



INDEPENDENT LIVING CHOICES

Opening doors for people with disabilities

AGENCY OVERVIEW

- o Established in 1982 as a private non profit (501c3)
- o Agency Name – Independent Living Choices (3 changes over the years)
- o Agency Mission – We provide services to people with disabilities who make independence their choice
- o Agency tag line – Opening doors for people with disabilities
- o Logo – ties into tag line, mission, etc.
- o The name change tells you more about what we believe in and the services we provide. It is also a fresh appeal to the public.

EMPLOYMENT/LOCATION

- o We currently employ 23 in office staff and anywhere from 100 to 120 personal care attendants depending on the need for personal care services.
- o Our main office is located in Sioux Falls with expansion offices in Aberdeen, Huron, Brookings, Mitchell, Watertown, and Yankton

MERGER

- o Underwent a recent merger which took place March 14, 2011
- o Merged what was Opportunities for Independent Living (OIL). OIL dissolved and now all locations and services belong to Independent Living Choices
- o Aberdeen, Huron, and Watertown were all part of this merger.
- o Before the merger we served 24 counties in Southeast SD and we now provide services to 43 counties, which is the eastern half of the state geographically and about three quarters of the state's population base.

FIVE CORE SERVICES

- o Peer Support
- o Independent Living Skills
- o Advocacy
- o Information & Referral
- o Transition

PEER SUPPORT

- o One-on-One- 37 Peer Support Visitors currently
- o Group- 39 groups
 - Disability specific- TBI and neuropathy
 - Age specific- Youth/Young Adult (16-24) in Aberdeen, Sioux Falls and Watertown
 - Cross disability for all ages
 - Success having groups in apartment community rooms

INDEPENDENT LIVING SKILLS

- Cooking, cleaning, budgeting, organization

ADVOCACY

- Assisting people apply for SSI/SSDI benefits
- Finding accessible, affordable housing- good relationship with housing consultant
- Participant Input Group
- Boards/Committees- Mayor's Committees, National Disability Employment Awareness Month planning committees, Transit Advisory Board

INFORMATION & REFERRAL

- Recreational Opportunities
 - Ski for Light
 - Bocce Ball
 - LaCrosse
 - Sanford Accessible Wellness
 - Avera Accessible Gym
- Outreach/Presentations
 - Agencies
 - Service Groups
 - Conferences

TRANSITION

- Nursing Home Transition- transition of individuals with significant disabilities from nursing homes and other institutions to home and community based residences with the necessary supports and services

TRANSITION

- Nursing Home Deterrence- provide assistance to individuals with significant disabilities who are at risk of entering institutions so that they remain in their home communities. Examples may include referrals to Department of Social Services, waiver programs, and Meals on Wheels or providing adaptive devices and home modifications.

TRANSITION

- Youth- Postsecondary- facilitate the transition of youth with significant disabilities who have completed their secondary education or otherwise left school to postsecondary life. Assistance may include referral to Vocational Rehabilitation services, assistance in finding housing or providing independent living skills training

COMMUNITY LIVING SERVICES

- SNAP (Food Stamps)
- Paratransit
- Parking Placards
- Weatherization Assistance Program/Energy Assistance
- Moving Assistance Program (MAP)

SUMMER TRANSITION

- Open to students 16-21
- Learn Independent Living Skills (cooking, budgeting), how to use public transportation, social skills (introducing themselves), how to apply for Vocational Rehabilitation services, dress for a job interview, what their disability is and how to be self-advocates
- Classes held in Sioux Falls (17), Huron (2), Mitchell (7), Watertown (6) in the summer
- Class held in Madison (9) during the school year (Oct.-April) once a month



MYFILE

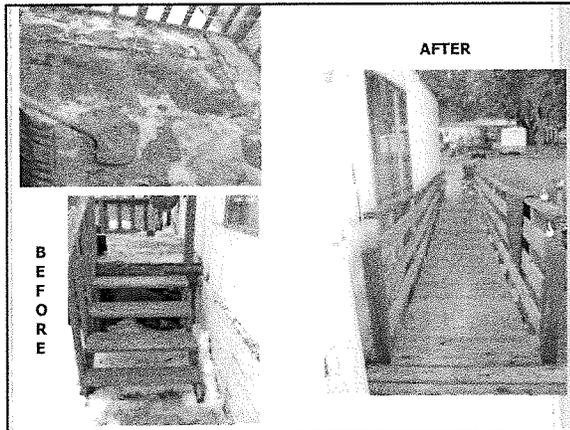
- Partnership with South Dakota Parent Connection
- Organizational tool for transition aged students
 - Medical
 - Transportation
 - Housing
 - Post secondary education
 - Employment
 - Current bills

HOME MODIFICATIONS/ADAPTIVE DEVICES

- Funding sources:
 - United Way- Mitchell, Madison, Brookings
 - Community Development Block Grant
 - Renter's in Sioux Falls
 - Homeowner's in Sioux Falls

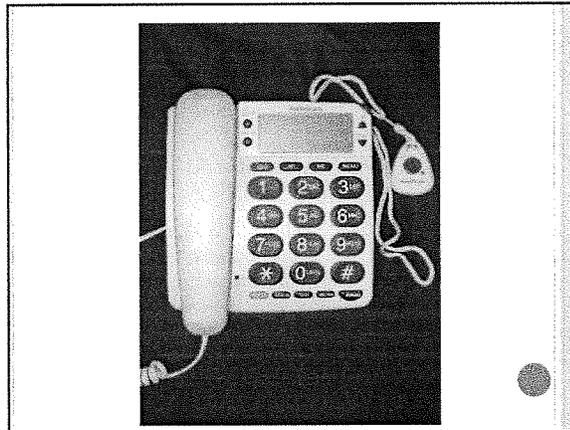
RAMPS

- One contractor who installs all of our ramps
- Orders and picks up parts from Springfield and installs them



TELECOMMUNICATIONS ADAPTIVE DEVICES (TAD)

- o Emergency dialers
- o Picture phones
- o Cordless phones



MONEY FOLLOWS THE PERSON

- o Federally funded program that helps people with disabilities who are living in nursing homes, hospitals or other institutions return to their communities
- o Received grant last spring to have two of our staff (Sioux Falls and Huron) serve as Transition Coordinators for MFP
- o Provides services typically not covered by South Dakota Medicaid

MFP CONTINUED

- Transition Services- security or utility deposits (\$1000) and furniture, bedding, groceries (\$1500)
- Non-Medical Transportation- shopping, counseling, etc. \$500
- Assistive Technology- medication dispense device, emergency response system, ramps, etc. (\$5150)
- Consumer Preparation Services- instructing in safety measures, personal health maintenance and how to maintain appropriate, professional relationships with providers (\$300)
- Behavior Crisis Intervention- counseling, crisis intervention (\$2625=\$105/hr. for 25 hrs.)

MFP CONTINUED

- Sioux Falls staff- 5 transitions; 43-66 yrs. of age; from Sioux Falls, Lennox, Colton and Yankton; IL Specialist worked with one of the people
- Huron staff- 13 transitions; 20-63 yrs. of age; from Winner, Howard, Aberdeen, Wessington Springs, Redfield, Madison and Milbank; IL Specialists worked with 5 of the people
- Disabilities include: spinal cord injury, TBI, MD, severe and persistent mental illness, cognitive and Parkinson's
- Continue receiving services through: ADLS Waiver, ASA Waiver, CHOICES Waiver or Family Support

ADLS ASSISTIVE DAILY LIVING SERVICES MEDICAID WAIVER

OFFERS PEOPLE WITH SIGNIFICANT PHYSICAL
DISABILITIES AN ALTERNATIVE TO
INSTITUTIONALIZATION

ELIGIBILITY:

- o at least 18 years old; average age = 43 years
- o must be a recipient of SSI or qualify for Medicaid
 - o 1/3 of the ADLS participants at ILC have a copay
 - o average copay = \$250 per month
- o substantial impairment of all 4 limbs
e.g. SCI, CP, muscle/joint and brain-related disabilities
- o require nursing facility level of care
- o be able to manage and direct personal attendants
- o medically stable & free from life-threatening conditions

SIX SERVICES

1. Case Management
2. Consumer Preparation
3. Personal Attendant Services
4. LifeLine
5. Private Duty Nursing
6. Incontinence Supplies



CASE MANAGEMENT



- o evaluation to determine personal care needs and ability to direct and manage personal attendants
- o develop an individual service plan with the participant
- o annual and 6-month reviews
- o new evaluation and service plan each year; more often if necessary
- o identify and facilitate the use of community resources

CONSUMER PREPARATION

PROVIDE EDUCATION AND SUPPORT TO PARTICIPANT
IN MANAGING AND DIRECTING THEIR PERSONAL
ATTENDANT SERVICES AND STAFF

- o identifying their needs and effectively communicating those needs to a personal attendant
- o personal health maintenance tasks
- o managing and directing personal attendants (recruiting, scheduling, interviewing, maintaining a back-up system, dealing with issues, communicating)
- o maintaining an appropriate personal and professional relationship with the personal attendant(s)

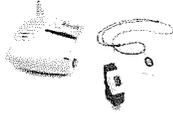
PERSONAL ATTENDANT SERVICES

- o assisting with routine bodily functions for bowel and bladder care
- o dressing (also includes changing prosthetic & orthotic devices)
- o meal preparation and feeding
- o repositioning in bed
- o routine bathing and grooming
- o range of motion exercises
- o assisting with medications
- o non-routine or short services, e.g. taking temp, dressing changes on clean wounds (free of infection)
- o homemaker tasks



LIFELINE

ELECTRONIC DEVICE THAT ENABLES PERSON TO GET HELP IN AN EMERGENCY.
WHEN ACTIVATED, THIS SYSTEM CALLS INTO A CENTRAL OFFICE 24/7 SO THERE IS A MONTHLY FEE THAT IS PAID BY THE ADLS WAIVER.
FOR PEOPLE THAT NEED MORE THAN THE TAD DEVICES OFFER



PRIVATE DUTY NURSING

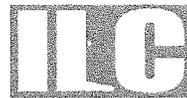
- Services provided by a nurse that cannot be provided by a personal attendant
- Physical assessment (skin, lungs, etc.)
- Dressing changes on infected areas



INCONTINENCE SUPPLIES

Funding for up to \$100 per month of supplies related to incontinence

- disposable briefs and pads
- moisture barrier products
- moisture wipes
- skin disinfectant
- bed pads



INDEPENDENT LIVING CHOICES

Opening doors for people with disabilities

WE PROVIDE SERVICES TO PEOPLE WITH
DISABILITIES WHO MAKE INDEPENDENCE THEIR
CHOICE.