

**Behavioral Health Advisory Council
Pierre, South Dakota**

March 30, 2017

Advisory Council Members Present:

Joyce Glynn	Lois Knoke
LeLewis Gipp	Roseann Peterson-Olson
Emily Williams	Ellen Washenberger
Dianna Marshall	Chuck Frieberg
Kristi Bunkers	Belinda Nelson
Susan Kornder	Christy Alten-Osmera
Susan Sandgren	Sheila Weber
Lorrain Polak	Phyllis Arends
Ann Larsen	Katherine Jaeger
Daniel Dosch	Jayne Parsons
Tiffany Wolfgang	Jayne York

Advisory Council Members Absent:

Bernie Grimme
Kori Kromminga

Division of Behavioral Health Staff Present:

Stacy Bruels	Melanie Boetel
Jennifer Humphrey	

Others in Attendance:

Troy Jones, HSC

Purpose

The purpose of the Advisory Council shall be to guide the Division of Behavioral Health with the planning, coordination and development of the state comprehensive behavioral health services plan. The Advisory Council shall advocate on behalf of persons served to ensure their highest attainable degree of independence, productivity, community integration and quality of services. The Advisory Council will also advise the Division of Behavioral Health on statewide treatment, prevention, and rehabilitation needs within the current behavioral health system.

Minutes:

I. Call to Order / Welcome and Introductions

March 30, 2017 the Behavioral Health Advisory Council meeting was called to order.

II. Review and Approval of Meeting Minutes

The Council reviewed the November 2016 meeting minutes. No proposed changes were recommended.

III. Vacant Membership Positions

Vacant Positions

- A family member of a child with SED with a preference for a family member representing a child between the ages of 5 and 12.

- A family member of a child with SED with a preference for a family member representing a child between the ages of 5 and 12.
- A youth with SED and/or SUD or a youth who has a sibling with an SED or SUD.

A nominee for one family position representing a child between the ages of 5 and 12 was submitted to the Governor for his consideration in late October. A nominee for the other family position representing a child between the ages of 5 and 12 was submitted to the Governor in late November.

It was requested that the Council assist in seeking potential interested person for the open youth position. Council members were asked to email Jennifer Humphrey with names and contact information.

IV. Human Services Center (HSC)

Troy Jones, HSC Hospital Administrator, provided an update regarding HSC. Troy discussed the completed employee engagement survey and HSC's improvement plan. Since these efforts, employee vacancies have gone down and employee retention has gone up. Currently, there is still a demand for mental health aids and registered nurses. Troy also discussed the continued training and implementation of evidence-based practices at HSC including Dialectical Behavior Therapy, Motivational Interviewing, Trauma Informed Care and Sensory Integration.

V. Subcommittees

Gib Sudbeck, Prevention Program Manager for the Division of Behavioral Health, provided an update to the following subcommittees.

Partnership for Success (PFS) Grant

- A webinar meeting was held on 3/13/17 with the Advisory Committee.
- The Program Evaluation for Prevention Contract (PEP-C) team announced that South Dakota continues to be the only state to submit data reports on time (or ahead of schedule) with no corrections needed.
- The carry-over request was submitted December 23, 2016.
- The continuation application was submitted January 10, 2017.
- The Prevention Program continues to work with MOSAIX Software Inc. to enhance system capabilities to meet data management needs of the state. A new data reporting system was adopted in June 2016.
- Training modules were developed for Native American and LGBTQ populations and offered to funded coalitions in years one and two. A survey is currently being developed for military families on the impact of underage drinking within their community. Training modules will be developed for prevention professionals on the military culture during year three.
- A web-based training was provided by Prevention Resource Coordinators on both the needs assessment and strategic planning process.
- Coalitions updated their needs assessments and strategic plans and were reviewed by an independent review team with feedback given. Maintaining these documents is critical to implementing programming that is sustainable and that will achieve meaningful outcomes.

South Dakota Youth Suicide Prevention (SDYSPP) Grant

- A webinar meeting was held on 3/13/17 with the Advisory Committee.
- The carry-over request was submitted December 20, 2016. Planned activities include:
 - Expansion of crisis center services;
 - Expansion of community coalitions;
 - Support and enhance evaluation services;
 - Improve statewide understanding of suicide prevention; and
 - Support local schools and communities in suicide prevention events.
- The annual report was submitted December 27, 2016.
- The continuation application was submitted January 5, 2017.
- As of March 8, 2017, 104 trainings have been conducted, training approximately 2,145 individuals.
- Follow-up Support Program:
 - Avera McKennan – 502 enrolled patients
 - Avera St. Lukes – In the start-up phase
 - Rapid City Regional – 72 enrolled patients
 - HSC – 20 enrolled patients
- Follow-up staff were able to have follow-up contact beyond the initial call with 75% of program participants. Over 70% of participants are reporting improvement in their depression severity as measured by the Patient Health Questionnaire (PHQ-9) from initial to last assessment. To date, there has been 594 clients enrolled:
 - 330 cases have been completed
 - 178 open cases
 - 26 withdrawn
 - 60 no contact
- Texting and Counseling Center Programs:
 - South Dakota State University – 56 text conversations
 - University of Sioux Falls – 38 text conversations
 - Augustana University – 50 text conversations
 - Black Hills State University – Will begin program in August 2017
- The awareness campaign for year three of the grant is targeted to children of military families. Posters were created and sent to all elementary and middle schools in February 2017. There will be a website and social media campaign along with a video finalized in April 2017 that will target 18-24 year olds.
- The Zero Suicide workshop is planned for May 24, 2017 in Sioux Falls.

Screening, Brief Intervention and Referral to Treatment (SBIRT) Grant

- A webinar meeting was held on 3/15/17 with the Advisory Committee.
- The continuation application was submitted January 2017.
- Since the start of the SBIRT screening process on 1/31/17, the Avera Medical Clinic on 69th and Cliff Ave had 254 recorded screenings. Of those screenings, 22 were scored as positive.
- Of the 22 positive screening scores, eight derived their positive status solely from the Alcohol Use Disorders Identification Test (AUDIT) instrument and six from the

Drug Abuse Screening Test (DAST 10) alone. Four clients scored positive on the AUDIT and DAST 10 simultaneously.

- Of the 30 positive Patient Health Questionnaire (PHQ9) scores four were co-occurring with a positive AUDIT score and four were co-occurring with a positive DAST 10 score. Two clients had a positive co-occurring AUDIT, DAST 10 and PHQ9 score.
- A proposal was submitted to the federal project officer regarding conducting some of the follow-up interviews electronically rather than face-to-face.

VI. State Epidemiological Outcomes Workgroup (SEOW)

Roland Loudenburg, Mountain Plains Evaluation, presented information regarding the State Epidemiological Outcomes Workgroup. Roland is a member of SEOW and its subcommittee regarding Evidence-Based Projects.

VII. Behavioral Health System Update

Fiscal Year 2018-2019 Behavioral Health Assessment and Plan

Tiffany Wolfgang reviewed with Council members Planning Step One required for the Fiscal Year 2018-2019 Combined Mental Health and Substance Abuse and Prevention Treatment Block Grant, which is due September 1, 2017. Council members were asked to email or call Jennifer Humphrey with any questions, feedback or recommended changes.

2017 Legislative Session

Tiffany Wolfgang discussed the following bills related to behavioral health services:

- Senate Bill 43 - An appropriation to expand intensive methamphetamine treatment services within the Department of Social Services and to declare an emergency.
- House Bill 1183 - Provide and revise certain provisions regarding mental health procedures in criminal justice, to make an appropriation therefor, and to declare an emergency.
- Senate Bill 45 - Remove an outdated reference from the definition of an accredited prevention or treatment facility.
- Senate Bill 44 - Revise the definition of individuals with a serious emotional disturbance.
- House Bill 1100 - Allow law enforcement to initiate a mental illness hold in domestic abuse situations.
- Senate Bill 147 - Establish a rate-setting methodology for services delivered by community-based health and human services providers.

For more information, visit:

http://sdlegislature.gov/Legislative_Session/Bill_Reports/default.aspx?Session=2017

Fiscal Reports

Stacy Bruels provided an overview of the second quarter report for Fiscal Year 2017 regarding the amount expended for contract and Medicaid services by area.

Technical Assistance Request

Melanie Boetel provided an update regarding the technical assistance requested through the Substance Abuse and Mental Health Services Administration for methamphetamine addiction treatment. Two consultants were chosen and in March 2017 they traveled to South Dakota to tour each program and meet with agency staff. The consultants will prepare information and present back to the Division of Behavioral Health on specific evidence-based practices for the target population.

Project Aware – Youth Mental Health First Aid Training Grant

Gib Sudbeck provided an update regarding Youth Mental Health First Aid trainings:

- Year One:
 - 32 total trainings;
 - 565 individuals were trained including community members, school personnel and professionals and parents;
 - Average number of participants per training was 17.7;
 - 104 referrals were made for youth to obtain additional services; and
 - Carry-over request was submitted December 14, 2016 and approved January 20, 2017.
- Year Two:
 - The carry-over will enable expansion of trainings to Regions three and four.

Methamphetamine (Meth) Awareness Campaign

Gib Sudbeck provided an update to the “Meth Changes Everything” awareness campaign. As of March 21, 2017, the website has had 20,317 page views with 85.3% being new users and 14.7% being returning users. For more information visit: <http://methchangeseverything.com/>.

177 school presentations were completed, with some schools having presentations in multiple classes. 13 school presentations are currently scheduled. In addition there have been 19 completed town hall meetings and 10 are currently scheduled. 6,798 students and adults have attended the school presentations and the town hall meetings.

A request for proposal will be announced in May for additional meth expansion activities.

State Targeted Response to the Opioid Crisis (Opioid STR) Grant

The Division applied for the Opioid STR on February 17, 2017. The grant is for two years and will be awarded to states via a formula based on unmet need for opioid use disorder treatment and drug poisoning deaths. The focus of the grant is address the opioid crisis by increasing access to treatment, reducing unmet treatment need, and reducing opioid overdose related deaths through the provision of prevention, treatment and recovery activities for opioid use disorder (OUD) (including prescription opioids as well as illicit drugs such as heroin). For more information: <https://www.samhsa.gov/grants/grant-announcements/ti-17-014>.

National Strategy for Suicide (NSSP) Grant

The Division is applying for the NSSP, which is due April 17, 2017. The award is \$471,000 per for three years. The focus of the grant is to prevent suicide and suicide attempts among adults age 25 and older in order to reduce the overall suicide rate and number of suicides in the United States. For more information: <https://www.samhsa.gov/grants/grant-announcements/sm-17-007>.

12th Annual Homeless Summit

Lorraine Polak announced the 12th Annual Homeless Summit hosted by the South Dakota Housing Development Authority. It will be held June 6-7, 2017 at the Cedar Shores Resort and Conference Center in Oacoma. Participants can engage in conversations to prevent homelessness, attend workshops, and network with other stakeholders. Visit:

<http://www.housingforthehomeless.org/event/41-misc/2017/06/06/49-11th-annual-homeless-summit.html>.

Surgeon General's Report – Facing Addiction in America

To view the Surgeon General's Report on Alcohol, Drugs, and Health, visit:

<https://addiction.surgeongeneral.gov/surgeon-generals-report.pdf>.

NAMI-SD Family to Family

For more information regarding the NAMI Family to Family Program, visit:

<http://namisouthdakota.org/programs-support-groups/family-family/>.

NAMI-SD Connection Recovery Support Group

For more information regarding the NAMI Connection Recovery Support Group, visit:

<http://namisouthdakota.org/weekly-support-groups/>.

Mental Health Awareness Month

Mental Health Awareness Month (or also referred to as Mental Health Month) is being observed in May to raise awareness of the realities of living with a mental health condition.

National Prevention Week

National Prevention Week is being held May 14-20, 2017 in order to raise awareness about the importance of substance use prevention and positive mental health. For more information, visit: <https://www.samhsa.gov/prevention-week>.

VIII. Future Meetings

The next meeting will take place Wednesday, June 14, 2017 from 12:00 p.m. to 4:00 p.m. (CST) at RedRossa Italian Grille in Pierre.

Phyllis Arends proposed the following:

- Adding a position for an individual with a developmental disability and co-occurring mental health disorder. Also, for a family member of an individual with a developmental disability and co-occurring mental health disorder; and
- Discuss Peer Support Services.

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

IX. Adjourn

Meeting was adjourned.