

Behavioral Health Advisory Council Fiscal Reports: Fiscal Year 2018

The attached fiscal information is provided to the Behavioral Health Advisory Council as required by the Behavioral Health State Plan. The tables below show the budgeted amounts to support the Mental Health and Substance Use Disorder programs.

Mental Health Budgeted Items for FY2018	
Administration (Includes salaries, benefits, travel, etc.)	\$887,874
CYF Services	\$8,935,344
CARE	\$11,956,825
Room and Board	\$265,746
Outpatient Services	\$2,210,196
IMPACT	\$4,622,183
Transition Age Youth	\$519,787
Emergency Services	\$670,454
Indigent Medication	\$477,558
PATH	\$288,000
Special Projects (ex. Behavioral Health Services Information Systems Agreement and First Episode Psychosis)	\$115,696 ¹
Juvenile Justice Reinvestment Initiative	\$5,710,376
Total:	\$36,660,039

Substance Use Disorder Budgeted Items for FY2018	
Administration (Includes salaries, benefits, travel, etc.)	\$980,064
Outpatient Services	\$5,622,343
Low-Intensity Services	\$3,906,882
Inpatient Services	\$3,091,089
Meth Programs	\$1,440,294
Detoxification Services	\$431,763
Gambling Treatment	\$244,000
Medicaid Adolescent Programs	\$4,577,760
Medicaid Pregnant Women Programs	\$454,481
Recovery Supports-Specific to Pregnant Women's Programs	\$15,000
Resource Development	\$50,989
Prevention Program	\$5,369,774 ²
Criminal Justice Initiative	\$3,730,158
Total:	\$29,914,597

Mental Health and Substance Use Disorder Budgeted Grand Total: \$66,574,636

State Funds: 60.7% Federal Funds: 38.8% Other Funds: 0.5%

¹ FY18 Anticipated Awards, projected reduction to the Mental Health Block Grant

² FY18 Anticipated Awards

Mental Health Program Descriptions

Children, Youth, and Family Services (CYF Services/CYFS)

CYF Services are provided to one child under the age of 18 who meets the criteria of having a serious emotional disturbance. Some of the services provided include screenings, case management, individual therapy, group therapy, parent/guardian group therapy, family education, support, and therapy, and crisis intervention. Services should be provided in a location preferred by the child or youth and the child or youth's family including outside the center.

Comprehensive Assistance with Recovery and Empowerment (CARE)

CARE services are comprehensive, person-centered, recovery-focused services providing medically necessary related treatment, rehabilitative, and support services to clients with a serious mental illness, including those with co-occurring disorders. Crisis assessment and intervention, case management, psychiatric services, and individual or group therapy are among the services provided by CARE.

Room and Board

Individuals 18 years old and older who have a serious mental illness and due to their illness are unable to function in an independent living environment may access room and board services. CARE or IMPACT services are provided based upon the individuals' needs.

Outpatient Services

Outpatient services provide nonresidential diagnostic and treatment services. Outpatient services must be individualized to the needs of the client and the client's family if appropriate, and services must be responsive to cultural differences and special needs. Outpatient services offer individual or group therapy, family therapy and psychiatric services.

Individualized Mobile Programs of Assertive Community Treatment (IMPACT)

IMPACT is an evidence-based practice that offers comprehensive, person-centered, recovery-focused programming by providing medically necessary related treatment, rehabilitative, and support services to eligible clients who require more intensive services than can be provided by CARE services.

Transition Age Youth Program:

The Transition Age Youth Program provides services to individuals transitioning out of children's long-term placements. The program provides mental health treatment and support services along with supported housing services to ensure a successful transition to community living.

Emergency Services

Emergency services are available 24 hours per day, seven days a week, for individuals experiencing a mental health emergency or crisis. Emergency services are designed to stabilize the emergency situation and to provide immediate treatment in the least restrictive environment possible.

Indigent Medication

The Indigent Medication Program provides temporary assistance to individuals with diagnosed mental illnesses that have exhausted all other funding options and cannot afford to purchase their psychotropic medications and/or lab costs. The intent is to provide a temporary resource until other funding options can be identified.

Projects for Assistance in Transition from Homelessness (PATH)

The PATH Grant is a federal grant that provides communities with funding to engage people who have a serious mental illness and/or substance use disorder and are homeless or at risk of becoming homeless.

Special Projects

Special Projects includes the Behavioral Health Services Information Systems State Agreement which provides funding to develop outcome collection tools. These outcomes are the mental health data

reported on the Behavioral Health State Plan. Also included are services provided through the Mental Health Block Grant for individuals experiencing First Episode Psychosis.

Juvenile Justice Reinvestment Initiative (JJRI)

Under the Juvenile Justice Reinvestment Initiative, the Department of Social Services, the Division of Behavioral Health has been appropriated funding to develop evidence-based interventions for justice-involved youth on probation with the Unified Judicial System or on aftercare with the Department of Corrections.

Substance Use Disorder Program Descriptions

Outpatient Services

Outpatient services include the lowest level of outpatient care with individuals receiving fewer than 9 hours of treatment services per week. Outpatient services also include the intensive outpatient treatment nonresidential program, which provides clients a minimum of 9 regularly scheduled treatment hours per week in a clearly defined, structured and intensive treatment program. The intensive outpatient treatment program is geared to individuals who can reside at home and attend treatment services in the community. The day treatment program provides clients 20 or more hours of intensive programming per week and may provide overnight housing for clients who struggle with family environment or transportation issues. Treatment services for outpatient, intensive outpatient, and day treatment include assessments, individual, group and/or family counseling, intervention and outreach activities. In addition, mental health services can be provided to co-occurring clients as a component of treatment. Individuals seeking outpatient services must meet American Society of Addiction Medicine (ASAM)³ criteria for the level of care received.

Low Intensity Services

Low intensity programs provide treatment services in a residential setting. Individuals must meet ASAM criteria for Level 3.1. A low intensity program may provide clients with a variety of treatment services including individual and group counseling, family counseling and education for family members, case management, and continued care planning. Clients receive a minimum of 5 hours of individual and group counseling each week.

Inpatient Services

Inpatient Services are a residential program that provides a medically monitored and structured intensive treatment program. Individuals must meet ASAM criteria for Level 3.7 services. Adults receive 30 hours of services per week with 9 of those hours being on specialized topics that address the specific needs of the client. Adolescents receive 15 hours of services per week

Methamphetamine (Meth) Programs

Meth programs provide detoxification, inpatient services, low intensity residential services, individual and group counseling, and community support services. Specialized Meth Programs can be found at Keystone Treatment Center, Pennington County: City/County Alcohol and Drug Programs, and the South Dakota Women's Prison with services transitioning to the community.

Detoxification

Detoxification (Detox) programs are short-term residential program providing supervised withdrawal from alcohol or drugs for persons without known serious physical or immediate psychiatric complications. Individuals must meet ASAM criteria for Level 3.2-D. Some of the services provided at detox include temporary care, counseling, evaluations and referrals. There is also an agreement with a

³ Refers to "The ASAM Criteria: Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions" published October 24, 2013

licensed hospital for emergency medical and hospital services including emergency, inpatient, and ambulatory medical services.

Gambling

Gambling services are designed for individuals who have a gambling problem. Services include assessments, crisis intervention, individual or group counseling, intensive outpatient, day treatment, and inpatient programs.

Medicaid Adolescent Programs

The Medicaid Adolescent Programs are funded through Medicaid and include outpatient services, low intensity services, and inpatient services as described above.

Medicaid Pregnant Women Programs

The Medicaid Pregnant Women Programs are funded through Medicaid and include outpatient services and inpatient services as described above.

Recovery Supports-Specific to Pregnant Women's Programs

Case management activities are provided by a case manager that bring services, agencies, resources, or people together, within a planned framework of action toward the achievement of established goals. It may involve liaison activities and collateral contacts. These case management activities are specific to pregnant women.

Resource Development

Resource Development funding supports outcomes research on individuals who complete treatment services funded by the Division through community based programs. Consultants also offer trainings on Native American Curriculum for state accredited, non-tribal substance use disorder programs.

Prevention

Prevention programs provide services through a planned and recurring sequence of multiple, structured activities established to inform, educate, impart skills, deliver services, and provide appropriate referrals for other services, through the practice and application of recognized prevention strategies.

Criminal Justice Initiative (CJI)

The Criminal Justice Initiative provides funding for substance use disorder services to individuals on probation or parole in urban and rural areas. Additionally, criminal thinking programming is offered to address criminogenic risk factors. Programs utilize evidence based or evidence informed practices that are appropriate for individuals involved with the justice system.