



Caregiver Program

**Division of Long Term
Services and Supports**

Purpose of the Caregiver Program

- Support services
- Ease burden on Caregivers
- Provide care in the home



Older Americans Act-History

- Passed in 1965
- Response to lack of community social services for older persons
- Created National Family Caregiver Support Program in 2000 (OAA Title III E)



National Family Caregiver Support Program

- Provides grants to States and Territories
- Funds range of supports that assist family and informal caregivers to care for their loved ones at home



Services

- Respite Care
- Case Management
- Information & Assistance
- Supplemental Services
- Training/Counseling
- Homemaker Services
- Nursing Services



Benefits of the Caregiver Program

- Enables caregivers to provide care longer than otherwise would have been possible
- Services helped consumers become better caregivers
- Reduces caregiver depression, stress and anxiety

Caregiver Program Eligibility

Care Recipient Over 60

<u>Eligibility</u>	<u>Services Available</u>
<p>Caregiver must:</p> <ul style="list-style-type: none"> - Be an unpaid primary caregiver - Be 18 years or older - Demonstrate a need for services - Care for individuals who are: <ul style="list-style-type: none"> <input type="checkbox"/> age 60 or older <input type="checkbox"/> frail: and/or <input type="checkbox"/> behave in a manner that poses a serious health or safety hazard to self, and requires substantial supervision due to a cognitive or other mental impairment <p>“Frail”, defined as; unable to perform at least two activities of daily living without substantial personal assistance, including verbal or physical cues, assistive devices or supervision.</p>	<ul style="list-style-type: none"> • Case Management • Respite • Information & Assistance • Supplemental Services • Training/Counseling • Homemaker Services • Nursing Services

Care Recipient with Alzheimer’s

<u>Eligibility</u>	<u>Services Available</u>
<p>Caregiver must:</p> <ul style="list-style-type: none"> -Be an unpaid primary caregiver -Be 18 years or older - Demonstrate a need for services - Care for individuals of any age who have: <ul style="list-style-type: none"> <input type="checkbox"/> a diagnosis of Alzheimer’s disease or unrelated disorder with neurological and organic brain dysfunction 	<ul style="list-style-type: none"> • Case Management • Respite • Information & Assistance • Supplemental Services • Training/Counseling • Homemaker Services • Nursing Services

Caregiver Program Eligibility

Grandparent Caregiver Over 55	
<p style="text-align: center;"><u>Eligibility</u></p> <p>-Grandparents and other relatives (not parents) 55 years of age and older providing care to children under the age of 18 years</p> <p>-Grandparents and other relatives (not parents) 55 years of age and older providing care to adults, age 18-59 years, with disabilities.</p>	<p style="text-align: center;"><u>Services Available</u></p> <ul style="list-style-type: none"> • Case Management • Respite • Information & Assistance • Supplemental Services • Training/Counseling • Homemaker Services • Nursing Services
Care Recipient Under 60	
<p style="text-align: center;"><u>Eligibility</u></p> <p>-Adult family members (age 18 years or older) or other adult informal caregivers providing care to individuals 18 years of age or older with the greatest social and/or economic need (with particular attention to low-income individuals)</p> <p style="text-align: center;">AND</p> <p>-Care receiver is “frail”, defined as; unable to perform at least two activities of daily living without substantial personal assistance, including verbal or physical cues, assistive devices or supervision.</p>	<p style="text-align: center;"><u>Services Available</u></p> <ul style="list-style-type: none"> • Respite • Information & Assistance • Case Management

Definitions

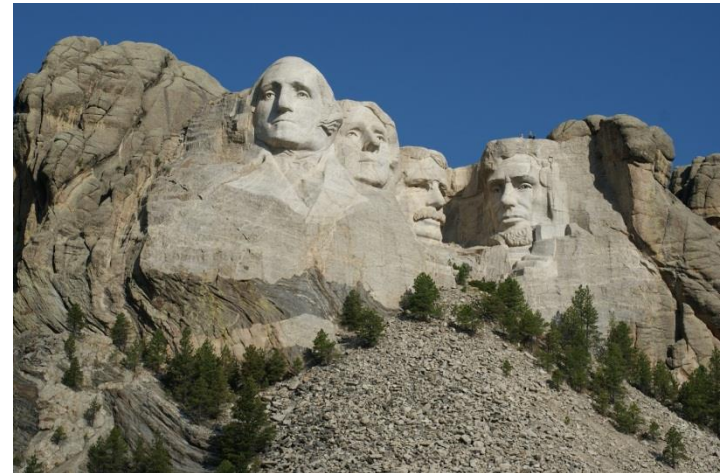
1. “Older Individual”: an individual who is 60 years of age or older.
2. Family Caregiver: An adult family member, or another individual, who is an informal provider of in-home and community care to an older individual or to an individual with Alzheimer’s disease or a related disorder with neurological and organic brain dysfunction.
3. Child: An individual who is not more than 18 years of age or who is an individual with a disability.

Definitions

4. Grandparent or Older Individual who is not a parent, but is a relative caregiver: A grandparent or step-grandparent of a child, or a relative of a child by blood, marriage, or adoption who is 55 years of age and older and
 - A. Lives with the child;
 - B. Is the primary caregiver of the child because the biological or adoptive parents are unable or unwilling to serve as the primary caregiver of the child; and
 - C. Has a legal relationship to the child, as such legal custody or guardianship, or is raising the child informally

Family Caregiver Support Services in South Dakota

- Respite
- Case Management
- Information & Assistance
- Supplemental Services
- Training/Counseling
- Homemaker Services
- Nursing Services



Respite

Respite Care: Temporary, substitute supports or living arrangements for care recipients in order to provide a brief period of relief or rest to the caregiver on an intermittent, occasional or emergency basis



Case Management

Assessing needs, developing care plans, authorizing services, arranging services, coordinating the provision of services among providers, follow-up, reassessment



Information & Assistance

- Providing individuals with information on services
- Linking individuals to services
- Follow-Up



Supplemental Services

- Assistive Devices/Home Modifications/Repair
- Chore Services
- Emergency Response System
- Medical Equipment
- Medical Supplies
- Meals for Caregivers
- Nutritional Supplements

Supplemental Services—Assistive Devices/Home Modifications/Repairs

- Minor, less expensive modifications: Grab bars, widened doorways, better lighting, hand-held showers, and lever door handles
- Major modifications: ramps, chair lifts, stair glides, roll-in showers, lowered countertops

Supplemental Services—Chore Services

Examples:

- Replacing fuses, light bulbs, electric plugs, frayed cords
- Pipes, faucet washers or faucets
- Installing safety equipment
- Repairing windows, doors and locks
- Cleaning homes to remove fire and health hazards
- Heavy housework
- Pet care & gardening

Supplemental Services—Emergency Response Systems

- Central operating location which makes contact with designated friends or family, or ambulance if necessary
- Electronic devices worn around neck, necklace or wrist band



Supplemental Services—Medical Equipment/Supplies

- Equipment: Devices designed to aid in the diagnosis, monitoring and treatment of medical conditions, such as medication dispensing devices and tele-monitor systems.
- Supplies: Expendable and/or reusable supplies related to an ongoing diagnosis of incontinency, diabetes and/or wound care

Supplemental Services—Meals for Caregivers/Nutritional Supplements

- If a Nutrition program is not an option, meals can be provided through local café, nursing home, hospital, school, or other appropriate means.
- If a Nutrition Program is not an option for Nutritional supplements, products can be provided through a pharmacy, grocery or discount store, medical supplier, nursing home, or hospital

Training & Counseling

- Counseling
- Resource Materials
- Training



Homemaker Services & Nursing Services

Homemaker: Assistance with activities through performance of household or personal care tasks necessary to maintain an individual in their home

Nursing: Clinical monitoring, evaluation, education & screening to promote and maintain optimal health status and levels of functioning

Further Guidelines

- Income
- Multiple Caregivers and/or receivers
- Donations
- Determination and Authorization of Caregiver Allocation Services

Further Guidelines—Identification of Providers

Circumstances to consider when a caregiver wishes to have a family member or friend reimbursed as a care provider:

1. The care provider must be at least 18 years of age;
2. The provider is adequately trained and qualified to provide the care that is needed for the care recipient;
3. There have been no substantiated allegations of abuse, neglect, and/or exploitation by the provider requesting reimbursement

Provider Information

- Not an employment opportunity
- Provider does not become an employee of the State of South Dakota
- Social Security & Income Tax
- 1099

Discontinuation of Services

The Department may discontinue services if:

- Resources are exhausted
- The individual can no longer benefit from services
- If the individual's or provider's health or safety is jeopardized

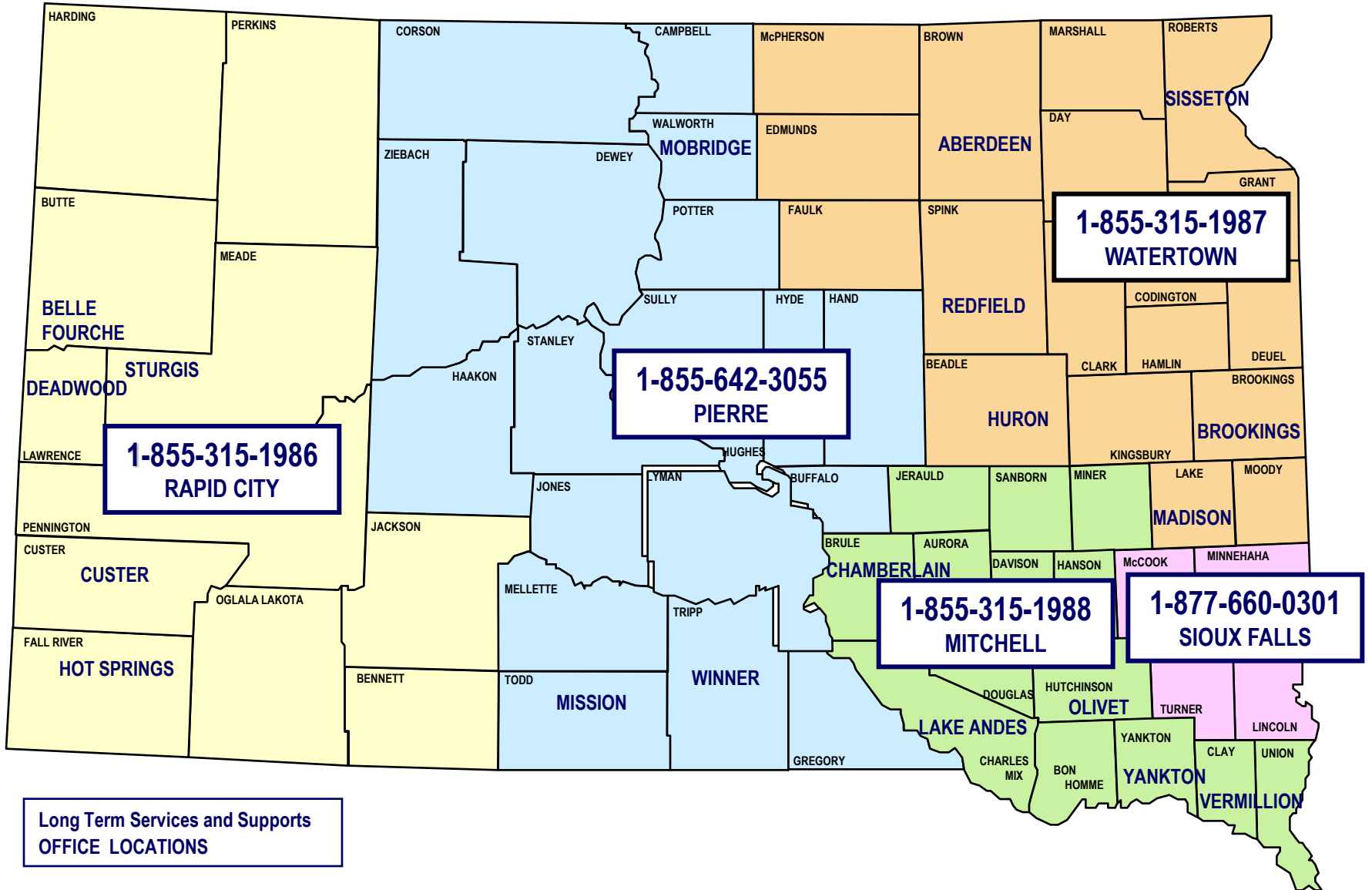
Examples of Caregiver Cases

- Melanie is a caregiver for her Mother Betty. Betty is 90 years old and has Alzheimer's disease, shortness of breath, uses oxygen at night, and has heart and kidney problems. Melanie does all of the cooking, cleaning, laundry, medication administration, helps Betty get dressed, and transportation. Melanie requests to have an aide come into the home one hour a week to bathe Dorothy.
- Theresa moved here from California to care for her mother who has severe Dementia. Theresa is looking for approximately 10 hours per week of Caregiver services to watch her mother, usually on Friday and Saturday evenings so Theresa can help out at the Salvation Army when there are music programs. She wants to find a private person and pay them \$10/hour for care.

How to make a Referral to the Caregiver Program

- Contact the Aging and Disability Resource Connections (ADRC)
- Caregiver Assessment is completed to identify needs and eligibility
- Primary caregivers choose the care provider(s)
 - Can be a friend, neighbor, family member, etc., or
 - A home health agency can provide services

Aging and Disability Resource Connections Call Centers





Thank you