behavioral Risk Factor Surveillance System (BRFSS)
 - Statewide 2015
 - Regions 2015 (just received)
 - Crime In South Dakota (Attorney General Data)
 - Statewide and County 2016
 - Crash Data (Department of Public Safety)
 - Statewide and County 2016 posted in past month
- Roland Loudenburg provided a summary description of the Helmsley Foundation survey and compared a number of the key data points and findings in Helmsley Foundation report "Focus on South Dakota: A Picture of Health" to national indicators from NSDUH and BRFSS. The comparison between the Helmsley Foundation findings and national data sets validated many of the indicators and potential points in which the national data sets may under report risk behaviors in the population.
- A number of potential data brief topics were discussed and will be considered either as new or updates to current Data Briefs. The topics included:
 - o Rural / Urban comparisons
 - Opioid and Heroin
 - Perception of Risk of Alcohol Use
 - o DUI Rates
 - Methamphetamine
 - o Juvenile Crime rates by Regions and/or Circuits

Evidence-Based Project (EBP) Subcommittee - George Summerside

- An Advisory Committee meeting was held on June 6th from 1:30 p.m. to 3:00 p.m. CST at RedRossa.
- Checklists and scoring tools were disseminated for Positive Action and Prime for Life. The documents were developed with input from workgroup members and program developers over the past fiscal year. The changes will better match program implementation process and ensure reviews have the intended impact. These two programs are expected to be reviewed and approved by late summer.
- Positive Action training was held June 6-7, 2017 in Pierre.
- The Statewide Prevention Meeting will be held June 28-29, 2017 in Pierre.

VII. Zero Suicide

Melanie Boetel and Katie Tostenson presented information regarding Zero Suicide- Zero Suicide is a commitment to suicide prevention in health and behavioral health care systems, and is also a specific set of tools and strategies. It is both a concept and a practice that

includes suicide prevention as an explicit goal.

VIII. Behavioral Health System Update

Fiscal Year 2018-2019 Behavioral Health Assessment and Plan

Jennifer Humphrey reviewed with the Advisory Council Planning Step Two: Identify the unmet service needs and critical gaps within the current system and the following Environmental Factors & Plan Narratives:

- Primary Prevention
- Children & Adolescent Behavioral Health Services
- Evidence-Based Practices for Early Symptoms of Mental Illness 10% set-aside
- Person Centered Planning
- Program Integrity
- Public Comment on the State Plan
- Recovery
- State Behavioral Health Planning Advisory Council Input on Mental Health/Substance Abuse Block Grant Application
- Statutory Criterion for Mental Health Block Grant
- Substance Use Disorder Treatment
- Suicide Prevention
- Support of State Partners
- The Health Care System, Parity and Integration
- Tribes

These pieces are required for the Fiscal Year 2018-2019 Combined Mental Health and Substance Abuse and Prevention Treatment Block Grant, which is due September 1, 2017. Council members were asked to email or call Jennifer Humphrey with any questions, feedback or recommended changes.

Fiscal Reports

Stacy Bruels provided an overview of the third quarter report for Fiscal Year 2017 regarding the amount expended for contract and Medicaid services by area.

Staff Updates

Tiffany Wolfgang provided a staffing update for the Division of Behavioral Health as some key positions have been filled as of late.

First, Nate Ellens joins the Division as an Assistant Director with direct supervision responsibilities of the Juvenile Justice Reinvestment Initiative (JJRI), Criminal Justice Initiative (CJI) and Resource Coordination programs. The JJRI Program Manager is Tiffany Glaser and the focus of the program is to provide evidenced-based community treatment services to youth with justice system involvement. The CJI's Program Manager is Stacy Trove. This program provides evidenced-based treatment services for adults involved in the justice systems with substance use disorders and criminal thinking through Cognitive Behavioral Intervention for Substance Abuse and/or Moral Reconation Therapy. Tonya Honomichl is the Resource Coordination Program Manager. This program provides resource coordination for offenders with serious mental illness and/or substance use disorders as they exit the Department of Corrections' prison system.

Janelle Keller accepted the Prevention Program Manager position. This position was vacated with the retirement of Gib Sudbeck. Janelle will have direct oversight of the Prevention Program which includes Federal and State funded prevention activities. George Summerside and Katie Tostenson will continue to round out the Prevention team. Melanie Boetel is the Assistant Director that oversees this area of services.

Lastly, under Melanie Boetel's Community Behavioral Health area, Mary LeVee has accepted the Program Manager for the Accreditation Program. Mary's first day will be on June 26th. Mary will supervise the Accreditation Program staff including Heidi Gravett, McKenzie Grimm and Judy Huchtmeier.

House Bill 183 & Related Activities

Tiffany Wolfgang and Chuck Frieberg discussed the following sections pertaining to House Bill 1183.

- Section 2: The South Dakota Sheriffs' Association shall develop a jail mental health
 screening pilot program and convene at least four jail administrators and at least two
 mental health providers to select a mental health screening tool for the pilot program. The
 pilot program shall include at least four jails. The jails in the pilot program shall utilize a
 mental health screening tool the during the jail intake process and shall collect and report
 data to the oversight council on the number of persons screened and the number of
 persons screening positive for signs and symptoms of acute psychiatric disturbance and
 disorder.
 - DSS will be working with UJS and the Sherriff's Association to provide support as jails develop their process related to this section.
- Section 7: The Department of Social Services shall create a crisis services grant program
 to any municipality, county, or groups of counties for the purposes of encouraging the
 establishment of new crisis response services or the expansion of existing crisis response
 services.
 - A request for proposal shall be issued within the next couple of weeks to support or expand upon crisis intervention efforts currently happening within South Dakota communities.
- Section 15: The Association of County Commissioners, formed pursuant to § 7-7-28, may
 create and administer a fund for the purpose of assisting counties with the cost of
 competency evaluations for defendants for whom an evaluation has been ordered by the
 court. The Department of Social Services may contract with the association to reallocate
 funds used at the Human Services Center on contractual services for forensic evaluations
 to be administered through this fund.

Section 19: The licensing board of each professional listed in § 23A-46-1 shall maintain a list of each professional licensed under their authority qualified to conduct competency evaluations. The Department of Social Services shall maintain a list of those evaluators for use by the courts in coordination with Department of Health, as needed.

- Amy Iversen-Pollreisz will be working with counties and the licensing boards regarding section 19
- Section 31: The Department of Social Services shall annually compile a list of services available through the community mental health system and eligibility criteria for each

service to distribute to judges, court services officers, and jails. The department shall coordinate with the Unified Judicial System and sheriffs to disseminate this information.

 Melanie Boetel is working on creating a list of services and eligibility requirements to distribute to communities, e.g. judges, service officers, jails, etc.

For more information regarding HB 1183, visit:

http://sdlegislature.gov/Legislative_Session/Bill_Reports/default.aspx?Session=2017

State Targeted Response to the Opioid Crisis Grant (Opioid STR)

The Division was awarded the Opioid STR two year grant. The first year award is \$1,999.997.00 with the second year potentially being the same amount. The focus of the grant is to address the opioid crisis by increasing access to treatment, reducing unmet treatment need, and reducing opioid overdose related deaths through the provision of prevention, treatment and recovery activities for opioid use disorder (OUD) (including prescription opioids as well as illicit drugs such as heroin). A strategic plan is being developed and the following efforts will occur over the next 11 months:

- Naloxone distribution
- Train law enforcement, ER/EMT staff, etc. on naloxone
- Support/enhance crisis call centers
- Expand provider information on the prescribing side
- Awareness campaign targeted towards Native American population
- Peer supports

A project coordinator is currently being sought as the Division does not have the workforce at this time.

American Society of Addiction Medicine (ASAM) Training

In March 2017, four cohorts participated in ASAM training. On June 12th, a learning collaborative was held allowing for follow-up with questions for the trainer. Discussion will take place regarding opportunities for additional trainings.

Coordinated Entry Project

Lorraine Polak announced that the South Dakota Housing Authority recently contracted with Corporation for Supportive Housing to assist in the creation of South Dakota Housing for the Homeless Consortium's (SDHHC's) coordinated entry system. Sue Augustus and Heather Mueller, Senior Program Managers for the Corporation for Supportive Housing presented at the 12th Annual Homeless Summit which was held in Oacoma on June 6-7, 2017. Lorraine announced that meetings will be held in various communities to discuss coordinated entry efforts.

2017 Point-In-Time Homeless Count

The Point-In-Time Homeless Count occurred January 24, 2017. For more information please visit: http://www.housingforthehomeless.org/homeless-counts.html.

SD-NAMI Annual Conference

The annual NAMI conference will be held in Spearfish at the Spearfish Holiday Inn Convention

Center September 28-29. For more information please visit: https://namisouthdakota.org/annual-conference/.

NAMI Ending the Silence Presentation

NAMI Ending the Silence helps raise awareness and change perceptions around mental health conditions. For more information: https://www.nami.org/Find-Support/NAMI-Programs/NAMI-Ending-the-Silence.

IX. Future Meetings

The next meeting will take place Thursday, August 17th from 12:00 p.m. to 4:00 p.m. (CDT) at RedRossa Italian Grille in Pierre.

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

X. Adjourn

Meeting was adjourned.