

**Behavioral Health Advisory Council  
Pierre, South Dakota**

**March 15, 2018**

**Advisory Council Members Present:**

Jayne Parsons (Chair)	Ann Larsen
Lois Knoke (Vice-Chair)	Sheila Weber
Ashlee Rathbun	Christy Alten-Osmera
Kristi Bunkers	Tiffany Wolfgang
Chuck Frieberg	LeLewis Gipp
Dianna Marshall	Lorraine Polak
Ellen Washenberger	Joyce Glynn
Bernie Grimme	Jane Grant
Daniel Dosch	Katherine Jaeger
	Wendy Figland

**Advisory Council Members Absent:**

Susan Sandgren	Emily Williams
Belinda Nelson	
Susan Kornder	
Jane York	
Roseanne Peterson Olson	

**Division of Behavioral Health Staff Present:**

Jennifer Humphrey	Jennie Englund
Stacy Bruels	Melanie Boetel
Nate Ellens	Jana Sprenger
Kayla LaBrie	

**Others in Attendance:**

**Purpose**

The purpose of the Advisory Council shall be to guide the Division of Behavioral Health with the planning, coordination and development of the state comprehensive behavioral health services plan. The Advisory Council shall advocate on behalf of persons served to ensure their highest attainable degree of independence, productivity, community integration and quality of services. The Advisory Council will also advise the Division of Behavioral Health on statewide treatment, prevention, and rehabilitation needs within the current behavioral health system.

**Minutes:**

**I. Call to Order / Welcome and Introductions**

March 15, 2018 the Behavioral Health Advisory Council meeting was called to order.

Jayne Parsons was elected Chairperson via survey monkey on January 16, 2018. Jayne precedes Phyllis Arends who retired November 2017.

Introductions were made for Kayla LaBrie and Jana Sprenger who have joined the Prevention Program. Kayla previously worked as a Resource Coordinator within the Division of Behavioral Health. Jana comes from Capital Area Counseling Services in Pierre.

The Prevention Program Manager position is currently listed under the Bureau of Human

Resources website: <http://bhr.sd.gov/workforus.aspx>.

## II. Review and Approval of Meeting Minutes

The Advisory Council reviewed the November 2017 meeting minutes. Proposed corrections to Lorraine Polak's email address and Ellen Washenberger's attendance was accepted.

## III. Bylaws & Vacant Positions

### Bylaws

The proposed change to update South Dakota Advocacy Services to their new name, Disability Rights South Dakota (DRSD) was accepted.

### Vacant Positions

- A family member of a youth with a serious emotional disturbance (SED) and co-occurring substance use. Kori Kromminga resigned from her position last month.
- A youth with an SED and/or substance use disorder or a youth who has a sibling with a SED and/or substance use disorder. The previous appointment was Jacksyn Bakeberg.

It was requested that the Advisory Council assist in seeking potential interested persons for the open positions and to email Jennifer Humphrey with names and contact information.

## IV. Human Services Center (HSC)

Tiffany Wolfgang announced that Steve Lindquist is currently the HSC's Interim Administrator. Before taking the position, Steve led the Avera Behavioral Health Center. He also headed the HSC between 1989 and 1997. A nationwide search continues in an effort to hire the next administrator.

## V. Subcommittee Updates

Melanie Boetel, Kayla LaBrie and Jana Sprenger provided an overview of the following subcommittees.

### Youth Suicide Prevention Project (YSPP)

A webinar meeting was held Wednesday, March 14, 2018. The Prevention Program is currently in the 4<sup>th</sup> year of the grant which will end September 29, 2019.

The Follow-up Program continues to be active in four sites: Avera McKennan in Sioux Falls, Avera St. Luke's in Aberdeen, Rapid City Regional Hospital and the Human Services Center in Yankton. To date, 914 participants have enrolled in the program and over 67% are reporting improvement in their depression which is measured by the PHQ-9 scores, from initial to last assessment.

The Crisis Texting Program currently has five universities enrolled: South Dakota State University in Brookings, University of Sioux Falls, Augustana University in Sioux Falls, Black Hills State University in Spearfish, and Northern State University in Aberdeen. The Helpline is currently working with the universities to implement activities to promote the crisis texting hotline on coffee sleeves used at university coffee shops as well as hosting an educational event to promote awareness of the service being offered.

Bethe1SD Campaign will target school-aged students in order to promote awareness to suicide prevention. Materials including posters, referral cards and various public service announcements will be developed and dispersed in time for schools to use next school year. "Be the 1" is a tagline nationally, as in "be the one to show you care" by referring friends in

need to resources such as the National Suicide Prevention Lifeline.

The next meeting will take place in-person on Wednesday, June 20, 2018 from 9:30 a.m. to 11:00 a.m. CST at RedRossa Italian Grille in Pierre.

#### Screening, Brief Intervention, and Referral to Treatment (SBIRT)

A webinar meeting was held Wednesday, March 14, 2018. The Prevention Program is currently in year two of the grant which ends September 29, 2021.

Cohort I/Phase I of the implementation process continue as clinic #3 and #4 were trained and began the screening process in December 2017. From January 30, 2017 to March 2, 2018, over 4,200 individuals have been screened. Of those screenings, 385 were positive and 127 of those clients were positive on more than one assessment tool.

Cohort II/Phase II implementation is also underway. A Request for Proposal (RFP) was prepared January 2018 to solicit clinics or other primary healthcare partners interested in integrating SBIRT within their sites. The RFP closes March 22, 2018.

The next meeting will take place in-person on Wednesday, June 20, 2018 from 12:00 p.m. to 1:30 p.m. CST at RedRossa Italian Grille in Pierre.

State Epidemiological Outcomes Workgroup (SEOW): The webinar meeting scheduled for March 13<sup>th</sup> was cancelled. The next meeting will take place in-person on Wednesday, June 20, 2018 from 2:00 p.m. to 3:30 p.m. CST at RedRossa Italian Grille in Pierre.

#### SEOW Subcommittee: Evidence-Based Practices (EBP)

Changes occurred at the federal level with the Substance Abuse and Mental Health Services Administration and the National Registry of Evidence-Based Programs and Practices (NREPP). The contract managing NREPP has been canceled and the federal government continues to work on determining how evidence-based programming will be identified and studied going forward. As a result of these changes, the Division of Behavioral Health (DBH) has decided to no longer continue the EBP subcommittee and all scheduled webinars/meetings have been cancelled. With one year left of the Partnership for Success Grant and the NREPP's unknown future, the DBH will continue to utilize the approved list of evidence-based practices by the subcommittee to carry out prevention efforts in the state.

#### Partnership for Success (PFS)

A webinar meeting was held Thursday, March 15, 2018. Evidence-based programming will continue in the grant's final year which ends September 29, 2019. The target is underage and binge drinking youth age 12 to 20 years-old. The collection of data shared shows a reduction in underage alcohol use and binge drinking and supports the effectiveness of the programming being implemented.

The next meeting is scheduled to take place in-person on Thursday, June 21, 2018 from 9:00 a.m. to 10:30 a.m. CST at RedRossa Italian Grille in Pierre.

## **VI. 2018 Legislative Session Update**

Tiffany Wolfgang discussed the following bills related to behavioral health services.

#### House Bill (HB) 1040

Provide for the licensing of a professional counselor, professional counselor-mental health, or marriage and family therapist in another state under certain circumstances and to declare an emergency. This bill will allow clinicians moving from another state to be granted licensure in

South Dakota if the provisions are met as outlined in the statute. The bill was signed by the Governor on February 5, 2018 and is effective immediately.

Senate Bill (SB) 176

Provide for certain employees in the Office of the Attorney General to investigate and litigate opioid misuse, to provide an appropriation therefor, and to declare an emergency. The bill was deferred to the 41<sup>st</sup> legislative day.

HB 1123

Prohibit certain persons suffering from severe mental illness from receiving capital punishment. The bill failed to move forward.

HB 1187

Require grant performance measurement information be displayed on the department website. The bill was deferred to 41<sup>st</sup> day.

HB 1255

Revise the authority of the interim Rules Review Committee to revert a rule to any step in the rules adoption process. The Senate tabled the bill and there was no further action.

SB 100

Establish certain provisions related to grant monitoring and review and to revise certain record retention policies. The bill was delivered to Governor on March 9, 2018.

Summer Study

A possible summer study may occur regarding youth acting out and trauma. The Advisory Council will be advised if the summer study does occur.

For more information, visit:

[http://www.sdlegislature.gov/Legislative\\_Session/Bills/Default.aspx?Session=2018](http://www.sdlegislature.gov/Legislative_Session/Bills/Default.aspx?Session=2018)

**VII. Division of Behavioral Health Update**

Community Behavioral Health

- Fiscal Reports  
Stacy Bruels provided an overview of the second quarter report for Fiscal Year 2018 regarding the amount expended for contract and Medicaid services by area.
- Provider Rate Methodology Workgroup  
Tiffany Wolfgang discussed Senate Bill 147 that was signed by the Governor on March 13, 2017 to establish a rate-setting methodology for services delivered by community-based health and human services providers. A Provider Rate Methodology Workgroup convened to establish an annual report that includes proposed timeframes for review, current fiscal year reimbursement rates, percentage of methodology paid, and cost to reach 100 percent of methodology. The report also includes the results of the analysis of the provider subgroup, the calculated rate including any recommended methodology using the most recent data available.

Members of the provider subgroups, meeting agendas and materials and the 2017 annual report can be found online at <http://dhs.sd.gov/workgroups.aspx>.

- Provider Inflation  
Tiffany Wolfgang discussed the proposed two percent rate of inflation for behavioral health providers currently under Bureau of Finance and Management review. If approved, the rate increase will take effect April 1, 2018.

- Workforce Development

Tiffany Wolfgang discussed how workforce development continues to be an area of focus for the Division of Behavioral Health. Recent efforts have included work with the South Dakota Area Health Education Centers. Training videos are being considered with a primary target of emerging professionals as they graduate from training programs. An integration of Screening, Brief Intervention, and Referral to Treatment (SBIRT) components are also being considered during this time. SBIRT team members will be participating in a HOSA (Health Occupations Students of America) sponsored annual conference in April 2018. A workshop and creative problem solving session will be hosted by the team.

- Medicaid Expansion

Tiffany Wolfgang and Stacy Bruels discussed the Medicaid enhancement coverage for substance use treatment services. An expected \$872,905 in state general funds and \$1,127,795 in federal funds will be needed to implement the Health Care Solutions Coalition recommendation to cover substance use treatment services for all adults eligible for Medicaid. Part of this initiative includes states applying for a 1115 Waiver to allow for Medicaid funding for Institutions of Mental Disorder (IMD) which includes level 3.7 inpatient substance use disorder services for facilities with 16 or more beds.

Medicaid also expanded eligible mental health providers to include licensed marriage and family therapists, clinical social workers working towards private or independent practice and licensed professional counselors working towards a mental health designation as Medicaid eligible outpatient behavioral health providers starting January 2019.

- Mental Health Task Force

Tiffany Wolfgang discussed House Bill 1183 which passed in 2017 to provide and revise certain provisions regarding mental health procedures in criminal justice, to make an appropriation, and therefore declare an emergency. A task force convened in March 2016 to study how individuals with mental illness encounter law enforcement, move through the court system, jails and probation. A final report was released November 2016 with three goals:

1. Improve public safety and treatment of people with mental illness in contact with the criminal justice system through appropriate evaluation, intervention, diversion and supervision.
  - The jail mental health screening pilot program is underway. At least four jails will participate in the pilot. Mental health screening tools for males and females will be completed during the jail intake process. The Unified Judicial System shall collect and report data to the oversight council on the number of persons screened and the number of persons screening positive for signs and symptoms of acute psychiatric disturbance and disorder.
  - A Competency Evaluation Fund has been established to assist counties with the cost of competency evaluations for defendants for whom an evaluation has been ordered by the court.
2. More effectively identify mental illness in people coming into contact with the criminal justice system, through improved training in local criminal justice systems, better use of screening tools and skills, and expanded response and diversion options in communities for law enforcement and the courts, all while holding offenders and government more accountable.
  - Crisis Intervention (CIT) training is underway for jailers and law enforcement to improve their responses to people in crisis.

- Department of Corrections underwent Mental Health First Aid training and Dialectical Behavior Therapy training.
  - The Substance Abuse and Mental Health Services Administration's Creating Safe Scenes Training Course will be supplemented with South Dakota's Behavioral Health roadmap for justice involved individuals. For more information regarding this training, please visit: <https://www.samhsa.gov/dtac/creating-safe-scenes-training>.
3. Better allocate limited local resources in order to improve early intervention services and preserve limited jail and prison resources for violent, chronic and career criminals.
- Three grants, through a Request for Proposal process were awarded to Minnehaha County, Lewis and Clark Behavioral Health Services in Yankton and Behavior Management Systems in Rapid City in order to establish crisis response programs within their communities.

Task Force Final Report:

<https://mentalillnesscommunityjustice.sd.gov/docs/Mental%20Health%20Task%20Force%20Report.pdf>.

- Mental Health Court Initiative  
Tiffany Wolfgang announced that in January 2019 the Division of Behavioral Health will receive \$138,500 to fund a ½ year of treatment services for individuals referred by the Unified Judicial System's Mental Health Court Initiative. The court will be located in the Seventh Judicial Circuit.
- State Targeted Response to the Opioid Crisis Grant (Opioid STR)  
Tiffany Wolfgang announced that notice was received indicating approval for the second year of funding for the Opioid STR grant. The Department of Social Services continues to wait for notice of the carry over request.

Regarding the naloxone distribution project, 26 training sessions have been held with 430 individuals being trained as of the end of November. Individuals trained include law enforcement, emergency response personnel, Department of Correction staff, Division of Criminal Investigation agents and Bureau of Indian Affairs representatives.

The Department of Health, in conjunction with the Department of Social Services, is working on creating a media campaign which will involve a website, various marketing materials and public service announcements.

Prevention Resource Centers issued a total of 14 mini-grants to community coalitions across the state in order to conduct town hall meetings and deliver opioid awareness education. A smaller media campaign will also be developed targeting Native Americans.

A Request for Proposal will be developed to support, enhance, and expand access to Medication Assisted Treatment. The goal is to support health care professionals to increase the number of buprenorphine waived providers treating individuals with opioid use disorders, and fund/support telehealth or tele-echo models.

To view a copy of South Dakota's Opioid Abuse Strategic Plan, please visit: <http://doh.sd.gov/news/Opioid.aspx>.

To view a copy of South Dakota's Opioid Abuse Needs Assessment, please visit: <https://doh.sd.gov/documents/news/OpioidAbuseNeedsAssessmentExecutiveSummary.pdf>. If you would like a bound copy, please contact Jennifer Humphrey at [Jennifer.Humphrey@state.sd.us](mailto:Jennifer.Humphrey@state.sd.us) or 605-773-3123.

- Technical Assistance Request

Melanie Boetel provided an update regarding the technical assistance requested through the Substance Abuse and Mental Health Services Administration for methamphetamine addiction treatment. Two consultants traveled to South Dakota in March 2017 and toured the meth programs at Keystone Treatment Center and City/County Alcohol and Drug Programs and met with agency staff. The consultants presented information back to the Division of Behavioral Health (DBH) on specific evidence-based practices (EBP). The expectation is for the consultants to support the DBH with training in the Matrix Model, which encompasses the EBPs recommended as best practices in the treatment of this substance use disorder.

April 2018, the consultants will return to discuss recommendations in the final report and steps moving forward. A Request for Proposal was issued to expand intensive meth treatment programming. Three providers' proposals were accepted and the Division of Behavioral Health is currently working through contracts.

- Accreditation/Stakeholder Survey/Agency Profiles

Melanie Boetel discussed the Division of Behavioral Health's outcome data collection efforts by providing copies of the Adult Substance Use Disorder Discharge Outcome Tool and Youth Mental Health Discharge Outcome Tool. Outcome examples collected for Fiscal Year 2017 were also shared and discussed.

- Suicide Prevention Toolkit

Melanie Boetel announced that the South Dakota Suicide Prevention website was updated December 2017 to include a suicide tool kits for communities, high schools and college campuses. To view the toolkits, please visit: <http://sdsuicideprevention.org/>.

- Meth Toolkit

Melanie Boetel announced that through the Division of Behavioral Health's support, the Prevention Resource Centers created a Meth Prevention Toolkit which has been distributed to prevention coalitions and communities across the state. To view the toolkit, please visit: <http://dss.sd.gov/behavioralhealth/community/prevention.aspx>.

- Juvenile Justice Reinvestment Initiative (JJRI)

Nate Ellens provided an overview of the JJRI. Four Community Mental Health Centers currently participate in the Systems of Care (SOC) pilot program; Lewis & Clark Behavioral Health Services, Behavior Management Systems, Capital Area Counseling Services, and Southern Plains Behavioral Health Services. The SOC program is a wraparound approach to delivering services to at-risk youth and families identified by the school system or other community stakeholders.

Functional Family Therapy Enhanced Training is scheduled to take place in Chamberlain, SD on May 15, 2018. The training will focus on skill building for Functional Family Therapy providers. However, referral sources from the Unified Judicial System and Department of Corrections have been invited to attend, as well. Topics will include addressing substance use and trauma, providing culturally

competent services to Native American families, and further training in the phases of Functional Family Therapy.

Efforts are in place for the Division of Behavioral Health (DBH) to oversee quality assurance for Aggression Replacement Training (ART). A quality assurance is currently being implemented by the company that also provides the ART trainings. Moral Reconciliation Therapy (MRT) is currently overseen by the DBH with monthly fidelity calls and quality assurance site visits.

The Discovering Life, and Liberty in the Pursuit of Happiness program will be used in the school system as an offset the juvenile version of MRT.

- Criminal Justice Initiative (CJI)

Nate Ellens provided an overview of the CJI. Cognitive Behavioral Interventions for Substance Abuse (CBISA) is a program designed to assist individuals in learning skills and strategies for avoiding substance use. Efforts are underway to expand CBISA's pre-treatment availability, as well as its length module from three to six sessions. This will provide earlier access to services and decrease wait times. The pre-treatment modules are also being explored for telehealth services.

- Resource Coordination

Nate Ellens provided an overview of Resource Coordination. The Division of Behavioral Health partnered with the Department of Corrections to ensure individuals with behavioral health disorders released from state operated correctional facilities have appropriate referrals to community behavioral health providers.

### Correctional Behavioral Health

Jennie Englund provided an overview of Correctional Behavioral Health services.

- Cognitive Behavioral Interventions for Substance Abuse (CBISA)

Correctional Behavioral Health is looking to expand CBISA's pre-treatment module within the prison system. Other services offered within the prison are aftercare services, Moral Reconciliation Therapy, mental health coping skills group and resilience groups.

- Dialectical Behavior Therapy (DBT)

DBT was implemented within Correctional Behavioral Health at the end of Fiscal Year 2016. Collaborative efforts are underway with Behavioral Tech to identify and implement a fidelity tool to monitor the DBT programs within the correctional system. The fidelity tool will also be used for the DBT programs within the Human Services Center and the Community Mental Health Centers.

- Evidence-Based Program (EBP) Curriculum Development

Correctional Behavioral Health currently runs a Resilience group for offenders with a history of trauma. Correctional Behavioral Health will be looking to implement an Advanced Resilience group for offenders with an ongoing need to address trauma related concerns.

## **VIII. Open Discussion/Council Member Updates**

### Department of Human Services

Bernie Grimme announced that the Department of Human Services is seeking nominations for the Board of Vocational Rehabilitation (BVR), Board for the Division of Service to the Blind and Visually Impaired (SBVI) and the Statewide Independent Living Council (SILC). Nominations

are due April 13, 2018. For more information, please contact Bernie Grimme at [Bernie.Grimme@state.sd.us](mailto:Bernie.Grimme@state.sd.us) or 605-773-6284.

#### Point-in-Time Count

Lorraine Polak announced that the South Dakota Housing for the Homeless Consortium (SDHHC) conducted their Point-in-Time (PIT) homeless count and survey on January 23, 2018 and will be released to the general public soon. To view previous years PIT counts, please visit <http://www.housingforthehomeless.org/homeless-counts.html>.

#### SDHHC Quarterly Meeting

Lorraine Polak announced that a South Dakota Housing for the Homeless Consortium quarterly meeting will take place Tuesday, March 20, 2018 from 10:00 a.m. to 3:00 p.m. CST at the Visitor's Center in Pierre. Discussion will include the implementation efforts of the Coordinated Entry System Project, the 2018 PIT count and other South Dakota Continuum of Care efforts. For more information, please contact Lorraine at [lorraine@sdhda.org](mailto:lorraine@sdhda.org) or 605-773-3181.

#### SDHDA Fair Housing Training

The South Dakota Housing Development Authority is sponsoring a free Fair Housing Training during the month of April. Trainings will be held in Mitchell on April 16<sup>th</sup>, Rapid City on April 18<sup>th</sup>, Pierre on April 19<sup>th</sup> and Aberdeen on April 20<sup>th</sup>. For more information on the trainings, their locations and times, visit <https://fairhousingtrainingsd2018.eventbrite.com>.

#### 13<sup>th</sup> Annual Homeless Summit

Lorraine Polak announced that the SDHDA will be hosting their 13<sup>th</sup> Annual Homeless Summit June 12-13, 2018 at Cedar Shore Resort and Conference Center in Oacoma. Participants can engage in conversations to prevent homelessness and attend workshops and make connections at the networking events. For more information, please contact Lorraine at [lorraine@sdhda.org](mailto:lorraine@sdhda.org) or 605-773-3181.

### **IX. Future Meetings**

Future meetings are tentatively schedule for the following:

- Thursday, June 21, 2018 from 12:00 p.m. to 4:00 p.m. CST at RedRossa Italian Grille in Pierre.

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

### **X. Adjourn**

Meeting was adjourned.