

# **SUBSTANCE ABUSE SERVICES**

**Behavioral  
Health  
Services  
Subcommittee  
Dec. 4, 2015**

# MEDICAID ELIGIBLE SERVICES

- Outpatient Services
- Day Treatment
- Inpatient Treatment

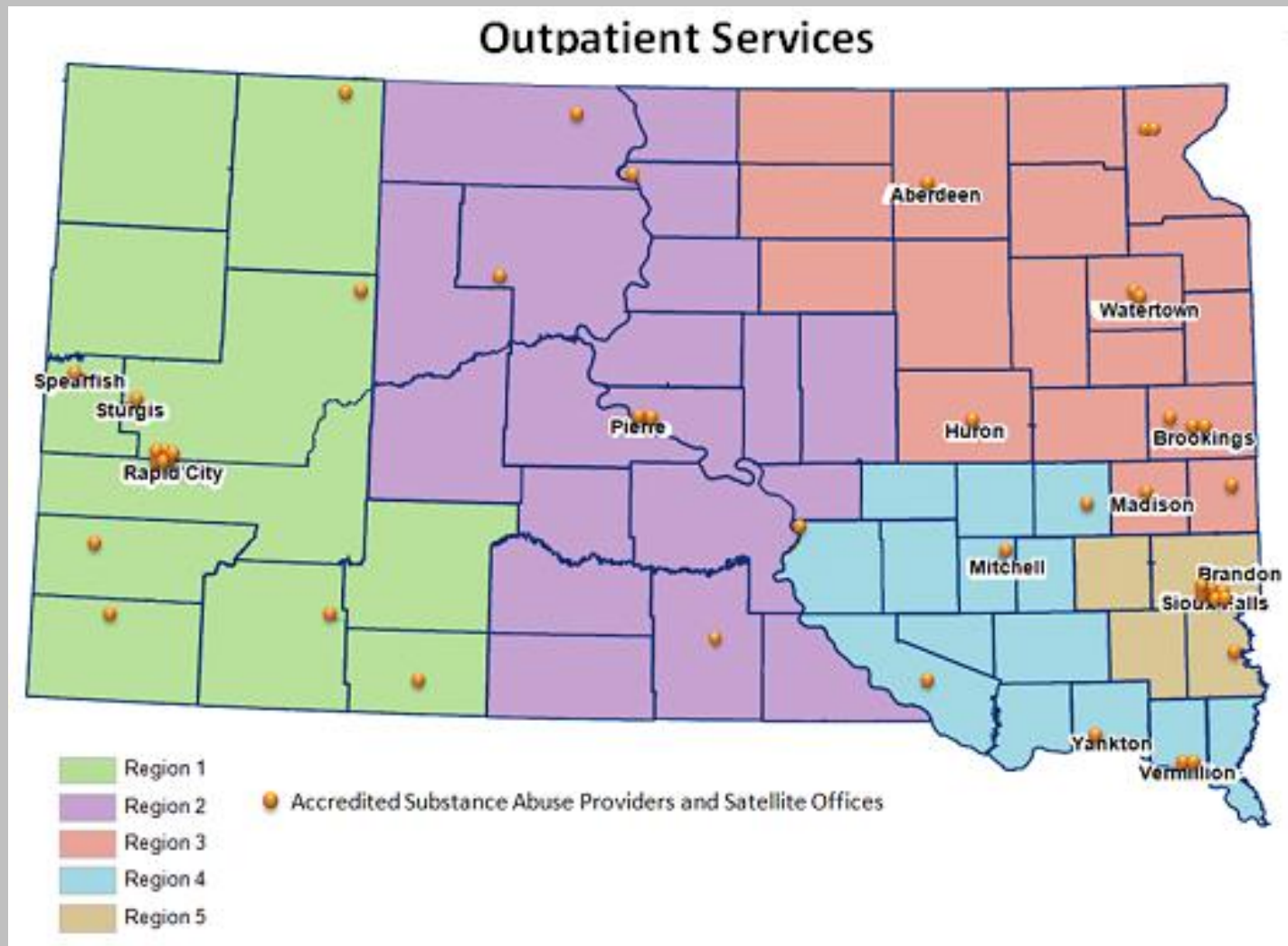
Current Medicaid eligible populations: adolescents and pregnant women

Federal block grant and state general funds are currently used to fund these services for adults

# OUTPATIENT SERVICES

- **Outpatient Services** –assessment services, individual, group, and family counseling for adults and adolescents
  - **Outpatient (1.0)** - Non-residential program which provides services to those persons harmfully affected by alcohol or drugs through regularly scheduled counseling services.
    - Less than 9 hours of counseling per week
  - **Intensive Outpatient Treatment (2.1)** - A non-residential program which provides a clearly defined, structured, intensive outpatient treatment program.
    - Minimum of 9 hours of counseling per week provided in two or more separate sessions.

# OUTPATIENT SERVICES



# DAY TREATMENT

- **Day Treatment (2.5)** – A clearly defined, structured, intensive treatment program
  - Adults
    - Minimum of 20 counseling hours per week
  - May include a residential component
  - Adult program (with residential) located in Aberdeen

# INPATIENT TREATMENT

- **Inpatient Services (3.7)**– residential services that provide a medically monitored and structured intensive treatment program
  - Prior authorization from the Division of Behavioral Health is required
  - Minimum of 30 hours of treatment per week for adults
- **Psychiatric Residential Treatment Facility (PRTF)**
  - Prior authorization from the Division of Behavioral Health is required
  - Minimum of 15 hours of treatment per week for adolescents
- Inpatient programs located in Kyle, Sturgis, Sisseton, Mitchell, and Canton
- Specialized Pregnant Women programs located in Rapid City and Sioux Falls
- Adolescent PRTF programs located in Rapid City, Huron, Canton, and Sioux Falls

# RESIDENTIAL PROGRAMS

## Medicaid Eligible Residential Services:

### ● Day Treatment

- Worthmore – Aberdeen (18)

### ● Inpatient Treatment

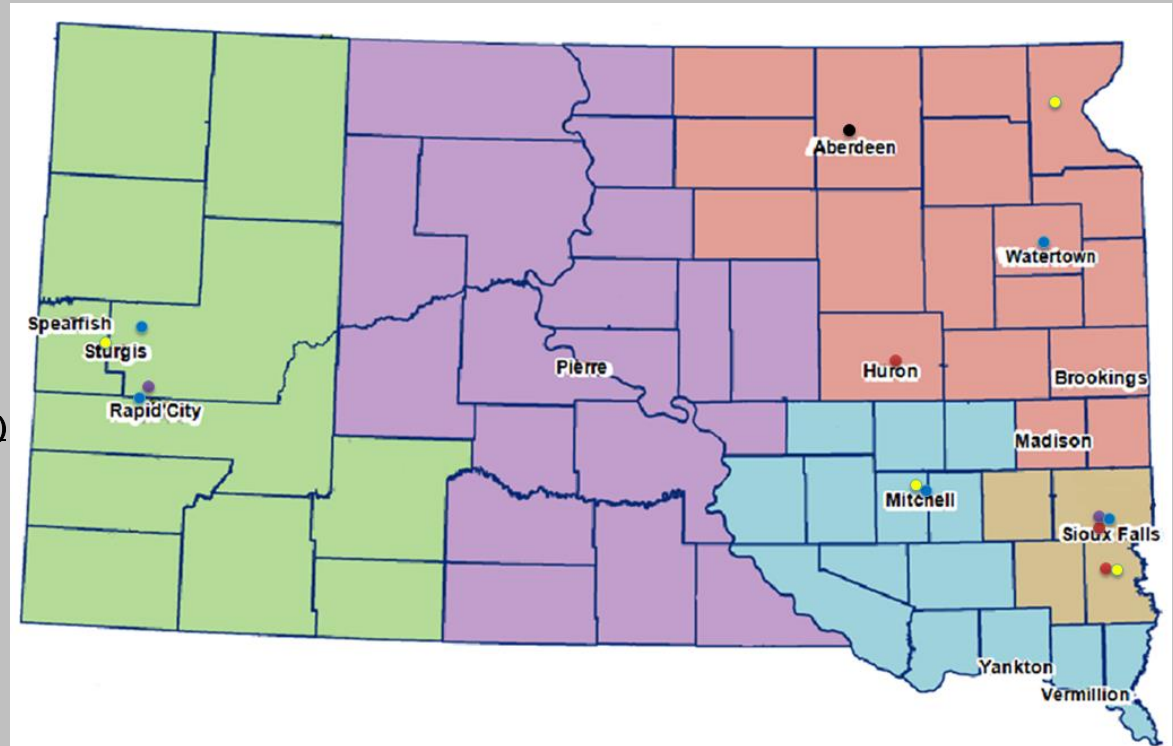
- Dakota Pride – Sisseton (12)
- DCI – Mitchell (15)
- Keystone – Sioux Falls (122)
- Northern Hills – Sturgis (9)

### ● Psychiatric Residential Treatment Facility (PRTF)

- Keystone – Canton (25)
- Our Home – Huron (20)
- VOA – Sioux Falls (16)
- Wellspring – Rapid City (15)

### ● Pregnant Women/Women with dependent children

- BMS – Rapid City (19)
- VOA – Sioux Falls (14)



## Non-Medicaid Eligible Residential Services:

### ● Low Intensity

- Carroll – Sioux Falls (79)
- CCADP – Rapid City (47)
- DCI – Mitchell (57)
- Glory House – Sioux Falls (94)
- HSA – Watertown (16)
- New Dawn – Vale (24)

# NON-MEDICAID ELIGIBLE SERVICES

- Low Intensity (Halfway House) Services
- Detoxification Services
- Prevention Services

Funded by a combination of federal funds and state general funds



# LOW INTENSITY (HALFWAY HOUSE) SERVICES

- **Low Intensity Services (3.1)**– residential, halfway house services
  - Clients who attend this level of service receive counseling services with special emphasis on relapse prevention planning
  - Provides case management services that help clients find employment and to coordinate other services as necessary
  - Intensity of services is a minimum of 5 counseling hours per week
- Providers located in Rapid City, Vale, Watertown, Mitchell, and Sioux Falls
- Specialized Pregnant Women Programs located in Rapid City and Sioux Falls

# DETOXIFICATION SERVICES

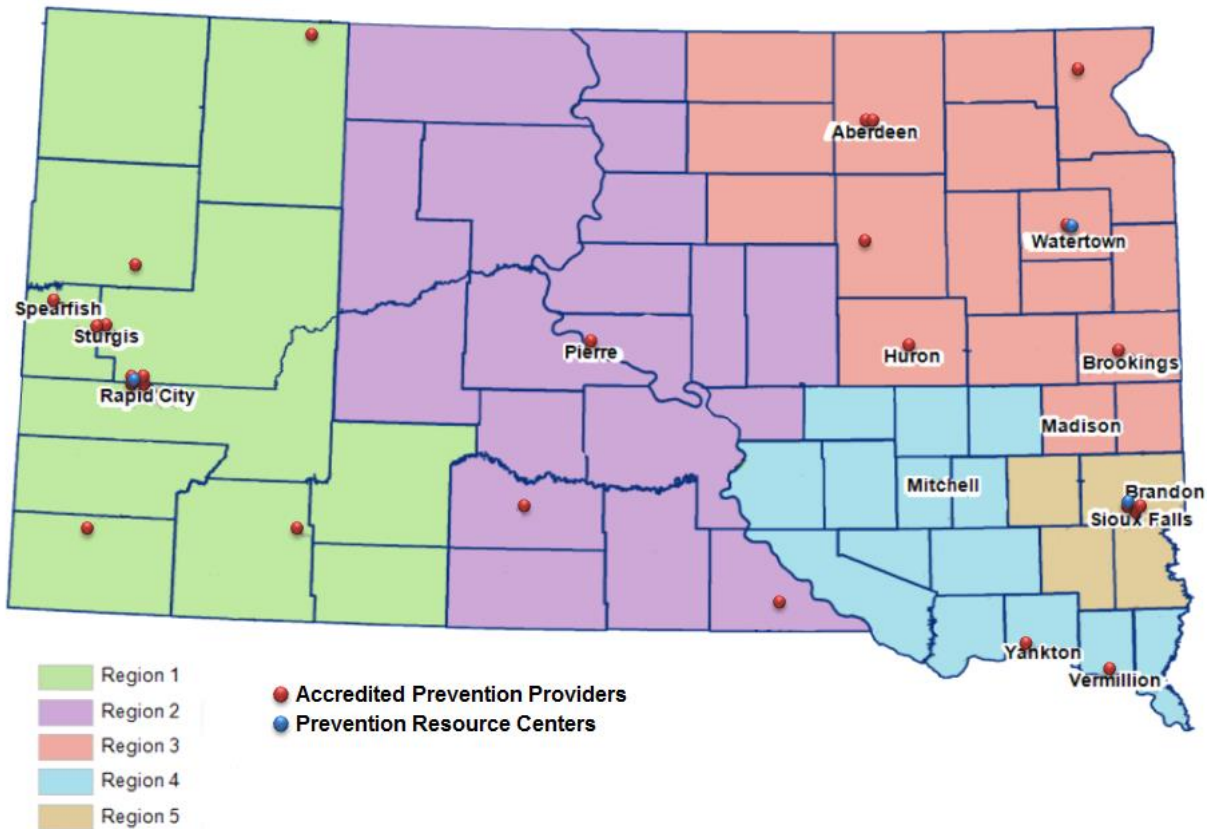
- **Detoxification Services**

- Clinically Managed Residential Detoxification provides 24-hour supervision, observation, and support for individuals who are intoxicated or experiencing withdrawal. All programs at this level rely on established clinical protocols to identify individuals who are in need of medical services beyond the capability of the facility and to transfer such individuals to more appropriate levels of care when necessary.

- Providers located in Rapid City, Watertown, Mitchell, Sioux Falls

# PREVENTION SERVICES

Prevention Providers



- Prevention programs provide public awareness activities, school based and community prevention education, early intervention, and referral services.

# MEDICAID EXPANSION

- Current Medicaid population - 36,400 adults
- Projected Medicaid Expansion population - 54,693 (most fiscally conservative estimate)
- Based on an 11.2% prevalence rate for substance abuse disorders, approximately 10,202 ( $11.2\% \times 91,093$ ) individuals would need substance abuse treatment
  - In FY15, 7,274 individuals received services through a combination of federal block grant and state general funds - would qualify for Medicaid under expansion
  - Estimated “new” individuals: 2,928 individuals

# PROJECTED FUTURE DEMAND FOR SUBSTANCE ABUSE SERVICES

<b>Level of Care</b>	<b>FY15 Access Percentage</b>	<b>Projected Number of Individuals</b>
Outpatient-Adults	72%	2,593
Day Treatment	2%	72
Inpatient-Adults	3%	108
Low Intensity-Adults	9%	324
Detoxification	11%	396

Need additional data on Substance Abuse provider capacity including Tribal programs

Need to calculate the impact of cost shift from block grant/general funds to Medicaid to determine amount of funds that could be repurposed for priority areas including half way house and detox